

GIVING LIFE & HOPE



Annual Report 2018/19
6/18/19
1 July 2018 - 30 June 2019

GIVING LIFE & HOPE

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Our Vision & Mission

Giving Life & Hope

through

affordable, sustainable & quality renal care

and

education & prevention of kidney disease

in

partnership with the community

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Our Core Values



Chairman's message

I would like to express my utmost gratitude for your strong support, kindness and compassion for our kidney patients.

2019 has been an eventful and fruitful year as we commemorated 50 years of giving life & hope to our patients. As we look back, we are grateful to our founder, Professor Khoo Oon Teik, a well-known nephrologist, for establishing NKF with the support of the community. Through his vision, NKF went about establishing a financially sustainable dialysis programme by building dialysis centres at the void decks of HDB blocks, which provided easy access and convenience to patients living in the heartlands. Since then, we have made further progress because caring friends like you had, and continue to journey with us to ensure that no kidney patient is denied access to dialysis due to an inability to afford it, and to help them and their families rebuild their lives for a better future.

While we have reached a significant milestone in our history, we need to ask ourselves what about the next 50 years? In tandem with the ageing population, more than half of our patients today are aged 60 years old and above. They are getting older, frailer and their needs continue to become more complex, compounded by multiple chronic conditions such as cardiovascular disease, diabetes, hypertension and obesity. Hence, there is a crucial need to continuously transform ourselves to better serve the needs of our patients.

Being the forerunner in providing community dialysis treatment, we have embarked on an integrated renal care model to support the evolving health and social needs of our patients. In this regard, we aim to right-site all our patients at a dialysis centre within 5km of their residence as part of our community integration efforts to actively engage the grassroots and volunteers to have greater interaction with our patients. We are happy to share that 91% of our patients are currently right-sited.

In view of the diverse needs of our patients, we continue to adopt a collaborative approach by working closely with government agencies, social agencies and restructured hospitals to provide seamless, integrated renal care. In this regard, our first dialysis centre co-located within a polyclinic started operations in Punggol. More than 200 kidney patients in the north-eastern region now have greater access to other medical facilities at subsidised rates. We are also looking at plans to set up dialysis facilities in community hospitals, within tertiary care hospital premises and community centres. This strategic move enables us to embed ourselves in the community as we provide integrated kidney care in the community.

Besides looking into infrastructural developments, it is also important to deliver good and sustainable care. Instead of a "one size fits all" approach, a more tailored care model through the availability of new treatment innovations is necessary to meet

“As NKF crosses the 50-year mark in our ongoing journey, it is crucial to ensure that dialysis continues to be made available to kidney patients and providing them the best support and care possible, while doing more upstream in kidney disease prevention.”

the multifarious needs of our patients. This will empower patients to choose the right modality and to make what they choose work well for them.

Hence, we have introduced another form of dialysis called haemodiafiltration (HDF) at our dialysis centres in Bedok and Serangoon. HDF is a process similar to the commonly known haemodialysis (HD). It removes small and bigger-sized toxins by drawing out large quantities of fluid from the blood, replacing it with clean fluid generated by the HDF machine. Recent studies have shown that HDF can reduce cardiovascular (heart disease) mortality, has better stability of blood pressure during dialysis and reduces some of the long-term dialysis related complications like joint pain and nerve compression at the wrist.

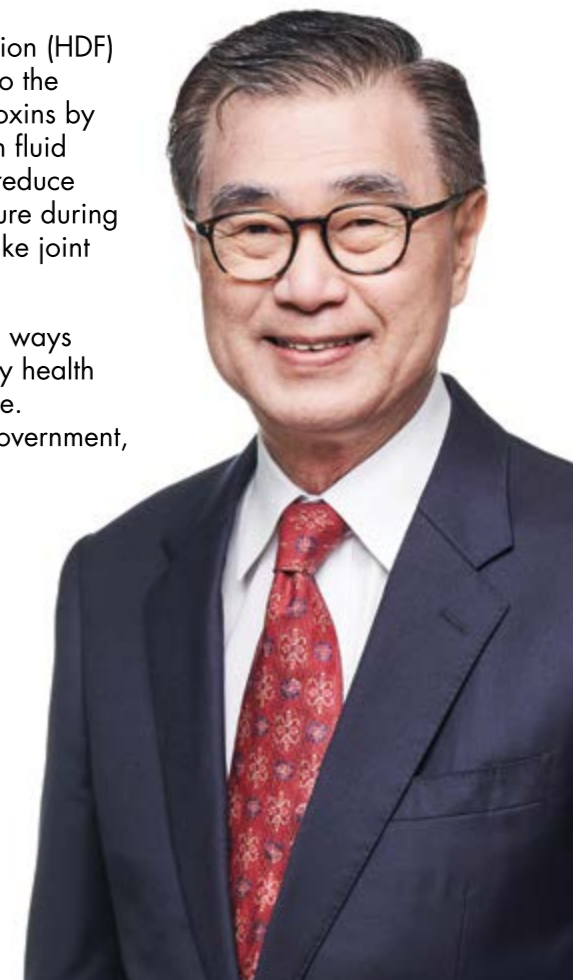
While NKF is committed to helping Singaporeans with kidney failure in all ways possible, we will continue to play a key role in raising awareness of kidney health upstream and supporting kidney transplantation. But, we cannot do it alone. We will continue to forge partnerships with the social service sector, the government, healthcare agencies and the community.

I wish to thank you for all your firm commitment, sterling support and encouragement during the first 50 years, and we look forward to your continued support in the coming years.

Yours sincerely



Koh Poh Tiong
Chairman



CEOs' message

Thank you for your steadfast support for NKF. Our work over the past 50 years would not have been possible without the care and compassion of people like you. While we have accomplished much, we need to be aware of the challenges that lie ahead and what we can improve upon or do differently.

Kidney failure continues to rise in Singapore with diabetes being the number one cause, accounting for 67% of new cases. More than half who have diabetes are unaware of their condition.

The burden of this disease carries significant financial impact as it is a long-term one, not to mention the high cost involved. To treat a patient with kidney failure costs \$25,000 a year. Providing all of NKF's 4,500 patients with holistic support and treatment care had incurred \$105 million, which was an 11 per cent increase from the last FY.

While NKF's mission is to provide affordable and sustainable dialysis for all who are in need for it, we recognise the urgent need to stem the incidence of kidney failure. The solution lies in education and prevention. However, tackling kidney failure and its leading causes like diabetes and hypertension in Singapore's ethnically diverse population is challenging due to the different lifestyles, cultures and social circles amongst different races.

Getting people to change their eating habits and behaviour is never easy as they are typically very comfortable with what they are used to doing. We need to break the cycle and get them to look into the issue and not to take their kidneys lightly.

Prevention starts from young. When you reach out to the young, you are indirectly reaching out to their parents and grandparents too. It is also crucial that healthy and active lifestyle habits are anchored in a child's formative years before it is too late to prevent these chronic diseases in adulthood. By promoting good eating habits and an active lifestyle, these young 'change-makers' would be able to proactively nudge their peers and family members towards a long-lasting healthier lifestyle in a casual setting and ultimately keep kidney disease and kidney failure at bay.

To step up our efforts, we launched our second mobile bus, K-MOVEAT, to drive home the message of kidney health. It enables us to move around Singapore to reach out to the community, particularly secondary school students and members of the public. The unique feature of the bus is leveraging on Augmented Reality (AR) technology for a 3-dimensional learning experience. Using a smartphone or tablet, users can explore the kidney's anatomy and discover the facts about exercise and nutrition through AR games and content.



While we bring renewed hope to kidney patients, we want to open the eyes of people from all walks of life, young and old, to the dangers of a sedentary lifestyle and how unhealthy dietary choices may increase the risks of developing kidney failure and other chronic diseases.



Our suite of public education programmes are specially developed to make sure they cater to a wide spectrum of audience from the community, schools, corporates and even religious organisations. We also reach out to high-risk groups such as family members of kidney patients, the Malay/Muslim community and individuals who suffer from diabetes and hypertension, and to address risk factors such as unhealthy dietary habits and sedentary lifestyles.

I am happy to share that through our continuous public outreach efforts, more than 150,000 people learned about kidney health and were imbued with a greater awareness of kidney disease prevention. We want them to start monitoring their health and be committed to making small changes in their daily lives such as cutting back on sugary drinks, lowering salt intake, drinking more water, exercising more and going for kidney screenings.

To carry out our work effectively on multiple fronts, we need to start from within by building an engaging and vibrant workplace, as well as deepening our staff development and empowerment while providing opportunities to learn, grow and excel. Employee engagement drives up performance and productivity. This has resulted in our focus on progressive ideas such as the digitalisation of care at our dialysis centres which translates to nurses having more time for patients and better patient health outcomes.

Together, let us continue to build a healthier, happier and more resilient society.

Yours sincerely

Tim Oei
Chief Executive Officer





Giving Life & Hope Because of You

Engaging and Empowering People

150,000 people learned about kidney health and were imbued with a greater awareness of kidney disease prevention



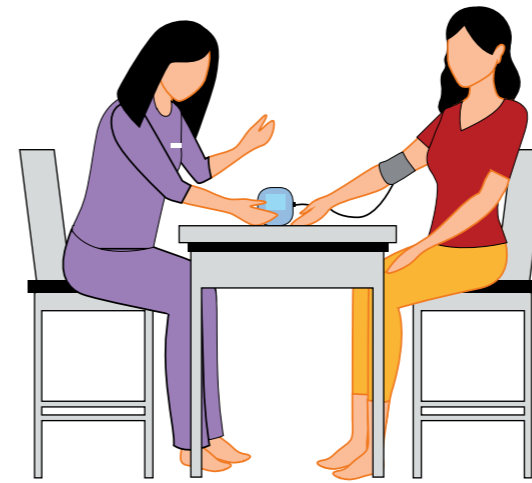
50,900 students and educators benefitted from kidney health education and activities



85,300 people participated in our kidney talks, events and roadshows through our outreach to the general public



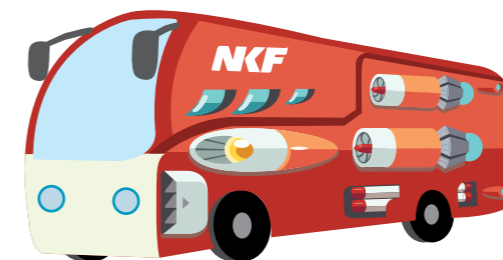
5,800 working adults reached through Kidneys @ Work workshops and awareness booths



300 patients' family members screened for early detection of kidney diseases

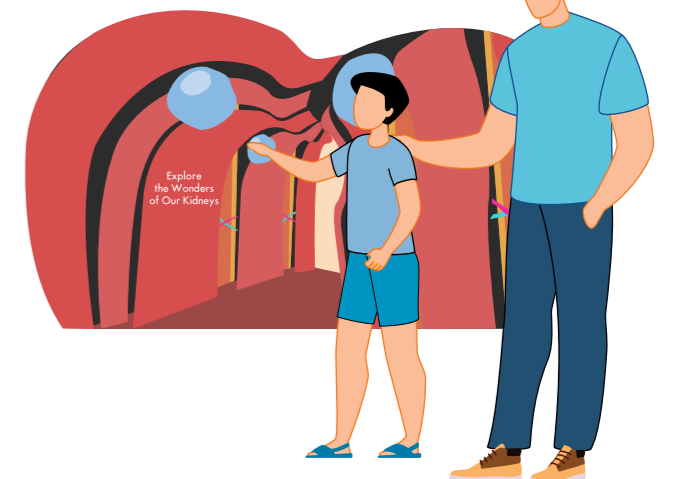


7,700 people in the Malay/Muslim community, a high-risk group for kidney failure, benefitted from kidney disease education and prevention



10,900 people learned more about kidney functions and the leading causes of kidney failure at our Kidney Health Education Bus and overall, 46,500 since 2014

9,200 visitors discovered the wonders of the kidneys through the Kidney Discovery Centre and overall, 52,000 visitors since 2011

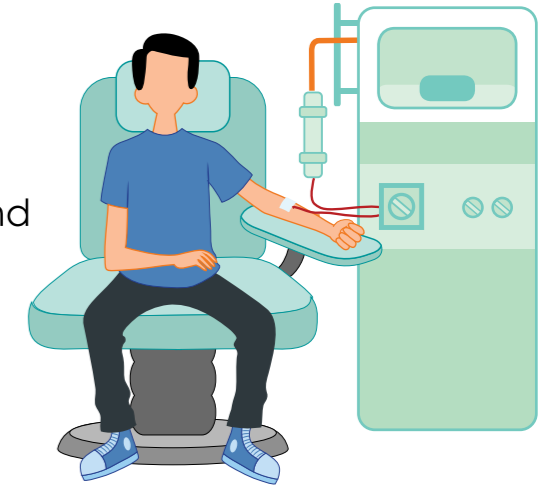


Journeying with Pre-Dialysis Patients



101 patients and family members benefitted from Know Right, Start Right programme to help them better understand the different treatment options and community support available

\$105 million cost of providing dialysis, medication and auxiliary services for kidney patients



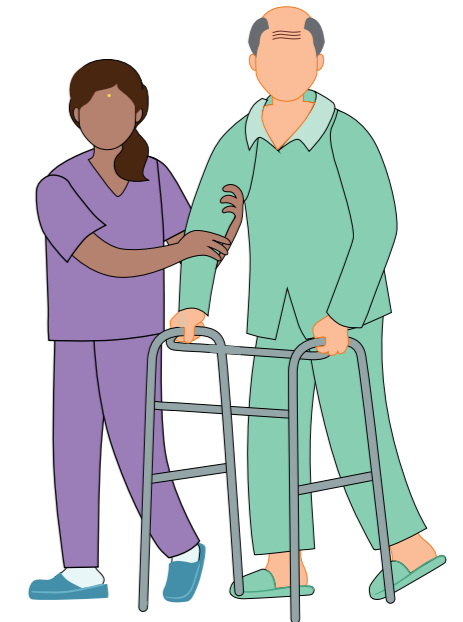
1,925 home visits to support patients on PD

Caring for Patients

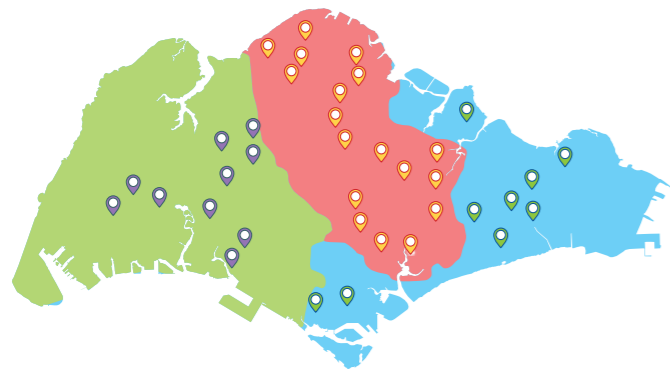
4,567 needy patients served



70% patients pay only \$50 and below of which more than half are paying \$0

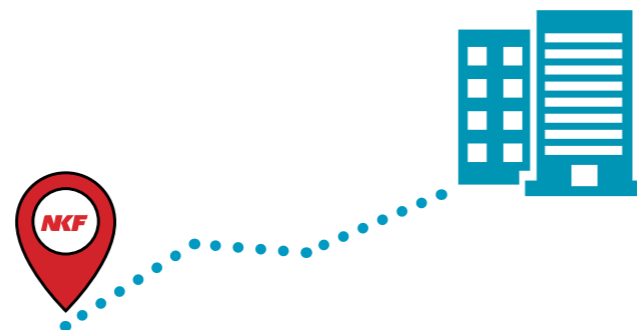


94% patient survival rate in the first year



37 dialysis centres islandwide (as at Sep 2019)

91% patients right-sited and receive dialysis within 5km of their residence



"I was new to peritoneal dialysis and was afraid. I receive a lot of encouragement and support from friends in the support group and now I can cope better."

Mr Wan Fong How, who benefitted from the PD Support Group

"Through the eye programme, I found out from the doctor I had bilateral cataracts. I went for surgery and now my eyesight is better."

Mr Jamal Jantan, who benefitted from the eye screening services



Education & Prevention

150,000
people learned about kidney health and were imbued with a greater awareness of kidney disease prevention

Data shows that diabetes remains the number one cause of kidney failure which accounts for 67% of new cases, and more than half who have diabetes are unaware of their condition. Fortunately, diabetes can be prevented or controlled, if diagnosed and treated early. Hence, NKF firmly believes that the key to reduce and prevent kidney failure lies in education and prevention, especially from a young age. Ultimately, we hope every Singaporean lives a life that is free from medical treatment and dialysis.

GENERAL KIDNEY HEALTH PROGRAMME

50,900
students and educators benefited from kidney health education activities

Schools

We partner with schools to raise kidney health awareness among the students through activities such as assembly talks, health booths and roadshows. With the knowledge gained, many students conducted their own kidney talks and set up booths in their schools to help spread the cause of NKF.



"The assembly talk provided us with thorough information about kidney diseases and how we can prevent it. The health booth was both engaging and meaningful. Our students and parents had gained much knowledge from it."

*Mr Shen Weixiong, Teacher
Hong Wen School*

85,300
people participated in our kidney talks, events and roadshows through our outreach to the general public

Community

We empower and partner with people from all walks of life in the community, working hand in hand towards the prevention of kidney failure. We aim to raise greater awareness of kidney failure, its leading causes and negative consequences, as well as share tips to slow down the progression of kidney diseases.



Date : 10 March 2019
Venue : NKF Centre
Participants : 800

Listen to Your Kidneys

Listen to Your Kidneys, held in conjunction with World Kidney Day, saw kidney experts share about the risks of getting kidney failure with members of the public and provided take-home tips to better kidney health. Participants also gained knowledge on healthy eating habits and benefitted from kidney screening and kidney workout.



Sit-A-Thon



Date : 24 & 25 August 2019
Venue : Our Tampines Hub
Guest-of-Honour : Mr Ong Ye Kung
Minister for Education
Participants : 10,000

Sit-A-Thon

Participants learnt about the dangers of a sedentary lifestyle and how unhealthy dietary choices may increase the risks of developing kidney failure at this year's Sit-A-Thon. Members of the public participated in many meaningful games and activities that involved sitting on "seats" such as stationary bikes, bean bags and dialysis chairs. Kidney ambassadors, who are our very own patient volunteers, also sat down with participants to share about living with kidney failure. We also successfully entered the Singapore Book of Records for the most number of Sit-to-Stand repetitions performed by an individual in a minute, and the most number of repetitions accumulated by all participants in eight hours.



5,800
working adults reached through Kidneys @ Work workshops and awareness booths



Corporates

Kidneys @ Work Workshops

Through our latest interactive Kidneys @ Work workshops, participants learned through a series of hands-on activities and games on the leading causes of kidney failure, debunked common kidney myths and discovered useful tips on how they can address certain lifestyle and eating habits that may lead to kidney diseases.

“The Kidneys @ Work Interactive Workshop has provided the staff with greater awareness regarding kidney failure, prevention for diabetes and food intake, and also encouraged them to make a health pledge. The speaker was engaging and prompted questions from the participants. We have received many positive feedback and would like to have more health talks with NKF in the near future.”

*Ms Farhanah Kamal
Clubhouse Assistant
Land Transport Authority Staff Club*

“The kidney screening greatly helps me and my family to understand our health status. After receiving the results of the screening, I had a consultation with my doctor as my blood glucose levels were a bit on the high side. I am now more conscious of my health and am trying to work towards a healthier lifestyle before it is too late.”

Madam Mardiana Ismail, who is pre-diabetic, pre-hypertensive and has high cholesterol, benefitted from the kidney screening for patients’ family members



TARGETED KIDNEY HEALTH PROGRAMME

NKF reached out to various high-risk groups such as patients’ family members, individuals diagnosed with diabetes and hypertension and the Malay/Muslim community for early detection and intervention purposes. We conducted free kidney screenings and educated them on healthy eating and exercise. They are encouraged to seek treatment if they have abnormalities in their screening results.

300
patients’ family members screened for early detection of kidney diseases



Patients’ Family Members

Kidney Education and Screening

Family members of kidney patients are at higher risk of developing conditions such as diabetes, hypertension and kidney disease due to hereditary, diet and lifestyle factors. Among the barriers that prevent family members from going for health screening include self-denial, no time, costs, not knowing where to screen or fear of needles.



300 patients’ family members were screened for the functions of their kidneys, diabetes and hypertension, which are the two leading causes of kidney failure. The screenings help to pick up early warning signs of kidney failure so that participants can take proactive preventive measures. They will be equipped with knowledge of healthy eating and ways of doing exercises so that they can take care of themselves.

7,700
people in the Malay/Muslim community benefitted from kidney disease education and prevention



Malay/Muslim Community

Collaborating with various Malay/Muslim Organisations

NKF collaborated with different organisations such as the Malay Activity Executive Committees (MAECs) that are set up at Community Clubs and Mosques to reach out to the Malay/Muslim community. Health talks, kidney screenings and outreach booths were organised. Kidney patients also conduct sharing sessions. NKF reached out to 7,700 people in the Malay/Muslim community as part of this outreach initiative to encourage healthy eating and lifestyle habits.



“The participants gave positive feedback that NKF’s kidney health-related programmes were useful and effective in helping them pay more attention to their diet, exercise and lifestyle. This is very encouraging and we hope to see more of these conducted at the mosques to benefit the Malay/Muslim community.”

*Mr Abdul Hakim Adzhari
Community Engagement Executive
Darul Makmur Mosque*



FUN LEARNING AT YOUR DOORSTEP

10,900 people learned more about kidney functions and the leading causes of kidney failure at our Kidney Health Education Bus and overall, **46,500** since 2014

K-FORCE

NKF's Kidney Health Education Bus, K-FORCE, is equipped with interactive exhibits to enhance exploration and play for Primary School students. Through exciting games and activities, students learn about what the functions of their kidneys, treatment options for kidney failure and how they can lead a healthier lifestyle.



K-MOVEAT New

To reach out to Secondary School students and the general public, NKF introduced its second Kidney Health Education Bus, K-MOVEAT. The activities on board K-MOVEAT are powered by augmented reality (AR) technology for a 3-dimensional learning experience. The bus is designed like a food truck and the NKF SG app brings the cafe-like interior of the bus to life.

Using a smartphone or tablet, users can explore the kidney's anatomy and discover facts about exercise and nutrition through AR games and content. In today's dynamic day and age, K-MOVEAT's AR content makes understanding kidney diseases and its preventive measures even more engaging.



Mr Ong Ye Kung, Minister for Education, launched K-MOVEAT on 24 August 2019



"Our students were given the opportunity to play with virtual food and sports by using game-based learning strategies during our Health Week. In this way, they gained knowledge about nutrition and kidney health in a fun and interactive environment."

Mr Lee Kok Leong, Subject Head for Physical Education, Bukit Batok Secondary School, the first school K-MOVEAT visited

EMBARK ON AN EXPERIENTIAL JOURNEY

Kidney Discovery Centre for a Multi-Sensory Journey

The Kidney Discovery Centre continues to attract, engage and elevate visitors' learning experience of kidney health through multi-sensory exhibits. Some of the new additions to the centre include the kidney arcade that combines arcade-style games with educational health messages and an animation video that allows visitors to glimpse into the human body and learn the difference between type 1 and type 2 diabetes.

9,200 visitors discovered the wonders of their kidneys through the Kidney Discovery Centre and overall, **52,000** visitors since 2011

"The sessions and getting a real-life patient to talk to us about her experiences definitely value-added to the learning journey!"

Mr Noel Jomon, Student Anderson Secondary School



Journeying with Pre-Dialysis Patients



When patients are first diagnosed with kidney failure, they are at a loss. They are unsure which treatment option to choose, how it will affect their full-time job and the impact it will have on their lifestyle. There is a considerable amount of information that they need to digest during the decision-making process. However, a decision on the right treatment option has to be made soon to avoid possible complications and negative consequences of delay in treatment.



101
patients and family
members benefitted from
Know Right, Start Right

Know Right, Start Right Programme

This early intervention programme aims to journey with patients and assists them in decision-making by helping them to gain a better understanding of different treatment options and community support programmes available for a smooth care transition in the community.

Data shows that many patients often are not able to make a decision on their treatment choice. Comorbidities, social influences, values and beliefs, limited health literacy, socio-demographics and the need for autonomy are some of the barriers that place patients at a crossroad and affect their decision-making ability. The delay in deciding on treatment has resulted in poor patient outcomes.

In collaboration with restructured hospitals which have renal units, the programme aims to equip patients with adequate knowledge of the disease, treatment process, dialysis management and address psychosocial anxiety as early as possible so that patients do not delay treatment. It involves monthly pre-dialysis talks at the hospital as well as home visits which are useful for patients who have mobility issues or prefer a more personal conversation. Peer support groups consisting of youth to elderly patients also meet monthly to interact and motivate each other. 101 patients and family members benefitted from the programme.



“Previously, I did not have a clear picture of which dialysis treatment option to choose and how it would fit into my full-time work. However, during the pre-dialysis talk, the NKF patient volunteer shared with me about home-based peritoneal dialysis treatment and how I can do it overnight while I sleep. He not only addressed my concerns but also mentally prepared me for the treatment. Because of this programme, I was able to see for myself how a PD catheter insertion looks like, and knowing that there are other patients and community services out there who can support me when I need help.”

Mr Thomas Tan, 45, who chose peritoneal dialysis after his fears and apprehension were eased through Know Right, Start Right

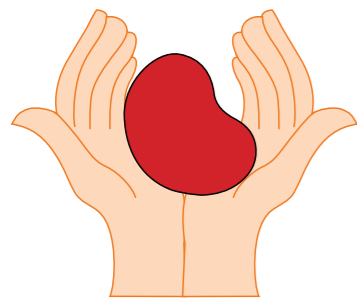
Quality Patient Care



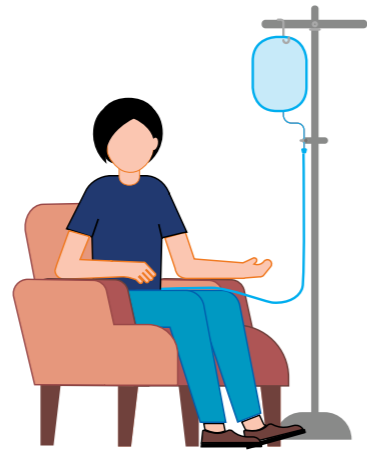
The total kidney patient and beneficiary population at **4,567** represented **197**, or a **5% increase** and the costs for dialysis, medication and auxiliary services amounted to **\$104.8 million**, an **11% increase**.

\$104.8 million cost of providing dialysis, medication and auxiliary services for 4,567 kidney patients

NKF helps kidney patients through:



Kidney Live Donor Support Programme



Peritoneal dialysis at home



Haemodialysis at our 37 dialysis centres



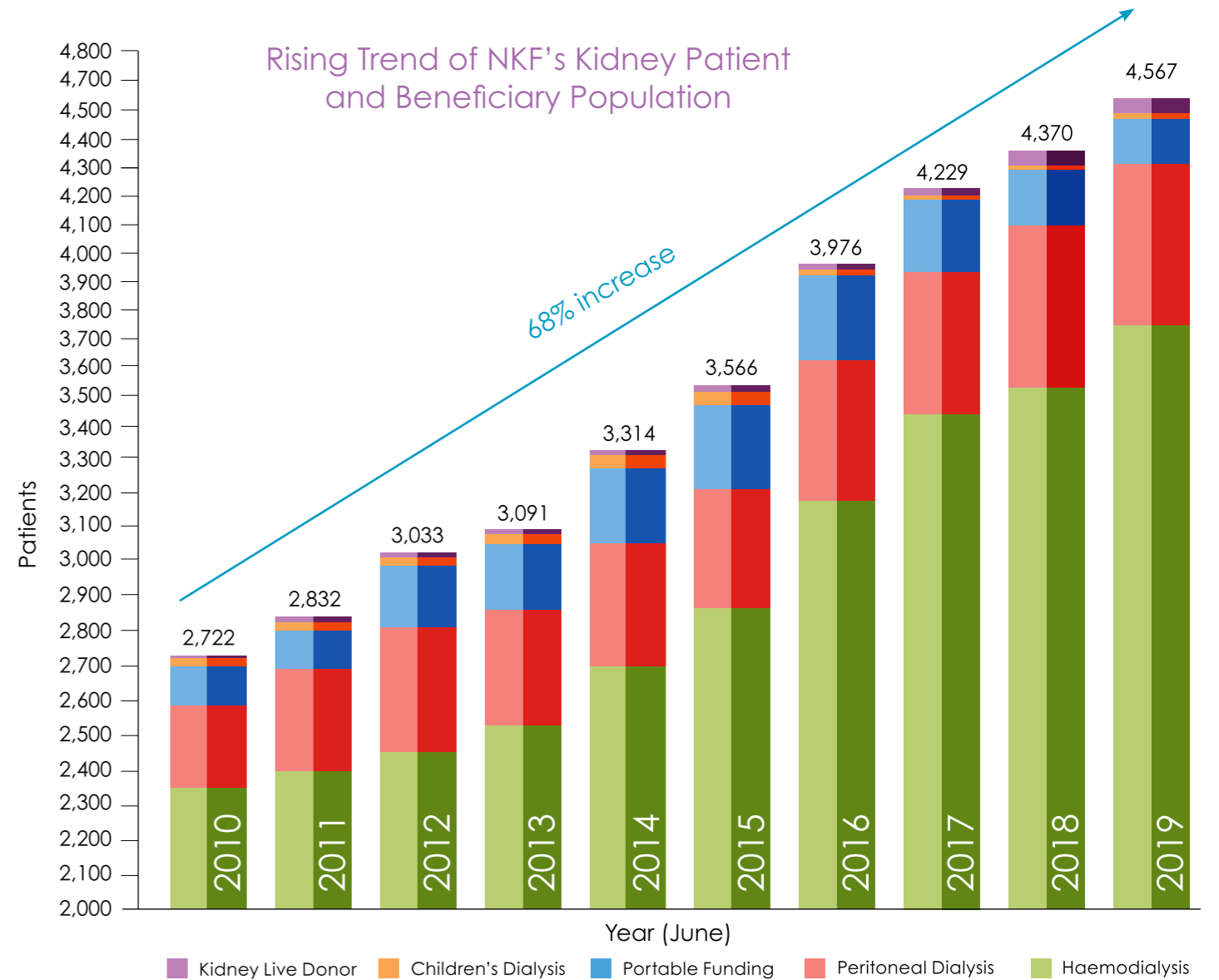
Portable funding for patients who dialyse at private dialysis centres



Children with kidney failure through the Children's Kidney Centre

Total Subsidies to Patients and Beneficiaries

Programmes	Total Number of Patients and Beneficiaries			Programme Costs (\$'000)		
	As at 30 Jun 2019	As at 30 Jun 2018	Variance (%)	Year ended 30 Jun 2019	Year ended 30 Jun 2018	Variance (%)
Haemodialysis	3,755	3,572	5%	94,272	83,001	14%
Peritoneal Dialysis	577	546	6%	1,629	1,882	-13%
Portable Funding	172	203	-15%	1,934	2,858	-32%
Children's Dialysis (including funding to Children's Kidney Centre)	16	10	60%	1,131	1,189	-5%
Kidney Live Donor	47	39	21%	78	80	-3%
Total	4,567	4,370	5%	104,775	94,033	11%



Kidney Transplant



Kidney transplant is the best treatment option aside from dialysis as the “transplanted kidney” can substitute almost fully the lost functions of the failed kidneys, and allow the patient to lead a normal life. There are 2 types of transplant donors – living and deceased. However, for deceased kidney transplant, the waiting is long and often futile. With medical advancements, patients can opt for a live kidney transplant which can cut the long waiting time.

Patient Survival Rate

No. of Years	Live Kidney Transplant (%)	Dialysis (%)
5	96.7	61.3
10	90.8	36.5

Source: Singapore Renal Registry 2016

Kidney Live Donor Support Fund

To boost the uptake of live kidney donation, NKF has a Kidney Live Donor Support Fund in which only the recipient is required to pass the means test instead of both recipient and donor. The fund covers:

- Annual health screenings and medical follow-ups
- One-time reimbursement for loss of 2 months actual income of \$8,500, whichever is lower
- Reimbursement of hospitalisation and surgical insurance premiums (capped at MediShield Life premiums)
- Pre-transplant screening and evaluation costs for up to 2 potential donors per kidney recipient
- Insurance coverage for Group Living Policy based on sum insured of \$200,000

47 applicants have received support since the inception of the Fund



We can help dispel your fears and anxieties.

📞 **1800-KIDNEYS (5436397)**

✉️ **contact_us@nkfs.org**

🌐 **www.nkfs.org**

“A new life for my child”



Madam Saiwingworn Siliwaraporn, now 33, had her world turned upside down when her son was diagnosed with kidney failure at the age of five. She recalls the endless visits to the hospital, not knowing what was happening to him as she did not understand English back then.

The best form of treatment

Once Madam Saiwingworn learnt that a transplant was the best option for her beloved son to have a normal childhood, she offered to be a donor. In March 2018, they had a successful transplant operation. Madam Saiwingworn is also benefitting from NKF's Kidney Live Donor Support Fund, which helps ease the financial burden on the single mother of two.

Full of life and energy

“He’s very naughty now!” she exclaims, laughing. Her son, now 11, is a mischievous boy who is full of energy. He’s glued to his phone and also loves collecting Pokemon cards. As he runs round the playground, it is hard to imagine that he was once a kidney patient.

Peritoneal Dialysis



Comprehensive PD Community Support Programme

NKF's PD Community Support Programme continues to provide home-based holistic support to help PD patients manage their treatment well at home. Nurses make regular home visits to help patients prepare and adapt to PD, ensure a PD-safe environment as well as provide continuous support whenever they have issues coping with PD at home.

1,925
home visits to support patients on PD



Helping Beneficiaries on Peritoneal Dialysis

The number of beneficiaries was 577. We spent \$1.63 million to support peritoneal dialysis patients in their treatment and rehabilitation.

PD Care Group

PD patients come together twice monthly to discuss challenges and caregiver burdens as well as support and encourage one another. It also gives us the opportunity to understand their needs and serve them better. Recreational outings are also organised for social bonding and integration. To encourage new patients who are undecided about starting PD, members of the group produced a booklet with the tagline "For patients, by patients". The booklet also provides many practical tips and advice on how to cope with life on PD such as diet, travel and financial assistance.

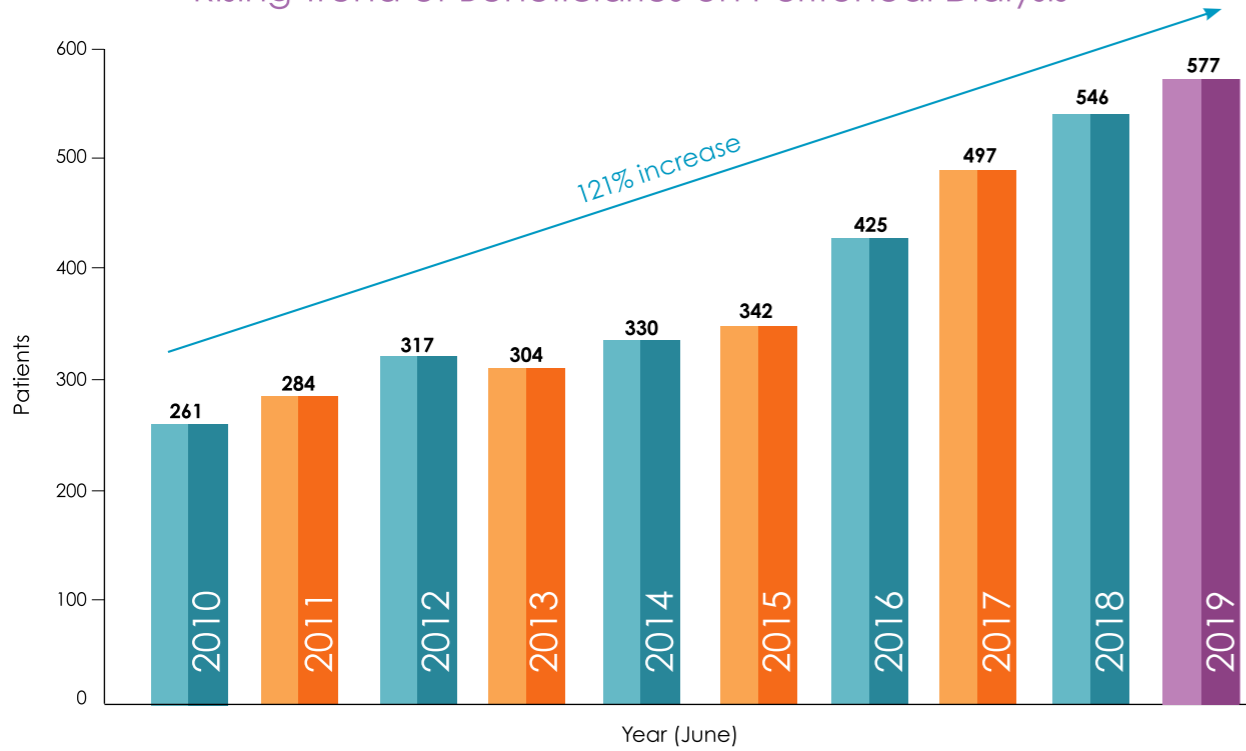
\$1.63 million
provided for home care and subsidies

577
total number of beneficiaries

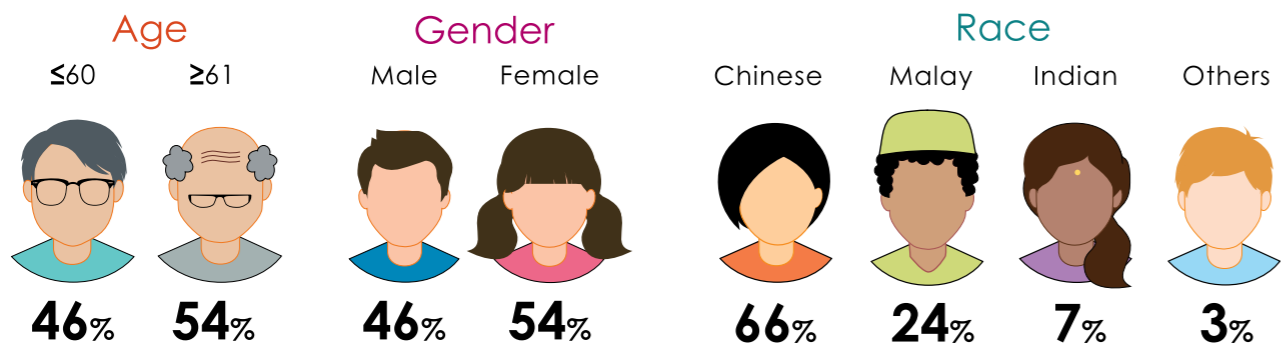
45
patients benefitted from the PD care group



Rising Trend of Beneficiaries on Peritoneal Dialysis



Profile of Beneficiaries on Peritoneal Dialysis



“I’m in control of my life”



Madam Yong Mui Fah, 66, had been suffering from high blood pressure since her early 30s and 10 years ago, doctors warned her that she may end up with kidney failure. She eventually had to begin dialysis in 2019.

Her lifestyle and work not disrupted

Without any hesitation, she chose peritoneal dialysis (PD), which can be done conveniently at home, rather than travelling to a dialysis centre for thrice weekly treatment. She is relieved that her job of 30 years as a cashier remains unaffected as she is able to carry out the dialysis procedure on her own at night for 10 hours while she sleeps. With this flexibility, Madam Yong can also continue to help look after her husband who has dementia as well as be active as a grassroots leader in her constituency.

Continue to lead a fulfilling life

A PD nurse visits her regularly to check on her condition and ensures she is coping well. Madam Yong is part of NKF’s PD Care Group where she attends recreational outings to bond with fellow patients, which she finds therapeutic. She said, “I’m happy with PD as there is no drastic change to my lifestyle and I’m able to continue doing the things that are meaningful to me.”

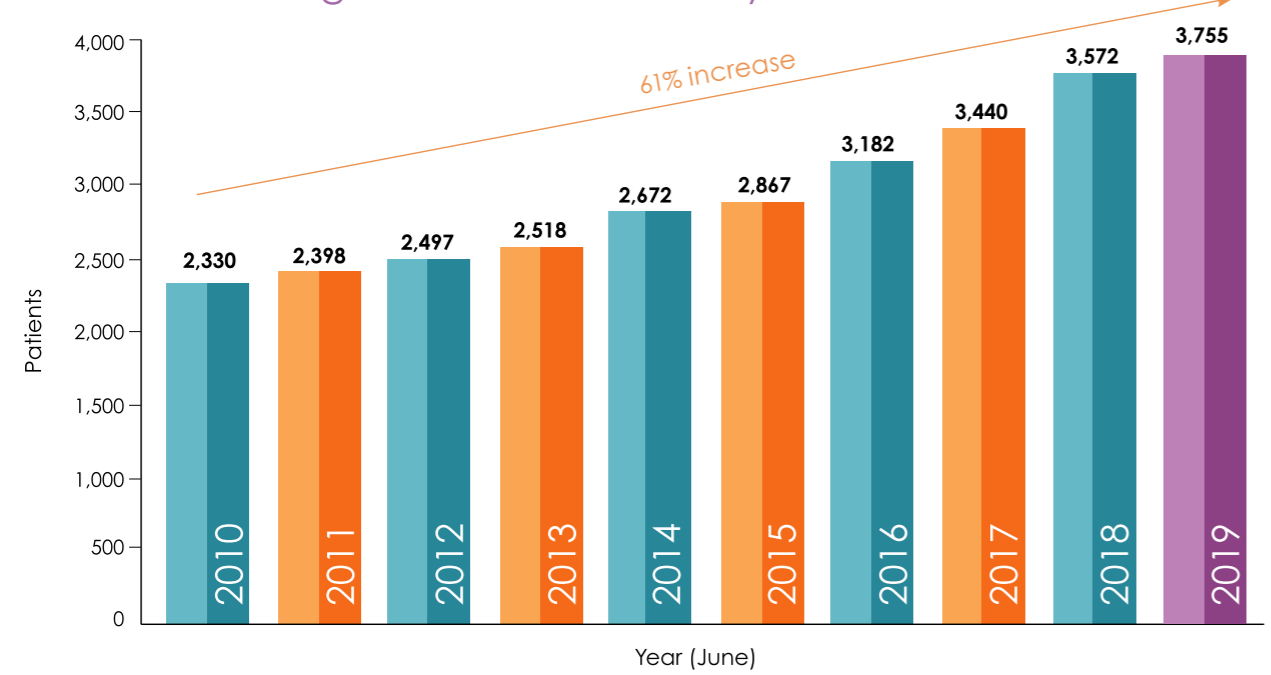
Haemodialysis



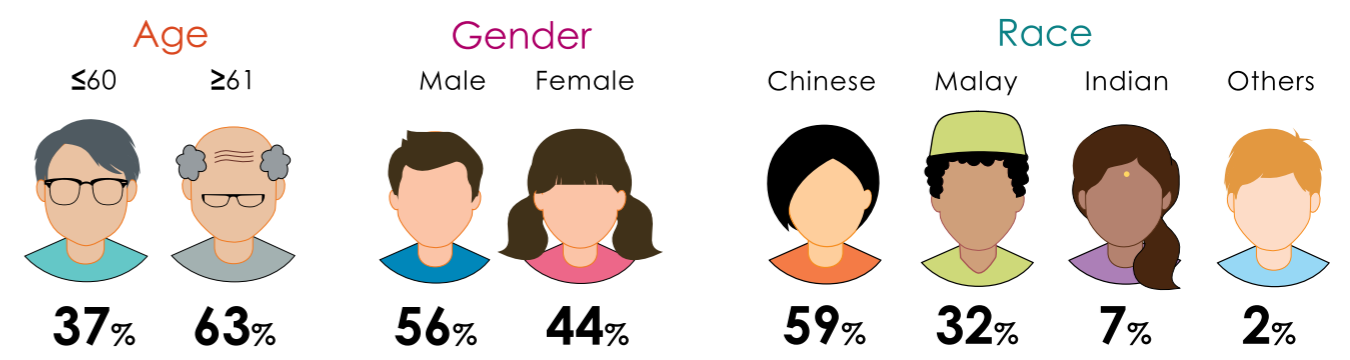
Caring for Haemodialysis Patients

We provide affordable quality in-centre dialysis to kidney patients at our 37 purpose-built dialysis centres located islandwide. Our patients undergo dialysis treatment three times a week, with each session lasting about four hours. They are cared for by 897 dedicated medical and allied health professionals, and support staff who provide them with quality treatment and care. A total of \$94 million was spent on treatment and all-round care for the financial year.

Rising Trend of Haemodialysis Patients

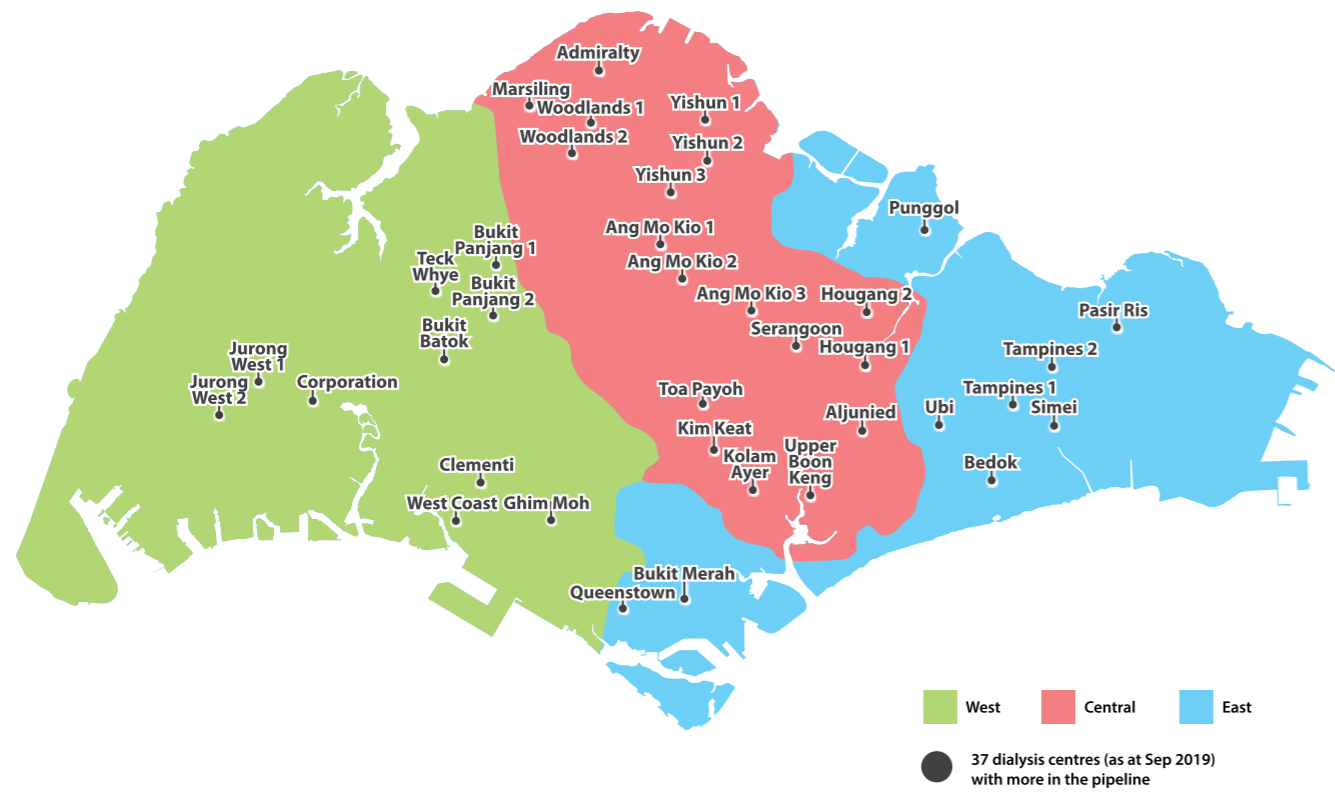


Profile of Haemodialysis Patients





37 Dialysis Centres with More in the Pipeline



802
total number of
dialysis stations

4,812
patient capacity

\$2.39 million
to upgrade and replace
medical instruments and
equipment

Our dialysis centre with expanded capacity

Low Foundation-NKF Dialysis Centre (Clementi)

- Started operations in July 2019
- Refurbished and established with a generous \$2 million donation from Low Foundation
- Expanded patient capacity by 50% to 30 dialysis stations serving up to 180 patients



Our new dialysis centre

NKF Dialysis Centre Supported by Ngiam Kia Hum & Family (Punggol)

- Started operations in September 2019
- Established with a generous donation from Mr Ngiam Kia Hum and his family, contributions from other generous donors and a government grant
- 35 dialysis stations serving up to 210 patients



Introduced Haemodiafiltration – An Alternative Form of Dialysis New

In our pursuit of better patient outcomes, NKF has introduced another form of dialysis called haemodiafiltration (HDF) at our dialysis centres in Bedok and Serangoon in March 2019. For a start, only two HDF machines are being placed at these two centres.

HDF, a process similar to haemodialysis (HD), removes small and bigger-sized toxins by drawing out large quantities of fluid from the blood and replacing it with clean fluid generated by the HDF machine.

Recent studies have shown that HDF can reduce cardiovascular (heart disease) mortality, has better stability of blood pressure during dialysis and reduces some of the long-term complications due to dialysis. Offering different forms of dialysis is one of our initiatives to enhance our delivery of care. It also enables us to better meet and support the diverse needs of our patients.



Nocturnal Dialysis Continues to Benefit Patients

Unlike regular four-hour dialysis sessions during the day, nocturnal dialysis takes place at night while the patient sleeps and typically lasts for seven to eight hours a session. As the dialysis hours are longer, this results in better health outcomes for patients.

“It's a better way
of **life**”

Mr Abdul Jahar, 30, has been feeling much better on nocturnal dialysis these days. He works at a coffee shop in the day, then heads home to spend some quality time with his wife and two-year-old daughter. At about 10pm, he heads off to the dialysis centre where he will spend the night.

Initial worries were unfounded

Mr Jahar jumped at the chance to take up nocturnal dialysis when it was offered in 2016 as he had been fretting about how he was to manage his work and dialysis sessions.

It was a huge relief that he would be able to remain employed full-time while receiving the treatment he needed to be well.

Feeling better on nocturnal dialysis

“I definitely feel the difference being on seven hours of dialysis as compared to four hours. My body is more rested and I have more energy. Mostly importantly, my dialysis doesn't interfere with work anymore!”

“The quality treatment helps me lead an active **lifestyle**”

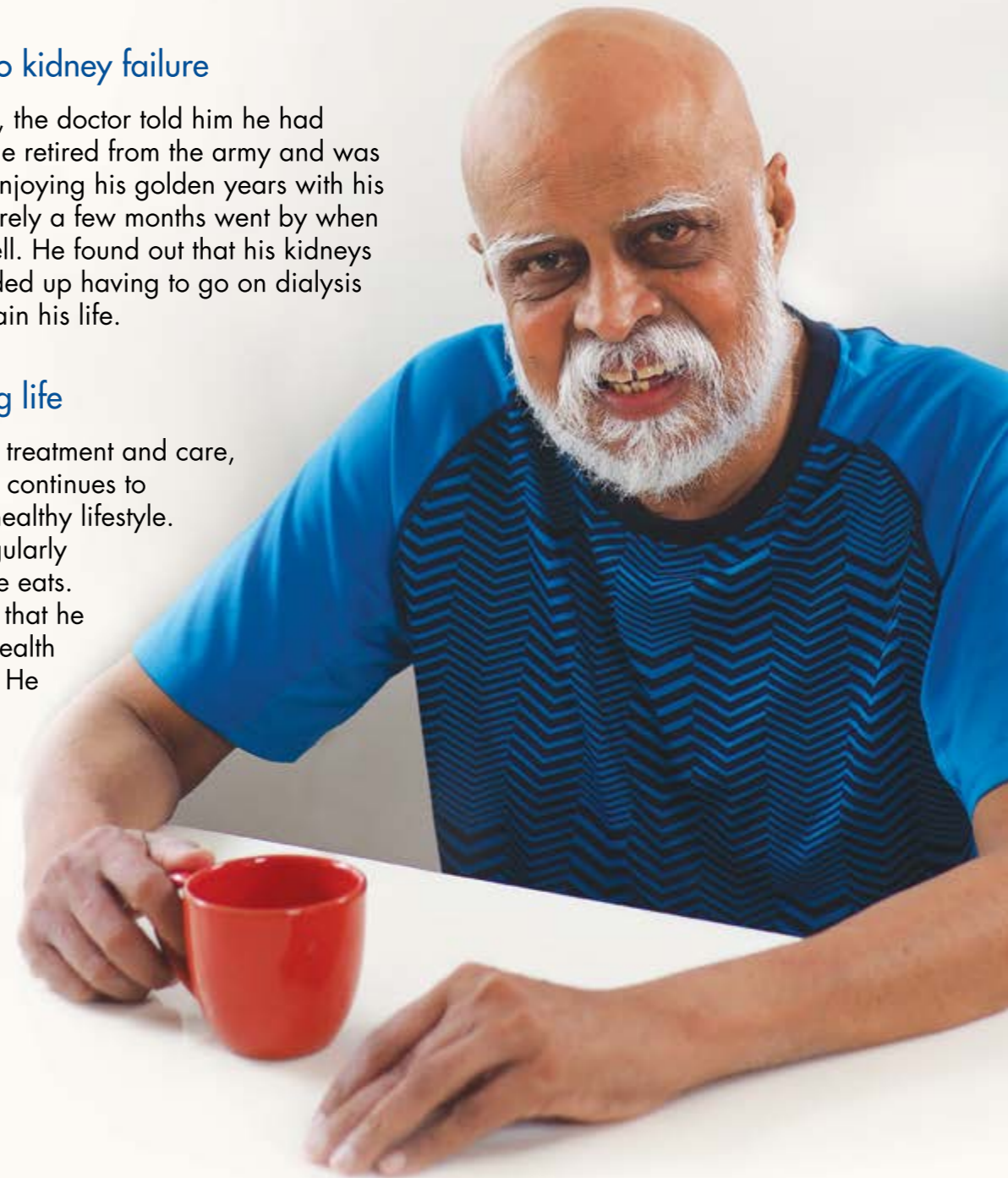
Mr Fernandez Dennis Francis, 69, was working full-time in the army. He was fit and often ran 21km marathons. However, he had a sweet tooth and often indulged in chocolates, ice-cream and soft drinks.

His diabetes led to kidney failure

About 12 years ago, the doctor told him he had diabetes. In 2012, he retired from the army and was looking forward to enjoying his golden years with his family. However, barely a few months went by when his leg began to swell. He found out that his kidneys were failing and ended up having to go on dialysis thrice weekly to sustain his life.

Leading a fulfilling life

With quality dialysis treatment and care, he is doing well and continues to lead an active and healthy lifestyle. He goes jogging regularly and watches what he eats. However, he regrets that he did not think of his health in his younger days. He said, “What's most important is to take care of your health. Once you have kidney failure, there is no turning back.”



Portable Funding



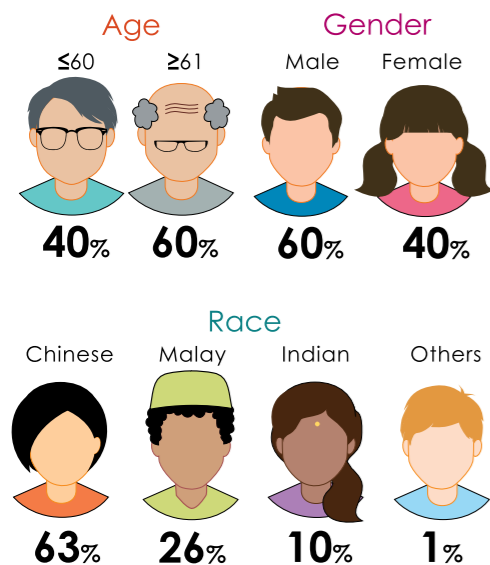
Our Portable Funding Helps Kidney Patients with Multiple Medical Complications

Needy patients, who pass the means test but cannot be admitted to NKF's haemodialysis programme because they suffer from multiple medical complications, are provided with subsidies to receive treatment at private dialysis centres through our Portable Funding.

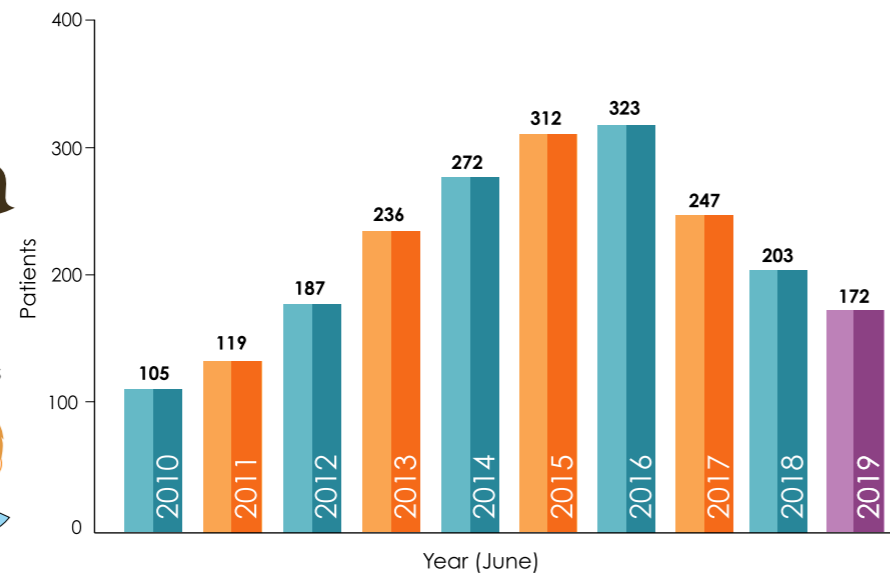
\$1.93 million
total subsidies given out

172
total number of beneficiaries

Profile of Beneficiaries on Portable Funding



Beneficiaries on Portable Funding



Mr Goh Kwee Lian, 66, suffers from many illnesses – kidney failure, heart problems, diabetes, high blood pressure and high cholesterol. He had to stop work as a delivery person after being diagnosed with kidney failure in 2013.

I'm grateful for NKF's support,

Receiving help from NKF

Due to his multiple conditions, he requires special treatment and care which makes him unsuitable for NKF's dialysis programme. He is grateful to NKF for placing him in NKF's Portable Funding to receive treatment at a private dialysis centre and he does not have to pay anything out-of-pocket.

Looking ahead with courage

Mr Goh suffered another blow in 2017 when he lost his wife of 41 years to breast cancer. Despite his misfortunes, he has not given up on life. He said, "Although I'm alone now with no family, dialysis gives me hope to keep going. I just take one day at a time."



Children's Dialysis

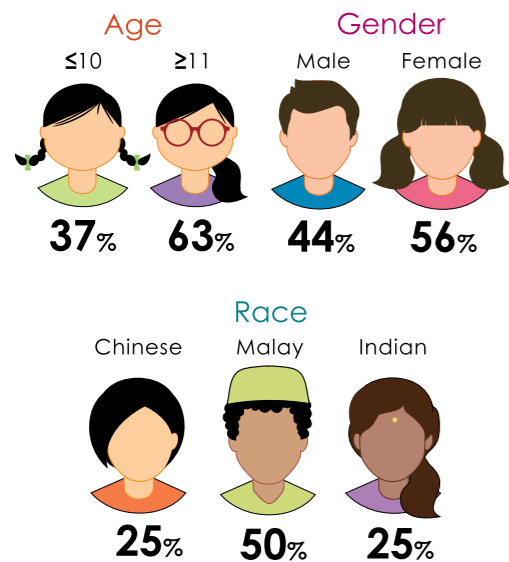


Assisting Young Kidney Patients through Children's Dialysis Fund

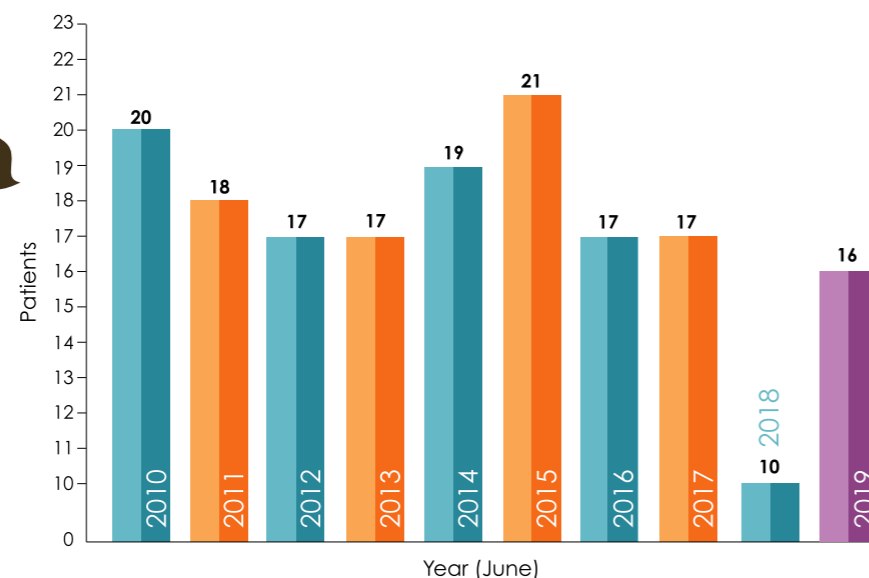
NKF's Children's Dialysis Fund subsidised the treatment costs of 16 young patients suffering from kidney failure as well as sponsored the running costs of the Children's Kidney Centre at the National University Hospital.

\$1.13 million funding for Children's Kidney Centre

Profile of Child Beneficiaries on Dialysis



Beneficiaries on Children's Dialysis Programme



“Being self-sufficient gives me **fulfilment**”



Miss Radheana Bte Zamri, 26, was diagnosed with obesity and diabetes during a check-up at school when she was just nine years old. She was prescribed oral insulin but refused to take it as she was just too young to comprehend the severity of her condition.

Times of darkness

Her health deteriorated abruptly when she was in polytechnic, leaving her with no choice but to drop out of school. She experienced severe problems with her eyesight and underwent several surgeries. Unfortunately, the doctors were only able to save her left eye. Radheana's kidneys failed when she was 21, making her the third person in her family to have to undergo dialysis.

Finding employment through NKF

When Radheana expressed a desire to find employment, NKF found her a position as a part-time retail assistant through our Patient Employment Rehabilitation Programme. It was a huge relief for Radheana as she had trouble finding a job that could accommodate her thrice weekly dialysis schedule. These days, she derives a sense of fulfilment from being productive and self-sufficient.

Accessibility

within the Community



91%
patients are right-sited

Bringing Dialysis Closer to Patients' Homes

Being the forerunner in providing community dialysis treatment, we have embarked on an integrated renal care model to support the evolving health and social needs of our patients. In this regard, we aim to right-site all our patients at a dialysis centre within 5km of their residence as part of our community integration efforts to actively engage the grassroots and volunteers to have greater interaction with patients. 91% of our patients are currently right-sited.



"In life, we go through many trials & tribulations. I have found that having positive thoughts and being thankful for the good things I still have in my life helps a lot."

Mr Azmi Saini, who is benefitting from Life@DC

Life@DC New

Through our new programme Life@DC, NKF's multidisciplinary teams and community partners support patients to build an empowering community from the ground up – for patients and by patients. At the core of Life@DC is creating a warm and inclusive community with a "kampong spirit" built on a strong foundation of care for each other; a communal space for patients to gather and make it their own; forging strong bonds and social integration through meaningful and engaging therapeutic activities; and sharing cherished moments and celebrating key occasions together. Through all these, patients can enhance their quality of life, reintegrate into the community through employment, and give back to the community.



Holistic Journey



The care we provide patients is a holistic one. It goes beyond dialysis. It is never easy living with kidney failure as patients need to deal with many problems in life. Our aim is to walk alongside them to empower and engage patients so that they regain their dignity, confidence and positivity and, most importantly, the belief that they can overcome any adversity. Ultimately, improving patients' lives and allowing them to live normally, and even fulfilling their dreams and aspirations are what NKF is committed to do.

CARE AND COUNSELLING

Admission Counsellors Walk with Patients

From the point of application, our counsellors will provide emotional and family therapeutic support to help patients and caregivers adapt to their dialysis regime and plan their rehabilitation.

PATIENT WELFARE

We provide subsidies for needy patients and their families through our patient welfare programmes to help them cope with daily living and improve the quality of their lives.

Transport Subsidies

Needy patients who require special transport services to and from dialysis centres were given subsidies for bus, train, taxi, ambulance, van and even dialysis escort assistance expenses.

Admission Counsellors walked alongside every one of the **805** patients and caregivers from the point of application

Total patient welfare subsidies amounted to **\$5.73 million** of which **\$4.88 million** went towards transport subsidies to benefit **1,497** patients



“I thank NKF for helping me find a job. I feel great to be part of Singapore's workforce again, and to earn and support myself.”

Ms Widya Tania, who benefitted from the Patient Employment Rehabilitation Programme

Grains of Hope Programme

NKF's Grains of Hope is a home intervention programme helmed by volunteers to support needy patients by delivering basic food provisions and sundry, and providing emotional and mental support during their home visits on a monthly basis. The programme supports patients who are socially isolated, lack a strong support system in caregiving or lack access to health and social-related entities with the end objective of helping them re-connect and re-integrate into the community through the help of volunteers.

Bursary Awards for Patients' Children

Caring people support us through bursary awards for patients' children to excel in their studies and uplift their family from their financial burdens. As such, needy patients do not have to compromise on giving their loved ones a good education so that they can do well and contribute back to society in the future.

Patient Employment Rehabilitation Programme

This programme, sponsored by the Kwan Im Thong Hood Cho Temple, helps patients find suitable employment. Patients are given support to increase their employability by providing skills training and upgrading, and are referred to external hiring partners. Within NKF, patients are engaged to provide services on a contract-for-service arrangement.

69 patients lacking a strong support system and are socially isolated are receiving support in the Grains of Hope Programme

\$25,000 bursary amount in total given to 11 students from families of needy kidney patients

63 patients attended relevant training programmes to find jobs and 49 patients re-integrated into the workforce and regained sense of self-worth and dignity



DIET & NUTRITION

Counselling and Intervention

Kidney patients need to modify their diet habits to meet nutrition goals according to their health condition. A team of 11 dietitians provides nutrition information for appropriate dietary choices and counsel patients to make positive behavioural changes towards eating right.

Patients' Nutritional Needs

Malnourished patients were supplemented with high energy and/or high protein oral nutrition supplements during each dialysis session.

Nutrition Education Programme

Patients and caregivers attend nutrition education sessions once a month in a small group setting at a dialysis centre. The sessions empower them with nutrition knowledge and skills to make appropriate dietary choices. It also gives them the opportunity to share their experiences in diet management and learn how to improve their diet habits through interactive nutrition activities. Cooking demonstrations were organised so that they can absorb knowledge better through experiential learning.

1,859
patients with nutrition-
related problems received
timely counselling and
intervention

573
malnourished patients
benefitted from high
energy and/or high protein
oral nutrition supplements

148
patients and 36 caregivers
attended nutrition
interactive group education

159
patients and 23 caregivers
attended cooking
demonstrations

PHYSICAL WELL-BEING

Fall Prevention Programme

NKF's Fall Prevention Programme helps frail kidney patients as falls are a common cause of injury among them and most falls take place at home. Many of these falls are due to clutter, wet floors, chairs and beds that are too high or too low, loose cords and wires, inadequate lighting, poor step and stairway design, and wrong foot and eye wear. Other causes include lack of physical activity, poor muscle tone and visual impairment. Medical conditions and medications too can cause unsteadiness or affect balance, vision and alertness. One fall incident tends to lead to repeated falls over time due to reasons such as weakened reflexes and muscles after the first fall. Hence, with a decline in mobility and functional independence, patients may have to depend on a walker or wheelchair, restrict their mobility due to the fear of falling, miss dialysis sessions and suffer a compromised quality of life.

In collaboration with Singapore Institute of Technology (SIT), student volunteers who study Occupational Therapy (OT) are paired with a community volunteer to reach out to frail patients. They extend an effectual helping hand to kidney patients in making them understand that falls can be prevented at home through simple adjustments.

To ensure greater impact of the programme, NKF also produced a guidebook on preventing falls which are explained and given to patients and their caregivers. It covers simple falls risk checklist, information on the consequences of falling, a home safety checklist to identify potential hazards, and tips on how to reduce risk of falls by making simple changes to daily activities.

21
volunteers helped 13 frail
patients to take steps to
reduce falls at home



Occupational Therapy

NKF's Occupational Therapy (OT) programme provides assessments and interventions to help patients perform day-to-day tasks and roles essential to their lives. The scope of OT also includes caregiver training, equipment prescription, lifestyle and home modifications, as well as utilising the available and appropriate funding and resources for needy patients.



Exercise Care Plan

Many patients have reduced functional capacity as a result of sedentary lifestyle and ageing, which also potentially gives rise to risk of muscle wasting and premature disability. Besides customisation of home exercise care plan and based on patients' needs, exercise specialists will encourage and invite patients to attend weekly maintenance exercise classes located at the various clusters. In-centre programmes are readily available for medically-cleared patients at different locations such as in NKF HQ, Integrated Renal Centre, and many other satellite dialysis centres built with an exercise area. Taking a person-centred perspective, these physical rehabilitation platforms help improve their physical well-being and overall quality of life.



234
patients benefitted from OT

50
nurses benefitted from OT training

100%
success rate for 10 NKF-assisted cases for HDB's Enhancement for Active Seniors (EASE) home modification programme

2,250
patients benefitted from the individualised home-based exercise care plan

50%
patients do intradialytic exercises following the in-house exercise video

180
patients regularly attend in-centre active and maintenance activities with 75% showing improvement in muscle strength and balance

MULTIPLE CHRONIC DISEASE MANAGEMENT

Eye Screening Services

Besides having kidney failure, 64% of our prevalent patients are diabetic and require regular eye checks. NKF partnered Raffles Hospital to provide complimentary vision tests and eye checks for kidney patients. For cases requiring further medical follow-up, retina photography will be performed and referrals made to hospitals at a subsidised rate. 110 patients benefitted from the clinical eye programme.



110
patients benefitted from the clinical eye programme

Home Glucose Monitoring Kits

We also continue to provide free glucose monitoring kits to encourage diabetic patients to monitor their blood glucose levels diligently.



511
diabetic patients using free glucose monitoring kits at home

Podiatry Services

NKF continues to provide onsite podiatry services at various dialysis centres for easy accessibility as foot problems are common among kidney patients with diabetes. The scope of podiatry services include wound management, skin and nails treatment and footwear advice.



219
diabetic patients with foot problems benefitted from our podiatry services with **83** referred to hospitals for further treatment

3% reduction in lower limb amputation among diabetic kidney patients

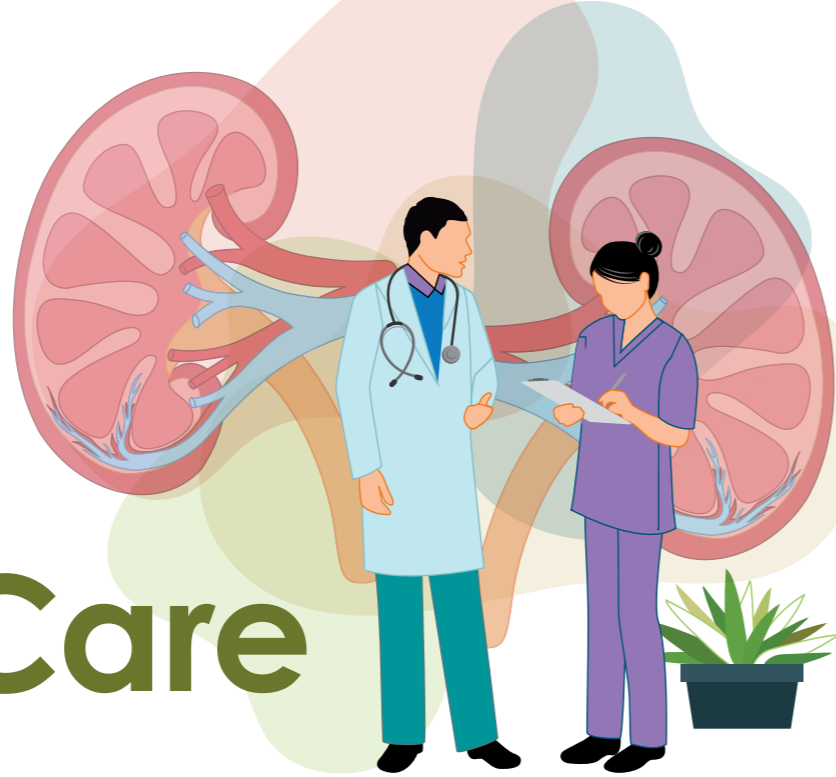
Subsidised Chest X-rays

NKF collaborated with SATA CommHealth to provide heavily subsidised chest x-rays at minimal or no charge to help patients in the early detection and intervention of cardiac conditions.



194
patients benefitted from subsidised chest x-ray services

Advancing Renal Care



Kidney Care Goes Digital New

A local study (done jointly by Duke-NUS and Ministry of Health) reported that the proportion of older adults with three or more chronic diseases increased from 19.8% in 2009 to 37% in 2017. More than half of NKF's patient population are above 60 years old, and many suffer from multiple chronic conditions. Our patients spend around 624 hours a year on dialysis throughout their lifetime.

To make things more comfortable for our patients, improve patient health outcomes, productivity and achieve better integrated care, NKF has embarked on a digitalisation journey with the implementation of our Renal-Point-Of-Care-System. Key processes are automated and the patients' records are digitised. This relieves the nurses of their manual work as much as possible and provides a centralised electronic medical record system for access by the doctors wherever they are, 24 hours a day.

Our patients receive a free smart card, which digitally records their pre-and post-treatment



weight and other data like blood pressure while they are hooked up to the dialysis machines. In the past, nurses manually recorded patients' blood pressure every 30 minutes or one hour, which tends to disrupt their rest. Now, the dialysis machine reads the treatment plan for the patient once the smart card is inserted.

NKF's digitalisation transformation means that nurses have more time to build relationships, rapport and trust with patients. They have more time to talk to patients, clarify any doubts or questions patients may have, and even spot early distress signs in patients and refer them to medical social workers or counsellors for timely intervention.

World Kidney Day Nursing Symposium

NKF, in collaboration with the Singapore Society of Nephrology and the Singapore Nurses Association, organised a nursing symposium on 31 March 2019. The theme focused on creating awareness and education on kidney health as well as sharing on community access in kidney care. More than 300 nurses and allied health professionals participated.



KIDNEY CARE CONFERENCE SINGAPORE 2019

*Integrated Kidney Care:
Advancing Together*

Kidney Care Conference

NKF's Kidney Care Conference, themed "Integrated Kidney Care: Advancing Together" was held on 25 & 26 May 2019 at the Lee Kong Chian School of Medicine (Novena). This 3rd year running conference provided multidisciplinary insights into the transformation and integration of chronic kidney disease care for the future, in the face of emerging complex challenges. It was also a platform for medical and allied healthcare professionals to share and exchange ideas as well as generate discussions to advance renal care.



For the first time, the conference was extended to renal experts in the Asia Pacific Region. We were also privileged to have five overseas distinguished speakers who hail from Canada, Hong Kong, Thailand, the United Kingdom and the United States to share their expert knowledge across the spectrum of renal care. Over 500 participants attended the conference which

included counsellors, dietitians, nurses, partners, patient advocates, physicians, policy makers, rehabilitation specialists and social workers. Mr Chan Heng Kee, Permanent Secretary, Ministry of Health, was the Guest-of-Honour and Professor Tan Chorh Chuan, Executive Director, Office for Healthcare Transformation, Ministry of Health, was the Keynote Speaker.

NKF remains committed to the care of kidney patients through better treatment outcomes and prevention of kidney diseases.



Achieving Excellent Clinical Outcomes

To achieve excellent patient outcomes, we use high flux synthetic membrane dialysers. Our water quality for dialysis always achieves and often exceeds internationally recommended quality standards. We also conduct regular reviews and timely intervention in our patient management.

94%
patient survival rate in the first year

99%
patients achieved desired outcome of $Kt/V \geq 1.2$.
Fractional clearance of urea (Kt/V) is one key indicator for measuring dialysis adequacy

82%
patients achieved Hb level of ≥ 10 gm/dl. Improving patients' haemoglobin level results in better physical tolerance and quality of life

1.14**
central venous catheter blood stream* infection rate, which is better than the international benchmark of 3.00

*Used for blood to flow from patient to the machine and back
** Per 100 patient months

Hand Hygiene

Good hand hygiene is one of the most critical control strategies in outbreak management. Under NKF's Hand Hygiene Programme, the nursing infection control team continues to develop policies, monitor hand hygiene compliance, conduct training and organise annual campaign to raise awareness on the importance of hand hygiene.

97%
hand hygiene compliance

Supporting Research in Kidney Disease

The Venerable Yen Pei-NKF Research Fund continues to support renal research in the areas of clinical and translational research, focusing on projects on the prevention of kidney diseases/failure. There were 18 Grant Calls since 2007, with 94 projects funded.

Total projects awarded since 2007 - 94

Ongoing projects | 6

Completed | 88

Healthcare Humanity Award 2019 (Ministry of Health)



Ms Lai Siew Fung
Senior Staff Nurse

Nurses' Merit Award 2019 (Ministry of Health)



Ms Aguilar
Abarientos Alma
Senior Staff Nurse
(2nd from left)

Ms Kumaresan
Shanmugapriya
Clinical Nurse Manager
(3rd from left)

Singapore Health Quality Service Award 2019



Best Team Award – Clinical Practice Improvement
Nursing Infection Control Task Force



Best Team Award – Service Initiative Improvement
Transport Taskforce

Photo credit: SingHealth

Nurturing Staff to Learn, Grow and Excel

Other than providing learning and sponsorship opportunities to enhance the skills and competencies of our people, we focused on deepening the development of the management team to strengthen NKF's core values of NICER (Nurturing, Integrity, Compassion, Excellence and Respect) through the implementation of NKF Leadership Development Roadmap.

Aligning to our Employee Value Proposition (EVP) to provide opportunities for our people to grow, learn, share and excel, we have also put in place an NKF Development Roadmap for all employees to equip them with the right skill sets as we steer together towards our Vision and Mission.



"The NICER leadership programme helped me to be objective, strengthen relationships with staff to gain trust by being more open, and be more empathetic so as to motivate staff to adopt a mindset towards excellence."

Ms June Lim
Support Services Deputy Director



"The workshop helped me develop self-awareness and be equipped with qualities that I need to become an effective and competent leader."

Mr Anthony Irish Yutoc
Clinical Nurse Manager

Community Hearts Programme

Our employees continued to adopt a social welfare organisation and contribute to its cause. As a team, employees work together to engage the community while learning and fostering closer bonds.

346
staff committed a total of **1,487 hours**
by doing volunteer work at
12 social welfare organisations

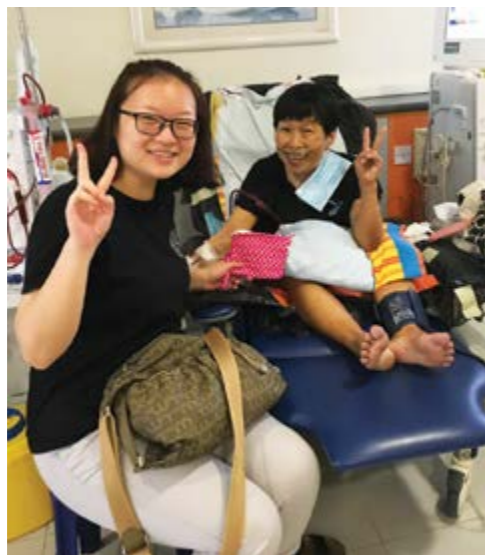


Volunteering with a Heart



NKF Circle of Hearts

Through Circle of Hearts, volunteers provide friendship, care and emotional support to help patients cope in their journey towards rehabilitation with more than 4,400 of them from all walks of life engaged in various meaningful volunteer programmes and activities.



“Our volunteering stint with NKF started about a year ago when we had to fulfil our mandated community service hours. We spent a few months at NKF’s dialysis centre in Toa Payoh, befriending the patients every Saturday evening. Never did we expect ourselves to form such a strong bond with them. Now, we visit them every Tuesday evening and we talk about everything and anything under the sun. What started as a simple intent to bring joy and warmth to the patients has blossomed into so much more. They give us so much good advice and often turn our bad days into good ones. We have gained more in return.”

Ms Chloe Wong, 19, contributed 64 volunteering hours & Ms Cai Xinrui, 21, contributed 50 volunteering hours, ex-Hwa Chong Institution (College Section) students



“We want to expose our students to the different community groups in the society so that we can imbue in them a sense of empathy. When NKF approached us to have our students create affordable renal-friendly diets and conduct cooking demonstrations for their patients, we were impacted by the experience. Through the various interactions with NKF dietitians and patients, students are now more aware of the multiple food restrictions these patients face and the high percentage of malnourishment amongst them due

to poor appetite. This partnership has not only allowed our culinary students a chance to exhibit their palate creativity by paying it forward with the culinary skills they learnt, but also gave them insights into the lives of individuals who are determined to rise above their adversities in spite of the multiple layers of challenges they have. We hope these service learning opportunities would inspire our students in giving hope to others and help them grow in confidence.”

Mr Khairilzaly Bin Yusoff, 36, Chef Lecturer, ITE College West





“My wife, Winnie, and I have been volunteering with NKF for over 10 years now. From being a home befriender in the Grains of Hope programme to participating in befriending sessions in the dialysis centres, every interaction we had was a meaningful one, a reminder of how important health is and to treasure what we have. It, too, struck me how important it is to build a community of support for those in need so that they do not fall through the cracks. Thus, I work closely with my full-time national servicemen

in the HQ Republic Singapore Navy, Naval Personnel Department to encourage the young recruits to volunteer at NKF. I hope the younger generation would be inspired by their experience in NKF and would continue to do what they can for the vulnerable in the community.”

Mr Nirmal Singh Dhillon, 60, Staff Officer Engagement Branch, HQ Republic Singapore Navy, Naval Personnel Department, who has contributed 52 volunteering hours



“I used to be a patient with NKF. Thus, I understand the challenges and possible stigma that dialysis patients face. It is not only a physical health burden they carry but an emotional upheaval too. I hope to be able to do what I can to help lift them out of their gloom and advocate the importance of caring for one’s health to the public so that together, we can help curb the growth of kidney failure.”

Ms Geraldine Goh, 60, patient volunteer who contributed 23 volunteering hours



“At The New Charis Mission, we go on and beyond to bring and advocate change in communities. We are glad to be able to partner NKF to bring positive changes to their patients’ lives. Being able to witness and experience first-hand, the happiness and gratitude that radiate from NKF’s beneficiaries when we help them refurbish their homes, reaffirms us in our cause and mission. We know we are doing right and hope to encourage other community partners to hop onto this bandwagon of doing good for the less privileged.”

Mr Robin Tay, 43, Manager of Programme & Community Services, The New Charis Mission

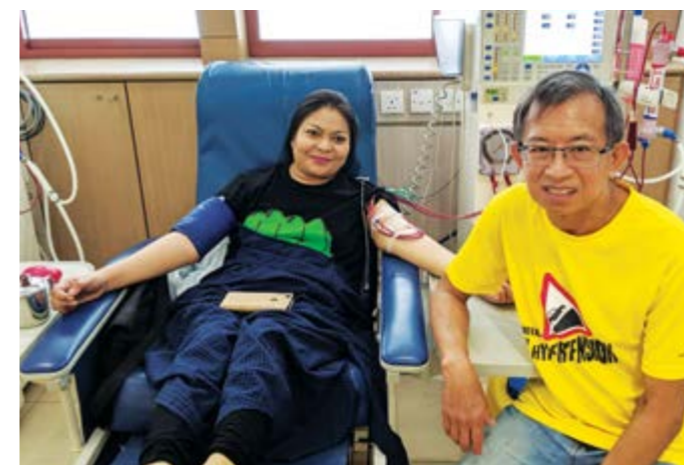


Healthcare Humanity Awards 2019
(Ministry of Health)

Mr Joseph Chan
Patient Volunteer

Joseph, 76, has been volunteering with NKF on a weekly basis since 2013. He supports patients who are new to dialysis treatments by allaying their fears and anxieties in the capacity of a fellow patient. He exemplifies how age and medical conditions do not deter one from contributing and helping other individuals.

“Volunteering at NKF has been an enjoyable experience for me. I managed to make many good friends over the years and most importantly, it gives me the opportunity to pay-it-forward not only to other fellow patients by sharing my experience with them but to the Foundation as well for the help and support I have received and am still receiving. I will continue to volunteer here for as long as I can.”



Mr Eu Aik Wah, 61, patient volunteer who contributed 51 volunteering hours

Giving with Love and Compassion



Celebrating 50 Years Together

We celebrated our 50th anniversary on 5 April 2019 at the NKF Centre together with our community partners and supporters because it is compassionate people like you who have enabled us to come this far and make immeasurable difference to more than 10,000 lives. It is this spirit of togetherness that spurs us to work towards providing seamless, integrated community care for our patients so that they can get back on their feet, which encapsulates the theme of our milestone year – “Giving Life & Hope Together”.



“At 50, it is said that one will understand better one’s purpose in life and be able to focus one’s energies according to one’s mission. Similarly, having reached this significant milestone, NKF is clear with the way ahead – to continue working hand in hand with the people of Singapore.”

“I believe this unwavering purpose and conviction on the importance of togetherness for a caring community has propelled NKF forward in the past 50 years.”

Mr Tan Chuan-Jin
Speaker of Parliament



\$13.5 million
raised through LifeDrops,
contributing to 55.5% of the
overall donations



Monthly Giving through LifeDrops

LifeDrops is our major source of donation where donors give conveniently through automatic monthly deductions. This way of giving enables us to keep fundraising expenses low and the savings can be channelled to help even more needy patients.

Fundraising expenses amounted to 10.5% of the total funds raised, well below the 30% as stipulated by the Charity Regulations.

“No matter how small the contributions are, it all adds up in providing great assistance to those in need.”

Mr James Lim, who has been donating monthly for the past 18 years



Date : 17 November 2018
Venue : Islandwide
Amount Raised : \$260,151
Expenses : \$16,192

Flag Day

Over 1,000 volunteers raised funds for needy kidney patients. They also helped spread kidney health messages donning our signature traffic light tee-shirts and distributing souvenirs bearing key health messages to members of the public. More than 350 notes of encouragement were collected to cheer the patients on in their rehabilitation journey. Our special thanks to Baxter Healthcare (Asia), Hoe Kee Hardware, Koh Kock Leong Enterprise and Roche Singapore for their continuous support towards NKF Flag Day.





NKF50 Charity Dinner

Funds raised went towards providing quality treatment and care for kidney patients. NKF also took the opportunity to thank four caring donors - The Sirivadhanabhakdi Foundation, Lew Foundation, San Wang Wu Ti Religious Society and Mr Ngiam Kia Hum & Family - for sponsoring the costs of establishing and renovating our new and existing dialysis centres.

Date : 31 May 2019

Venue : The Ritz-Carlton, Millenia

Guest-of-Honour : Mr Chan Chun Sing

Amount Raised : \$2,678,404

Expenses : \$175,557



"I wish NKF all the best as it continues to partner the community, individuals and the government in its work - exemplifying the collective responsibility and Singapore spirit to improve the lives of fellow Singaporeans and build a stronger Singapore."

Mr Chan Chun Sing
Minister for Trade and Industry



Date : 22 January 2019 to 31 March 2019
Target Audience : Educational Institutions
Amount Raised : \$34,713

NKF 7-day No Sugary Drinks Challenge

About 8,000 students from 10 educational institutions participated in the 7-day No Sugary Drinks Challenge which encouraged healthy dietary habits at an early age. It also imbued in the young values of compassion and empathy for others, not just with words, but with action. The money saved on the drinks given up by parent and child went towards helping needy kidney patients.



Dialysis Machine Sponsorship

40 compassionate donors contributed over \$1 million to sponsor 52 new dialysis machines. As one machine can benefit six patients, 312 needy patients are benefiting from these machines. NKF carried out plate-mounting ceremonies at various dialysis centres to recognise dialysis machine donors.



Buddhist Temples Raise Funds for Kidney Patients

In conjunction with Vesak Day celebrations this year, we raised close to \$280,000 through 57 Buddhist temples, individuals as well as the support from Singapore Tote Board.



Support from the Malay Community

The caring support from the Malay Community through our various donation drives helped raise about \$168,000 to benefit needy kidney patients.



Corporate Governance

Roles and Responsibilities of Board of Directors

The Board acts in the best interest of NKF with the aim of improving the quality of care for patients who are afflicted with kidney disease and raising awareness on kidney disease prevention. It also ensures there are adequate resources for the operations and programmes of NKF and that such resources are effectively and efficiently managed; that there are processes in place to ensure NKF complies with all applicable laws, rules and regulations; and there is an appropriate code of conduct, which upholds the core values of NKF and processes.

The Executive Committee (EXCO), comprising not fewer than three members and whose appointments are approved by the Board, assists the Board in overseeing the operations of NKF. It has the responsibility to administer affairs of the charity on behalf of the Board in emergency or on-demand activities that occur between Board meetings, which shall be presented later for full Board review. EXCO assumes an independent and advisory role to provide guidance and oversight to the NKF Management on operations of the charity.

Day-to-day management of NKF is delegated by the Board to the management team headed by the Chief Executive Officer (CEO). Initiation and changes of new key programmes and activities, and significant transactions require the approval of

the Board. The Board also reviews and approves the annual budget prepared by the management.

Board members are expected to avoid actual and perceived conflicts of interest. Where Board members have personal interest in business transactions or contracts that NKF may enter into, or have vested interest in other organisations that NKF has dealings with or is considering to enter into joint ventures with, they are expected to declare such interests to the Board as soon as possible and abstain from discussion and decision-making on the matter. Where such conflicts exist, the Board will evaluate whether any potential conflicts of interest will affect the continuing independence of Board members and whether it is appropriate for the Board member to continue to remain on the Board.

The Board has also ensured that NKF is in compliance with requirements in Financial Reporting Standards (FRS) and the Code of Governance for Charities and Institutions of a Public Character (IPCs).

Composition of our Board of Directors

The Board strives to ensure that Board members, as a group, have core competencies in areas such as accounting and finance, business and general management, communications, healthcare, human resource, law, medicine, strategic planning and technology and that it incorporates a degree of diversity. All Board members must be independent. Independence refers to not having any family, employment, business and other relationships with NKF, any related companies or their officers that could interfere or be reasonably perceived to interfere, with the exercise of the Board member's independent judgment made in the best interest of NKF. The CEO is an ex-officio non-voting member of the Board and attends all Board meetings. In addition, other members of management are invited from time to time to attend and make presentations at Board meetings.

The Board believes that to be effective, it should not be too large, whilst at the same time, ensuring that there is a sufficient range and diversity of expertise and viewpoints with good gender mix and continuity of service. In light of regulations for charities and IPCs, the Board needs to have a minimum of 10 members. As at end of the financial year, the Board had 14 members, none of which having served more than 9 years running. Board members are not remunerated.

Key Corporate Governance Initiatives

NKF is committed to lawful and ethical behaviour in all our activities and requires that our Board members, employees, volunteers and consultants conduct themselves in a manner that complies with all applicable laws, regulations and internal policies. In keeping with this commitment and NKF's interest in promoting open communication, NKF has complied with the Code of Governance for Charities and IPCs. NKF's Governance Evaluation Checklist for the period 1 July 2018 to 30 June 2019 can be viewed at the Charity Portal www.charities.gov.sg.

NKF has a Whistle Blowing Policy that provide employees and members of the public with accessible channels to the Chairman of the Board, the Chairman and members of the Audit & Risk Committee and the internal auditor (partner in charge) for reporting suspected fraud, corruption, dishonest practices or other similar matters. All whistle-blower complaints were reviewed by the Audit & Risk Committee immediately to ensure independent and thorough investigation and adequate follow-up.

Risk Management Practices

NKF has imbued a culture of risk management being everyone's responsibility and this is built into our processes. Starting with good governance, we established distinct roles of responsibility and accountability with clear measurable outcomes. This allows good risk-managed processes to be put in place. Such processes include enhanced personal data protection processes across the organisation and reliable business continuity plans that allow us to mitigate crises. Key risks are periodically reported and monitored by the Audit & Risk Committee and the Board.

Board of Directors



Chairman

Mr Koh Poh Tiong
Board Director and Adviser
Fraser and Neave Ltd (F&N)
Meetings attended: 2



Member

Assoc Prof
Abdul Razakjr Bin Omar
Deputy Medical Director
Raffles Hospital,
Raffles Medical Group, Singapore
Meetings attended: 2



Member

Prof Chan Choong Meng
Senior Consultant
Department of Renal Medicine
Singapore General Hospital
Meetings attended: 2



Member

Dr Chong Yoke Sin
Managing Partner, Singapore
iGlobe Partners
Meetings attended: 3



Member

Mr Johnny Heng, PBM
Managing Director &
Chief Client Officer
Wealth Management, Asia ex-Japan
Nomura Singapore Ltd
Meetings attended: 3



Member

Mr Jerry Koh
Deputy Managing Partner
Allen & Gledhill LLP
Meetings attended: 1



Member

Mr Arthur Lang, PBM
Chief Executive Officer
International, Singtel
Meetings attended: 1



Member

Mr Benjamin Lee
Executive Director and
Founding Partner
CBP Quilvest Wealth Advisory Ltd
Meetings attended: 3



Member

Ms Lee Huay Leng
Head, Chinese Media Group
Singapore Press Holdings
Meetings attended: 1



Member

Mr Bennett Neo
Chief Executive Officer
Saigon Beer-Alcohol-Beverage
Corporation
Meetings attended: 2



Member

Mr Ng Boon Yew
BBM, BBM(L)
Executive Chairman
Raffles Campus Group
Meetings attended: 1



Member

Prof A. Vathsala
Senior Consultant
Division of Nephrology
Department of Medicine
Co-Director
National University Centre for Organ Transplantation
National University Hospital
Meetings attended: 2



Member

Ms Shirley Wong
Managing Partner
TNF Ventures Pte Ltd
Meetings attended: 2



Member

Ms Wong Su-Yen
Founder and Chief Executive Officer
Bronze Phoenix Pte Ltd
Meetings attended: 2

Executive Committee

Chairman



Mr Koh Poh Tiong

Members



Mr Johnny Heng, PBM



Mr Jerry Koh
(from 1 Feb 2019)



Mr Arthur Lang, PBM
(from 1 Feb 2019)

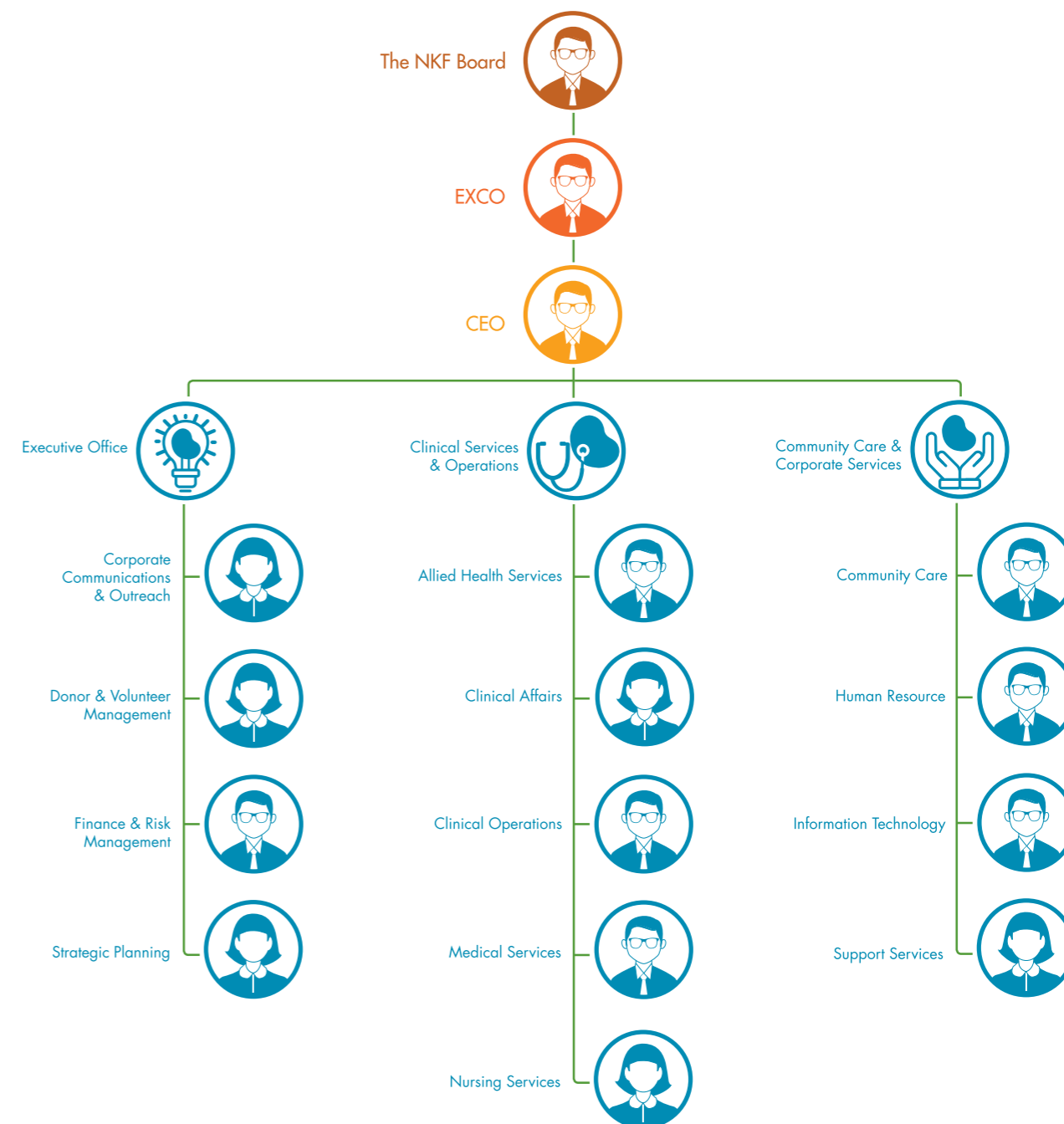


Mr Bennett Neo
(till 29 Jan 2019)

NKF EXCO Meetings Held:
17 September 2018
14 January 2019
15 March 2019

NKF Board Meetings Held:
23 October 2018
29 January 2019
30 May 2019

Organisation Chart



13 Committees to Cover Key Areas of Management

NKF has 13 committees to assist the Board in covering key areas of management and improve our oversight of management and accountability to stakeholders. All committees have written terms of reference, which are approved by the Board. Minutes of committee meetings are provided to the Board.

Audit & Risk Committee

The Audit & Risk Committee (ARC) assists the Board in ascertaining integrity in financial and non-financial information presented to members, regulators and the general public and a robust risk management system for the Foundation through adequate policies, adoption of strong ethical code of conduct and maintenance of a strong control environment. ARC is also responsible for reviewing the work and independence of both the external and internal auditors.

Committee Meetings Held:

9 July 2018
10 September 2018
14 January 2019
15 April 2019

Chairman

Members



Mr Johnny Heng, PBM



Dr Daniel Chia



Prof Ho Yew Kee
(from 1 Apr 2019)



Mr Keith Ng



Mr Alfred Shee
(till 31 Jan 2019)



Ms Tan Peck Joo



Ms Wan Mei Kit

Donor Relations Committee

The Donor Relations Committee reviews and ensures that NKF has the appropriate policies and procedures to comply with the Charity Council's Code of Governance in respect to fundraising practices; strategises and spearheads all fundraising programmes and activities on a yearly basis; and helps raise awareness and garner support for financial and other assistance needed by the Foundation.

Committee Meetings Held:

8 October 2018
30 January 2019
28 May 2019

Chairman

Members



Mr Benjamin Lee



Ms Jennifer Bay



Mr Chris Chiu
(From 1 Dec 2018)



Mr Lawrence Kim
(till 14 Nov 2018)



Mr Bennett Neo
(till 14 Nov 2018)



Mr Tan Aik Peng

Finance Committee

The Finance Committee reviews the financial performance of NKF on a monthly basis and reports the results to the Board on a quarterly basis. Its functions include annual review of operating and capital expenditure budget and forecast and recommends, as appropriate, to the Board for approval; review of quarterly financial performance against budget and previous year, and review and

Committee Meetings Held:

15 August 2018
21 November 2018
23 January 2019
15 May 2019

approval of Finance policies and procedures. It also reviews and approves all extra-budgetary expenditure beyond the delegated management authority. In respect of extra-budgetary expenditure that are beyond the delegated authority of the Finance Committee, it makes the appropriate recommendations to the Board for approval. The Committee also oversees the Tender Committee.

Chairman

Members



Mr Ng Boon Yew
BBM, BBM(L)



Mr Ang Hao Yao



Mr Chay Yee Meng



Mr Hui Choon Kit



Ms Susan See Tho

Tender Committee

The Tender Committee is a sub-committee of the Finance Committee. The Committee supports and advises the Finance Committee on the procurement process to help ensure cost efficiency and that it is transparent and competitive. It reviews risk implications which may arise from the purchases and proposes measures to avoid or minimise such risks. It independently evaluates the tenders submitted for each purchase in excess of \$500,000.

Committee Meetings Held:

23 July 2018
24 September 2018
21 January 2019

Chairman

Members



Mr Ang Hao Yao



Dr Stephen Chew



Mr Lee Ho Wah



Ms Phua Chiew Pheng



Mr Tag Sin Siew



Dr Tan Seng Hoe

Human Resource Committee

The Human Resource Committee (HRC) is a Board Committee of NKF established by a resolution of the Board of Directors of NKF (Board). The purpose of the HRC is to review and advise NKF on HR strategies, policies and key HR programmes supporting NKF's strategic thrusts and priorities.

Committee Meetings Held:

10 October 2018
25 March 2019

Chairman

Members



Ms Wong Su-Yen



Mr Koh Poh Tiong



Mr Henry Liew



Mr Tan Kim Kwang



Mr Zarina Piperdi

Investment Committee

The Investment Committee recommends, for approval by the Board, the investment policy to meet the investment objectives of NKF and suitably qualified external fund managers (FMs) to implement the investment policy. Where external FMs are appointed, the Committee also monitors, assesses and reports to the Board the performance of the appointed external FMs, and advises on matters relating to investment administration.

Committee Meetings Held:

16 October 2018
15 April 2019

... Investment Committee

Chairman

Members



Mr Arthur Lang, PBM

Ms Choo Oi Yee
(from 1 Mar 2019)Mr Peter Michael
Heng

Ms Regina Lim

Ms Tan Min Lan
(till 13 Oct 2018)

Mr David Tan



Mr Kim Teo



Ms Tng Kwee Lian

Ms Zheng Wanshi
(from 1 Mar 2019)

IT Committee

The IT Committee oversees major IT project implementation, reviews the annual IT budget and ensures budget compliance.

Chairman

Members



Dr Chong Yoke Sin



Mr Chai Chin Loon



Mr Alvin Ong



Assoc Prof James Yip

Medical Advisory Committee

The Medical Advisory Committee advises the CEO and Medical Services in the clinical areas and serves as a link between the restructured hospitals and NKF.

Advisor

Chairman

Members



Prof A. Vathsala

Assoc Prof
Evan LeeProf
Chan Choong MengAdj Assoc Prof
Chionh Chang YinAdj Assoc Prof
Adrian LiewAssoc Prof
Reshma A
Merchant

Dr Tan Seng Hoe



Prof Yap Hui Kim

Adj Asst Prof
Yeo See Cheng

Medical Review Panel (MRP)

The Medical Review Panel comprising nephrologists from the restructured hospitals reviews patients who fail the medical review for admission into NKF's haemodialysis programme and wish to appeal against the rejection due to medical grounds.

Members

Adj Assoc Prof
Chionh Chang Yin

Dr Titus Lau



Dr Rajat Tagore

Nomination Committee

The Nomination Committee reviews the size, structure and composition of the Board and Board committees, succession plans for the Board, Board Committees and that of the CEO, as well as the competencies, independence and time commitment of directors. It also initiates the search for new directors and recommends new directors and existing directors for reappointment to the Board, as well as reviews the proposed appointment of committee members. It also reviews the process and tools for evaluating Board, Committee and individual director performance. The Committee's recommendations are subject to Board approval and the appointment of members to the Nomination Committee and its terms of reference are approved by the Board.

Committee Meetings Held:
14 January 2019

Chairman

Members

Assoc Prof
Mak Yuen Teen

Mr Johnny Heng, PBM



Mr Koh Poh Tiong



Ms Wong Su-Yen

Outreach Committee

The Outreach Committee helps strengthen NKF's outreach initiatives to actively educate the community, forms collaborations for better coordination of prevention efforts, and encourages and empowers the community to take charge of their health.

Committee Meetings Held:
12 November 2018
27 May 2019

Chairman

Members

Assoc Prof
Abdul Razakjr
Bin OmarMr Ahmad
Abdurrahman
(till 31 Dec 2018)Dr Elly Sabrina
Binte Ismail

Dr Stanley Liew

Mr Mohd Nizam
Bin IsmailMs Nur Faradyna
Putri Kamarudin
(till 31 Dec 2018)Dr Zuraimi Bin
Mohamed Dahlan

Patient Advocacy and Volunteer Committee

The Patient Advocacy and Volunteer Committee spearheads volunteer and patient-related initiatives. The Committee focuses on raising the community's awareness of NKF's volunteer programmes, providing volunteering opportunities and ensuring volunteers' welfare, training and responsibilities are met. The Committee's mandate also includes developing patient rehabilitation programmes to meet patients' needs, managing and nurturing patient advocates and collaborating with external partners to adopt or provide rehabilitation services for patients.

Committee Meetings Held:
15 October 2018
8 February 2019
25 June 2019

Chairman

Members



Ms Shirley Wong

Dr Alvin Chan
(till 31 Oct 2018)

Ms Lee Zhi Ying



Dr Simon Neo

Mr Tom Tang
(till 31 Oct 2018)

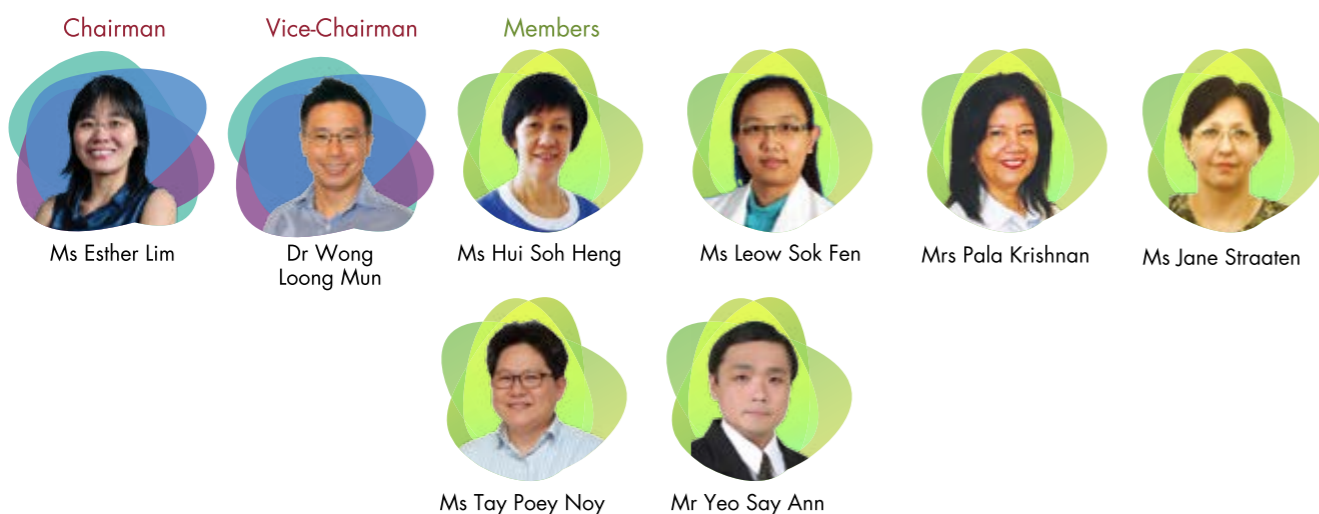
Dr Mabel Thng



Mr Wong Joo Seng

Patient Appeal Committee

The Patient Appeal Committee reviews appeal cases of patients seeking financial and social assistance as well as for admission into NKF's dialysis programme. These cases fall outside NKF's approved criteria for assistance and are referred to the Committee by NKF's Community Care department. The Committee deliberates on these appeal cases and after careful consideration, makes recommendations to the CEO to accept, reject or provide alternative assistance to the applicants.



Research Committee

The Research Committee reviews and selects clinical and translational research projects in the area of renal and renal-related diseases and ensures good stewardship and accountability for the way the fund is disbursed.

Committee Meetings Held:
7 January 2019
16 February 2019



Reserve Policy

NKF has a Reserve Policy to provide clarity in the Foundation's management of our reserves and assures stakeholders that we are well managed and have a strategy for building up reserves, that is, the general funds that are freely available for operating purposes in order to ensure long term sustainability.

Our current year reserves of \$378 million are only adequate to fund 2.6 years of projected annual operating expenditure.

Annual operating expenditure, for the purpose of the Statement of Reserves, represents the total gross annual expenditure of the Foundation adjusted for inflation and projected capacity increases.

Taking into consideration projected income from dialysis treatment, NKF's reserve coverage at 6.3 years was 0.4 years higher than last year and above the Board's target of 5 years.

Projected Operating Expenditures

in S\$ million	FY 2019/20	FY 2020/21	FY 2021/22	Total for 3 years
Projected Operating Expenditure	134	144	154	432

Reserves Policy Statement

in S\$'000	Current Year (as at 30 Jun 2019)	Previous Year (as at 30 Jun 2018)	% increase/ decrease
General Funds (Reserves)	378,429*	351,217*	8%
Restricted & Designated Funds	38,363	40,255	-5%
Total Funds	416,792	391,472	6%
No. of Years Reserves Coverage of Annual Operating Expenditure	2.6	2.5	0.1

*Restated to include deferred income to fund future expenditures.

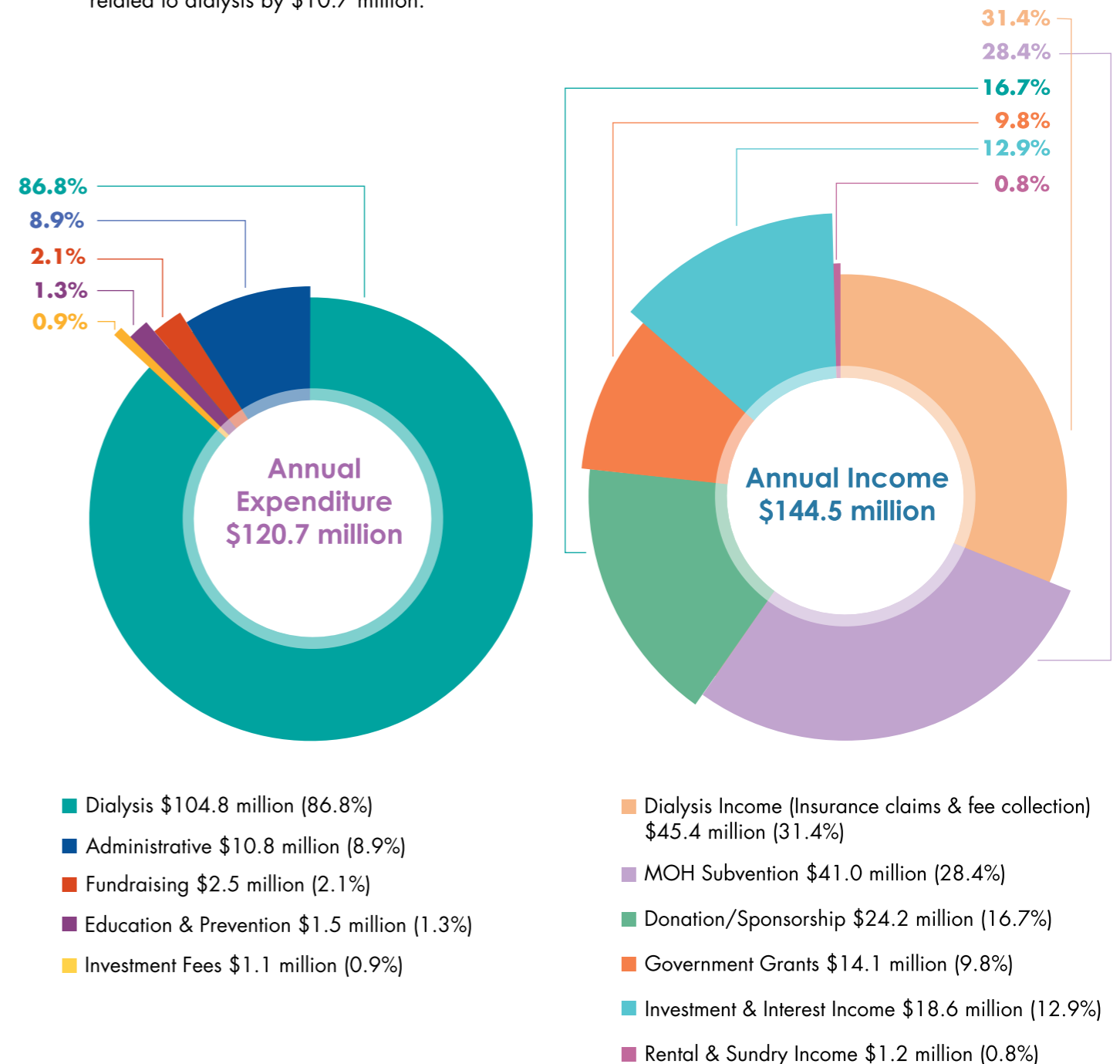
Financial Statements



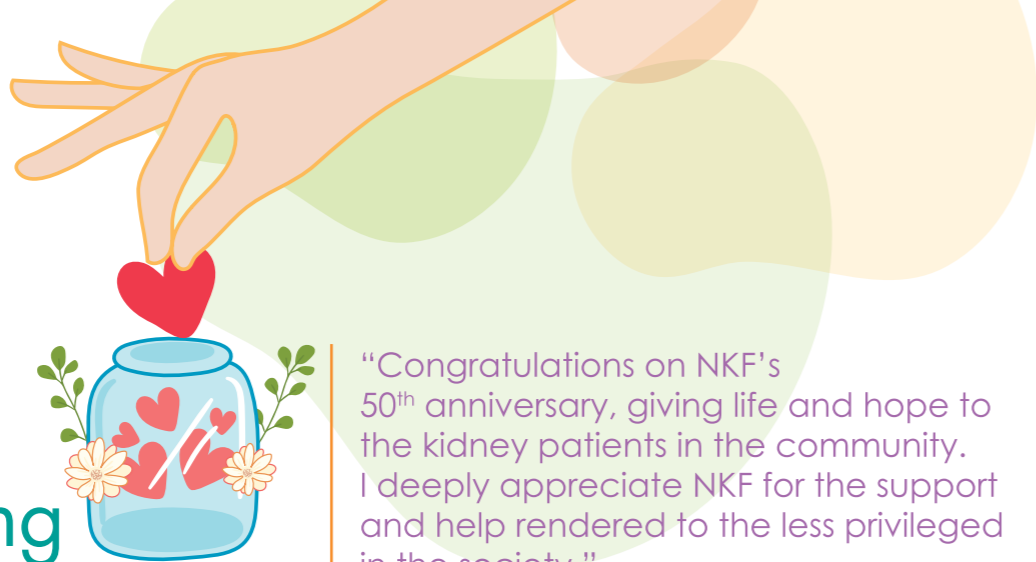
OVERVIEW OF FINANCIAL RESULTS FOR THE YEAR ENDED 30 JUNE 2019

	FY 2018/19	FY 2017/18	Variance
	S\$'000	S\$'000	S\$'000
Charitable Activities			
Income related to Dialysis (Net of patients' subsidies of \$7,216 for FY 18/19 and \$8,319 for FY 17/18)	45,379	43,049	2,330
Expenses related to Dialysis	(104,775)	(94,033)	(10,742)
Deficit from Dialysis	(59,396)	(50,984)	(8,412)
MOH Subvention	40,976	35,977	4,999
Less			
Expenses related to Education & Prevention	(1,477)	(1,078)	(399)
Deficit from Charitable Activities	(19,897)	(16,085)	(3,812)
This is funded by:			
Donations - LifeDrops	13,457	13,630	(173)
Donations - Others	10,794	9,714	1,080
Fundraising Expenses	(2,545)	(2,944)	399
Total Donations	21,706	20,400	1,306
Surplus from Operations after Donations	1,809	4,315	(2,506)
Government Grants	14,069	13,921	148
Rental Income	1,024	935	89
Sundry Income	168	93	75
Administrative Expenses	(10,796)	(9,305)	(1,491)
Total Surplus from Operations	6,274	9,959	(3,685)
Investment and Interest Income (Net of fees)	17,525	2,852	14,673
Total Surplus for Financial Year	23,799	12,811	10,988

- Total annual expenditure for FY 2018/19 was \$120.7 million, \$12.3 million higher than the last FY due to an increase of 197 patients and beneficiaries.
- FY 2018/19 ended positively with a surplus of \$23.8 million made up of operating surplus of \$6.3 million and net investment income of \$17.5 million.
- Deficit from charitable activities of \$19.9 million was higher than last FY by \$3.8 million (24%). This was mainly due to the increase in expenses related to dialysis by \$10.7 million.
- Deficit from charitable activities was fully funded by donations of \$21.7 million.
- Administrative expenses at 8.9% of overall operating expenses were also fully funded by government grants.
- Net investment and interest income was higher than last year by \$14.7 million due to improved market conditions.



The full set of audited financial statements is available at www.nkfs.org to save on printing costs as well as care for the environment.



Our Caring Donors

“Congratulations on NKF's 50th anniversary, giving life and hope to the kidney patients in the community. I deeply appreciate NKF for the support and help rendered to the less privileged in the society.”

*Mr Oh Kian Guan, PBM
Chairman of Yio Chu Kang Citizens' Consultative Committee
Community Development & Welfare Fund Committee*

Our gratitude to all our donors for their strong support, compassion and generosity in giving Life and Hope. Below are our donors who have made outright contributions of \$5,000 and above or monthly donations of \$100 and above from 1 July 2018 to 30 June 2019.

Individuals

- | | | | |
|---------------------------|----------------------------|----------------------------|-----------------------------|
| Ang Boon Hong Ronnie | Cheow Gim Seng | Chui Yew Kong | Ho Siew Hua Marie |
| Ang Chai Luan Joyce | Cheung Chuan Woo | Cuaca Nurdian | Ho Tian Fatt |
| Ang Chor Meng | Chew Poon Niam | Dilhan Pillay Sandrasegara | Ho Wai Kiong |
| Ang Hun Khoon | Chia Chee Ming Timothy | Ee Boon Kwee | Ho Wei Mun |
| Ang Peng Hueh | Chia Hung King | Eng Lee Ing | Hodson Andrew |
| Ang Zhi Hao | Chia Hwee Ming Kelly | Er Soon Yap | How Yoke Peng |
| Anwar Edward | Chim Teck Meng | Fam Kim Meng | Howard Alexander |
| Au Miew Wei Teresa | Chin Hang Ping | Fan Yue Soon Charles | Huang Li Coco |
| Aw Irene | Chin Shuyan Sharon | Foo Fung Toon Michael | Huang Meng Ching |
| Bee Mooi Mooi | Chiu Christopher Anthony | Foo Jee Yong Roger | Huang Shew Jay Jenny |
| Berkhof Ben | Chng Hak Loy | Foo Peng Chuan | Huang Ying |
| Bhaskaran Segaran Nair | Choh Choon Jin | Foo Yoke Khan | Hui Choon Kuen (Xu Zunquan) |
| Bhatia Jyotdeep Singh | Chok Kooi Ngan | Foong Chin Meng | Hwang Soo Jin |
| Castillo Anita (Mrs) | Chong Ah Hup | Foong Yim Ping Regina | Isaac Naveen |
| Chai Chin Loon | Chong Kok Yong | Gan Kian Yong Hubert | Jaon Bohari |
| Champion Nora | Chong Siew Kam | Gaole Lai | Jennifer Bay |
| Chan Aik Hui (Dr) | Chong Sy Feng Vincent | George Paul (Dr) | Jennifer Khoo |
| Chan Chee Kong | Chong Wee Kee | Goh Ah Chye | Josephine Chee |
| Chan Hian Siang | Chong Yeh Sun | Goh Ah Lek | Kang Choon Seng |
| Chan Hian Yoon Avril | Choo Lay Hwa | Goh Gaik Choo | Keh Soh Hua |
| Chan Mei Lide | Choo Oi Yee | Goh Seak Choon | Ker Thian Lai |
| Chan Sook Fun Yvonne | Chow Joo Ming | Goh Siow Tai Alex | Khoo Eng Lian |
| Chan Tio Yong Michael | Chow Yuen Yong Alvin | Goh Wee Hiong Lawrence | Khoo Yew Chuan Benjamin |
| Chan Wai Mun | Chua Ai Gek Delia | Goh Yew Ka | Kim Meng Choo |
| Chan Yok Yue | Chua Bee Hoon June | Goyal Sharad | Kim Tze Wen Lawrence |
| Chandrapaul Obed Benedict | Chua Bee Suan Angela (Mrs) | Groeve Vishal | Klassen Johan Jerome |
| Chang Mee Hong | Chua Bor Jern | Guee Swee Cheng | Ko Tuck Chong Willy |
| Cheah Phui Kheng Adrienne | Chua Chong Cheng | Jacqueline | Koh Bee Suan |
| Chee Swee Mei Esther | Chua Chor Chuan | Han Chen Kong Jeffrey | Koh Boon Hock |
| Chen Zheng | Chua Guek Liang Molly | Heng Johnny | Koh Hui Hong |
| Cheng Jiaqi | Chua Joseph | Hew Jervin | Koh Poh Tiong |
| Cheong Chin Joo Gerald | Chua Say Kuan William | Hew Pauline | Koh Wee Nah |
| Cheong Hock Chew Peter | Chua Swee Meng William | Ho Bock Wee Louis | Kong Hung Lau Paul |
| Cheong Kok Hom | Chua Tuan Cheng | Ho Ching | Kong Wai Loong |
| Cheong Lay Kheng | Chua-Kao Chien Chien (Mrs) | Ho Guan Qi | |

- | | | | |
|------------------------------------|-----------------------------|----------------------------|-----------------------------|
| Kong Yeen Hoon | Lim Lu Giok Amy | Ng Zheng Guang Kevin | See Chai Geok Doreen |
| Kostyuchenko Victor (Dr) | Lim Mei Guei Michelle (Mrs) | Nganhavee Suckchai | See Lay Hoon |
| Kuan Ren Qiang Patrick | Lim Oon Kuin | Ngiam Heng Sim David | Seet Iris |
| Kulkarni Abhijit Ashok | Lim Soh Wan Nancy | Ngo Chun Yong Andrew | Sendy Prasetyo Khowantono |
| Kwa Hui Kuan Annie | Lim Tiong Seng | Noriko Sato (Mrs) | Shantanu Mukerji |
| Kwan Thiam Poh Alfred | Lim Wee Meng Lawrence | Nyan Yew Loong James | Sheila Christine Anselmi |
| Kwan Yuen Ching Natasha | Lim Yok Ley | Oan Chim Seng | Shi Soon Heng Denny |
| Kwek Ai Ser | Lin Zhoufu | Oh Thay Lee | Shirley Xie Xin Ying |
| Kwek Choon Lin Winston | Lin Zikai Edwin | Ong Boon Kong | Shy Wee Min |
| Kwok Chat Khing | Linda Khoo | Ong Chee Khoon Joseph | Sim Bee Wah Michelle |
| Kwok Chee Hoh | Linn Yeh Ching (Dr) | Ong Chiew Leong | Sim Hwee Kheng |
| Kwok Cher Luang | Liu Yock Mui Judith | Ong Chin Eng Andrew | Sim Piah Chew |
| Kwok Ngat Khow | Lo Szi Wei | Ong Ching Kham | Sim Piah Hui |
| Lang Arthur | Loh Jun Kitt | Ong Eng Siong | Sim S C Lawrence |
| Lau Heng Choon | Loh Wai Meng | Ong Guan Hwa | Sim Siew Fung Cecilia |
| Lau Hong Choon (Dr) | Low Hsiao Way | Ong Hian Seng Jerry | Siti Faridah Khairoman |
| Lau Yang Kim | Low Kin Chiang Richard | Ong Ing Woei Dennis | Sivakumar Martin Sivanesan |
| Law Beng Kok | Low Liong | Ong Kim Chee | Sivaram Nagaraj |
| Leau Chee Yung | Low Meng Cheng | Ong Kim Hock | Sng Cheng Hai |
| Lee Chee Lin Benjamin | Low Seong Leong | Ong Kok Chye Steven | Sng Elvin |
| Lee Chee Yong Matthew | Low Suat Tin Joni | Ong Swee Hoo | Sng Peng Koon |
| Lee Cheng Chong | Low Wai Sing | Ong Yen Leng | So Chee Meng Kenneth |
| Lee Kean Phi Mark | Low Yan Khin | Ooi Kooi Tin | Soh Kim Chua |
| Lee Kok Boon | Lu Yoh Chie | Pandit Sanjay Kamalkishore | Soh Yong Poon |
| Lee Lay Bock | Lui Mei Lin Julie | Park Suk Hoon | Soo Choi Pheng |
| Lee Li-Ming (Mrs) | Lum Kah Weng Daniel | Partha Pratim Mitra | Soong Yee Shunn |
| Lee Mary (Mrs) | Lye Shoon Fong Lawrence | Parthasarathy Subramanian | Soumini Nair |
| Lee Moo Hiang | Mohammed Anis Hara | Peck Chuan Yong Alex | Soundararajan N |
| Lee Nguet Kwang | Mohd Nasrul Abdullah | Peter Tan | Sreekumar Pisharath |
| Lee Ping Loon Alan | Mok Kim Chye | Phang Weng Wan Jay | Su Guanng (Dr) |
| Lee Siew Ming Lawrence | Mok Kwok Wah Lawrence | Phoon Kum Yuen | Subramanian Kavitha (Mrs) |
| Lee Soon Chin | Mok Kwong Weng | Phoon Kwong Yun Ian | Sum Sui Cheng |
| Lee Soon Teck | Muhammad Khairi Darus | Phua Hong Swee | Sumarta Tenny |
| Lee Tee Chin | Na Boon Chong | Phua Kim Guan | Sun Gin Ping |
| Lee Wan Choy | Nah Hwee Guan | Po Chee Chow Kavin | Surapureddy Venkata |
| Lee Wee Chiang | Nakhoda Hosein | Poh Beng Min Phyllis | Krishnajanaki Ramayya |
| Lee Wee Fong | Neo Boon Khiam | Poh Cheng Lam Anthony | Swanny Setyono |
| Lee Xiao Qing | Neo Boon Peng James | Poh Liong Pin | Tan Aik Peng |
| Lee Yih Chyi | Neo Gim Siong Bennett | Poh Sin Choon | Tan Augustus @ Tan Jiew Sin |
| Leong Hong Yong | Neo Lay Kuan Hazelina | Poh Yuan Qi | Tan Bee Kuan |
| Leong Sou Fong Rosslyn (Dr) | Neo Siew Choon Peter | Pun Chui Wun | Tan Beng Kiat Eric |
| Leong Sung Kok David | Ng Ah Teck | Quah Ah Choo Susan | Tan Bo Tan |
| Leong Wing Yew Ernest | Ng Boone Sing | Quah Kee Swee | Tan Boon Hock Hansel |
| Leong Yen Wah | Ng Chiew Leng Austin | Quek Gim Pew | Tan Choon Hwee |
| Lew Chee Beng | Ng Hoon Hoi | Quek Koh Kheng Bernard | Tan Choon King |
| Li Junsheng | Ng Jun Jie Thomas | Raj Sriram | Tan Eng Chye |
| Lim Aik Ching (Mrs) | Ng Khim Han | Randall Gan Seng Yei | Tan Hwa Luck (Dr) |
| Lim Ban Lee | Ng Seh Tiong | Ray Rajagopal R | Tan Jieh Her |
| Lim Chong Tee Anthony | Ng Shu Kian | Rentsch Jean Marc | Tan Kah Tin |
| Lim Chwee Kim | Ng Siok Hoong | Roch Cyril Alexander | Tan Kian Huat Albert |
| Lim Geck Kia | Ng Soon Kheng | Rosy Tan | Tan Kim Wee Terence |
| Lim Hock Chee BBM | Ng Teck Chew | Sae-Heng Phra Chaloechai | Tan Kok Hwee Michael |
| Lim Kong Hiong | Ng Thiam Seng Kelvin | Sanjana Singh (Mrs) | Tan Peng Juoi William |
| Lim Kwee Poh | Ng Tiong Jin | Saw Cheng Chye | Tan Poh Kee |
| Lim Lam Seng | Ng Tya Ah Andrew | Seah Chong Teck | Tan Se Hok David |
| Lim Leong Chuan | Ng Woo Hong | Seah Keah Leng Angeline | Tan Seok Kee Jennifer |
| Lim Lip Jin Dillon Augustine Kevin | | Seah Swee Poh | Tan Seow Leng |

Tan Siew Leng Tara
 Tan Siew Teck Lawrence
 Tan Song Chiang
 Tan Song Kok Henry
 Tan Sze Lee
 Tan Ting Ting
 Tan Tow Kwang Christopher
 Tan Wai See
 Tan Wai Yean
 Tan Yen Pew
 Tan Yeo Chiam Danny
 Tan Yew Seng
 Tan Yi Zhao
 Tan Yong Chiang Joe
 Tay Eng Kng
 Tay Hwee Pio
 Tay Jin Ying
 Tay Kheng Hin
 Tay Kok Leong
 Tay Mong Seng
 Tay Soon Seng
 Tay Tiang Guan
 Tay Woon Teck
 Te(ting) Teck Leong
 Teng Kar Moi (Mrs)
 Teo Beng Teck
 Teo Cher Kian
 Teo Ho Kang Roland
 Teo Josephine (Mrs)
 Teo Pei Ling
 Teo Poh Heng
 Teo See See
 Teo Seng San
 Teo Tak Sin Dax
 Teo Tat Beng
 Tew Heng Kiat
 Than Siang Yean
 Thaslim Linda
 Thia Sia Eng
 Thong Fook Sang Albert
 Tiang Yan Ming
 Toh Beng Heng
 Toh Cheng Wan
 Toh Han Song Jim
 Toh Joo Huat
 Toh Khian Hee Jeffrey
 Toh Kim Hock
 Toh Siew Gek Joleen
 Toh Wee Beng
 Tok Angela
 Voo Li Yin Jeanne Marie
 Wang Jern Hung
 Wang Xiqun
 Wang Yiyu
 Wang Zhongxian
 Way Suk-Yee Catherine
 Wee Chin Chin Jennifer

Wee Feng Yi
 Wee Kim Yew Arthur
 Windersalam Shanmugasundar
 Wong Hein Jee Lester
 Wong Kok On
 Wong Soon Chee Annie
 Wong Tim Meng
 Wong Zhung Yu
 Woo Chee Seng Raymond
 Woo Phay Keow Susan
 Woon Mui Lang
 Yap Peng Kang (Dr)
 Yassemin Md Said
 Yee Mei Lin @ Jean Ang
 Yeo Chung Hwa Judy
 Yeo Jiann Chuen Christopher
 Yeo Khee Song Roland
 Yeo Li Noi Doreen
 Yeo Siew Khoon Richard
 Yeong Wee Yong Joseph (Dr)
 Yip Ai Kia
 Yogasundaram Krishnan
 Yu Li Pin
 Yuen May Foong Jennifer
 Zaleha Tamby
 Zheng Huizhen (Mrs)
 Zheng Songhui
 Zheng Yangyu

Organisations

A. Lioe & Associates Pte Ltd
 Aberdeen Charitable Foundation
 Addall.Com Pte Ltd
 Adera Global Pte Ltd
 Alco Sunshade Pte Ltd
 Allen & Gledhill LLP
 Alliance Asia Holdings Pte Ltd
 Baxter Healthcare (Asia) Pte Ltd
 Bukit Panjang Active Ageing Committee
 Bukit Timah Seu Teck Sean Tong
 China Classic Pte Ltd
 Chong Hood Lim Association
 Cognita Asia Holdings Pte Ltd
 Delfi Limited
 Foo Hai Buddhist Cultural & Welfare Association
 Fresenius Kabi (Singapore) Pte Ltd
 Fresenius Medical Care Singapore Pte Ltd
 Fresver Beauty Pte Ltd
 Geylang International FC
 Global Pharma Pte Ltd
 Haw Par Corporation Limited
 Hilltop Contractor Pte Ltd
 Hoe Kee Hardware Pte Ltd

Hup Seng (S) Pte Ltd
 Insurance and Financial Practitioners Association of Singapore (IFPAS)
 Jacob General Contractors Pte Ltd
 J'Kids Amusement Pte Ltd
 Johnasia Shipping (S) Pte Ltd
 Joo Yong Co Pte Ltd
 Kembangan-Chai Chee CCC CDWF
 Keppel Care Foundation
 Koh Kock Leong Enterprise Pte Ltd
 Koon Teck Tng Temple
 KPMG
 Kuan Im Tng Temple (Joo Chiat)
 Kwan Inn Vegetarian Food
 Le Champ (South East Asia) Pte Ltd
 Lembaga Pentadbir Masjid An-Nur
 Lew Foundation
 Loyang Tua Pek Kong
 Lum Chang Building Contractors Pte Ltd
 Masjid Al-Islah
 Masjid Moulana Mohamed Ali
 Masjid Yusof Ishak
 Mitsubishi Electric Asia Pte Ltd
 Nam Ann Siang Theon
 New Creation Church
 Nipro Asia Pte Ltd
 NTUC Fairprice Foundation Ltd
 OES Construction Pte Ltd
 Origin BeeChoo Herbal Hair Care (Pte. Ltd.)
 Osio Moda Pte Ltd
 Oversea-Chinese Banking Corporation Limited
 Patent Engineering Co Pte Ltd
 Paya Lebar Methodist Girls' School (Primary)
 Pei Hwa Foundation Limited
 Perennial (Singapore) Asset Management Pte Ltd
 Popular Book Co Pte Ltd
 Prima Limited
 PSA International Pte Ltd
 Puat Jit Buddhist Temple
 Resorts World Sentosa
 Roche Singapore Pte Ltd
 S C Wong Foundation Trust
 Sakyadhita
 San Wang Wu Ti Religious Society
 SATS Ltd
 SATS Staff Association
 Sheng Hong Temple
 Shinko Bearings & Beltings Pte Ltd
 Sin Hong Thai Engineering Pte Ltd
 Singapore Buddhist Welfare Services
 Singapore Buddhist Youth Mission
 Singapore Bukit Panjang Hokkien Konghuay
 Singapore Futsing Association
 Singapore Pools (Private) Limited
 Singapore United Estates (Pte) Ltd
 Spire Technologies Pte Ltd
 Sri Siva Durga Temple

Steen Consultants Pte Ltd
 SUTL Corporation Pte Ltd
 SymAsia Singapore Fund
 Tampines Chinese Temple
 Tampines West CCC Community Development & Welfare Fund
 Tan Ean Kiam Foundation
 The Buddhist Union
 The Estate of Essery Gerald Stephen
 The Great Eastern Life Assurance Co Ltd
 THE HOUR GLASS LIMITED
 The Northern Trust Company Singapore Branch
 The PwC Singapore Foundation c/o
 The Community Foundation of Singapore
 The Sirivadhanabhakdi Foundation
 Thomson Shin Min Foundation
 Thong Teck Sian Tong Lian Sin Sia
 Tian Kong Buddhist Temple
 Toa Payoh Seu Teck Sean Tong
 Toparts Pte Ltd
 Tote Board Group
 Trans Point Agency Pte Ltd
 Tuas Pek Kong Keng Management Council
 United Overseas Bank Limited
 Viriya Community Services
 VNJ Logistics Pte Ltd
 Wah Loon Engineering Pte Ltd
 Wing Ship Marine Services Pte Ltd
 Woh Hup (Private) Limited
 Woon Brothers Foundation Pte Ltd
 Yahya Abdulhussain Lukmanji Saif Charity Trust
 Zhongguo Remittance Pte Ltd



Our Dedicated Volunteers

We are grateful to all our volunteers for their contributions and efforts to help our patients in their journey towards rehabilitation.



NKF's Volunteers' Appreciation Day 2018 Awards

Organisations/Religious Groups/Educational Institutions

- 5Cs
- Advo Pte Ltd
- Ahmad Ibrahim Secondary School
- Alpha Phi Omega Alumni Association of Singapore
- Anchorvale CC Youth Executive Committee
- Anderson Secondary School
- Anglo-Chinese School (Independent)
- Bartley Secondary School
- Bedok Methodist Church
- Bedok View Secondary School
- BLC Community Services
- Boon Lay Secondary School
- Bukit Panjang Zone 6 RC
- Bukit Panjang Zone 7 RC
- Cedar Girls' Secondary School
- Changkat Changi Secondary School
- CHIJ Katong Convent
- CHIJ St Nicholas Girls' School
- Chongzheng Primary School
- Chua Chu Kang Zone '3' Residents' Committee
- Ci Yuan Community Club
- Cognizant
- Curtin University Singapore Campus
- Damai Secondary School
- East Spring Secondary School, National Cadet Corps
- Farrer Park Primary School
- Flexilight Powerwalk
- Gilead Sciences Singapore Pte Ltd
- Global Indian International School
- Good Shepherd Convent Kindergarten
- Gospel Baptist Church
- Habitat for Humanity Singapore
- Holy Innocents' High School
- HQ Republic Singapore Navy, Naval Personnel Department
- Hwa Chong Institution (College Section)
- Hwa Chong Institution, Handicrafts@NKF
- IBM Singapore Pte Ltd
- Impact Life Church
- Innovative Pest Management
- iShine
- ITE College West, School of Hospitality
- J.P. Morgan Chase

Organisations/Religious Groups/Educational Institutions 5 Years Individual Long Service

Jurong Spring Youth Executive Committee
 Keppel Corporation Limited
 Lintec & Linnhoff Holdings Pte Ltd
 MacPherson Grassroots Organisations
 MAD Learning Pte Ltd
 Marsiling Secondary School
 Marymount Kindergarten
 Meridian Junior College
 Methodist Church of the Incarnation
 Miuvo Lifestyle Pte Ltd
 Nanyang Polytechnic, Ambassadorial Team
 Nanyang Polytechnic, Community Service Club
 Nanyang Polytechnic, Diploma in Accountancy & Finance, AF1701
 Nanyang Polytechnic, LEO Club
 Nanyang Polytechnic, School of Engineering
 Nanyang Polytechnic, School of Health and Social Sciences
 Nanyang Polytechnic, School of Information Technology
 Nanyang Polytechnic, SEM Batch 28
 Nanyang Polytechnic, The Communicators
 National Cadet Corps, Regent Secondary School
 NCC (Sea), Riverside Secondary School
 Ngee Ann Polytechnic
 NUS CSC Paint-A-Home XVIII
 OOCL (Singapore) Pte Ltd
 Paya Lebar Methodist Girls' School (Secondary)
 Probation and Community Rehabilitation Service, Ministry of Social & Family Development
 Raffles Institution
 Rotaract Club of Singapore
 Sengkang Secondary School
 Sengkang West Zone K Residents' Committee
 Singapore Buddhist Youth Mission
 Singapore Polytechnic
 Singapore Polytechnic, School of Chemical & Life Sciences
 SUTL Corporation Pte Ltd
 Temasek Junior College
 Temasek Polytechnic
 The A.I.M. Therapy Pte Ltd
 The New Charis Mission
 The Northern Trust Company Singapore Branch
 The TENG Ensemble Ltd (TENG Gives Back)
 Toa Payoh Seu Teck Sean Tong
 Woh Hup (Private) Limited
 Xinmin Secondary School
 Young Men's Christian Association of Singapore

Ahmat Bin Pagi
 Chan Huey Li
 Chan Lai Keen Annie
 Chan May Ling
 Chua Jiat Loong
 Fadlurrahman Bin Ngadiman
 Goh Qian Xuan
 Goon Thuai Kam Victoria
 Helen Lam Lai Loo
 Ho Yu Fong
 Ho Zan wen
 Hu Huan
 Huang Xiuyi
 I Divya Rui-qi
 Jean Ang Yee Mei Lin
 Joanne Lee Ting Fong
 Karam Singh
 Khairudin Lina Syafiqah
 Lee Mee Chiang
 Lee Sok Kien Evian
 Lee Wochou
 Lee Zi Jin
 Leow Si Bin
 Li Mei
 Lim Jie Chong
 Lim Samuel
 Lim Siew Kim
 Lim Soh Ching
 Ling Seow Jing
 Loh Pui Shi
 Lu Yuxin
 Manugas Mary Kristine
 Melody Koh Hong Peng
 Michael Francis
 Moreno
 Nayak Dayanand Nayak
 Nelson Lee

Ng Wei Yu
 Ng Xin
 Ng Zhe Ming
 Ong Geok Hong Lynn
 Ong Isaac
 Ong Xin Yi
 Pang Sin Guan
 Patrick Toh
 Periyasamy Sasikumar
 Poon Chun Kit
 Pradeep Kumar
 Puthiyaveetil Mavila
 S Sri Roseni
 S.A. Durai Tiruchelvam
 Santos Mary Rosemel
 Navarro
 Say Xian Jue
 Shi Wenbo Stevie
 Sim Heng Lai
 Stephen Kwang
 Tan Boon Keat
 Tan Cheng-keong
 Tan Chew Hiang
 Tan Si Hui
 Tan Wei Jing
 Tan Woo Yong
 Tan Xin Le
 Tan Yi Lin
 Tan Zee Chunn
 Tang Guo Bin
 Tang Hanlin
 Teo Kiat Ping
 Teo Ying Hui
 Theng Yong Yuan
 Tong Ai Ling Ellen
 Wei Ling Ling
 Wu Hoi



NKF has made every effort to ensure accuracy of the information. We apologise should there be any omissions or errors.

Thanks to our caring sponsors, NKF has been able to set up dialysis centres across Singapore, providing convenience and easy access to kidney patients living or working in the heartlands.

Dialysis Centres

Admiralty

The Hour Glass – NKF Dialysis Centre (Admiralty Branch)
 Blk 761, Woodlands Ave 6, #01-108
 Singapore 730761

Aljunied

Hong Leong – NKF Dialysis Centre
 Blk 102, Aljunied Crescent, #01-265
 Singapore 380102

Ang Mo Kio 1

Japan Airlines – NKF Dialysis Centre
 17, Ang Mo Kio Ave 9, #03-01
 Singapore 569766

Ang Mo Kio 2

Western Digital – NKF Dialysis Centre
 Blk 633, Ang Mo Kio Ave 6, #01-5155
 Singapore 560633

Ang Mo Kio 3

Pei Hwa Foundation – NKF Dialysis Centre
 Blk 565, Ang Mo Kio Ave 3, #01-3401
 Singapore 560565

Bedok

Singapore Pools – NKF Dialysis Centre
 Blk 27, New Upper Changi Rd, #01-694
 Singapore 462027

Bukit Batok

NTUC Income – NKF Dialysis Centre
 Blk 103, Bukit Batok Central, #01-237
 Singapore 650103

Bukit Merah

The Singapore Buddhist Lodge – NKF Dialysis Centre
 Blk 128, Bukit Merah View, #01-22
 Singapore 150128

Bukit Panjang 1

New Creation Church – NKF Dialysis Centre
 Blk 274, Bangkit Rd, #01-54
 Singapore 670274

Bukit Panjang 2

Le Champ – NKF Dialysis Centre (Bukit Panjang Branch)
 Blk 275, Bangkit Rd, #01-96
 Singapore 670275

Clementi

Lew Foundation – NKF Dialysis Centre
 Blk 326, Clementi Ave 5, #01-175
 Singapore 120326

Corporation

NKF Integrated Renal Centre (IRC)
 Supported by The Sirivadhanabhakdi Foundation
 500 Corporation Road
 Singapore 649808

Ghim Moh

Woh Hup – NKF Dialysis Centre
 Blk 1, Ghim Moh Rd, #01-358
 Singapore 270001

Hougang 1

Singapore Buddhist Welfare Services – NKF Dialysis Centre
 Blk 114, Hougang Ave 1, #01-1298
 Singapore 530114

Hougang 2

NKF Hougang – Punggol Dialysis Centre
 Blk 628, Hougang Ave 8, #01-108
 Singapore 530628

Jurong West 1

Sheng Hong Temple – NKF Dialysis Centre
 Blk 744, Jurong West St 73, #01-19
 Singapore 640744

Jurong West 2

NKF Dialysis Centre
 Supported by The Sirivadhanabhakdi Foundation
 Blk 940, Jurong West St 91, #01-441
 Singapore 640940

Kim Keat

Tay Choon Hye – NKF Dialysis Centre
 81 Kim Keat Rd, Singapore 328836

Kolam Ayer

Kwan Im Thong Hood Cho Temple – NKF Dialysis Centre (Kolam Ayer Branch)
 Blk 43, Bendemeer Rd, #01-1018
 Singapore 330043

Marsiling

Jo & Gerry Essery – NKF Dialysis Centre
 Blk 204 Marsiling Drive #01-188
 Singapore 730204

Pasir Ris

Tampines Chinese Temple – NKF Dialysis Centre
 Blk 180, Pasir Ris St 11, #01-06
 Singapore 510180

Punggol

NKF Dialysis Centre Supported by Ngiam Kia Hum & Family
 681 Punggol Drive
 Level 2 Punggol Polyclinic
 Singapore 820681

Queenstown

NKF Queenstown Dialysis Centre
 Blk 55 Strathmore Ave #01-145
 Singapore 140055

Serangoon

Insurance and Financial Practitioners Association of Singapore (IFPAS) – NKF Dialysis Centre
 Blk 201, Serangoon Central, #01-30
 Singapore 550201

Simei

Kwan Im Thong Hood Cho Temple – NKF Dialysis Centre (Simei Branch)
 Blk 101, Simei St 1, #01-892
 Singapore 520101

Tampines 1

National Trades Union Congress/ Singapore Pools – NKF Dialysis Centre
 Blk 935, Tampines St 91, #01-333
 Singapore 520935

Tampines 2

Wong Sui Ha Edna – NKF Dialysis Centre
 Blk 271, Tampines St 21, #01-99
 Singapore 520271

Teck Whye

Leong Hwa Chan Si Temple – NKF Dialysis Centre
 Blk 113, Teck Whye Lane, #01-666
 Singapore 680113

Toa Payoh

Singapore Airlines – NKF Dialysis Centre
 Blk 225, Toa Payoh Lor 8, #01-54
 Singapore 310225

Ubi

Foo Hai – NKF Dialysis Centre
 Blk 311, Ubi Ave 1, #01-383
 Singapore 400311

Upper Boon Keng

Sakyadhita – NKF Dialysis Centre
 Blk 19, Upper Boon Keng Rd, #01-1220
 Singapore 380019

West Coast

The Hour Glass – NKF Dialysis Centre (West Coast Branch)
 Blk 701 West Coast Rd #01-323
 Singapore 120701

Woodlands 1

Thong Teck Sian Tong Lian Sin Sia – NKF Dialysis Centre
 Blk 825, Woodlands St 81, #01-30
 Singapore 730825

Woodlands 2

SCAL – NKF Dialysis Centre (Woodlands Branch)
 Blk 365, Woodlands Ave 5, #01-490
 Singapore 730365

Yishun 1

Toa Payoh Seu Teck Sean Tong – NKF Dialysis Centre
 Blk 203, Yishun St 21, #01-239
 Singapore 760203

Yishun 2

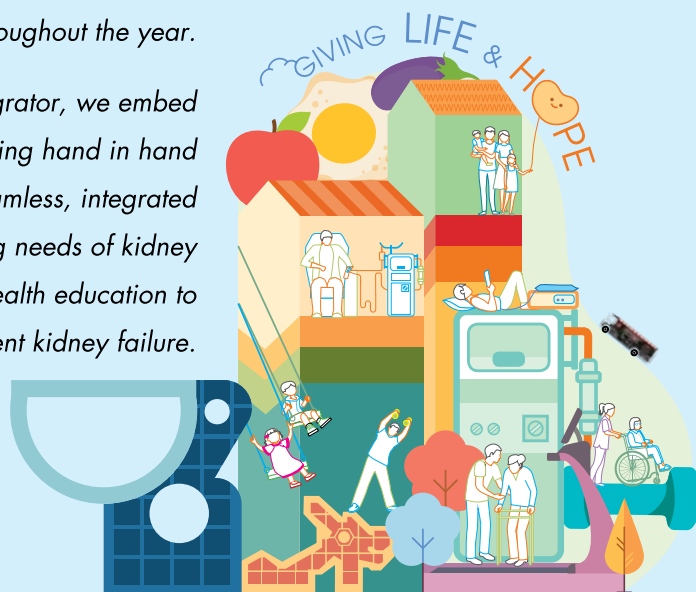
Le Champ – NKF Dialysis Centre (Yishun Branch)
 Blk 639, Yishun St 61, #01-168
 Singapore 760639

Yishun 3

SCAL – NKF Dialysis Centre (Yishun Branch)
 Blk 840, Yishun St 81, #01-382
 Singapore 760840

The National Kidney Foundation's Annual Report 2018/19 is a comprehensive summary of our activities and efforts throughout the year.

As a community care integrator, we embed ourselves in the community, working hand in hand with our partners in providing seamless, integrated renal care to meet the ever-evolving needs of kidney patients. We also bring kidney health education to the masses to prevent kidney failure.



81 Kim Keat Road, Singapore 328836

1800-KIDNEYS (5436397) @ contact_us@nkfs.org www.nkfs.org

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