

Giving



I'm grateful to NKF for providing me with highly subsidised dialysis and care. Thanks to them, I do not have to pay anything for my treatment.

Seah Bock Yan (left), 57, kidney patient at Ang Mo Kio 1 Dialysis Centre. Through the NKF's "Buddy System", he receives support and encouragement from another patient, Gan Ah Soy (right), 68. Mr Gan also does not have to pay anything for his dialysis.

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Our Vision & Mission

Giving Life & Hope

through affordable, sustainable & quality renal care
and education & prevention of kidney disease
in partnership with the community

Our Core Values

Integrity
Competency
Teamwork

Our Culture

5Cs

Commitment

Communication

Compassion

Collaboration

Consistency

chairman's E

I extend my grateful thanks and appreciation to all our donors, volunteers and partners for supporting our cause as we celebrate our 45^{th} year of existence.

Let me share with you about the current situation of kidney disease in Singapore. Four Singaporeans lose the use of their kidneys every day! With an ageing population, this number will increase at a faster rate because of increased incidences of diabetes and hypertension.

What does this mean for NKF? We will have to look after an additional 500 patients in the next five years. Our existing 25 dialysis centres will not be able to cope with the projected increase. In this regard, I am most grateful to five generous sponsors who came forward to support our Charity Dinner this year with a combined donation of \$10 million to build five new dialysis centres, which are expected to be operational by 2016.

The sponsors include the Kwan Im Thong Hood Cho
Temple, which donated \$2.3 million; The Singapore
Buddhist Lodge, which donated \$2 million; and
The Sirivadhanabhakdi Foundation of Thailand, owned
by the family of Khun Charoen and Khunying Wanna
Sirivadhanabhakdi, which donated \$2 million. The
other sponsors will be revealed by NKF in due course.
Overall, the Charity Dinner raised \$11.3 million.
You can read more about the caring sponsors
who have made this possible in this Report. The
support to build dialysis centres comes mainly from
corporations and organisations.

Our next step would be to work towards increasing individual support from the many caring people in our community through regular

With an ageing population, patients are sicker, increasingly frail and need more medical attention. We also need to build more dialysis centres to cope with the rising kidney patient population, which will lead to increasing operating expenses. Our current year reserves of \$269 million are only adequate to fund about 3.0 years of projected annual operating expenditure.

monthly donations, which will provide us with a steady stream of income. While we do our best to garner more support for patients, we cannot go on building more dialysis centres for three reasons: first, the high construction cost – about \$2 million per dialysis centre; second, the high operating and maintenance costs – about \$2 million per year; and, third, the difficulties in finding and securing suitable sites to build the dialysis centres. It is also becoming increasingly more difficult to recruit doctors, nurses and other relevant manpower.

The total running cost of NKF this year is over \$70 million; and, our cost to treat a patient is about \$2,000 per month. Our patients are poor and cannot afford the high cost of treatment. 40% of them pay nothing; 20% pay \$50 or less; and the rest pay whatever they can afford.

To tackle the increasing kidney patient population, we continue to promote kidney transplant as it provides the best treatment option with better clinical outcomes than other treatment options such as dialysis. In fact, transplantation is closest to finding a cure for kidney failure. However, it is limited by the shortage of kidney donors. In 2013, there were 424 people on the waiting list for transplant; but, only 68 (16%) got transplanted. Of the 68 transplants – 34 from cadaveric and 34 from living donors. We cannot depend on cadaveric donors; and, will work to persuade family members and friends of patients to consider donating their kidneys for transplantation.

While encouraging kidney transplant and providing quality renal care to all our haemodialysis patients, we are promoting peritoneal dialysis (PD), a home-based treatment, as an alternative to haemodialysis. To encourage and build-up the confidence of patients undergoing this treatment, we have a PD Community Support Programme

where trained and experienced PD nurses from NKF work closely with the hospitals to support PD patients by conducting regular home visits. The visits facilitate early identification of PD-related problems so that patients receive timely intervention, thus reducing hospitalisations. Since the home visits started in 2011, we have conducted more than 2,300 home visits, benefiting more than 540 patients.

Promoting kidney transplant and being a good dialysis provider is not enough. We need to deal with the root of the problem by accelerating the knowledge and education of kidney failure prevention. 99% of patients who joined NKF in our last financial year suffer from hypertension, and 76% are diabetic. Hypertension and diabetes are the leading causes; but, they are preventable. That is the good news! It also cost much less to treat a diabetic and/or hypertensive patient to prevent kidney failure. The key is prevention rather than intervention.

In these regards, I am pleased to announce that NKF has set up a \$10 million Education and Prevention Fund for precisely this purpose with an initial funding of \$1.3 million from the Charity Dinner. We need to invest in ways and means to educate the community on the importance of kidney disease prevention.

Thank you, once again for your support, generosity and compassion for the sick, the poor and the marginalised in Singapore.

Yours sincerely

Querry

Koh Poh Tiong Chairman

Thank you for your care, support and benevolence for the NKF's cause. Indeed, you have touched the lives and warmed the hearts of needy kidney patients.

To be afflicted with kidney failure can be devastating for anyone. We at NKF have had the resolve and determination to help these unfortunate people for the past 45 years and we continue to do so because of your support.

We currently serve over 90% of needy patients in Singapore and with more and more people turning to us for help, it is important that we serve the needs of patients and help the community to stay healthy by focusing on the 5Ps – Patient, People, Passion, Process and Purpose.

For our **patients**, we not only strive to provide quality and affordable treatment, but also holistic care. In this regard, we continuously enhance and establish new patient support programmes to provide psychosocial support to patients and their families.

Our new Patient Advocacy programme helps ensure that the needs of patients are met and that none will fall through the crack. The programme also empowers our patients through a "Buddy System" to take the initiative to visit other patients during their off-dialysis days and also be at our Patient Orientation Sessions so that they can encourage and help others as they start their journey with us. In this way, no patient needs to walk this journey alone. It is also remarkable to see many of our Patient Advocates starting to give back to the community

through outreach efforts at the various senior activity centres by befriending and providing psychosocial support for the needy elderly.

It is also important to keep people as **people** and not patients. Hence, we are doing more to educate people and create greater awareness of the consequences of kidney failure, so that steps can be taken to prevent this disease through early detection, intervention and prevention.

Among our new initiatives is the launch of our new Kidney Health Education Bus which will bring a new learning experience to the doorsteps of schools, grassroots and religious organisations. To reach out to the working population, we partner organisations through Healthy Mondays, another new initiative consisting of healthy lifestyle programmes to help companies engage their employees and motivate them to create a culture of wellness at the start of the week. To further propel our education and prevention efforts, we established an Outreach Committee that will form collaborations for better coordination of preventive efforts and help empower the community to take charge of their health

To achieve our goals, we need to have **passion** to take care of our patients. We must care for them as persons and not as part of the machine that looks after the patients. Only then are we able to appreciate and tackle the day-to-day challenges. We must also be ready to roll up our sleeves to help the patients.

Ultimately, our work is for a purpose – to provide quality care for patients and expanding our health education efforts so that people will take positive steps to lead healthier lives. We will continue to do these in partnership with the Ministry of Health, other healthcare agencies and with the love and support of caring donors and volunteers like you in the most prudent and cost-effective way.

We have many education and training programmes as well as engagement programmes to take care of our staff so that we nurture a team who is dedicated, compassionate and progressive. A new programme we introduced is the "3 Pillars of Health" – Staying Happy, Maintaining Hygiene and Eating Right & Staying Fit. Our nurses winning several prestigious awards this year such as the Ministry of Health's Nurses' Merit Award is a testament of our commitment to have skilled and committed renal nurses who provide care, stewardship, leadership and excellence to serve the needs of our patients.

We also ensure that we continuously enhance our **processes** to achieve greater operational effectiveness and efficiency, so that we can better stretch our charity dollar and do more with what we have.

Ultimately, our work is for a **purpose** – to provide quality care for patients and expanding our health education efforts so that people will take positive steps to lead healthier lives. We will continue to do these in partnership with the Ministry of Health, other healthcare agencies and with the love and support of caring donors and volunteers like you in the most prudent and cost-effective way. We want every family to enjoy good health and save unnecessary spending in medical costs.

Wishing each one of you good health and happiness always and look forward to your continued support.

Yours sincerely

Me

Edmund Kwok Chief Executive Officer





Chairman

MR KOH POHTIONG













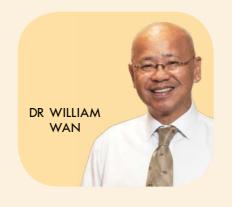








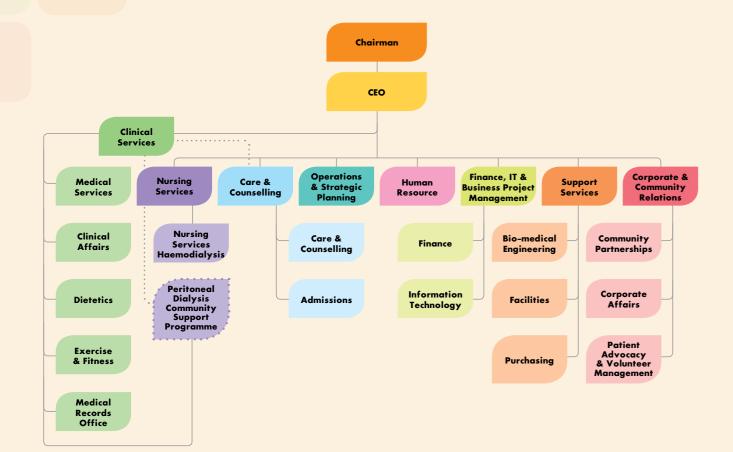


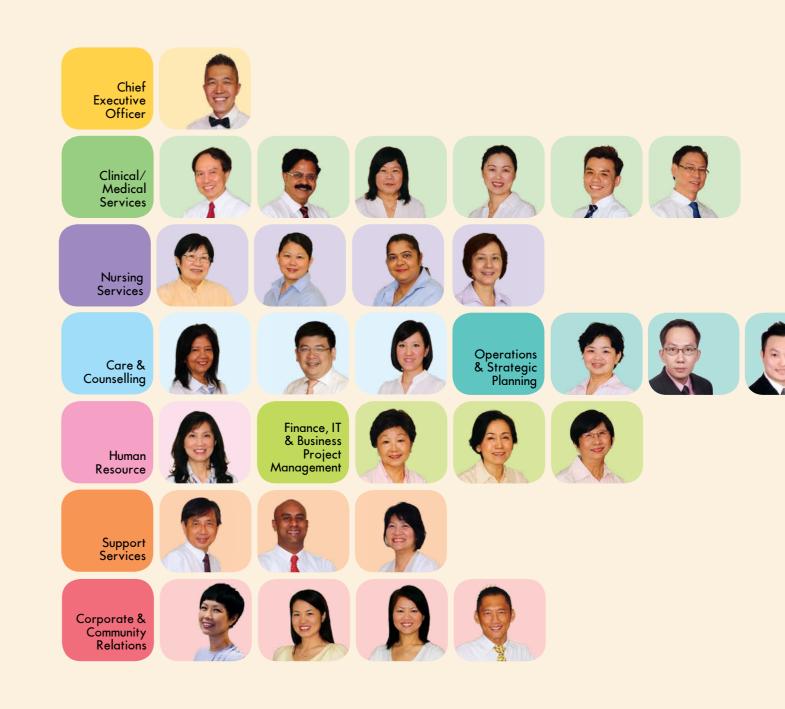






Organisation 5





Chief Executive Officer Edmund Kwok • Clinical/Medical Services Assoc. Prof Evan Lee (Clinical Services), Dr Mooppil Nandakumar (Medical Services), May Chua (Clinical Affairs), Chow Pek Yee (Dietetics), Desmond Ang (Exercise & Fitness), Chong Kwek Foo (Medical Records Office) • Nursing Services Lee Yee Kew (Nursing Services), Rowena Yeo (Nursing Services - East & West), Kaldip Kaur (Nursing Services - North & Central), Chua Chor Guek (Quality Management) • Care & Counselling Deby Sarojiuy Palakrishnan, Chua Wei Bin (Care & Counselling), Adeline Sim (Admissions) • Operations & Strategic Planning Lim May Lan • Human Resource Irene Leng • Finance, IT & Business Project Management Liew Yok Yin (Finance, IT & Business Project Management), Ingrid The (Finance), Catherine Goh (Information Technology) • Support Services Andrew Wong (Support Services/Facilities), Ganesan Sundaramurthy (Bio-medical Engineering), Joyce Tong (Purchasing) • Corporate & Community Relations Jeslyn Low (Corporate & Community Relations), Jane Guo (Community Partnerships), Yap Chai Kian (Corporate Affairs), Job Loei (Patient Advocacy & Volunteer Management)

The National Kidney Foundation • Annual Report 2013/14

Corporate Governance

Roles and Responsibilities of Board of Directors

The Board acts in the best interest of NKF with the aim of improving the quality of care for patients who are afflicted with kidney diseases. It also ensures there are adequate resources for the operations and programmes of NKF and that such resources are effectively and efficiently managed; that there are processes in place to ensure NKF complies with all applicable laws, rules and regulations; and there is an appropriate code of conduct, which upholds the core values of NKF and processes to ensure compliance with the code.

Day-to-day management of NKF is delegated by the Board to the management team headed by the Chief Executive Officer (CEO). Initiation of new programmes and activities, changes in current programmes and significant transactions require the approval of the Board. The Board also reviews and approves the annual budget prepared by management.

Board members are expected to avoid actual and perceived conflicts of interest. Where Board members have personal interest in business transactions or contracts that NKF may enter into, or have vested interest in other organisations that NKF has dealings with or is considering to enter into joint ventures with, they are expected to declare such interests to the Board as soon as possible and abstain from discussion and decision-making on the matter. Where such conflicts exist, the Board will evaluate whether any potential conflicts of interest will affect the continuing independence of Board members and whether it is appropriate for the Board members to continue to remain on the Board.

The Board has also ensured that NKF is in compliance with requirements in Financial Reporting Standards (FRS), the Recommended Accounting Practices for Charities (RAP6) and the Code of Governance for Charities and Institutions of a Public Character (IPCs).

Composition of our Board of Directors

The Board strives to ensure that Board members as a group has core competencies in areas such as accounting and finance, management, law, medicine, strategic planning and technology and that it incorporates a degree of diversity. All Board members must be independent. Independence refers to not having any family, employment, business and other relationships with NKF, any related companies or their officers that could interfere or be reasonably perceived to interfere, with the exercise of the Board member's independent judgment made in the best interest of NKF. The CEO is an ex-officio non-voting member of the Board and attends all Board meetings unless otherwise directed by the Board. In addition, other members of management are invited from time to time to attend and make presentations at Board meetings.

The Board believes that to be effective, it should not be too large, whilst at the same time, ensuring that there is a sufficient range and diversity of expertise and viewpoints. In light of regulations for charities and IPCs, the Board needs to have a minimum of 10 members. As at end of the financial year, the Board had 14 members.

The Board met four times during the financial year on the following dates:

NKF BOARD MEETINGS HELD:

10 September 2013 6 November 2013 14 January 2014 20 May 2014

Key Corporate Governance Initiatives

NKF is committed to lawful and ethical behaviour in all our activities and requires that our Board of Directors, employees, volunteers and consultants conduct themselves in a manner that complies with all applicable laws, regulations and internal policies. In keeping with this commitment and NKF's interest in promoting open communication, NKF has complied with the Code of Governance for Charities and IPCs. NKF's Governance Evaluation Checklist for the period 1 July 2013 to 30 June 2014 can be viewed at the Charity Portal www. charities.gov.sg.

NKF has a Whistle Blowing Policy and a Fraud Reporting Policy that provide employees with accessible channels to the Chairman of the Board, the Chairman and members of the Audit Committee and the internal auditor (partner in charge) for reporting suspected fraud, corruption, dishonest practices or other similar matters. During the financial year, there were no complaints reported by employees.

NKF also has a Reserve Policy to provide clarity in the Foundation's management of our reserves and assure stakeholders that we are well managed and have a strategy for building up reserves, that is, the unrestricted funds that are freely available for operating purposes.

Reserve Policy Statement

Our current year reserves of \$269 million are only adequate to fund about 3.0 years of projected annual operating expenditure.

in S\$'000	Current Year (as at 30 Jun 2014)	Previous Year (as at 30 Jun 2013)	% increase/ decrease
Unrestricted Funds (Reserves)	269,063	259,717	+ 4 %
Restricted/Designated Funds	27,633	29,588	-7%
Total Funds	296,696	289,305	+3%
No. of Years Reserves Coverage of Annual Operating Expenditure	3.0	3.4	-12%

in million	FY 2014/15	FY 2015/16	FY 2016/17	Total for 3 years
Projected Operating Expenditure	82	90	100	272

With an ageing population, patients are sicker, increasingly frail and need more medical attention. We also need to build more dialysis centres to cope with the rising kidney patient population, while doing more to retard the disease upstream through education and prevention efforts. All these will lead to increasing operating expenses.

Annual operating expenditure, for the purpose of the Statement of Reserves, represents the total gross annual expenditure of the Foundation adjusted for inflation and projected capacity increases.

Taking into consideration projected income from dialysis treatment, NKF's reserve coverage will increase to 5.2 years. This is in line with the Board's resolution to maintain 5 years reserve coverage in view of the long-term dependencies of our patients and beneficiaries.

12 Committees to Cover Key Areas of Management

From 11 Committees last year, NKF has expanded to 12 Committees by establishing an Outreach Committee in July this year to enhance and strengthen our education and prevention efforts. The role of the 12 Committees are to assist the Board in covering key areas of management and improve our oversight of management and accountability to stakeholders. All committees have written terms of reference, which are approved by the Board. Minutes of committee meetings are provided to the Board.

Audit Committee

The Audit Committee reviews the efficiency and effectiveness of the Foundation's material internal controls, including operational and compliance controls, risk management and evaluate adherence; ascertains the adequacy of the Foundation's corporate governance, policies and procedures and the extent of adherence thereto; serves as an independent and objective party to review the integrity of the financial information presented by management to the members, regulators and the general public; provides communication between the Board and both the external and internal auditors; and reviews and ascertains the extent of independence of the external and internal auditors.

Committee Meetings Held: 2 September 2013 20 January 2014 24 April 2014

Chairman



Mr Soon Hong Teck



Members

Mr Keith Ng



Mr Alfred Shee

Donor Relations Committee

The Donor Relations Committee reviews and ensures that NKF has the appropriate policies and procedures to comply with the Code of Governance's "Good Fundraising Practices"; reviews and approves all fundraising programmes on a yearly basis; and helps raise awareness and garner support for financial and other assistance needed by the Foundation.

Chairman



Mr Bennett Neo

Members

Mr Lawrence Kim Mr Benjamin Lee



Mr Tan Aik Peng

Finance Committee

The Finance Committee reviews the financial performance of NKF on a monthly basis and reports the results to the Board on a quarterly basis. Its functions include annual review of operating and capital expenditure budget and recommends to the Board for approval; review of quarterly financial performance against budget, and review and approval of Finance Policies and Procedures. It also reviews and approves all extra-budgetary expenditure beyond the delegated management

Committee Meetings Held: 14 August 2013 4 November 2013 11 February 2014 14 May 2014

Committee Meetings Held:

25 September 2013

26 November 2013

13 February 2014

10 March 2014

19 May 2014

16 July 2013

authority. In respect of extra-budgetary expenditure that are beyond the delegated authority of the Finance Committee, it recommends to the Board for approval. The Committee also oversees the Tender Committee.

Chairman



Mr Kenneth Choo



Mr Chay Yee Meng

Members





Mr Ling Guan Heng Dr Mak Yuen Teen

Tender Committee

The Tender Committee is a sub-committee of the Finance Committee. The Committee supports and advises the Finance Committee on the procurement process to help ensure value-for-money and that it is transparent and competitive. It reviews risk implications, which may arise from the purchases and proposes measures to avoid or minimise such risks. It independently evaluates the tenders submitted for each purchase in excess of \$500,000.

Committee Meetings Held: 22 July 2013 14 October 2013 17 March 2014 26 May 2014

Chairman



Dr Mak Yuen Teen



Members

Dr Stephen Chew



Mr Lee Ho Wah



Ms Phua Chiew Pheng



Mr Tag Sin Siew

Dr Tan Seng Hoe

Investment Committee

The Investment Committee recommends, for approval by the Board, the investment policy to meet the investment objectives of NKF in accordance with the investment policy, suitably qualified external fund managers (FMs) to implement the investment policy. Where external fund managers are appointed, the Committee also monitors and assesses the performance of the appointed external FMs, reports to the Board on the investment performance of funds under FMs' management and advises on matters relating to investment administration.

Committee Meetings Held: 26 July 2013 24 October 2013 24 January 2014 17 April 2014

Chairman



Mr Lawrence Wong



Members

Mr Peter Michael



Mr Lee Tiong Seng



Mr Tan Keng Hock



Ms Tan Min Lan





Mr Kim Teo

Ms Tng Kwee Lian

IT Committee

The IT Committee oversees major IT project implementation, reviews the annual IT budget and ensures budget compliance.





Dr Chong Yoke Sin

Members



Ms Ng Lai Yee



Mr Teo Chin Seng



Assoc. Prof James Yip

Committee Meetings Held:

Committee Meetings Held:

29 July 2013 9 December 2013

21 April 2014

23 June 2014

Professor Yap

Hui Kim

24 July 2013 27 December 2013

23 April 2014

Medical Advisory Committee

The Medical Advisory Committee advises the CEO and Medical Services in the clinical areas and serves as a link between the Restructured Hospitals and NKF.

Members

Advisor



Professor A. Vathsala

Medical Review Panel (MRP)

Chairman



Assoc. Prof Evan Lee



Assoc. Prof Chan Choong Meng

The Medical Review Panel comprising nephrologists from the Restructured Hospitals reviews patients who fail the medical review for admission into NKF's haemodialysis

programme and wish to appeal against the rejection due to medical grounds.



Mr Linus Tham

Dr Adrian Liew



Dr Tan Seng Hoe







Ms Siti Zulaiha Amin Eilyaas



Mr Sujimy Mohamad



Dr Zuraimi Bir Mohamed Dahlar

Patient Appeal Committee

The Patient Appeal Committee reviews appeal cases of patients seeking financial and social assistance as well as for admission into NKF's dialysis programme. These cases fall outside NKF's approved criteria for assistance and are referred to the Committee by NKF's Admissions and Care & Counselling departments. The Committee deliberates on these appeal cases and after careful consideration, makes recommendations to the CEO to accept, reject or provide alternative assistance to the applicants. In addition, the Committee reviews and provides recommendations for patients with behavioural or adherence issues.

Committee Meetinas Held: 13 August 2013 24 September 2013 4 June 2014

Chairman



Ms Esther Lim



Dr Wong Loong Mun



Ms Hui Soh Heng



Ms Leow Sok Fen



Ms Jane Straater



Ms Tay Poey Noy

The Remuneration Committee exercises policy oversight of the Human Resource

function in NKF. It ensures that NKF has appropriate remuneration policies and

and approves employee compensation and benefit packages, which include

performance incentive plans recommended by NKF's management.

decides on the remuneration of its Senior Executives. The Committee also reviews



Mr Yeo Say Ann

Chairman



Dr Titus Lau

Members



Chana Yin



Dr Rajat Tagore

Outreach Committee (Newly established)

The Outreach Committee helps strengthen NKF's outreach initiatives to actively educate the community; form collaborations for better coordination of prevention efforts; and encourage and empower the community to take charge of their health.

Chairman



Dr Abdul Razakir Bin Omar



Dr Elly Sabrina Binte Ismail



Ms Haslinda Ali



Dr Stanley Liew



Bin Ismail

Chairman



Mr Koh Poh Tiona

Remuneration Committee



Members

Mr Chua Hoe Sing



Mr Ronald Tan



Ms Wong Su-Yen

Committee Meetinas Held: 19 September 2013 3 December 2013 6 March 2014 27 June 2014

Research Committee

The Research Committee reviews and selects clinical and translational research projects in the area of renal and renal-related diseases and ensures good stewardship and accountability for the way the fund is disbursed.

Committee Meetings Held: 4 November 2013 27 January 2014 14 March 2014 16 April 2014

Chairman



Professor A. Vathsala

Members



Assoc. Prof Chan Choong Meng



Dr Chionh Chang Yin



Dr Ho Chee Khun



Assoc. Prof Evan



Dr Grace Lee



Dr Martin Lee







Dr Tan Chieh Suai



Professor Yap Hui Kim

Volunteer Committee

The Volunteer Committee reviews and provides advice and recommendations to NKF's management on the volunteer programmes' policies and procedures, infrastructure and benefits for NKF volunteers. It also looks into the provision of insurance coverage for volunteers on the job as well as volunteer training to enhance their skills in their voluntary capacities. The Committee also helps to advocate and find opportunities for NKF's volunteer team to promote programmes to corporations and institutions.

Members

Committee Meetings Held: 23 July 2013 7 October 2013 9 January 2014 29 April 2014

Chairman



Mr Johnny Heng



Vice-Chairman

Ms Shirley Wong



Mr Simon Neo



Mr Adrian Tan





Dr Mabel Thng



Mr Wong Joo Seng







Quality Patient Care





Quality Patient Care



NKF helps kidney patients through the following ways:

I. Kidney Live Donor Support Programme



2. Peritoneal dialysis at home



3. Haemodialysis at our 25 dialysis centres



 Portable funding for patients who dialyse at private dialysis centres

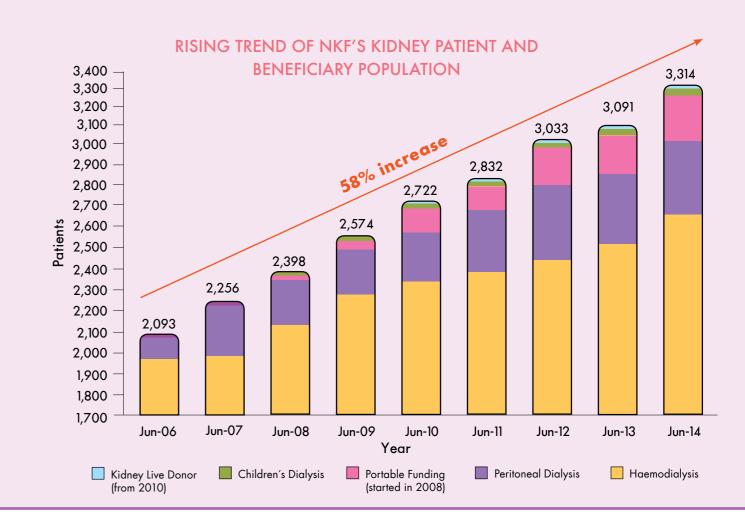


5. Children with kidney failure through the Children's Kidney Centre

The total kidney patient and beneficiary population at 3,314 represented a 7% increase and the amount of subsidies for dialysis, medication and auxiliary services given out was \$28.6 million for the financial year, an 8% increase.

\$28.6
million in subsidies
were given out for
dialysis, medication
and auxiliary
services

Total Subsidies to Patients and Beneficiaries							
	Total Number of Patients and Beneficiaries			Amount of Subsidies (\$'000)			
Programmes	1.0.00			Year ended 30 Jun 2014	Year ended 30 Jun 2013	Variance (%)	
Haemodialysis	2,672	2,518	6%	20,733	19,316	7%	
Peritoneal Dialysis	330	304	9%	1,428	1,542	-7%	
Portable Subsidy	272	236	15%	3,661	3,085	19%	
Children's Dialysis (including funding to Children's Kidney Centre)	19	17	12%	921	937	-2%	
Kidney Live Donor	21	16	31%	30	24	25%	
				26,773	24,904	8%	
Patient Welfare				1,868	1,538	21%	
Total	3,314	3,091	7 %	28,641	26,442	8%	



Kidney Transplantation

The Kidney Live Donor Support Fund was launched in November 2009 to promote kidney transplantation as this offers best long-term survival and quality of life. As part of NKF's on-going efforts to promote kidney donation, we have made enhancements to our current funding coverage to extend more help to living-related kidney donors. For a start, insurance coverage for Group Living Policy based on sum insured by NTUC Income has been doubled, from \$100,000 to \$200,000.

Since the launch of NKF's Kidney Live Donor Support Fund in 2009, 21 applicants have received funding approved by the Transplant Ethics Committee and NKF's management.

NKF will continue to look at ways to further enhance the funding coverage and encourage family members of patients to consider donating their kidneys to a loved one.

KIDNEY TRANSPLANTS IN SINGAPORE

Year	Waiting List	Transplants Done Cadaveric Live To		
2009	460	41	28	69
2010	412	36	25	61
2011	436	36	31	67
2012	457	23	28	51
2013	424	34	34	68

ANEWLease Thanks to her father Mr Suhaimi Sani, 42, who donated his kidney to her, seven-yearold Syasya Dalili Suhaimi received a new lease of life. This was an early birthday present for her as she underwent a kidney transplant operation on 12 March 2014. I'm glad Syasya no longer needs to suffer the pain of undergoing daily dialysis. Now, things have changed with a new kidney in her. She can lead a more normal life and enjoy the things she likes doing like swimming. Mr Suhaimi Sani

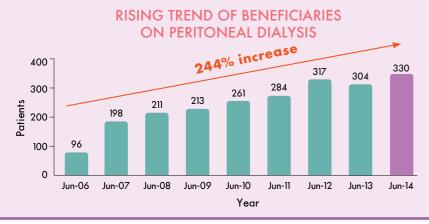
Peritoneal Dialysis

Enhancing Support for Home-based Peritoneal Dialysis

Under NKF's Peritoneal Dialysis (PD) Community Support Programme, PD nurses provide home-based support to help patients start and stay well in PD. To help new PD patients start well on PD, NKF provides pre PD support, including HomeAid to create a 'PD-safe' environment at home. Adaptation to PD service helps new PD patients to transfer learning into safe practice when starting home-based PD. During regular home visits, PD nurses identify challenges faced by patients and their family members and collaborate with hospitals to address the issues so that PD patients can receive the required support and cope well with their treatment. The Supplementary assisted PD service, a respite service for caregivers, was started in 2014 to provide short-term PD assistance to relieve the caregivers when needed. Patient and their families with high psychosocial needs are also monitored by the medical social workers and counselling is given where necessary.

Helping Beneficiaries on Peritoneal Dialysis

In the area of peritoneal dialysis, the number of beneficiaries was 330 for the financial year. In total, \$1.43 million in the form of subsidies were given out.





Over 540
patients had
benefited from
more than
2,300 home
visits since 2011

52%

of NKF's PD beneficiaries are dependent on caregivers for daily PD

PROFILE OF BENEFICIARIES ON PERITONEAL DIALYSIS

AGE
≤60 ≥61 Male Female

52% 48% 45

45% 55%

Malay Indian Others

People around me Care

Peritoneal dialysis is more convenient because I do not need to travel to the dialysis centre. In this way, I also save on transport fees. I feel secure knowing that an NKF nurse will come to my home to provide support for my PD treatment.

Mr Lian Kian Sin

Mr Lian Kian Sin, 65, has a family history of diabetes and has been suffering from the disease for almost 30 years. About 7 years ago, he experienced swelling in his foot. It was so bad that he had difficulty walking. After seeing a doctor, he was shocked to discover that he had kidney failure and needed to go on dialysis.

Started Home-based Treatment

He started on peritoneal dialysis, which he carries out every night at home while he sleeps. This does not disrupt his arrangements to go for frequent check-ups for his diabetes in the daytime.

Support from NKF

His wife, Madam Sim is the sole
PD caregiver for Mr Lian. She
was initially reluctant to go for
an operation on her hand as
she feared it would disrupt her
husband's PD treatment if she
was away, but was relieved
to find out that NKF would
provide the necessary PD
support for him should she be
away.

Haemodialysis

High Subsidies for Haemodialysis Patients

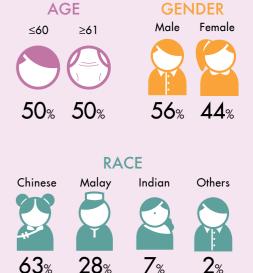
99% of our patients receive NKF subsidies and other forms of subsidies while the remaining are full-paying patients, which is capped at 10% of NKF's haemodialysis patient population. During the financial year, 40% of haemodialysis patients paid nothing and another 20% paid \$50 or less a month.

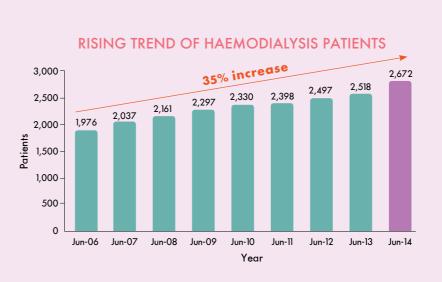


Patients' Co-payment Per Month (incl. GST)							
	As at 30 Jun 2014		As at 30 Jun 2013		Increase/Decrease 2014 VS 2013		
	No. of Patients	% of Patients	No. of Patients	% of Patients	No. of Patients	% Change	
\$0	1,065	40%	966	38%	99	2%	
\$1 - \$50	541	20%	478	19%	63	1%	
\$51 - \$200	424	16%	396	16%	28	0%	
\$201 - \$400	273	10%	258	10%	15	0%	
\$401 & above	335	13%	375	15%	-40	-2%	
Total No. of Subsidised Patients	2,638	99%	2,473	98%	165	1%	
No. of Full-paying Patients*	34	1%	45	2%	-11	-1%	
Total No. of Patients	2,672	100%	2,518	100%	154	-	

^{*}There are full-paying patients who receive sponsorships mainly from government organisations.

PROFILE OF HAEMODIALYSIS PATIENTS





26 Dialysis Centres with

6 More in the Pipeline



Adding More Dialysis Stations to Benefit More Patients

With an ageing population, the number of kidney failure cases is on the rise because of increased incidences of diabetes and hypertension. To cater for the increasing demand for dialysis, NKF has re-configured the layout of 12 dialysis centres to add 16 dialysis stations, benefiting an additional 96 patients. This has increased the capacity from 463 stations at our 25 dialysis centres to 479 stations.

Capacity increased from 463 dialysis stations to

479

stations

with 16 new ones added at 12 dialysis centres to benefit an addiditional 96 patients The Need to Upgrade and Replace our Equipment at our Dialysis Centres

As the medical equipment and instruments have a limited lifespan, NKF needs to constantly upgrade and replace equipment at our 25 dialysis centres. For example, NKF's haemodialysis machines are considered for

112 new ones

Replaced

dialysis machines

that have

reached their

lifespans with

replacement when they reach 30,000 hours or eight years of service, whichever comes first. All our dialysis centres will be equipped with hand bars and new call bells to make our dialysis centres more geriatric-friendly. In the financial period ended 30 June 2014, NKF incurred \$2.25 million in the upgrading and replacement of medical instruments and equipment.

Having a

Positive
Attitude

With quality treatment and care, I can lead a happy and meaningful life. I'm

lead a happy and meaningful life. I'm grateful to all the people who support NKF. Because they care, kidney patients like me have hope for the future.

Madam Kang Yok Hiang

Madam Kang Yok Hiang, 67, has been on dialysis for 23 years. After being diagnosed with kidney failure, Madam Kang tries to control her diet. She feels that adjusting her lifestyle and controlling her diet helps her to take on a more positive attitude towards life.

Encouraging Others with Kidney Failure

Madam Kang always encourages other patients to be appreciative of the dialysis treatment and tells them to be thankful to donors for their love, support and generosity.

Taking in Less Salt and Sugar

She hopes those who are healthy will continue to take care of their health by not consuming food high in salt and sugar so that they will not end up getting diabetes, high blood pressure or kidney failure.

Portable Subsidy

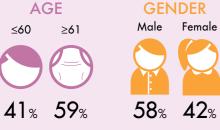




Our Portable Subsidy Programme Helps Kidney Patients with Other Medical Complications

To ensure that no needy patient is deprived of dialysis, NKF continued to support patients through our Portable Subsidy Programme. Needy patients, who pass the means test but cannot be admitted to NKF's haemodialysis programme because they suffer from other medical complications, are provided with subsidies to receive treatment at private dialysis centres. At the end of June 2014, 272 needy beneficiaries were on the programme, compared to 236 the year before. In total, \$3.66 million in the form of subsidies were given out.

PROFILE OF BENEFICIARIES ON PORTABLE SUBSIDY PROGRAMME



RACE
hinese Malay Indian Others

300 - 272 200 - 187 - 187 - 187 - 187 - 105 - 105 - 105 - 105 - 107 - 1

RISING TREND OF BENEFICIARIES

ON PORTABLE SUBSIDY PROGRAMME

Glimmering Hope

I'm unable to dialyse at NKF's dialysis centre because of other medical complications. Thankfully, NKF is providing me with subsidies for my treatment at a private dialysis centre. This has lifted the huge financial burden off me as it is very stressful trying to cope with treatment and medicine costs.

Madam Noor Azlinah

Madam Noor Azlinah, 43, was working as a record keeper at the Subordinate Courts and Family Courts for close to 20 years. Although she had diabetes, hypertension and high cholesterol, she continued to indulge in fast food and did not go for regular health screenings.

Heart Attack, Stroke & Blindness

Her unhealthy lifestyle led to a heart attack and stroke in 2012. Due to her stroke, Noor Azlinah lost the ability to walk and her diabetes caused her to lose the vision in both her eyes. At the hospital, she received another blow – tests showed that she had kidney failure and needed to be on dialysis.

Subsidies from NKF

Madam Noor Azlinah, who is separated from her husband, finds it hard to make ends meet as she is currently unable to work. She lives with her elderly father and a maid, who is her main caregiver. Fortunately for Madam Noor Azlinah, subsidy from NKF means that she need not pay anything for her dialysis, which she goes for three times a week at a private dialysis centre.

Children's Dialysis

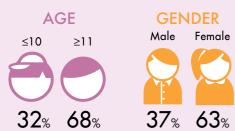
Assisting Young Kidney Patients through Children's **Dialysis Fund**

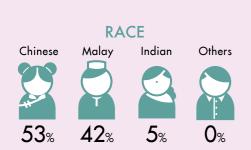
NKF has a Children's Dialysis Fund to subsidise the treatment costs for children 20 years old and below suffering from kidney failure as well as sponsor the running costs of the Children's Kidney Centre at the National University Hospital. For the financial year, the total funding for the Centre and the 19 child beneficiaries amounted to \$921,000.



BENEFICIARIES ON

PROFILE OF CHILD BENEFICIARIES ON DIALYSIS





CHILDREN'S DIALYSIS PROGRAMME Year

Silent But Strong

VOITTIOT Jane wakes up every morning looking forward to the day. She loves food and will often plan what to eat for her meals. She is a very brave girl with a strong will to survive. Jane's mother, Mrs Tan Jane Tan was diagnosed with kidney failure at the age of 17. It was discovered that Jane was suffering from Mitochondrial Encephalomyopathy (MELAS) whereby the genes in the DNA of her cellular structures are defective, causing muscle weakness, hearing loss, strokes and kidney problems. **Suffered Other Illnesses** Despite her condition, she completed her studies

at Temasek Polytechnic, but two days before her graduation ceremony, Jane had epilepsy and a stroke, which left her paralysed on the left side of her body.

In 2011, Jane suffered from a severe infection that resulted in her being hospitalised for three months. Although seriously ill, Jane managed to pull through.

Facing the Future with Hope

Today, at 27, although she is unable to hear or walk, she still embraces life daily. For Jane, she does not know what the future holds for her. She just takes one day at a time and faces the future with great hope, courage and optimism.

Holistic Rehabilitation

Subsidies provided through patient welfare programmes totalled

\$1,868,000

an increase of 21.5%

Since the launch of the Patient Advocacy Programme in 2013, the number of Patient Advocates has grown to

129

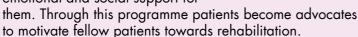
with every dialysis centre now having at least two Advocates

A total of

patients have benefited since the start of NPO Besides providing dialysis and medication subsidies, NKF also provided holistic care for our patients through patient welfare programmes.

Patient Advocacy

This new programme helps ensure that the needs of patients are met and that none will fall through the crack by providing psychological, emotional and social support for



New Patient Orientation (NPO)

New patients were welcomed at the weekly NPO and introduced to a wealth of social support services from our Patient Advocates. They shared testimonies and provided emotional support by befriending new patients.



NKF's Patient "Buddy System" NEW

Patient Advocates touched base with other patients during their off-dialysis days as part of our new initiative to ensure that everyone has a "buddy" so that no patient walks alone in his journey towards rehabilitation.

Medical social workers facilitated 10 support group sessions and

284

patients
participated in
various workshops
and activities

Patient Support Group

Patients shared their experiences, strengthened coping abilities and bonded with one another. They also enjoyed activities such as art & craft, jewellery-making and visits to the museum.

Patient Advocates participated in monthly community outreach to do their part for society. Since 2013, our Patient Advocates have adopted four

senior activity centres. They befriended senior citizens and facilitated meaningful mind stimulation activities. Participation in these outreach programmes not only provided social rehabilitation but also gave them a sense of fulfillment.

Hospital Counselling NEW

Patient Advocates, accompanied by NKF staff, visited newly diagnosed patients who were either in denial or having difficulty accepting their need for dialysis at Singapore General Hospital and National University Hospital. Patient Advocates provided psycho-emotional support to these patients by sharing their experiences and coping strategies. NKF hopes to expand this programme to other Restructured Hospitals (RHs).

Medical Reconciliation Programme NEW

Through this new programme, patients received visits from senior pharmaceutical student volunteers from the National University of Singapore, during which their medication were topped up and sorted out for the next one to two weeks. The volunteers also ensured that the patients were compliant with their medication intake. Currently, two patients are benefiting from this programme.







Patient Gatherings

These gatherings promoted social rehabilitation and allowed patients to enjoy activities which they would otherwise not have the means to attend, such as flamenco dance performances, magic shows and live-band performances.



12

patient gatherings were organised, attracting a total of 3,118 patients, caregivers and volunteers



Bursary Awards for Patients' Children and Grandchildren

NKF worked with sponsors like the Singapore Buddhist Lodge and PunchOut Pest Control Com Pte Ltd to provide bursary awards for patients' children and grandchildren. Bursaries amounting to

\$12,000

were awarded to 42 of NKF's needy patients' children and grandchildren for their educational needs



NKF provides me with transport to and from my home and dialysis centre. I don't have to worry about getting to the dialysis centre anymore.

Madam Raja Siti Samiah



Providing Transport Subsidies

Needy patients who require special transportation to and from dialysis centres (DC) were given subsidies for taxi, ambulance and van assistance expenses. Needy patients received \$30 per month to top up their EZ-Link cards.

Managing Diabetic Patients

In order to encourage kidney patients suffering from diabetes mellitus to be diligent in monitoring their blood glucose levels, we continued to provide free home glucose monitoring kits to our patients. We also collaborated with the Diabetic Society of Singapore (DSS) to provide subsidised eye and foot screenings to patients. DSS' mobile service brought the screenings to the dialysis centres which made it very convenient for patients.

Diabetic kidney patients were also empowered to manage their own medical condition through behaviour modification. NKF has a Staged Diabetes Empowerment Programme (SDEP) to provide patients with knowledge and tools that enable them to manage their own conditions.

409

patients received transport subsidies amounting to \$1,060,062, of which \$60,000 were donated by the Singapore Buddhist Lodge

108

patients with
diabetes were
screened at 23
dialysis centres
and those with
abnormal diabetic
retina photography
or at risk of foot
blocers were referred
to eye clinics
and podiatrists
respectively for
follow-up treatment

About

500

patients carried out regular home glucose monitoring



It's gratifying for me to be able to provide care and support to needy patients. Positioned at the frontline, I am always motivating patients to lead fulfilling lives.

Mr Job Loei (front of group, Head of NKF's Patient Advocacy team)







Improving Patients' Fitness

In line with our holistic approach to promote patients' well-being, we introduced more platforms for patients to exercise. New initiatives rolled out were:

NEW

Exercise corners at the dialysis centres where patients can do simple exercises.

NEW

An exercise handbook, "Hues of Health" was produced to introduce patients to the levels of exercises suitable for them and help them achieve a level of functional competency suited to their physical conditions. The handbook includes an instructional exercise video.



NKF organised a series of Health for Life Day events during which patients engaged in various activities such as singing competitions and kite flying.



Regular exercise classes were held at NKF headquarters to enhance patients' physical and psychological well-being.

Providing Poor Patients with Basic Provisions

NKF has been continuously working on ensuring that needy patients receive adequate aid in the form of basic provisions. With the support of the Singapore Buddhist Lodge, NKF provided basic food necessities to needy patients through NKF's Grains of Hope programme.



266

patients received vouchers and other basic necessities once every 2 months

79%

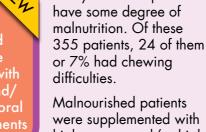
About

of patients in the Grains of Hope programme have a monthly gross ousehold per capita income of less than or equal to \$360 and 110 of them are 60 years old and above

Meeting the Nutritional Needs of Patients

Malnutrition is highly prevalent in chronic kidney disease patients and predictive of mortality. Data

malnourished patients were supplemented with high energy and/ or high protein oral nutrition supplements



high energy and/or high protein oral nutrition supplements during each dialysis session at the centres and patients with chewing difficulties were referred to our Patient Support Management Team for the Tzu Chi Foundation's free dental services. Services include consultations, fillings, extractions, scaling and

denture-making.

showed that 63% of



Enhancing Food & Drinks Policy

Patients on dialysis may miss their standard meal times. As such, NKF enhanced our food and drinks policy by permitting patients to bring their own healthy light snacks for their dialysis sessions in addition to the current choices provided by NKF.



Subsidised Chest X-rays

The x-rays helped in the early detection and intervention of cardiac conditions. Together with SATA CommHealth, NKF has been offering chest x-rays to patients at minimal or no charge. The cost of the screenings are heavily subsidised by SATA CommHealth.



40

Nursing Care

Establishing a Nurse-led Dialysis Centre

To transform our 25 dialysis centres to be nurse-led, the leadership and management skills of nurses are being honed to provide accurate and timely evaluation of patients' treatment outcomes. In this way, nurses will have a direct influence on the quality of care to patients. The following training programmes are being conducted to prepare the clinical nurse leaders:

- Clinical leadership workshop
- Psychodrama simulated case studies workshop
- Critical thinking workshop
- Research project to evaluate the learning experience of the nurse leaders

Collaborating with Other Organisations

In order to enhance our existing in-house staff training programme, NKF is working with educational institutions to develop the following:

- Introduction to Renal Dialysis (IRD)
 programme to be conducted under the
 umbrella of the Institute of Technical
 Education (ITE) and be accredited nationally
- 2. The Advanced Learning in Renal Dialysis to be upgraded to Specialist Diploma conducted by Nanyang Polytechnic (NYP)

Nursing Symposium on "Caring for the Elderly with Kidney Disease"

With the increasing number of elderly kidney failure patients, this symposium on 30 March 2014 at the NKF Centre provided 235 participants with insights on the needs and challenges of the elderly patients undergoing dialysis.

participants attended the "Caring for the Elderly with Kidney Disease" nursing symposium as part of World Kidney Day 2014



NKF Nurses Received Outstanding Awards

Three NKF nurses have won prestigious nursing awards, which is a testament of NKF's commitment to have skilled and committed renal nurses who provide compassion, stewardship, leadership and excellence to serve the needs of our patients. Patients are therefore able to receive quality and holistic care which is crucial for their rehabilitation.



I am so happy when I see a pregnant kidney patient on daily haemodialysis beat all odds and safely deliver a healthy baby.

Ms Jamilah Binte Jantan, Senior Clinical Nurse Manager, who received the prestigious Nurses' Merit Award from the Ministry of Health on 6 August 2014.



The course has helped me to gain in-depth knowledge in the area of nephrology and enhanced my practical skills in the clinical setting. These extra skills have enabled me to handle difficult patients psychologically, physically and emotionally.

Ms Kumaresan Shanmugapriya, Senior Staff Nurse, who received the Advanced Diploma in Nursing (Nephro-Urology) Singapore General Hospital Award on 27 May 2014, for her stellar performance in the diploma course.





LL

I'm very happy to receive the Certificate of Merit. Now, I'm more confident and will do my best in caring for patients. I want to thank NKF for giving me this opportunity to undergo further training.

Mr Ravichandran Sellakannu, Assistant Nurse, who was awarded the Institute of Technical Education's Best Clinical Nurse Award for outstanding clinical performance in his nursing course on 22 May 2014. He also received the Certificate of Merit (COM), having made it to the top 5% of the graduands of his cohort for the National ITE Certificate in Nursing on 24 June 2014.

Supporting Research in Kidney Disease

The Venerable Yen Pei-NKF Research Fund continues to support renal research, focusing in the areas of clinical and translational research. The Committee made conscious efforts in the review and the awarded research projects have been insightful and of good quality.

The 12th Grant Call in January 2014 attracted many applicants from the Restructured Hospitals and Academic Institutions.

Details of Grant Calls Awarded in FY 2013/14

Grant Call	Date	Proposals Received	Proposals Approved	Total Amount Approved
12 th Grant Call	Jan 2014	18	4	\$599,000

NKF's 2nd Scientific Meeting in March 2014 saw

164

researchers and healthcare professionals share ideas and generate discussions on how to advance renal care to benefit the community

Approved proposals : 4

Total awarded projects since 2007 : 95

Ongoing projects : 29

Completed and soon to be completed projects: 66

Approved Projects for FY 2013/14 12 th Grant Call					
Project Title	Recipient	Expected Date of Completion			
Biodegradeable Stents for Haemodialysis Vascular Access Interventions	Dr Tan Chieh Suai	Jun-16			
A Comprehensive Evaluation of Diabetes Susceptibility Genes and Disposition-related Genes in Relation to the Development of New-Onset Diabetes after Transplantation in Asian Renal Transplant Recipients on Tacrolimus- or Cyclosporine-Based Immunosuppression	Dr Yau Wai Ping	Jun-16			
Exploring Biomarkers as Risk Factors for Cardiovascular Disease in Paediatric Chronic Kidney Disease	Dr Liu Desheng Isaac	Jun-1 <i>7</i>			
Aetiologies and Clinical Trajectories Impacting Acute Nephropathy - the ACTION Study	Dr Chua Horng Ruey	Jun-16			

Enhancing Organisational Capabilities

Our Continuous Efforts in Building a Conducive and Inclusive Work Environment

Since the implementation of the 5Cs programme in 2009, there has been a significant increase in the demonstration of the 5Cs values as evident in the latest organisation survey last year.

Communication
Compassion
Collaboration
Consistency

NKF Wins Special Mention Award for Outstanding Leadership in Supporting Fair Employment Practices

NKF was recognised for our achievements in the area of fair and progressive employment practices and won the Special Mention for Outstanding Leadership in Supporting Fair Employment Practices during the Tripartite Alliance for Fair and Progressive Employment Practices (TAFEP) Exemplary Employer Award Ceremony on 28 April 2014.

There were

30

finalists out of 78 participating organisations.

NKF was one of the 13 winners

NKF's staff attrition has improved by

2.6%

from 18.1% to 15.5% over 3 fiscal years.

Employee Engagement Index (EEI) is 4.85 versus the National EEI of 4.59

44

Our core values and corporate culture support the practice of fair, responsible and inclusive employment initiatives. These values have guided us in the formulation of our employment practices and are the key factors for bringing people from all walks of life together in the NKF family.

Mr Edmund Kwok, CEO, NKF



Providing Continuous Education Programme for Staff

NKF continued to enhance our human capabilities through technical and soft skills training so that our staff can enjoy career growth and deliver a higher level of service to patients.

Programmes included:

- Living 5Cs Employee Engagement programme for all new employees
- The Six Thinking Hats[®] to enable systematic method of thinking and to work together for effective results
- Management Development and Leadership Programmes which enhance leadership skills of our leaders and develop our existing and potential Managers

Sponsorships under the Further Education Assistance Programme for the Nursing and Care & Counselling employees included:

- Certificate, Diploma
- Advanced Diploma
- Degree
- Master's programmes



3 Pillars of Health – Workplace Health Programme

NKF continued to provide staff with a happy and well-balanced work environment by encouraging all staff to embrace a healthy and active lifestyle. Staff were given opportunities to bond through events such as "Bond Upon a Walk" and Healthy Mondays.







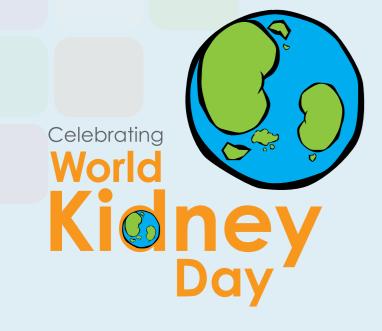




Education & Prevention



Education & Prevention



To educate the community on the consequences of kidney failure and reduce the progression of kidney disease, NKF had set aside \$10 million for an Education and Prevention Fund, to be used towards new initiatives to curb the rising trend of kidney failure cases. NKF organised various events to benefit the public, organisations and schools.

For the Community

Celebrating World Kidney Day

In conjunction with World Kidney Day (WKD), NKF organised a series of events to educate the community on kidney disease prevention. On WKD this year, which fell on 13 March 2014, everyone was encouraged to get their day going with a full glass of water. It signifies the importance of water playing a key role in the functioning of our kidneys.









Taking 100,000 Healthy Steps

more about kidney care.

NEW On 15 March 2014, NKF, together with MediaCorp Radio, held the "NKF 100,000 Healthy Steps" event to raise awareness of the importance of our kidneys. MediaCorp DJs travelled in two groups from two ends of Singapore to visit kidney patients at all 26 dialysis

centres island-wide. The DJs finished the walk at the Toa Payoh

Amphitheatre where they entertained the crowd with games and stage activities. There were also exhibition panels where visitors could learn









21 September 2014 Date:

Time: 9am - 3pm ITE College East Venue:

Guest-of-Honour:

Mr Gan Kim Yong Minister for Health

Participants: over 5,000





This event saw people from all walks of life coming together on different wheels to demonstrate their love, compassion and support for needy kidney patients. Over \$270,000 was raised to benefit needy patients. The event was made up of a carnival with games and food, an exciting kidney race and complimentary kidney health screening.



NKF aims to reach out to at least

50,000

people a year through our mobile health education and screening services



Kidney Health Education Bus

NKF launched our new Kidney Health Education Bus during the Wheels of Love event. Sponsored by Singapore Totalisator Board and Singapore Turf Club, the bus brings preventive healthcare to schools, grassroots and religious organisations. Interactive exhibits on the bus help visitors better understand kidney disease, treatment options and tips to lead a healthier lifestyle. On weekends, the bus will be stationed at community centres and religious organisations to provide basic health screenings to members of the public.





Main Sponsors:



Giving Hope. Improving Lives.

Baxter

Sponsors:

ADVENTRA Pte Ltd

aerõgaz

MILLION INDUSTRIAL PTE LTD













50



Date: 25 January 2014

Venue: Whampoa Community Club

Guest-of-Honour:

Mr Heng Chee How Senior Minister of State (Prime Minister's Office) and MP for Whampoa SMC

7.30am - 10.30am

Participants: over 450



Participants picked up litter along the roads in Whampoa while walking. The act of picking up litter signifies what our kidneys do for us, which is to clean the body and flush out toxins.







5pm - 10pm

Date: 7 June 2014

Venue Bishan-Ang Mo Kio Park

Grand Lawn 2
Guest-of-Honour:

Time:

Mr Lawrence Wong

Minister for Culture, Community and Youth

Participants: over 1,400



Walk of Love

This event, which included a 10km relay, a 3km walk, a carnival with music performances and a movie screening revolving around the theme "love", helped raise awareness of the importance of an active lifestyle.



Driving Home the Message of Prevention NEW

With the sponsorship of B. Braun, NKF embarked on a campaign to drive home the importance of healthy living to the masses. Health messages were placed on buses, taxis and SMRT trains



Community Health Screenings, Health Talks and Roadshows

NKF collaborated with grassroots and religious organisations and social service agencies to conduct health screenings, health talks and roadshows.

Over 6,000 people, including those from the high risk groups, participated in these events.

NKF has also been conducting free health talks and health screenings to Malay residents of Bukit Panjang constituency in the past two years.



Dr Teo Ho Pin, MP for Bukit Panjang and Mayor of North West District, presented the Malay Activity Executive Committee Appreciation Plaque to NKF's CEO, Mr Edmund Kwok during the Appreciation and Networking Session on 20 June 2014 for our efforts in education and prevention to benefit residents of Bukit Panjang constituency.

Over
6,000

people participated in these events.

Among the participants were:

Community Centres

Canberra, Jurong Spring,
Nee Soon, Pine Close and
Bukit Panjang

Mosques

Al Iman and Al Muttagin

Life is Beautiful

NKF is adopting a soft approach to get people to start thinking about kidney health through a 20-episode television drama series "Life is Beautiful". The drama aims to bring to attention how kidney failure not just affects the patient but also his or her

family. Together with Health Promotion Board, we are collaborating with Singapore Kindness Movement to have this drama series as donating one's kidney and caring for kidney failure patients are acts of kindness. Even looking after oneself well is a form of kindness to ourselves and those around us.





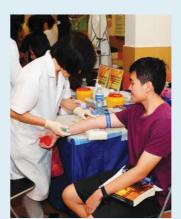
Organising Dialysis Centre Open House

Dialysis Centre (DC) Open House events were held at Bedok and Ang Mo Kio 2 DCs where the public learned more about kidney disease and its treatment. Highlights of these events included free health talks, dialysis centre tours and exercise and fitness programmes.

300

people participated in our free health screenings during the Open House

More than



"Just for You" Series & Pop-up Kiosk at East Coast Park

In collaboration with various organisations such as Parkway Cancer Centre and Finexis Advisory, NKF organised health talks for our donors and the public.

NKF was allotted a free pop-up kiosk by National Parks from 19 April to 29 June 2014. Health information and quizzes at the kiosk helped raise awareness of kidney disease and prevention.



For Corporates Healthy Mondays

NKF launched "Healthy Mondays" for organisations, comprising activities such as health talks and health screenings to motivate employees to create a culture of wellness and start the week off healthy.





Kidney exploration

For Schools

Learning Journey Programmes

NKF has been reaching out to students through our Kidney Discovery Centre, Kidney Exploration - School Holiday Programmes and assembly talks by NKF's Community Education team. Other activities that sought to engage students were Sit-A-Thons, during which students sat on chairs for a few hours to simulate what kidney patients go through, and Champs Programme, which was designed to inspire student leaders to make a difference to their community.

Kidney Discovery Centre has attracted about

22,000

visitors from 249 schools, corporations and organisations since its opening in 2011.

This year, 8,092 visitors from 90 institutions and organisations visited the centre



More than

23,000

students from 28 schools benefited from assembly talks. NKF also set up a health booth with a mock dialysis machine at 26 schools to provide more knowledge on kidney failure to more than 4,000 students





Community Partnerships



Encouraging Volunteerism

NKF Circle of Hearts — Engaging Volunteers to Help Patients

NKF volunteers provide friendship, care and emotional support to the patients through various meaningful activities to assist and facilitate the patients' rehabilitation, empowering them to better manage their lives. Not only do they befriend patients, volunteers also introduce new skills and interests to patients such as art & craft.

Patient Support Services

Circle of Hearts provides various support services to help patients lead normal lives such as transportation, free haircuts, house cleaning and painting, as well as counselling.

My company is always very involved in various charity drives to help the needy and personally, I like to be more hands-on in helping the needy in practical ways.

Ms Patricia Yeo, one of the volunteers from Credit Suisse (Singapore). 10 volunteers from the company painted the one-room rented flat of a needy patient.

There were

560

active volunteers,
new organisations include
Barclays Bank PLC, Deloitte & Touche,
The Great Eastern Life Assurance Co. Ltd,
Singapore Customs, PunchOut Pest Control
Com Pte Ltd, Jurong Spring CCC,
Nee Soon CCC, Whampoa CCC
and Clementi CCC.

We also have new student volunteers from NUS Psychology Society, NTU Business School, SMU Rotaract Club, East Asia Institute of Management and Ngee Ann Polytechnic Community Service Interest Group







Providing Clinical Intervention - Mind Stimulation Activities

Mind Stimulation Activities (MSA) help provide regular clinical therapeutic sessions to patients. The programme has received recognition and support from the Psychotherapy Association of Singapore (PAS), SIM Psychology Society, NUS Psychology Society, NUS Psychology Society, James Cook University (Singapore) and School of Information Technology, Nanyang Polytechnic.

groups are working with NKF on this programme. These include student volunteers from NUS, SMU and James Cook University (Singapore)

Training Programmes

In our efforts to ensure quality care for patients, NKF partnered with UniSIM to provide workshops and courses for volunteers. UniSIM conducted two workshops on "How to Be a Better Volunteer" this year. NKF also provided courses such

More than

235

olunteers benefited from 12 training workshops

as the "MSA Practitioner Course", "Understanding Psychosocial Aspects of Chronic Haemodialysis", "Safe Transfer Techniques", "Introduction of Art Toolkit & An Overview of Art Therapy", and "Counselling for the Critically-ill Patients" for volunteers.



Celebrating International Volunteer Day - Stand by Me

NKF celebrated International Volunteer Day, with over 280 volunteers from corporations, religious groups, schools and

individuals at the NKF Centre on 23 November 2013 to recognise the efforts of volunteers. Volunteers each received a towel origami handmade by patients as a



I want to do my part to help patients. It is a meaningful way to spend my retirement days. I find it fulfilling and rewarding.

Mr San Thu, 68, who volunteers at NKF Centre almost every day to help out in various administrative tasks and is actively involved in many NKF events, despite having gone through heart surgery.



I volunteer because I would like to contribute to the society. I am happy to know that some of the patients cook at home what they learn here (dialysis centre).

Since 2010, Ms Anita Mui, 55, has been sharing her culinary expertise with our patients on a monthly basis. Working closely with our dieticians to come up with renal healthy recipes, Anita has taught patients to cook and eat

Raising Funds to Help Patients

Minister for Manpower, Mr Tan Chuan-Jin **Supports NKF Through** His Photography Skills

A framed photo of Exmoor National Park titled "Every cloud

has a silver lining" taken by Mr Tan Chuan-Jin, Minister for Manpower, and a photobook, "The World We Live In", showing Mr Tan's collection of photos, was auctioned during NKF's 45th Anniversary Charity Dinner. The official photobook launch took place at the National Library on 29 August 2014.

So far, more than

\$200,000

was raised through Mr Tan Chuan-Jin's photographic works

SCAL's Longstanding Support for NKF

The Singapore Contractors Association Limited (SCAL) adopted NKF as the beneficiary of the SCAL Annual Charity Golf Tournament. The tournament was the first major event by SCAL's newly established Corporate Social Responsibility (CSR) Committee and the funds raised from SCAL's members went towards helping NKF's needy patients and education and prevention programmes.



30 July 2014 Jurong Country Club Venue:

Funds raised:

\$203,500 through sales of flights, outright donations and sale of Minister Tan Chuan-Jin's photobooks





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CELBRATING LIFE WITH

Date: 5 April 2014

Venue: Resorts World Sentosa

Guest-of-Honour:

Mr Gan Kim Yong
Minister for Health

Charity Dinner – Celebrating Life with Love

Through the support of caring donors and supporters, NKF raised \$11.3 million through its 45th Anniversary Charity Dinner - \$10 million from five caring sponsors to build five new dialysis centres and \$1.3 million from table sales, outright donations and an auction to kick start our Education and Prevention Fund.

One of the dialysis centre sponsors is the Kwan Im Thong Hood Cho Temple. Their donation of \$2.3 million makes them the first organisation to sponsor the establishment of two dialysis centres to benefit NKF's needy patients. The Temple has also sponsored NKF's various health education and prevention programmes over the years such as mobile health screenings and our Kidney Discovery Centre to benefit the community.

Another dialysis centre sponsor is The Singapore Buddhist Lodge (SBL) with a \$2 million donation. The SBL had previously contributed \$500,000 towards the setting up of NKF Hougang-Punggol Dialysis Centre. They also contributed towards the establishment of our Kidney Discovery Centre. Annually, SBL provides the neediest kidney patients with basic food necessities and \$60,000 worth of subsidies for needy patients who have to travel to and from the dialysis centres by bus and train.

Another dialysis centre sponsor is The Sirivadhanabhakdi Foundation of Thailand, owned by the family of Khun

Charoen and Khunying Wanna Sirivadhanabhakdi, which donated \$2 million. Khun Charoen is the Chairman of Fraser and Neave Limited and also Frasers Centrepoint Limited and Khunying Wanna is the Vice-Chairman of these two companies.

Details of other sponsors will be announced at a later date.
The centres are expected to be operational by 2016.















Dialysis Machine Sponsorship

24 supporters donated 39 dialysis machines. As one machine can benefit six patients, a total of 234 patients can benefit from the 39 machines. NKF carried out plate-mounting ceremonies at various dialysis centres to recognise dialysis machine donors.



Donors' Appreciation Movie Screenings

In appreciation for our donors' unwavering support, over 750 donors were treated to the following movies:

- Jack Ryan: Shadow Recruit 18 January 2014
- The Lion Men
 February 2014
 Sponsored by Mr Jack Neo and Mr David Low
- The Lion Men: Ultimate Showdown
 June 2014
 Sponsored by Mr Jack Neo and
 Mr Joe Goh Ching Lai

Kembangan-Chai Chee CCC's donation of

\$12,600

benefited 35 needy patients in the constituency Yio Chu Kang CCC's donation of

\$12,960

benefited 36 needy patients in their constituency

Grassroots Organisations/Community Support towards A.K. Giver Programme

Kembangan-Chai Chee Community Consultative Committee (CCC) and Yio Chu Kang CCC joined NKF's A.K. (Artificial Kidney) Giver Programme in January and March 2014 respectively.

Our Valued Donors

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I was saddened by the loss of my army buddy who succumbed to kidney failure. It spurred me to join NKF's monthly donation scheme to help needy patients. Whatever I'm able to contribute goes a long way in helping them cope with the high cost of dialysis. It's also encouraging to know that I get a tax-deduction of 2.5 times the value of my donation.

Mr Alvin Chua Soon Keong, an ex-army regular, who has been donating to NKF since 1992.

We would like to thank all our donors for their support, kindness and generosity in giving life and hope to our needy patients. Below are our donors who have made outright contributions of \$5,000 and above or monthly donations of \$100 and above:

Chang Mee Hong

Individuals

Ang Boon Hong Ronnie
Ang Chai Luan Joyce
Ang Chor Meng
Ang Hun Khoon
Au Miew Wei
Bay Ai Ling Sylvia
Bay Ling Ling Jennifer
Bhaskaran Segaran Nair
Boh Chek Kwong
Chai Chin Loon
Chan Aik Hui (Dr)
Chan Chee Soon
Chan Chow Siang Avril
Chan Hian Siang

Chan Kuan Heng @ Sek Tat Sum Chan Lian Chai Clayton Chan Mei Lide

Chan Mei Lide Chan Michael Chan Mun Lye

Chan Siew Ling Salene Chan Sook Fun Yvonne

The Late Chan Peck Kim

Chan Tio Yong Michael Chan Tur Wei Chan Woh Lai

Chandrapaul Obed Benedict Chang Kuan Wee Stephen Chang Meng Kiat Simon Cheah Phui Kheng Adrienne Chee Wai Heong Josephine Cheong Chin Joo Gerald Cheong Kok Hom Cheong Wai Fong Florence Cheuna Chuan Woo Chew Poon Niam Chew Siew Lay Chia Sock Ker Chim Teck Meng Chna Hak Loy Chok Teck Fee Chong Kok Yong Chong Na Boon Chong Wee Kee Choo Hui Leng Choo Lay Hwa Chow Kwok Weng Chow Yuen Yong Alvin Chua Ai Gek Delia Chua Chiew Guat Chua Bee Suan Angela (Mrs)

Chua Chong Cheng

Chua How Kian Joseph

Chua Chor Chuan

Chua Joseph The Late Chua Siew Choo Chua Soh Khena Chua Swee Meng William Chua Yeow Kiang Raymond Chung Lai Leng Ruth Dilhan Pillay Sandrasegara Edward Anwar Eng Se Hsieng Er Soon Yap Fam Yue Onn Michael (Dr) Fazilah Abdul Aziz Foo Fung Toon Michael Foo Peow Yong Douglas Foo Yoke Khan Foong Yim Ping Regina Gan Chui Ping Irene The Late Gan Gek Eng Gan Kim Yong George Paul (Dr)

Goh Ah Chye

Goh Huay Hin

Goh Seak Choon

Goh Teck Leong Andy

Goh Wee Hiong Lawrence

Guee Swei Cheng Jacqueline

Goh Ah Lek

Han Chen Kong Hatim Fidahusein Nakhoda The Late Haw Pong The @ Hoe Kok Thye Heng Siang Yong Ho Bock Wee Louis Ho Boon Cheona Ho Guan Qi Ho Jie Fana Ho Jun Keong Ho Kok Hua Paul Ho Li Wah Ho Pei Ying Cynthia Ho Tian Fatt Hoon Wee Liana Howe Choon Hong Matthew Huang Meng Ching Huang Shew Jay Jenny Hui Choon Kuen (Xu Zunguan) Jaon Bohari Joo Boon Liana Andrew Joseph Grimberg Kapil Dev Sharma Kirpa Ram Kasmadi Melati Ker Yeow Chona Khaw Boon Wan

Koh Liang Mui Jenny Koh Seng Lee Koh Wee Nah Koo Chee Li Koo Sin Hock David Kwan Yuen Ching Natasha Kwek Ai Ser Kwok Ngat Khow Lai Ker Thian Lam Kwee Kuen Bridget Lam Yen Koon Lau Svbil Law Beng Kok Leau Chee Yung Lee Chee Lin Benjamin Lee Chee Yong Matthew Lee Cheng Ho Lee Chew Loh Stanley Lee Fook Choy Lee How Giap Lee Khai Wah Laurance Lee Kim Hong Lee Lam Lee Lee Lee Seng Lee Li-Ming (Mrs) Lee Mo Cheng Mike Lee Nguet Kwang Lee San Min Paul Lee Siew Mena Lee Swee Hing Lee Tee Chin Lee Tee Loon Lee Wan Choy Lee Wee Fong Lee Xiao Qina Lee Yan Kit Lee Yih Chyi Lee-Goh Gaik Choo Peggy Leong Ah Baa @ Ooi Ah Baa Leong Sung Kok David Leong Wing Yew Ernest Leong Yen Wah Li Junsheng Lie Cindy (Mrs) Liew Cheng Song Liew Wing Kong Liew Yok Yin The Late Lim Ah Ho Lim Ban Lee Lim Choo Leng Lim Christine (Mrs) Lim Chwee Kim Lim Hock Chee

Khoo Yew Chuan Benjamin

Koh Boon Hock

Koh Gek Pin

Lim Keng How Jason Iim Khim Hoe Lim Kong Hiong Lim Leong Chuan Lim Loo Beng Lim Lu Giok Amy Lim Mei Guei Michelle Lim Ming Hui Andrew Lim Mui Choo Caroline Lim Oon Cheng Kenny Lim Siau Tze Lim Swek Nee Amy Lim Tiong Seng Lim Tiong Yee Lim Wee Meng Lawrence Liu Jun Rong James Liu Wei Liu Xiao Hui Liu Yock Mui Judith Lo Rhee Shik Timothy The Late Loh Kim Chwee Blanche Longman Simon John Low Hsiao Way Low Kin Chiang Richard Low Suat Tin Joni Low Wai Sing Low Yan Khin Low-Chee Gek Eng Lily (Mrs) Lui Man Chi Mary Lum Kah Weng Daniel Lye Mary Lye Shoon Fong Lawrence Mai Ah Nao Mohd Nasrul Abdullah Mok Kwok Wah Lawrence Muhammad Khairi Darus N Soundararajan Neo Gim Siong Bennett Neo Siong Heng Ng Ah Teck Ng Chuan Lim Ng Chui Guat Ng Ek Chong @ Djajusman Ng Hock Lye Ng Hoon Hoi Ng Khim Han Ng Siok Hoong Ng Soon Kheng Ng Thiam Seng Kelvin Na Tva Ah Andrew

Ng Wan Hwee Kelly

Nganthavee Suckchai

Ngo Chun Yong Andrew

Ng Wee Lee Willy

Ng Woo Hong

Nyan Yew Loong James Oan Chim Sena Oh Thay Lee Ong Boon Kong Ong Chee Khoon Ong Chin Eng Andrew Ong Ching Khiam Ong Eng Siong Ong Guan Hwa Ong Kim Chee Ong Kok Chye Steven Ong Lee Kheow Ong Siew Ing Ong Swee Hoo Ooi Kooi Tin Or Lay Wah Elaine Ow Peak Lan Pang Chin Keong Parthasarathy Subramanian Phang Weng Wan Jay Phoon Kum Yuen Phoon Kwona Yun Ian Phua Hong Swee Pnui Gek Hoon @ Fang Yuefen Po Chee Chow Kavin Poh Cheng Lam Anthony Poh Liong Pin Poh Sin Choon Quah Kee Swee Quek Gim Pew Rajagopal R Ray Rajeswari Moothathamby Saw Cheng Chye Seah Kar Heng Winston (Dr) Seah Siew Suan Seah Swee Poh See Lian Tin Seenivasakan Ramanathan Seet Iris Seng Sioh Ngee Seow Eng Teck Shahrukh D Marfatia Shaw Evelyn (Mrs) Siew Poh Yin Elsa Sim Bee Wah Michelle Sim Hwee Khena Sim Khien Fwee Jeffrey Sim Piah Chew Sim Poh Ping Sim Siew Thona Singam K K Siti Faridah Khairoman Sng Cheng Hai The Late Sng Yew Choo

Soh Kim Chua

Soh Lay Lian Cherlyn

Soh Puay Khong Soumini Nair Sreekumar Pisharath Sri Sai Baba Susan Jacob Swanny Setyono Sze Chun Chau Tan Bak Liang Francis Tan Bena Kiat Eric Tan Bo Tan Tan Boon Hock Hansel Tan Chian Khong Tan Choon Bee Tan Choon King Tan Chuan Yeow Tan Eng Chye Tan Gek Khim Tan Hock Kuan Tan Kian Huat Albert Tan Kim Biau Tan Kok Hwee Michael Tan Kuan Guan Derek Tan Ong Huat Tan Peng Juoi William Tan Poh Choo Tan Se Hok Tan Seok Kee Jennifer Tan Seow Leng Tan Siew Lan Tan Siew Leng Tara Tan Siew Teck Lawrence Tan Song Chiang Tan Sze Lee Tan Tiong Heng Tan Tow Kwang Christopher Tan Wai See Tan Wee Wee Angeline Tan Yen Pew Tan Yeo Chiam Danny Tang Ai Ai (Mrs Wong Ai Ai) Tang Chuan Ann Jason Tang Kian Cheong Tang Peng Koon @ Tang Bing Kun Tana Wee Loke Tay Ah Choon Tay Boon Keng Tay Eng Kng Tay Hwee Pio Tay Kheng Hin Tay Kok Leong

Tay Soon Seng

Tay Tiang Guan

Tenny Sumarta

Teo Beng Teck

Teo Cher Kian

Teo Poh Heng

Teo See See Teo Seng San Teo Tiong Aun Ter Kim Cheu Tham Wai Chung Linus Thong Fook Sang Albert Toh Beng Heng Toh Cheng Wan Toh Hing Wah Jairo Toh Joo Huat Tong Ming Shen Tuan Shi-Ann Li Emeline Voo Li Yin Jeanne Marie Wang Yiyu Way Suk-Yee Catherine Wee Kim Yew Arthur The Late William Mitchell Hunter Caldwell Windersalam Shanmugasundar Wong Hein Jee Lester Wong Kok On The Late Wong Mei Gin Wong Shueh Lih Shirley Wong Thien Yang Malcolm Wong Tim Meng Wong Toon Jin Woo Chee Seng Raymond Woon Cheong Ming Walter Woon Mui Lang Wuan Poh Fatt Wilson Yan Why Kee June Yassemin Md Said Yee Mei Lin Jean Yeo Chung Hwa Judy Yeo Eng How Albert Yeo Li Noi Doreen Yeo Siew Khoon Richard Yeong Wee Yong Joseph (Dr) Yogasundaram Krishnan Yong Kon Yoon Eugene Yong Li Vien Jimmy Yu Li Pin Yu Lo Si Rosy Yuen May Foong Jennifer Zaleha Tamby Zhang Ze Yi Francis

Organisations Jacob General Contractors Pte Ltd 2G Capital Pte Ltd J'Kids Amusement Pte Ltd Abwin Pte Ltd Janssen, a division of Johnson Adventra Pte Ltd & Johnson Pte Ltd Ahmadiyya Muslim Mission Joo Yong Co Pte Ltd Singapore Kembangan-Chai Chee CCC All Consultancy Pte Ltd Allen & Gledhill LLP Keppel Care Foundation Koh Kock Leong Enterprise Pte Ltd Ang Yong Guan Psychiatry Koon Teck Tng Temple Antara Koh Pte Ltd Kuan Im Tng Temple (Joo Chiat) Asia Pacific Breweries Kwan Inn Vegetarian Food (Singapore) Pte Ltd Loyang Tua Pek Kong AXA Insurance Singapore LSW Consulting Engineers Pte Ltd Pte Ltd Man Fatt Lam Buddhist Temple Baxter Healthcare (Asia) MediaCorp Pte Ltd Beach Road Prawn Noodle Metro Holdings Ltd House LLP New & Novel Engineering Pte Ltd BreadTalk Group New Creation Church Buddha Tooth Relic Temple Ngee Ann Development Pte Ltd (Singapore) NTUC Fairprice Foundation Ltd CBP Quilvest Trust Ltd OES Construction Pte Ltd Cerebos Pacific Ltd Omni Integer Pte Ltd Chong Hood Lim Association Osio Moda Pte Ltd City Developments Limited Oversea-Chinese Banking Creative Eateries Pte Ltd Corporation Limited DBS Bank Ltd Pan-United Corporation Ltd Dover Rise Ltd PAP Community Foundation Echo of Nature Pte Ltd Parkway Hospitals Singapore Ernst & Young LLP Expand Construction Pte Ltd Patent Engineering Co Pte Ltd Ezion Holdings Limited Pavilion Energy Pte Ltd Far East Flora Pte Ltd Pei Hwa Foundation Limited Fresenius Medical Care Petra Foods Limited Singapore Pte Ltd Phoh Kiu Siang T'ng Gain City Best-Electric Pte Ltd Prima Limited Geo Energy Resources PSA International Pte Ltd Limited Puat Jit Buddhist Temple Haneflex (S) Pte Ltd PwC Singapore Heineken Asia Pacific Pte Ltd QS-First Pte Ltd HILLTOP Contractor Pte Ltd Roche Singapore Pte Ltd Ho Bee Foundation Sakyadhita Hock Lian Seng Infrastructure

Sanmina-SCI Systems Singapore

SATS Ltd

Hoe Kee Hardware Pte Ltd

Hydraulic Systems Pte Ltd

Select Group Limited Sembcorp Marine Ltd Serial System Ltd Seven Seas Oil Trading Pte Ltd SF Consulting Pte Ltd Sheng Hong Temple Sia & Yeo Heavy Equipment Sin Heng Heavy Machinery Ltd Sin Hong Thai Engineering Pte Ltd Singapore Buddhist Lodge Welfare Foundation Singapore Buddhist Welfare Singapore Buddhist Youth Singapore Pools (Private) Singapore Press Holdings Singapore Technologies Engineering Ltd Spire Technologies Pte Ltd Swee Huat Heng Engineering Tampines Chinese Temple Tampines West Citizens' Consultative Committee Tan Ean Kiam Foundation The Buddhist Union The Great Eastern Life Assurance Co Ltd The Hongkong and Shanghai Banking Corporation Ltd The Sirivadhanabhakdi Foundation The Northern Trust Company The Singapore Buddhist Lodge The Singapore Contractors Association Limited (SCAL) The Sophia Foundation Limited Thomson Shin Min Foundation Thong Teck Sian Tong Lian Sin Sia Tian Kong Buddhist Temple

Toa Payoh Seu Teck Sean Tong

Our Caring Volunteers

Top Tech Electrical

Engineering Pte Ltd

Tuas Pek Kong Keng

Management Council

United Engineers Limited

International Operations, Inc

Viriya Community Services/

United Overseas Bank

United Technologies

Leong Hwa Monastery

VNJ Logistics Pte Ltd

Whizz-work Pte Ltd

WongPartnership LLP

Yio Chu Kang CCC

Community Development &

Welfare Fund Committee

Turbo One Pte Ltd

UBS AG

We are grateful to all our volunteers for giving their time and efforts to help our kidney patients lead fulfilling and meaningful lives.

Individuals who received NKF's Outstanding Award:

Anita Mui Yuen Wah San Thu Shue Lin Pak Tan Jui Ming

Organisations/Religious Groups/Educational Institutions who received **NKF's Certificate of Appreciation:**

Apac Healthcare Pte Ltd Paya Lebar Methodist Girls' Innova Junior College School (Secondary) KALL Psychological & Andy World Club Counselling Services Pte Ltd Raffles Institution (Singapore) Anglican High School James Cook University SATS Ltd SIM Psychology Society Barclays Bank PLC Masjid Hajjah Rahimabi Kebun Limau Bedok Methodist Church Singapore Institute of Mayflower Primary School Management, Bethel Community Services Human Development & Nanyang Polytechnic, School of Information Bethesda (Bedok-Tampines) Social Services Church Singapore Kindness Movement Technology Boscombe Life Centre Nanyang Technological Singapore Polytechnic **Buddhist Compassion Relief** University International St Hilda's Secondary School Tzu Chi Foundation Student Centre St Luke's Hospital Ci Yuan CC YEC Nitto Denko Asia Technical Tan Chin Tuan Foundation Centre Pte Ltd CRODA Singapore Pte Ltd Temasek Polytechnic Novo Winds Curtin Singapore NUS High School of The Northern Trust Company Deloitte and Touche

Individuals who received the National Council of Social Service 5 Years Long Service Award:

Mathematics and Science

OOCL (Singapore) Pte Ltd

Hwa Chong International

School

Abdul Ghafar Bin Ahmad Hanidah Binti Mohammad Ong Teck Lam Alan Leo Gomez Ho Ying Cheng Rayman Fu Wai Keung Ang Lay Eng Irene Teo Thuan Mian Roger Wong Leng Hoe Angie Lim Suh Ting Jermaine Quek Chin Ping Sam Bee Yong Aye Aye Thin Katherina Chew Hui Mun Selamat Bin Haji Ahmad Chia Meng Choon Kelvin Sing Loong Kuan Sharon Seah Choo Liang Danny Kwan Sai Hoe Khaireen Supaat Simon Neo Teck Koon Eber Christian Charles Tiruchelvam S.A. Durai Meda G. Laureta Noraidah Bte Ahmad Vincent Khoo Han Whatt Foo Sheue Hui Oh Siew Hoe Freddie Tay Hui Lin

NKF has made every effort to ensure accuracy of the information. We apologise should there be any omissions or errors.

NKF is able to cover all administrative overheads through government grants, rental income and interest income.

Mr Soon Hong Teck, Chairman, NKF Audit Committee

OVERVIEW OF FINANCIAL RESULTS FOR THE YEAR ENDED 30 JUNE 2014

		FY 2013/14	FY 2012/13	Variance
		S\$′000	S\$′000	S\$ ′000
Dialysis and Prevention Services	Income	36,440	33,421	3,019
(Net of patients' subsidies and inclusive	Expenses	(57,048)	(51,422)	(5,626)
of MOH Subvention)	Results	(20,608)	(18,001)	(2,607)
Donations and Grants (Operations)	Income	35,268	27,843	7,425
	Expenses	(2,512)	(1,915)	(597)
	Results	32,756	25,928	6,828
Administrative Costs	Expenses	(9,452)	(8,791)	(661)
Rental	Income	970	973	(3)
Sundry	Income	29	65	(36)
Surplus from Operations		3,695	174	3,521
Investment	Income	3,407	7,040	(3,633)
	Expenses	(518)	(1,048)	530
	Results	2,889	5,992	(3,103)
Donations (Capital Items)	Income	807	445	362
Total Surplus for the year		7,391	6,611	780

From this year, the full set of audited financial statements is available at www.nkfs.org to save on printing costs as well as care for the environment.



Overall result for FY 2013/14 was a surplus of \$7.4 million made up of operating surplus of \$3.7 million, investment income of \$2.9 million and donations for capital items of \$0.8 million.

Compared to last financial year,

- 1. Deficit from dialysis was higher due to increase in the number of haemodialysis patients and higher subsidies to patients. At the end of June 2014, patient number was 2,672, higher by 6% or 154 patients.
- 2. Surplus from donations and grants was better by \$6.8 million largely due to higher grants of \$8.4 million which was offset by lower donations of \$1.6 million.
- 3. Administrative costs were higher due to increased headcount to cope with higher level of operations. Inflation also accounted for higher costs.
- 4. Donations for capital items were \$0.4 million higher due to increase in donations for purchase of dialysis machines.
- 5. Lower investment income of \$3.1 million was due to excess funds being placed in fixed deposits in 2014 versus funds placed in external mandates in 2013 which generated better returns.

Overall result for the year of \$7.4 million surplus was \$0.8 million better than last year's surplus of \$6.6 million.

Our Benevolent Dialysis Centre



Thanks to our caring sponsors, NKF has been able to set up dialysis centres across Singapore, providing convenience and easy access to kidney patients living or working in the heartlands.

Dialysis Centres

Hong Leong – NKF Dialysis Centre Blk 102, Aljunied Crescent, #01-265, Singapore 380102

Ang Mo Kio 1

Japan Airlines - NKF Dialysis Centre Blk 17, Ang Mo Kio Ave 9, #03-01, Singapore 569766

Ana Mo Kio 2

Western Digital - NKF Dialysis Centre Blk 633, Ang Mo Kio Ave 6, #01-5155, Singapore 560633

Ang Mo Kio 3

Pei Hwa Foundation - NKF Dialysis Centre Blk 565, Ang Mo Kio Ave 3, #01-3401, Singapore 560565

Singapore Pools - NKF Dialysis Centre Blk 27, New Upper Changi Road, #01-694, Singapore 462027

NTUC Income - NKF Dialysis Centre Blk 103, Bukit Batok Central, #01-237, Singapore 650103

New Creation Church - NKF Dialysis Centre Blk 274, Bangkit Road, #01-54, Singapore 670274

Clementi

NKF Clementi Dialysis Centre Blk 326, Clementi Ave 5, #01-175, Singapore 120326

Woh Hup – NKF Dialysis Centre Blk 1, Ghim Moh Road, #01-358, Singapore 270001

NKF Hong Kah Dialysis Centre Blk 536, Jurong West St 52, #01-497, Singapore 640536

Hougang 1 Singapore Buddhist Welfare Services – NKF Dialysis Centre Blk 114, Hougang Ave 1, #01-1298, Singapore 530114

NKF Hougang – Punggol Dialysis Centre Blk 628, Hougang Ave 8, #01-108, Singapore 530628

Sheng Hong Temple -NKF Dialysis Centre Blk 744, Jurong West St 73, #01-19, Singapore 640744

Tay Choon Hye – NKF Dialysis Centre 81 Kim Keat Road, Singapore 328836

Pasir Ris

Tampines Chinese Temple -NKF Dialysis Centre Blk 180, Pasir Ris St 11, #01-06, Singapore 510180

Insurance and Financial Practitioners Association of Singapore (IFPAS) -NKF Dialysis Centre Blk 201, Serangoon Central, #01-30, Singapore 550201

Kwan Im Thong Hood Cho Temple -NKF Dialysis Centre Blk 101, Simei St 1, #01-892, Singapore 520101

Tampines 1

National Trade Union Congress/ Singapore Pools - NKF Dialysis Centre Blk 935, Tampines St 91, #01-333, Singapore 520935

Wong Sui Ha Edna – NKF Dialysis Centre Blk 271, Tampines St 21, #01-99, Singapore 520271

Teck Whye

Leong Hwa Chan Si Temple – NKF Dialysis Centre Blk 113, Teck Whye Lane, #01-666, Singapore 680113

Singapore Airlines – NKF Dialysis Centre Blk 225, Toa Payoh Lor 8, #01-54, Singapore 310225

Upper Boon Keng

Sakyadhita – NKF Dialysis Centre Blk 19, Upper Boon Keng Road, #01-1220, Singapore 380019

Woodlands 1

Thong Teck Sian Tong Lian Sin Sia -NKF Dialysis Centre Blk 825, Woodlands St 81, #01-30, Singapore 730825

NKF Woodlands Dialysis Centre Blk 365, Woodlands Ave 5, #01-490, Singapore 730365

Toa Payoh Seu Teck Sean Tong -NKF Dialysis Centre Blk 203, Yishun St 21, #01-239, Singapore 760203



The heart represents the love, warmth and joy you bring to needy kidney patients.

It is because of your compassion and selfless giving that our patients are able to have life and hope.



The National Kidney Foundation • Annual Report 2013/14

81 Kim Keat Road, Singapore 328836

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Fax: (65) 6299 3164 www.nkfs.org



NKF Singapore



