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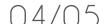
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Engine I is in the short term – what we want to continue doing in NKF but doing it better and doing it a lot more efficiently. But we cannot just rely on Engine I.We need to focus on Engine 2, which is the medium- to long-term strategy to arrest the disturbing trend of kidney disease through upstream education and prevention.

# Soaring together for a better future

## Message from our Chairman & CEO

Overcoming the Covid-19 pandemic has posed a colossal challenge for everyone. At NKF, with dialysis patients at greater risk due to their weaker immune systems, our 1,000-strong team has spared no effort in ensuring that they continue to receive uninterrupted and safe dialysis treatments and care. Since the start of the pandemic in early 2020, we ensured delivery of around 1.5 million life-saving dialysis treatments for well over two years. We pay tribute to all staff for their selfless sacrifices, dedication and commitment during this tumultuous time. While we are deeply saddened to have lost some along the way, we have emerged stronger and more resilient to better serve dialysis patients in future crises. We are also immensely grateful to you for standing by us and with us. Your care and contributions have gone a long way in ensuring our dialysis patients' safety and well-being.

With kidney failure cases rising at an alarming pace in Singapore, we see a "kidney tsunami" coming. About six people are diagnosed every day, a three-fold increase from two decades ago. More than 300,000 people suffer from chronic kidney disease, with possibly more due to undiagnosed cases. NKF has over 5,300 dialysis patients – about 60% of the total dialysis patient population in Singapore. Diabetes remains one of the leading causes of kidney failure, and Singapore has one of the highest diabetes prevalence worldwide. If diabetes and other chronic diseases are not kept under control, daily kidney failure cases could hit 20, or even 30 cases in a few decades.

To shape the longer-term plans of NKF, the Board and Management came together to envision the future of NKF. Our vision, *Future Forward 2030*, encompasses a two-engine strategy – like any aeroplane, it performs better when it has two engines. One is in the short term – what we want to continue doing in NKF but doing it better and doing it a lot more efficiently. We want patients to take ownership of their health and we strive to empower them to take charge of their health through self-care. We have to make sure that our patients are open to having dialysis treatment not only in the dialysis centres, but also at home. We need to train them and make sure our medical staff are well trained. We need to focus on the mental well-being of not only patients, but also their family members.

To ensure better integrated care, we have set up a dialysis centre, situated within a community hospital. Our new dialysis centre, located at Yishun Community Hospital and adjacent to Khoo Teck Puat Hospital, is the first of its kind that comes with a peritoneal dialysis (PD) clinic. It offers a unique shared care model that provides fully integrated and seamless dialysis care for both haemodialysis (HD) and PD patients. The partnership with hospitals also ensures that our patients enjoy continuity of care through connected networks of healthcare teams, information flow and treatment care plans. Our PD shared care model, which is offered at the PD clinic in the dialysis centre, better supports patients who choose PD as their preferred modality of treatment. This includes sharing of patient care between NKF and the hospital nephrologists, patient and caregiver education, and respite care.

We have to make sure that we have a cost structure that is sustainable to continue what we are doing and, at the same time, be responsible to all our stakeholders and for your donations. That is Engine 1.

But we cannot just rely on Engine I. We need to focus on Engine 2, which is the medium- to long-

term strategy for NKF to arrest the disturbing trend of kidney disease. We need to focus on upstream education and prevention - working with the community at large, schools and our partners in the healthcare ecosystem, to help people understand the importance of a healthy lifestyle. Our community outreach strategy is centred on the young, families and seniors, as well as the high-risk groups, to prevent the disease from happening in the first place. Other than raising Singaporeans' awareness of kidney health through a diversity of public education activities, we have also started to focus on facilitating the partnerships between different care providers and community partners, so as to better integrate primary care and specialised renal care. The CKD (Chronic Kidney Disease) Intervention Programme that NKF initiated is in line with the Healthier SG strategy that the nation will be implementing gradually. Not only does the programme help atrisk groups detect any signs of disease early and take prompt actions through a kidney health screening, it also facilitates effective referrals and follow-up care through building partnerships with various clinics. With greater targeted intervention, it will be more effective and timely in ensuring that Singaporeans can detect early warning signs of kidney disease.

We also need to focus on innovation in treating kidney disease to better serve our patients, and do it in a very cost-efficient way. We can do this because we have the data, information and background of patients to work together with the community at large. Crucially, we need to continue practising good corporate governance. In this regard, we are honoured to have received the Charity Governance Award and Charity Transparency Award 2022, which is an endorsement of our efforts in these areas to put us in good stead towards achieving our shared vision for 2030.

With these goals in mind, our expenses are expected to rise in the coming years as we continue to serve and do more. Therefore, we will press on with our fundraising efforts with your support, in a responsible way. We want to keep costs to a minimum while still ensuring that we provide the best care to our patients.

It takes a whole-of-society approach to address this "kidney tsunami" problem, and we need your collaborative partnership to sustain our holistic kidney care programme and enhance our preventive efforts to help build a healthy, caring and resilient society.

Thank you, once again, for believing in NKF and what we do, and for your continued and unwavering support.



Chairman

Chief Executive Officer

# Broadening our horizons

for endemic Covid-19 living

During the Covid-19 pandemic, NKF spared no effort in ensuring kidney failure patients continued to receive safe and crucial life-saving dialysis treatment and care in an uninterrupted way. Since early 2020, the whole 1,000-strong NKF team worked tirelessly and steadfastly over a period of well over two years and delivered around 1.5 million dialysis treatments. We are grateful to all our supporters who stood by us during these challenging times to serve our patients well and for continuing to journey with us as we move towards endemic Covid-19.

# Serving as a National Dialysis Centre to Care for All Dialysis Patients

While we remained agile in providing uninterrupted dialysis treatment to our patients at all our dialysis centres, we continued to stretch ourselves to support Covid-19 dialysis

centres, we continued to stretch ourselves to support Covid-19 dialysis patients from different dialysis providers. When there was a shortage of slots in the national dialysis centres, NKF staff turned things around quickly to

Over 2,800 dialysis treatments carried out to support Covid-19 dialysis patients nationally

patients from different dialysis providers. When there was a shortage of slots in the national dialysis centres, NKF staff turned things around quickly to treat patients in their original dialysis centres and even responded selflessly to the call to serve on their nonworking Sundays and operate special dialysis shifts, so that no Covid-19 dialysis patient was left out.



During the peak of Covid Omicron variant in February 2022, with 20,000 to 30,000 infected cases daily in the community, a total of 712 NKF dialysis patients were infected with the virus. NKF's designated national dialysis centre worked tirelessly to deliver 950 dialysis treatments within 28 days.

# Safeguarding Patients with Stringent Safety Measures

We continued to calibrate our safety measures in accordance with the Ministry of Health's guidelines to ensure that our infection control measures remained at the highest standard, and that we were quick to adjust to the necessary changes to processes, procedures and the work environment to ensure continuity of care for our patients.

# Ensuring Continuity of Patients' Care Needs through Telecare and Telemedicine

We continued to reach out to patients through telemedicine and telecare as and when needed, while we progressively resumed with face-to-face care and consultation so that patients' care needs are not disrupted. NKF's team of doctors, nurses and allied health professionals continued to journey with patients by adopting this hybrid approach in providing allround quality care to meet patients' medical, nutritional and psychosocial needs in these extraordinary times.

# 1.5 million

Total number of life-saving dialysis treatments delivered over a period of well over two years during the pandemic

# **46%**

Almost half of our patients, 2,012 of them, had been infected with the virus, and we were saddened to lose 57 lives despite our all-out efforts to safeguard them

# \$500,000

To tide patients and family members through difficult economic times of the pandemic, about half a million dollars worth of food vouchers were provided

# 303

Total number of volunteers mobilised at dialysis centres islandwide to assist with in-centre duties and render care. We are deeply grateful for their compassion and dedication. "At the time when the Covid-19 situation was constantly evolving, as an infection control nurse, we were always on high alert to get the situation under control and plan for worstcase scenarios, so as to minimise infection risk to patients and staff within the dialysis centres."

Ms Faezah Binte Mohamad Adam, Nurse

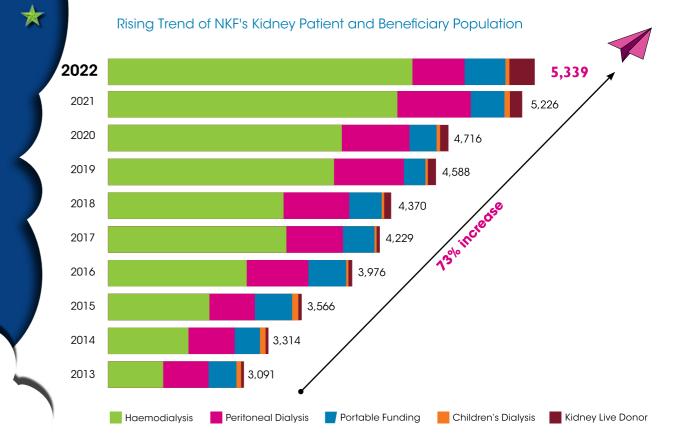
"You cannot control what life throws at you, good or bad. But you can control your attitude towards what happens to you. Meditation, my family and peer support are my guiding light, helping me to stop worrying about things I cannot control."

Mr Shashitharen Ambalaka, who has been practising mindfulness meditation on a daily basis after his stroke attack, which helps to clear his mind. In the absence of the regular physical interaction brought about by the Covid-19 situation, we reached out to patients who may be at risk of social isolation and loneliness, and kept them engaged for their physical and mental well-being by initiating a Mindfulness Meditation Support Group.

"Every day was a challenge. I have had to plan, coordinate and make sure that my team and I were able to deliver vital medical supplies to the dialysis centres."

Mr Nor Azhar Othman, who is part of the logistics team





#### Total Programme Cost to Support Patients and Beneficiaries

	Total Number of Patients and Beneficiaries		Programme Costs (\$'000)			
Programmes	As at 30 Jun 2022	As at 30 Jun 2021	Variance (%)	Year ended 30 Jun 2022	Year ended 30 Jun 2021	Variance (%)
Haemodialysis	4,406	4,302	2%	120,652	107,792	12%
Peritoneal Dialysis	516	593	-13%	1,507	1,210	25%
Portable Funding	309	246	26%	3,864	2,756	40%
Children's Dialysis (including funding to Children's Kidney Centre)	9	11	-18%	1,707	943	81%
Kidney Live Donor	99	74	34%	100	90	10%
				127,830	112,791	13%
Patient Welfare				9,569	7,438	29%
Total	5,339	5,226	2%	137,399	120,229	14%

# Taking treatment to full potential

While we continue to work tirelessly to provide sustainable treatment to kidney patients under our care, we doggedly strive to take treatment to its full potential and drive greater impact with our existing core functions. These functions include: empowering and enabling our dialysis patients and their families to lead lives with better quality; constantly reviewing our processes and operational efficiency to ensure we have enough manpower and resources to run our dialysis centres; and enhancing our integrated care to better meet the diverse needs of patients

Our network of 40 purpose-built dialysis centres islandwide, Children's Kidney Centre at the National University Hospital (NUH) and portable funding scheme support patients who choose haemodialysis (HD), which is done at the community-based centres. For patients who opt for Peritoneal Dialysis (PD), our PD Community Support Programme enables them to carry out the treatment by themselves at home. NKF's Kidney Live Donor Support Programme supports patients and kidney donors for kidney transplant, which will help to turn patients' lives around.

A total of 5,339 patients and beneficiaries – up by 113 compared to the last financial year – benefitted from our various dialysis services. The total cost of providing dialysis, medication and auxiliary services amounted to \$137.4 million, a 14% increase.

Of the \$9.6 million in patient welfare subsidies, \$8.3 million went towards transport subsidies for bus, train, taxi, ambulance, van and dialysis escort assistance expenses for needy patients who require special transport services to and from dialysis centres.





## Caring for Haemodialysis Patients

We provide affordable, quality in-centre dialysis to kidney failure patients at our 40 community-based dialysis centres located islandwide, and they are cared for by 754 dedicated medical and allied health professionals and support staff, who provide them with quality treatment and care. A total of \$120.7 million was spent on treatment and all-round care for the financial year.

#### Striving for Quality Outcomes with Haemodiafiltration

In our relentless pursuit for better patient outcomes, NKF provides another form of dialysis called haemodiafiltration (HDF). Studies show that HDF, a process similar to HD, can reduce cardiovascular (heart disease) mortality, has better stability of blood pressure during dialysis and reduces some of the long-term complications due to dialysis. We equipped another six more dialysis centres with HDF machines, up from two previously. Altogether, there are 16 HDF machines to benefit patients.

#### Improving the Lives of Patients on Nocturnal Dialysis

Unlike regular four-hour dialysis sessions during the day, nocturnal dialysis takes place at night while the patient sleeps and typically lasts for seven to eight hours a session. As dialysis hours are longer, this results in better health outcomes for patients.

Achieving Excellent Clinical Outcomes in Haemodialysis

# 99%

patients achieved desired outcome of  $Kt/V \ge 1.2$ . Fractional clearance of urea (Kt/V) is one key indicator for measuring dialysis adequacy

## 94%

patient survival rate in the first year

## 93%

Profile of Haemodialysis Patients

Race

Gender

Female

44%

Others

3%

Male

56%

Indian

7%

Age

≥61

67%

Malay

32%

≤60

E

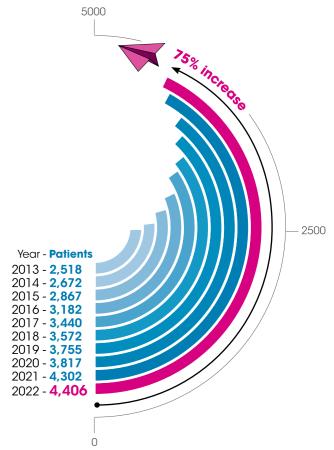
33%

Chinese

58%

patients achieved Hb level of  $\geq 10$  gm/dl. Improving patients' haemoglobin level results in better physical tolerance and quality of life

#### **Rising Trend of Haemodialysis Patients**



## 12/13

# 40 dialysis centres ensuring accessibility & availability



#### Our Strategy for Capacity Building

While doing our upstream work to prevent individuals from having kidney disease and delay progression of kidney disease, NKF works closely with the Ministry of Health and community partners to increase capacity to meet the growing demand for dialysis. NKF builds new dialysis centres in strategic locations with the goal of ensuring that no needy kidney patient is deprived of affordable dialysis. In addition, NKF increases capacity in a cost-efficient manner by adding more dialysis stations through enhanced space design of existing dialysis centres that undergo retrofitting as part of the cyclical maintenance to upkeep patient safety. Being in the heartlands, we are able to engage residents through outreach initiatives for better kidney health.

# 878

total number of dialysis stations

5,268 patient capacity \$2.3 million

to upgrade and replace medical instruments and equipment

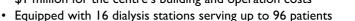
#### Co-location with Community Hospital for Integrated and Seamless Continuity of Care

NKF envisages the need to continue providing haemodialysis centres, in view of the current demand for places in the community. These haemodialysis centres can be better synergised with other healthcare institutions. Through the close and collaborative partnership between Yishun Community Hospital (YCH), Khoo Teck Puat Hospital (KTPH) and NKF, the dialysis centre we established at YCH is the first to offer integrated and seamless dialysis care for both haemodialysis and peritoneal dialysis patients under one roof. This helps to better manage patients' diverse needs through connected networks of healthcare teams, information flow and treatment care plans, with the aim of enhancing the quality of patients' lives.

#### Our New Dialysis Centre

#### NKF Dialysis Centre Supported by Man Fatt Lam Buddhist Temple @ 105 Bedok North

- Started operations in November 2021
- Made possible with a generous \$1 million contribution from Man Fatt Lam Buddhist Temple and its kind help to raise another \$1 million for the centre's building and operation costs





NKF Dialysis Centre Supported by San Wang Wu Ti Religious Society @ 27 New Upper Changi

- Expanded patient capacity by 32% from 19 to 25 dialysis stations, serving up to 150 patients
- Made possible with a generous \$2 million donation from San Wang Wu Ti Religious Society towards the retrofit cost



Patients who pass the means test but cannot be admitted to NKF's haemodialysis programme – due to their multiple medical complications – are provided with subsidies to receive treatment at private dialysis centres through our Portable Funding. We also provide subsidies for patients dialysing at private dialysis centres while they wait for a suitable dialysis slot to be available at NKF through our Enhanced Portable Funding.





\$3.9 million subsidies given out 309 beneficiaries



## Helping to Improve Young Patients' Quality of Life at Children's Kidney Centre

NKF continues to play a vital role in supporting the Children's Kidney Centre (CKC) to help children and young persons with kidney disease and ensure none of them fall through the cracks. Our support for a variety of treatments related to their kidney disease has helped ease the financial burden of having not only a lifelong chronic condition, but also the added complexity of childhood onset with its implications on growth and development through the following ways.

- Offers both HD and PD options which is important, as changes in dialysis modality do not require them to seek treatment at another place. As these young children require lifelong dialysis treatment, the support also helps the parents, especially where there are insufficient resources for MediShield premiums which would aggravate the family's financial difficulties.
- Focuses on chronic kidney disease management to not only provide medications for the treatment of the primary disease, but also to prevent long-term medical, physical and psychosocial complications as well as increasing disease burden and healthcare costs as they reach adulthood, so that they will be able to have a better quality of life and similar opportunities as their peers.

## \$1.7 million funding for Children's Kidney Centre and





- Alleviates the cost of a transplant to help relieve the financial burden on the parents. These parents are also often financially "sandwiched" as they have to provide for the siblings of the patients and also their own elderly parents who might be dependent on them, leaving limited MediSave balance for themselves.
- Helps those who have or are at risk of developing diabetes through programmes that support prevention, such as the insulin pump programme. Patients who have developed drug-induced diabetes as a result of their transplant are also well-supported.

## Making Peritoneal Dialysis and Other Modalities Viable Alternatives

NKF's PD Community Support Programme provides home-based holistic support to help PD patients manage their treatment well at home. Nurses make regular home visits to help patients prepare and adapt to PD, ensure a PD-safe environment, as well as provide continuous support whenever they have issues coping with PD at home. A total of 387 home visits were made to support patients on PD.

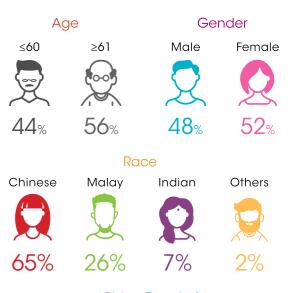
#### Unique PD Shared Care Model Gains Momentum

A shared care model offered at the NKF PD clinic - which we piloted in partnership with Khoo Teck Puat Hospital and Yishun Community Hospital continues to gain momentum to better support patients who choose PD as their preferred modality of treatment. PD services provided include post-PD catheter insertion flushing, PD training, initiation and maintenance home visits, investigation to check on dialysis adequacy and peritoneum membrane characteristic, medication administration and exit site care. Both hospital and NKF-based nephrologists, nurses, social workers, dietitians and allied healthcare professionals ensure patients' holistic care. The model also allows for more seamless flow of medical information through an integrated electronic system and shared responsibility for quality control. The PD clinic can serve up to 30 PD patients a month. About 145 patients - through a total of around 480 visits - have benefitted from the clinic's services since it started operations in December 2020.

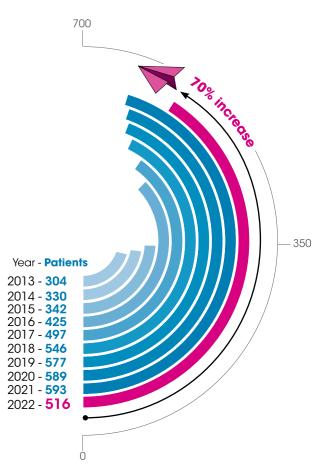
#### PD Support Group

Since its establishment, the PD Support Group has helped equip patients with better health literacy, alleviate psychosocial issues, and enable community bonding amongst patients and staff. Naming themselves as "PD Warriors", the group leaders produced videos and engaged the hospitals for presentations. With this collaboration, they aim to reach out to more patients, especially the pre-dialysis patients. The group mainly meets online due to Covid-19 restrictions. 67 patients have benefitted from the PD Support Group.

#### Profile of Peritoneal Dialysis Beneficiaries



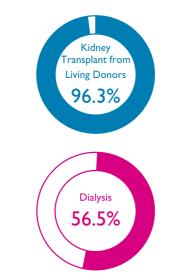
#### Rising Trend of Peritoneal Dialysis Beneficiaries



## Promoting Kidney Transplant – The Best Solution

Kidney transplant is one of the treatment options for kidney failure. However, many people are not familiar with kidney transplant and harbour many misconceptions about it, such as the low success rate for most kidney transplant surgeries, the body being very weak after the surgery, the recipient not being able to work or take care of their families, and kidney transplant being very expensive as compared to dialysis. NKF continues to debunk these myths by sharing information about kidney transplant and discussing the possibility of going for a kidney transplant with patients and their caregivers.

Kidney transplant is the best treatment option for kidney failure as the newly transplanted kidney can almost completely replace the lost functions of the failed kidney, allowing the patient to live life normally. With advanced technology being used in kidney transplant surgeries, the success rate of a kidney transplant in Singapore is high. With proper care and diet and timely medications, one can lead a perfectly normal life after a kidney transplant. A patient who receives a kidney transplant can enjoy a better quality of life and longer life expectancy than those dependent on dialysis. Compared to the costs of a lifetime of thrice-weekly dialysis, the one-time cost of undergoing a kidney transplant is a better choice. 5-Year Patient Survival Rate



Source: Singapore Renal Registry Annual Report 2021

NKF's Kidney Live Donor Support Fund encourages more living donors to donate kidneys to their loved ones through the provision of financial assistance for lowerincome patients.

99 applicants have received support since the inception of the Fund.

"It was without hesitation that I would donate my kidney to my mum, she sacrificed her health and life to raise me up to who I am today. My mum is the woman who gave me life. I would do it all over again just to give her a kidney."

> Mr Mohamed Helmy, 29, who gave his mother a new lease of life

# Building for the full

For the past 11 years, kidney failure patient Mr Muhammad Izzad Aman had to juggle between thriceweekly dialysis sessions and his school and work commitments. The effects of his medications and treatments, frequent hospitalisations and accidents had caused him to lose his jobs.

Yet, amidst the difficulties, Izzad remained positive and motivated to learn and pick up important skills. He grabbed every job opportunity as it came along. Now, at 29, he works as a private hire driver.

He looks forward to spending more time with his wife, Ms Nur Sharmin, whom he married in 2021. Despite learning of his diagnosis, Sharmin has been supportive of him and remains by his side through thick and thin since they were friends in their teenage years. The couple continues to overcome the many challenges that come their way together. To support their family and dreams of having children eventually, both husband and wife work hard to obtain dual income and savings. With the quality treatment and care that I receive, I can keep improving, work hard in my job and stay positive. The subsidies from NKF also help me save a bit, and it will help us build a family in the future.



The good treatment helps me to stay active so that I can continue to lead a simple yet purposeful life. I count my blessings.

With nocturnal dialysis, I feel more fresh, more energetic and healthier. I have lesser diet restrictions and can drink more fluids.

# Feeling revitalised and energetic

In 2021, Mr Muhammad Alwi, 34, had to undergo dialysis after being diagnosed with kidney failure. About a year later, he switched from conventional haemodialysis to nocturnal dialysis because he was told that the slower therapy - due to its extended duration - results in less fluctuation in blood pressure and less stress on the heart. There are also less side effects like giddiness and cramps. Having to do overnight therapy while he sleeps also gave him a sense of assurance of being able to hold a full-time job during the day and provide for his family.

Since Alwi started these longer sessions, he feels much livelier. His phosphate and fluid levels have improved, which reduces his chances of developing bone disease. In the daytime, he is able to concentrate better in his job as a project engineer in construction, as well as spend more time with his family.

Living life fullest to the



Mr Anthony Low, 81, has been on haemodialysis at NKF for the past six years. He switched to haemodiafiltration (HDF) in 2021 as he is medically suited for it and had learnt of its benefits. HDF is a type of dialysis treatment which improves middle molecules clearance, in addition to removing small molecules.

Mr Low has been doing well on this therapy. He has a zest for life and keeps himself physically active and mentally alert. The father of two and grandfather of four continues to work in logistics planning, a job he has held for more than four decades. He moves around independently, drives himself to the dialysis centre for his thrice-weekly dialysis sessions, does grocery shopping and has regular fellowship with his church friends. He strives to stay productive and lead a fulfilling life as much as he can.

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PD gives me more flexibility. I'm able to work and do the things I enjoy, like travelling, playing musical instruments and art, which I find therapeutic. I'm living a happy and meaningful life.

# Towards better living and healing



Ms Katharina Seng, 59, chose peritoneal dialysis (PD) because it is a painless procedure, as no needling is required. She is able to carry out her treatment effectively and conveniently in the comfort of her home and with the support of her husband, without the need to travel to a dialysis centre for thrice-weekly haemodialysis. She can also save on travelling time and cost.

With PD allowing her to enjoy a flexible lifestyle, she is able to work part-time at a clinic. It also gives her the opportunity to travel abroad, and she has visited countries like Malaysia and Australia. Her PD solution, which she requires for her treatment, is delivered to her hotel room for her convenience. Being artistically inclined with a passion for music and art, she is also able to spend quality time playing the Chinese flute, tongue drum and piano, as well as do watercolour and acrylic painting. These activities enable her to express her feelings and emotions for wellness and healing.

Katharina is a member of NKF's PD Support Group, where she finds friendship, encouragement and support from fellow PD patients. They share their life experiences with one another, which helps them in their rehabilitation journey. She is living her life purposefully with a positive mindset and looks forward to many more fulfilling years ahead.

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# A selfless act ofhumanity

It all stemmed from Madam Norhayati Mohd Ali's desire to give her brother-in-law, Mr Roslan Bin Saydeh, his life back. Roslan was diagnosed with kidney failure in 2017. Then 57, he was constantly in pain and agonising over his fate. Roslan's younger brother, Mr Mohd Taufik, was originally supposed to give him his kidney as he was a suitable match. But before the transplant

> could take place, Roslan had to undergo an angioplasty due to a heart condition. He recovered six months later after a successful surgery. As fate would have it, Taufik, who needed to go for a re-test, was found to have a high blood sugar level and it was risky for him to undergo a transplant operation.

In the midst of uncertainties and trepidation, Norhayati, then 39, gallantly stepped forward to offer her kidney to Roslan. She was found to be a suitable match and the successful transplant took place on 15 January 2020. Norhayati and Roslan are thankful that they are able to benefit from NKF's Kidney Live Donor Support Fund, which helps defray the cost of post-transplant expenses like medical check-ups and medication.

If your loved one is suffering from kidney failure and you know you can give, why not? You are giving

someone a chance to have a

Madam Norhayati, who gave her brother-in-law the gift of life

better quality of life.

by donating her kidney to him

Roslan is doing well with proper care, diet, regular screenings and timely medication. For Norhayati, she has resumed her normal routine as a homemaker and continues to take care of her family's needs, especially that of her five young children. She hopes that her gift of life will spur others on to come forward to give their kidney to those in need.

Mr Roslan, who is enjoying a new lease of life after the kidney transplant





# Holistic Care for Dialysis Patients

The burden of kidney failure carries significant financial impact on patients and their families, as dialysis is a long-term care. Dialysis patients, more often than not, have to quit their jobs or reduce their work hours or responsibilities after starting dialysis. Financial stress will further lead to many psychological issues such as anxiety and depression, and loss of self-esteem may manifest. Much research have shown us that psychosocial care is equally critical to medical care and rehabilitation, and the lack of it can be detrimental.

NKF's Integrated Care Team (ICT) – made up of renal doctors and nurses working hand in hand with other allied health professionals such as social workers, clinical psychologist, dietitians, therapists and exercise specialists – takes on a multidisciplinary, patient-centric approach to provide continuum of care. In partnership with the patient, caregiver and next-of-kin, the team helps to ensure seamless, effective and efficient care, so that the whole spectrum of a patient's health needs from prevention to the end of life is met.

### Empowering Patients through Self-Care 🥔

Many studies have shown that self-care is an imperative tool in engaging and empowering patients, especially in the long-term care and chronic diseases setting. Once patients are allowed to make autonomous decisions and embrace proactive self-care behaviours such as monitoring their conditions independently, following doctor's prescription and advice, eating right and exercising when appropriate, their treatment outcomes are likely to improve. NKF introduced a selfcare component as an essential part of its integrated care approach to empower dialysis patients to take



ownership of their long-term dialysis care journey and manage their dialysis treatment and its associated complications.

Training is conducted to teach patients to monitor their blood pressure and blood sugar levels at home, practise infection control through hand and access site hygiene, and prepare supplies required for the treatment sessions.

#### Know Right Start Right Programme

Our Know Right Start Right (KRSR) is a pre-dialysis education programme targeted at patients in the advanced stages of chronic kidney disease. Through collaboration with restructured hospitals and community partners, the increased awareness and continuous support provided by NKF can help ease patients into their preferred treatment regime and the number of unplanned/emergency dialysis will be reduced. 86 patients and caregivers attended KRSR webinars.

### NKF Kidney Resource Group 🧼

NKF Kidney Resource Group on our Facebook is focused on providing useful information and resources relating back to general kidney health and nutrition tips for our patients and caregivers. It is also a platform to gather all our renal friends together to help raise awareness of chronic kidney disease (CKD) and promote healthy living to people of all ages, as well as generate discussion among members of this group on information posted. The group has more than 220 members.

#### Patient Experience Survey

We take every feedback seriously so that we can improve and provide better care. A patient experience survey was conducted to gain insights into patients' overall experience and perception. This will help us to further enhance their care journey for better clinical outcomes. 89%
Good patient experience in dialysis care
91%
Trust in dialysis treatment
91%
Willing to recommend NKF to potential patients

A 10-point scale was used and the above are percentages of patients surveyed who gave a rating of 7 to 10.



#### Life@DC

Through our programme Life@DC, NKF's multidisciplinary teams and community partners support patients to build an empowering community from the ground up – for patients and by patients. At the core of Life@DC is the creation of a warm and inclusive community with a "kampong spirit", which is built on a strong foundation of care for one another; a communal space for patients to gather and make it their own; the forging of strong bonds and social integration through meaningful and engaging therapeutic activities; and the sharing of cherished moments and celebration of key occasions together. Activities and outings are co-led and co-driven by Patient Buddies, exemplary individuals who spend valuable time and effort in crafting suitable activities for their fellow patients. This endeavour has garnered the participation of over 50 patients so far.

"I am appreciative of the monthly food rations and vouchers for daily essentials, which have helped me out of a tight financial situation."

Mr Sulaimi Mohamed Sapari, who is benefitting from the Enhanced Grains of Hope programme



"It's not easy for patients with kidney failure to find work. This is a good chance for me to slowly adapt to working again and pick up F&B and customer service skills. I now have more

confidence in myself."

Mr Desmond Chua, who works as a barista at NKF's Kaki Corner, where beverages are served with donations going towards kidney patients

#### Enhanced Grains of Hope Programme

NKF's Enhanced Grains of Hope is a home intervention programme helmed by volunteers to support needy patients by delivering basic food provisions and sundries, and providing emotional and mental support during their home visits on a monthly basis. The programme supports 35 patients who are socially isolated, lack a strong support system in caregiving or lack access to health and social-related entities, with the end objective of helping them re-connect and re-integrate into the community through the help of volunteers.

# Patient Employment Rehabilitation Programme

This programme, sponsored by the Kwan Im Thong Hood Cho Temple, helps patients find suitable employment. Patients are given support to increase their employability – with the training provided to upgrade their skills – and are referred to external hiring partners. Within NKF, patients are engaged to provide services on a contract-for-service arrangement. A total of 16 patients attended relevant training programmes to find jobs and 14 patients reintegrated into the workforce and regained a sense of self-worth and dignity. "At first, I was worried that coffee-making might be a difficult skill. But the training and supervision given to me since I joined Kaki Corner in January 2022 have made me grow in confidence and strengthened my self-belief.

# I am looking forward to the upcoming internship."



Mr Thomas Pang, who has benefitted from working as a barista at NKF's Kaki Corner

I've been walking with a limp due to the pain in my knee. Thanks to the exercise specialists who quided me with the proper exercises, my knee condition gradually improved and the pain is gone."

> n Mariana Mahat. who benefitted from the exercise programme

#### **Occupational Therapy**

NKF's Occupational Therapy (OT) programme provides assessments and interventions to help patients perform day-to-day activities, allowing them to maintain essential roles in their lives and prevent falls. OT's scope also includes caregiver training, equipment prescription, lifestyle and home modifications, as well as tapping on the available and appropriate funding and resources for needy patients. 1,619 patients benefitted from OT while 104 nurses benefitted from OT training. We had a 100% success rate for 13 NKF-assisted cases for HDB's Enhancement for Active Seniors (EASE) home modification programme.

#### **Exercise Care Plan**

Multiple exercise platforms such as home-based care plans, tele-classes, exercise counselling and in-centre group classes have been carried out by our exercise specialists to provide a holistic exercise approach for dialysis patients. 1,219 patients benefitted from the individualised home-based exercise care plan while 93 patients regularly attend in-centre and virtual classes to improve muscle strength and balance.

## Supporting Clinical Research and Medtech

NKF has been registered as a Research Institution with the Ministry of Health since June 2021, an important milestone towards our strategic thrust in Research. We are also now a party of the Public Sector, Master Research Collaboration Agreement (PS MRCA). The PS MRCA helps to simplify, standardise and encourage collaborative research and activities based on terms and conditions in the main MRCA, thus easing collaborations with Public Health Institutions (PHI). Since its inception, we have worked with various academic and tertiary institutions on diverse research. These include:

#### Nurse-led 8 points lung ultrasound (LUS)

This project was piloted in collaboration with one PHI at one of our dialysis centres to examine the effects of dry-weight titration guided by 8 points LUS on ambulatory blood pressure. We aim to replicate this at all our dialysis centres.

#### Retinal Image-based Deep Learning Algorithm (DLA) for Detecting Chronic Kidney Disease (RetiKid)

The Singapore Eye Research Institute (SERI) developed and validated DLA by utilising retinal images and data from a large population-based study in Singapore (Singapore Epidemiology of Eye Diseases [SEED]) and two more independent datasets in Singapore and China. We collaborated with SERI for this two-tothree year project that started in February 2022 at our Chronic Kidney Disease (CKD) clinic for targeted high-risk groups, with the aim to further validate RetiKid for detecting clinically significant stage 3 and above CKD.

#### **Diet Counselling and Intervention**

Dialysis patients need to modify their diet intake to meet nutrition goals according to their health condition. A team of nine dietitians provided nutrition counselling face-toface and teleconsultation to our patients, so that they can make appropriate her advice, my protein and



dietary choices and positive behavioural changes towards eating right. 3,044 patients with nutrition-related problems received timely diet counselling and intervention while 1,908 malnourished patients benefitted from high energy and/or high protein oral nutrition supplements.

As Yap Dan Ni, vho benefitted from the diet counselling

'I received good support

from my dietitian and

appreciate the diet

counselling. By following

haemoglobin levels have

improved.

Overall, I now feel much

better than before."



# Reducing Progression of Chronic Kidney Disease

Even if "prevention is better than cure" is an old adage that is commonly brought up, it is still a wise strategy. Shifting the focus of renal care to preventive strategies is not only a stopgap, it can also solve the root problems. To curb the rising problem of kidney diseases, NKF remains strongly committed in our efforts to strengthen the upstream work. While NKF provides dialysis treatment and care to kidney failure patients, our greater mission is to prevent or delay any person from being afflicted with kidney failure through our preventive care model. This includes broadening its support network for early CKD intervention and management and



continuing to redouble efforts to educate as many people as possible about chronic kidney disease, kidney failure and its debilitating effects. We encourage people, from the young to the elderly, to lead a healthy lifestyle and actively reach out to targeted high-risk groups such as family members of dialysis patients. We reached out to 167,337 people through various onsite and online platforms.

"... I would like to commend the good work of NKF in helping to support those with chronic kidney disease. It remains vital to Singapore. **Moving** forward, NKF will have an important role in our Healthier SG strategy to improve health outcomes and better manage chronic diseases through preventative care. I look forward to our continued partnership in the years to come."



Targeted Intervention and Early Detection

#### Initiating a Chronic Kidney Disease (CKD) Intervention Programme

As it is crucial that kidney disease is discovered early so that treatment can be initiated to better manage the condition and prevent progression to kidney failure, NKF has started a CKD intervention clinic programme at the NKF Centre that focuses on high-risk groups, that is, those with hypertension, diabetes, of certain high-risk ethnicities and family members of dialysis patients. These groups can avail of one-stop services like free health screening, consultation by dietitians, guidance on exercise programmes by exercise specialists and referrals to partner clinics for treatment intervention. By fostering collaborative partnerships with different care providers and community partners, primary care and specialised renal care are also better integrated to help prevent CKD and decelerate progression of kidney failure.

#### Collaborating with Various Malay/Muslim Organisations

Working with mosques and community partners, NKF jointly organised hybrid health forums and placed kidney health resources across the zones. Starting with the East, the first forum was in conjunction with Ma'al Hijrah, the Islamic New Year, to encourage the community to make a fresh and healthier start. The next was conducted in commemoration of Maulidur Rasul to address hypertension, diabetes and kidney failure, and encourage the community to be both physically and spiritually healthy. The remaining sessions were held in line with World Kidney Day and the panel discussed how participants with chronic conditions can better prepare for the



coming fasting month and better manage their condition to prevent kidney disease. Through the collective efforts, 13,540 people were reached.





"Looking at the worrying trend of kidney diseases and related chronic diseases among our Malay/Muslim community, such community outreach programmes will help increase awareness within our community. I personally encourage more organisations to take on such health forums as the messages can be easily understood and are beneficial for our community."

> Ustaz Muhd Ridzwan Bin Abdul Manaþ Head of Community Engagement Darul Aman Mosque

FORWARD >>>

## The Path Towards a Healthier Nation

#### Schools

Together with our school partners, we organised virtual assembly talks and learning journeys at our Kidney Discovery Centre, with the aim of empowering students with take-home tips that they can share with their family. 85,000 students and educators participated in our kidney health education activities.



"The content was appropriately pitched at the students' level and the delivery was engaging and effective. Both the students and I gained a better understanding of the process of haemodialysis and peritoneal dialysis through the videos. **More importantly,** we picked up important tips on how to take good care of our kidneys."

Mrs Lim Woon Foong HOD Science, School of Science and Technology, Singapore



"Thanks for the informative and well-executed experiential learning lesson for my students. The most impactful segment was the sharing by your patient on her dialysis experience and her resilience in the face of adversity. **My students had not only learnt content knowledge, but also the unmeasurable objectives of education. I applaud NKF for the amazing work that you are doing!**"

Mrs Chu-Lam Non Har School Staff Developer, Dunman High School

"Very informative and well presented. I learned so much in this talk and am motivated to live healthier."

Ms Verina Goh Student, Ang Mo Kio Secondary School

"I feel that the patient story helped develop empathy in the students as it was an authentic scenario. Also, the models of the dialyser allowed students to be more aware of the equipment used during dialysis."

FORWARD >>

Madam Jocelyn Chew Teacher, Anglican High School

#### Kidney We Care Movement and Champs VIA

Change agents would be how we best describe the many students that answered the call to make a difference in their community by raising awareness of kidney disease to their peers and community. Since its launch in January 2021, 10 Kidney We Care groups reached over 5,000 of their peers and 5,000 NKF patients – from social media campaigns and student-led booths, to collaborating with a local gourmet company to develop dialysis-friendly cookies for patients. Another 11 groups of students participated in NKF's Champs Values-in-Action Programme this year to show patients the support of the community, by putting together care packs for the dialysis centres in their vicinity.



#### 7-Day No Sugary Drinks Challenge Charity Drive

Into its fifth year running, the 7-Day No Sugary Drinks Challenge Charity Drive is specially curated to target the youths and encourage healthy dietary habits from an early age. It also inculcates in them the values of compassion and empathy for others through acts of service. Students were encouraged to replace sugary drinks with plain water and money



saved from giving up of sugary drinks was donated to NKF to help needy kidney patients. The fundraising feat reached out to over 18,000 students from 18 educational institutions between I July 2021 and 30 June 2022. A total of \$29,087 was raised with expenses amounting to \$3,407. "After recognising the prevalence of kidney failure in Singapore, we became interested to help patients and encourage our peers to take preventive measures.

Our team also plans to expand the outreach through self-made educational videos to spread important information about kidney health. Hopefully, we can target younger audience on other popular platforms such as TikTok and YouTube."

Ms Kellie Ng, Ernest Ng and Ryan Kaw KWC X SUTD Project Renal

"We are grateful to have this opportunity to work with NKF on this, and really appreciate the support we have gotten throughout the entire project. This process has undoubtedly been enriching and fulfilling, and we have gained so much from it."

Ms Sarah Tay and Sandra Tay KWC Project H2K Members

#### "Through this activity (7-Day No Sugary Drinks Challenge Charity Drive), our students gained greater awareness about the harmful effects of consuming too much sugar and how that may lead to obesity and kidney failure.

They also put the values of resilience and compassion into action when they abstained from sugary drinks and donated their pocket money. It is a very meaningful initiative and we are happy to have taken part in it."

Mr Muhammad Amin Mokhtar Health Education Coordinator, Mee Toh School

#### Community

Creating a healthier nation is an achievable goal if we work together. To do our part in raising kidney health awareness in the community, we established a collaborative framework with GP Clinics to place brochures and posters at their premises, enabling the community to find the resources they would need from the places they seek medical help from. Our resources can now be found at 33 GP Clinics.

NKF also collaborated with the National Library Board to organise talks and displayed haemodialysis and peritoneal dialysis exhibits at the public libraries. For greater community engagement and awareness on kidney health, selected dialysis centres were opened on Sunday to engage the community. Working with our community touchpoints, 86,691 people were reached as we sought to make access to preventive kidney health resources easily available in the community as we worked towards the move to the new normal.





#### Community Outreach Day 🧼

Community Outreach Day kicked off at our dialysis centre in Clementi on 9 January 2022, with the aim of providing a one-stop centre of care and support on kidney health and kidney disease prevention to the general public. They were able to ask questions and gather more information through our nursing team and outreach ambassadors. Interactive activities, dialysis centre tours and health talks were conducted. To keep the momentum going, this outreach event was also organised at our dialysis centres in Toa Payoh West, Woodlands and Ang Mo Kio,

engaging a total of 331 participants thus far. The community outreach days will continue at other dialysis centres all year round in our efforts to motivate the community to take proactive steps to maintain a healthy lifestyle.

#### Kidney We Care Health Forums

Kidney We Care Health Forums were organised to leverage the digital platform. A total of eight sessions were organised throughout the year. The virtual forums were one of our solutions to engage the community as we moved towards the start of endemic living. It also allowed us to bring experts together. Health Forums such as "Motivasi Ramadan" (conducted in Malay) and "Am I at Risk for Kidney Disease" (conducted in English and Mandarin) were held on 22 and 27 February 2022. Healthcare specialists in primary care, renal



care and dietetics covered topics that included: managing

to he an Di or pu in

topics that included: managing chronic diseases to keep kidneys healthy, importance of kidneys and symptoms of kidney disease, and lifestyle & nutrition tips to stay healthy. In partnership with Darul Makmur Mosque, about 1,900 people joined us live or online for "Motivasi Ramadan". Another 600 members of the public tuned in online for the Health Forum on 27 February for an informative session, spurring them on to lead a healthier lifestyle.

#### Kidney We Care: Let's Revolutionise!

The second edition of Kidney We Care: Let's Revolutionise! (KWCLR) was held from 28 February to 13 March 2022. The charity event, helmed by over 200 volunteers, urged the nation not to sugar coat the silent killer – kidney failure – and raised funds. Over 40 virtual activities comprising a plethora of engaging workshops and activities such as photography, calligraphy, pastel nagomi art, cooking demonstrations, virtual escape room and



around-the-world virtual tour were organised. Members of the public were also encouraged to cook healthy meals and stay active through #CookWithKWCLR and #JamWithJon challenges on our Instagram page @kwc. letsrevolutionise. The event raised over \$88,000 for our patients.

#### Race Inspired!

The second edition of our virtual sports event -Race Inspired! was held from 18 March to 7 April 2022. With the strong support from about 1,200 participants of all ages, including corporate and community partners, as well as Ministers and Members of Parliament (Minister Ong Ye Kung, Minister S Iswaran, Senior Minister of State Chee Hong Tat, Minister of State Gan Siow Huang, Senior Parliamentary Secretary Eric Chua and Member of Parliament Poh Li San), Race Inspired! helped raise greater awareness on kidney failure and motivated the community to take proactive steps to maintain a healthy lifestyle. A total distance of 86,821km was achieved and \$348,713 was raised to benefit kidney failure patients, with expenses amounting to \$38,637.



With the accessibility and digitalisation of our resources on our website, it's easy to learn all about kidney health and how to lead a healthy lifestyle. And as part of our ongoing efforts to enhance the navigation experience, we launched our chatbot, where web users can chat with K-Buddy to get answers to their queries about NKF, kidney health, dialysis treatment and more.







"My heartiest congratulations on the excellent inaugural issue of Renal Outlook!

The publication is the result of the close partnership between NKF and renal professionals from institutions across Singapore. It reflects the strong sense of common purpose among the renal care community and its unwavering commitment to preventing renal disease and its progression, and to high quality, holistic care of our patients. Renal Outlook is therefore an important platform that highlights and shares insights and evidence on key aspects of renal care that will be relevant for a broad

> spectrum of health professionals and beyond."

Prof Tan Chorh Chuan Executive Director MOH Office for Healthcare Transformatic



### Driving Innovation in Renal Care



NKF recognises the need to work collectively and in a concerted way to advance renal care in Singapore through continued education and research. Our inaugural issue of our renal publication titled Renal Outlook, is a collaborative effort with peers and colleagues to cover a broad range of clinical and educational topics along the entire scope of renal care. It

provides content that is relevant to, and reflective of, the growing diversity of the renal care community, and serves as an important platform for knowledge sharing among healthcare professionals and partners in primary care and specialised renal care.

The multidisciplinary insights in this annual publication will play a vital role towards the development of many excellent programmes and initiatives to help prevent chronic kidney disease and slow down the progression of kidney failure.

## Improving Quality and Efficacy of Renal Care

Accreditation for Clinical Nursing Education

NKF received accreditation for Clinical Nursing Education from the Singapore Nursing Board (SNB) for six dialysis centres in June 2022 for a three-year period. We have 207 preceptors, two clinical instructors and two nurse educators, as well as a work instruction and policy procedure manual to support students' learning and achievement of learning objectives. These will help create a valuable learning and clinical experience through reflection and challenge traditional approaches; develop a comprehensive and structured analysis of performance with better outcome of care; empower nurses to improve the processes and change current practices in delivery of care that ensure the service provided meets or exceeds the quality healthcare standards; heighten teamwork, staff satisfaction and morale; and provide recognition on the quality and effectiveness of clinical sites that facilitate nurses' clinical learning. Constantly striving towards quality and holistic nursing care will lead to better treatment and rehabilitation outcomes for patients.





### Giving Time, Touching Lives through Volunteerism

#### Volunteers Continue to Uplift Patients' Lives

The fight against Covid-19 is still not over. While NKF frontliners continue to battle on to ensure the health and safety of our patients, we are truly blessed to have a group of volunteers and partners who journeyed with us throughout the two-year pandemic. From taking on advocacy work through the spreading of kidney health awareness on social media platforms and at their own physical premises, to rallying those around them to help fundraise or put together care packs for our patients, the influx of kindness and warmth never ceased. These gestures truly exemplify the importance of volunteers and community support in helping us ensure the best possible care for our patients.

## Rising Up Together with Our Volunteers

NKF's foundation has been built upon a solid base of dedicated volunteers. Into the 15th year of our volunteering programme, Circle of Hearts, we believe it is now apt for a team of volunteer leaders to rise up and inject fresh ideas and perspectives into our programme, so as to bring forth a new era of volunteerism in NKF. Embarking on this monumental journey in the formation of a Volunteer Committee are Ms Pratibha Kurnool, Chairperson of the Volunteer Committee and CSR Champion from Cognizant, and Dr Tim Xu, Vice-Chairperson of the Volunteer Committee and Assistant Professor at Singapore Institute of Technology. Together with seven other committee members from various professions and backgrounds, they will execute and oversee volunteer-related activities alongside our Volunteer Management Team to propel Circle of Hearts to the next level and further NKF's vision of Giving Life & Hope.



"River Valley High School (RVHS) is very grateful for the opportunity to work with NKF this year. This experience has allowed our students to be more aware of the diverse needs of the community, as well as come up with innovative ways to make meaningful and sustained contributions to society. Our partnership with NKF has empowered our students as they renew their commitment to the community beyond school, thus strengthening unity and service amongst their peers in **RVHS** who collaborate on the same project, as well as in the

larger community."

Ms Khaw Kai Yim, 34 Subject Head, Student Leadership (JC) River Valley High School "A dialysis centre is not the first place that comes to mind when you think of volunteering. However, I have a soft spot for dialysis patients who, more often than not, fall prey to kidney failure due to uncontrolled diabetes.

My grandfather has been fighting the battle with diabetes for nearly two decades now. He has to be careful with his food intake and takes his insulin daily. I wanted to help others who were going through this journey as well, bringing joy where I can and lending a hand where I am able to."

#### Mr Chu Yuan, 22

Student, National University of Singapore and Dialysis Centre Volunteer, who contributed 22 volunteering hours

#### "It is truly heartening to know that in spite of the ongoing pandemic, we still have so many people and communities rallying behind us.

For me, I just do what I can within the best of my ability to repay the kindness we have been receiving – by being open about my personal journey as a kidney failure patient and hoping that they will learn more about the disease and not fall prey to it."

Mr Mohamad Faizal Bin Kamaruddin, 43 Patient Volunteer who contributed 24 volunteering hours

#### "Pastel Nagomi Art is a therapeutic art form that can be enjoyed by people from all walks of life.

Through Kidney We Care: Let's Revolutionise!, we created artworks centred around healthy food, active lifestyle and kidneys. Not only were we able to share our talents and skills in pastel nagomi art for a meaningful cause, we also gained insightful knowledge about kidney health through volunteering for this event.

The opportunity to volunteer our services to NKF was an enriching experience for all of us. Thank you NKF for having us!"

Pastel Nagomi Artists

caring volunteers who have continued to journey with us during the pandemic

## Charting New Frontiers in Fund Sustainability

# Being Innovative to Enhance Efficacy in Fundraising

It became even more evident that during a crisis like Covid-19, we needed to acclimatise quickly to the evolving situation. The challenges posed made us reevaluate our fundraising and engagement programmes and initiatives from a different angle, by re-configuring existing approaches and creating new avenues. By thinking out of the box and encouraging creativity beyond the norms, we were able to leverage the opportunities presented to introduce new events and enhance our existing fundraising and engagement programmes, so as to continue meeting the evolving needs of our patients.

While we continue to adapt new fundraising strategies, LifeDrops continues to be one of our major sources of donations where donors give conveniently through automatic recurring deductions. This method of giving helps keep our fundraising expenses low, with the savings going towards helping more needy patients. \$13 million was raised through LifeDrops, contributing to 53.3% of the overall donations.

Fundraising expenses amounted to 12.5% of the total funds raised, well below the 30% as stipulated by the Charity Regulations.

With our strong partnerships, NKF will continue to build a robust giving ecosystem and provide kidney patients with affordable quality dialysis treatment and holistic care.

#### NKF Charity Golf 2021 - Swing for Hope

NKF organised our inaugural Charity Golf on 24 September 2021, at the Tanah Merah Country Club, Tampines Course. Flights were sold out and 104 golfers teed off in good spirits. A total of \$599,803 was raised through this event to provide subsidised dialysis treatment and holistic care for NKF patients, with expenses amounting to \$71,753.

# About 90 cents

of every dollar donated went directly towards patient care

"I've seen for myself how patients suffer by having to undergo dialysis treatment for the rest of their lives. Long-term support is therefore crucial to ensure the continuity of dialysis treatment and care for them. I'm glad to do my bit through my monthly giving to provide artificial kidneys (dialysers) for needy kidney patients."

Ms Sandra Song Lee Giok







#### NKF Charity Dinner 2022

In conjunction with NKF's 53<sup>rd</sup> Anniversary, we organised our firstever hybrid charity dinner on 27 May 2022 at Shangri-La Singapore. Mr Lawrence Wong, Deputy Prime Minister and Minister for Finance, graced the event as the Guest-of-Honour. Over 400 guests and sponsors attended the dinner physically and virtually. Through this event, a total of \$1,009,239 was raised towards providing subsidised dialysis treatment and holistic care for patients, with expenses amounting to \$120,317.



#### NKF eShop – Shop with a Heart

Launched in 2020, the NKF eShop is an alternative e-commerce and retail platform to help shoppers find their special gifts while doing good at the same time. Sales proceeds are channelled towards providing subsidised dialysis treatment and holistic care for patients. The eShop also provides our generous donors with an alternative



way of giving back, through the sponsorship of their products and services. For the financial year, we engaged more than 20 new partners and raised \$12,796 through a variety of curated sales on the platform. Household favourites such as the returning Christmas Market and Chinese New Year 'Huat! Huat! 2022', along with the newly introduced Stay Home Essential Sale provided our shoppers with thoughtful gift options for these special occasions.

#### Vesak Day Charity Drive

With the support of Buddhist temples and other supporters, \$80,270 was raised through outright donations, physical donation box placements and online donation platforms to benefit our patients, with expenses amounting to \$1,275.

#### Dialysis Machine and Chair Sponsorship

400 caring donors contributed \$1.67 million to sponsor new medical equipment including 74 new dialysis machines and 26 dialysis chairs to benefit our patients at various dialysis centres. As one machine or chair can benefit six patients, over 600 needy patients are benefitting from the generous gifts. In recognition of their kind contributions, naming plates were mounted on the medical equipment.

"Helping the needy in the community is something that my brother and I always wish to do, and we are glad to continue our father's legacy of sponsoring dialysis machines to benefit needy kidney patients."

Mr Leo Lee Director of Prime Commodities Trading Pte Ltd



# Corporate governance

#### Roles and Responsibilities of Board of Directors

The Board acts in the best interests of NKF, with the aim of improving the quality of care for patients who are afflicted with kidney disease and raising awareness of kidney disease prevention. It also ensures there are adequate resources for the operations and programmes of NKF, and that such resources are effectively and efficiently managed; there are processes in place to ensure NKF complies with all applicable laws, rules and regulations; and there is an appropriate code of conduct, which upholds the core values of NKF and its processes.

Day-to-day management of NKF is delegated by the Board to the management team headed by the Chief Executive Officer (CEO). Initiation and changes of new key programmes and activities, as well as significant transactions require the approval of the Board. The Board also reviews and approves the annual budget prepared by the management.

Board members are expected to avoid actual and perceived conflicts of interest. Where Board members have personal interest in business transactions or contracts that NKF may enter into, or have vested interest in other organisations that NKF has dealings with or is considering to enter into joint ventures with, they are expected to declare such interests to the Board as soon as possible and abstain from discussion and decision-making on the matter. Where such conflicts exist, the Board will evaluate whether any potential conflicts of interest will affect the continuing independence of Board members and whether it is appropriate for the Board member to continue to remain on the Board.

The Board has also ensured that NKF is in compliance with requirements in Financial Reporting Standards (FRS) and the Code of Governance for Charities and Institutions of a Public Character (IPCs).

#### Board Governance

The Board is governed by terms of reference with clearly defined scope, authority, duties and responsibilities, including matters pertaining to succession planning, composition and conduct of meetings. The Board strives to ensure that Board members, as a group, have core competencies in areas such as accounting and finance, business and general management, communications, healthcare, human resource, law, medicine, strategic planning and technology, and that it incorporates a degree of diversity. All Board members must be independent. Independence refers to not having any family, employment, business and other relationships with NKF, any related companies or their officers that could interfere, or be reasonably perceived to interfere with the exercise of the Board member's independent judgment made in the best interests of NKF. The CEO is an ex-officio non-voting member of the Board and attends all Board meetings. In addition, other members of management are invited from time to time to attend and make presentations at Board meetings.

The Board believes that there should be a good balance between board size, gender mix and diversity of expertise, so that the Board will be able to offer objective and quality viewpoints to ensure NKF is well governed and managed effectively. The selection and appointment of Board members are overseen by the Nomination Committee based on the terms of reference established, including the size of the Board and the term limits. As at end of the financial year, the Board had 14 members, none of which has served more than 9 years running. All Board members are volunteers and are not remunerated. In addition, Board evaluation is carried out annually for assessment of its effectiveness and to drive improvement, as appropriate.

#### Key Corporate Governance Initiatives

NKF is committed to lawful and ethical behaviour in all our activities and requires that our Board members, employees, volunteers and consultants conduct themselves in a manner that complies with all applicable laws, regulations and internal policies. There are documents that communicate and govern ethics of our Board members, Board Committee members, employees and volunteers. In keeping with this commitment and NKF's interest in promoting open communication, NKF has complied with the Code of Governance for Charities and IPCs. NKF's Governance Evaluation Checklist for the period I July 2021 to 30 June 2022 can be viewed at the Charity Portal www.charities.gov.sg.

NKF has a Whistle Blowing Policy which was updated in March 2021 to provide greater clarity on the whistle blowing criteria and the reporting channels. The updated Whistle Blowing Policy is publicly available on our website and provides accessible channels to the Chairman of the Board, the Chairman of the Audit & Risk Committee and the Internal Auditor for the reporting of any serious concerns, unlawful activity or any unethical behaviour that could have a negative impact on NKF. All cases reported would be kept confidential to the extent possible to allow thorough investigation.

#### **Risk Management Practices**

Integral to delivering the strategic NKF outcomes, a rigorous risk management process is defined and articulated by the four lines of defence, namely policies and practices, controls and assurance, audits, and oversight by the Audit and Risk Committee and NKF Board. A dedicated Risk Management Department provides regular updates to the Audit and Risk Committee and NKF Board so that they have a transparent line of sight and communication with the NKF Management.

### A Testament of Good Governance

NKF received these awards, which endorse our efforts in practising good corporate governance. They serve as a vital catalyst and place us in good stead towards achieving our shared vision of *Future Forward* 2030.





QQ NKF strives to ensure high standards of corporate governance, accountability and transparency, as well as maintain open communication with our beneficiaries, donors and partners. Having a strong and robust governance framework underpins our commitment to providing quality, affordable and sustainable dialysis for patients. It also ensures our long-term vision for NKF, which focuses on upstream education and prevention of kidney disease to benefit the larger community. Mr Arthur Lang, Chairman of NKF

NKF team (from left): Assoc Prof Abdul Razakjr Bin Omar, Board Director; Mr Tim Oei, CEO; Mr Arthur Lang, Chairman; Ms Wong Su-Yen, Board Director; Assoc Prof Mak Yuen Teen, Chairman of Nomination Committee; and Prof Ho Yew Kee, Board Director



Mr Arthur Lang (left), Chairman of NKF, receiving the Charity Governance Award from Mr Edwin Tong, Minister for Culture, Community and Youth & Second Minister for Law on 9 November 2022

# Board of directors



Chairman Mr Arthur Lang, PBM Group Chief Financial Officer Singtel Meetings attended: 3



Member Prof Chan Choong Meng

Deputy Group Education Director, SingHealth Campus Educator Director, Singapore General Hospital Senior Consultant, Department of Renal Medicine, Singapore General Hospital Meetings attended: 2



Merry Koh Managing Partner Allen & Gledhill LLP Meetings attended: 3



Member Assoc Prof Abdul Razakjr Bin Omar Cardiologist, Senior Consultant & Medical Director Specialist Care Group Meetings attended: 2



Member Ms Choo Oi Yee Chief Executive Officer ADDX Meetings attended: 2



Mr Benjamin Lee Managing Director Providentia Wealth Advisory Ltd Meetings attended: 3

NKF Board Meetings Held: 12 November 2021 11 February 2022 17 June 2022



Member Mr Ang Hao Yao, CFA Private Investor Chairman, Credit Counselling Singapore Meetings attended: 3



Prof Ho Yew Kee Associate Provost (SkillsFuture and Staff Development) and Professor of Accounting Singapore Institute of Technology Meetings attended: 2



Morrison Ms Lee Huay Leng Editor-In-Chief, Chinese Media Group SPH Media Ltd Meetings attended: 3



Member Mr Bennett Neo Chief Executive Officer Saigon Beer-Alcohol-Beverage Corporation (till 10 Sep 2021) Meetings attended: N.A.



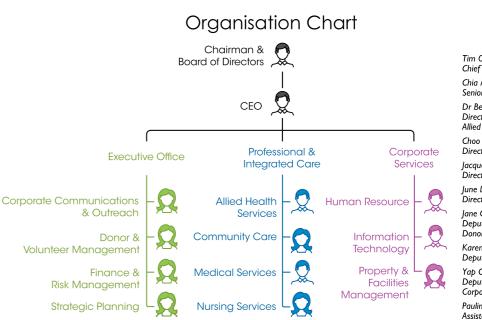
Member Ms Shirley Wong Managing Partner TNF Ventures Pte Ltd Meetings attended: 3



Member Mr Ng Boon Yew BBM, BBM(L) Executive Chairman Raffles Campus Group Meetings attended: 3



Member Ms Wong Su-Yen Founder and Chief Executive Officer Bronze Phoenix Pte Ltd Meetings attended: 3



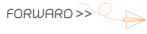


Member Mr Alvin Ong Chief Information Officer Nanyang Technological University Meetings attended: 3



Member Prof Yaacob Bin Ibrahim Advisor, Office of the President and Director, Community Leadership and Social Innovation Centre (CLASIC) Singapore Institute of Technology Meetings attended: 3

Tim Oei Chief Executive Officer Chia Miang Yeow Senior Director, Corporate Services Dr Behram Ali Khan Director Allied Health Services & Medical Services Choo Thong Tiong Director, Information Technology Jacqueline Hoo Director, Finance & Risk Management June Lim Director, Property & Facilities Management Jane Guo Deputy Director Donor & Volunteer Management Karen Liew Deputy Director, Strategic Planning Yap Chai Kian Deputy Director Corporate Communications & Outreach Pauline Tan Assistant Director, Nursing Services Zarina Binte Yusof Assistant Director, Community Care



#### 7 Committees to Cover Key Areas of Management

NKF has 7 committees to assist the Board in covering key areas of management and improving our oversight of management and accountability to stakeholders. All committees have written terms of reference, which are approved by the Board. Minutes of committee meetings are provided to the Board.

#### Audit & Risk Committee

The Audit & Risk Committee (ARC) assists the Board in ascertaining integrity in financial and non-financial information presented to members, regulators and the general public and a robust risk management system for the Foundation through adequate policies, adoption of strong ethical code of conduct and maintenance of a strong control environment. ARC is also responsible for reviewing the work and independence of both the external and internal auditors.

#### Finance Committee

The Finance Committee reviews the financial performance of NKF on a monthly basis and reports the results to the Board on a quarterly basis. Its functions include annual review of operating and capital expenditure budget and forecast and recommends, as appropriate, to the Board for approval; review of guarterly financial performance against budget and previous year as well as review and approval of Finance policies and procedures. It also reviews and approves all extra-budgetary expenditure beyond the delegated management authority. In respect of extra-budgetary expenditure that is beyond the delegated authority of the Finance Committee, it makes the appropriate recommendations to the Board for approval. The Committee also oversees the Tender Committee.

#### Chairman Prof Ho Yew Kee

Members Dr Daniel Chia Mr Gregory Tan Ms Tan Peck Joo Ms Wan Mei Kit

Committee Meetings Held: 15 July 2021 21 September 2021 26 January 2022 I I April 2022

#### Committee Meetings Held: 18 August 2021 28 January 2022 18 May 2022

CFA (from 24 Oct 2021)

Mr Hui Choon Kit Mr Koh Poh Guan Ms Susan See Tho Mr Marc Lo (from 15 Jan 2022)

#### Members

Chairman

Mr Ng Boon Yew

Mr Ang Hao Yao

BBM, BBM(L)

(till 23 Oct 2021)

#### Fundraising Committee

The Fundraising Committee reviews and ensures that NKF has the appropriate policies and procedures to comply with the Charity Council's Code of Governance in respect of fundraising practices; strategises and spearheads all fundraising programmes and activities on a yearly basis; and helps raise awareness and garner support for financial and other assistance needed by the Foundation.

#### Human Resource Committee

The Human Resource Committee (HRC) reviews and advises NKF on HR strategies, policies and key HR programmes supporting NKF's strategic thrusts and priorities.

#### Investment Committee

The Investment Committee recommends, for approval by the Board, (a) the investment policy to meet with the investment objectives of NKF; and (b) suitably qualified external fund managers (FMs) to implement the approved investment policy. Where external FMs are appointed, the Committee also monitors, assesses and reports periodically to the Board the performance of the appointed external FMs, and advises on matters relating to investment administration.

#### Chairman Mr Benjamin Lee (till 14 Nov 2021) Ms Choo Oi Yee

Committee Meetings Held: 27 October 2021 10 February 2022 3 June 2022

#### (from 15 Nov 2021) Members

Ms Jennifer Bay Mr Chris Chiu Mr Wong Joo Seng

Mr Jerry Koh

Committee Meetings Held: 29 September 2021 25 April 2022

#### Mr Henry Liew Mr Tan Kim Kwang Ms Zarina Piperdi

Chairman

Members

Chairman Committee Meetings Held: Ms Choo Oi Yee 20 September 2021 (till 14 Nov 2021) 17 January 2022 Mr Ng Boon Yew 25 April 2022 BBM, BBM(L) (from 15 Nov 2021)

#### **Members**

Mr Peter Michael Heng (till 28 Feb 2022) Ms Laura Kho (from 15 Jan 2022) Ms Regina Lim Mr William Mak (from 15 Jan 2022) Ms Tng Kwee Lian (till 28 Feb 2022) Ms Zheng Wanshi

FORWARD >>



#### Nomination Committee

The Nomination Committee reviews the size, structure and composition of the Board and Board committees, succession plans for the Board, Board Committees and that of the CEO, as well as the competencies, independence and time commitment of directors. It also initiates the search for new directors and recommends new directors and existing directors for reappointment to the Board, as well as reviews the proposed appointment of committee members. It also reviews the process and tools for evaluating Board, Committee and individual director performance. The Committee's recommendations are subject to Board approval, and the appointment of members to the Nomination Committee and its terms of reference are approved by the Board.

Chairman

#### Assoc Prof Mak Yuen Teen

Members Mr Arthur Lang Ms Wong Su-Yen

Committee Meetings Held: 21 December 2021 I March 2022

Committee Meetings Held:

17 September 2021

25 January 2022

18 April 2022

#### **Reserve Policy**

NKF's Reserve Policy aims to ensure that it maintains strong and healthy fund ratios to support its ongoing operations and strategic initiatives. The policy applies to the general funds that are freely available for operating purposes in order to ensure long term sustainability and excludes endowment, restricted and designated funds.

The target level of reserves is set at least 5 years equivalent of net annual operating expenditure. NKF regularly reviews and manages its reserves to ensure optimal fund structure, taking into consideration its future fund requirements, fund efficiency, projected income and operating cash flow.

Our current year reserves of \$386 million are adequate to fund 2.2 years of projected annual operating expenditure, 0.2 years lower than last year. Annual operating expenditure, for the purpose of the Statement of Reserves, represents the total gross annual expenditure of the Foundation adjusted for inflation and projected capacity increases.

Based on the net annual operating expenditure which takes into consideration projected income from dialysis treatment, NKF's reserve coverage at 5.9 years was 0.2 years lower than last year and above the Board's target of 5 years.

# **Reserves Policy Statement**

in \$\$'000	Current Year (as at 30 Jun 2022)	Previous Year (as at 30 Jun 2021)	Increase/ Decrease
General Fund (Reserves)*	385,820	393,552	-2%
Restricted & Designated Funds	34,802	37,699	-8%
Total Funds	420,622	431,251	-2%
No. of Years Reserves Coverage of Annual Operating Expenditure	2.2	2.4	-0.2
No. of Years Reserves Coverage of Net Annual Operating Expenditure	5.9	6.1	-0.2

\*Restated to include deferred income to fund future expenditures.

#### Technology Committee

The Technology Committee provides expertise and advice on the strategic adoption of technology and major technology-related projects as enablers of the Foundation's purpose; reviews the annual IT budget and to ensure budget compliance; and provides oversight for the identification and management of IT risks, including cybersecurity risks.

## Chairman Mr Alvin Ong

Members Mr Chai Chin Loon

Assoc Prof Terence Tang Mr Christopher Yeo

# Financial statements

Overview of financial results for the year ended 30 June 2022

	FY 2021/22 \$\$'000	FY 2020/21 \$\$'000	Variance S\$'000
Charitable Activities Income related to Dialysis (Net of patients' subsidies of \$7.9 million for FY 21/22 and \$8.3 million for FY 20/21) Expenses related to Dialysis	50,805 (137,399)	46,023 (120,229)	4,782 (17,170)
Deficit from Dialysis	(86,594)	(74,206)	(12,388)
MOH Subvention	54,685	50,429	4,256
Less Expenses related to Education & Prevention	(1,336)	(1,559)	223
Deficit from Charitable Activities	(33,245)	(25,336)	(7,909)
This is funded by: Donations - LifeDrops Donations - Others Fundraising Expenses	13,039 11,402 (3,043)	13,145 10,371 (2,386)	(106) 1,031 (657)
Total Donations Deficit from Operations after Donations	21,398 (11,847)	21,130 (4,206)	268 (7,641)
Government Grants Rental Income Sundry Income Administrative Expenses	29,919 1,160 768 (14,163)	22,560 1,148 374 (12,055)	7,359 12 394 (2,108)
Total Surplus from Operations	5,837	7,821	(1,984)
Investment and Interest Income (Net of fees)	(14,174)	13,410	(27,584)
Total Surplus/Deficit for Financial Year	(8,337)	21,231	(29,568)

The full set of audited financial statements is available at www.nkfs.org to save on printing costs as well as care for the environment.

- 1. FY2021/22 was a challenging year with rising demand in dialysis services, acute manpower crunch in the community care sector and inflationary cost pressures. Despite the challenges, the Foundation maintained our cost of services to patients and grew our patient intake.
- 2. Unfaltering support from donors and government coupled with prudent spending, the Foundation kept the administrative costs within 9% of operating costs and achieved a marginal operating surplus of \$5.8 million in FY2021/22.
- 3. Amidst volatile financial market and geopolitical tensions during FY2021/22, the Foundation's investment portfolio valuation recorded a loss of \$14.2 million, largely attributed to credit and yield risks. Although the cumulative investment loss narrowed down to \$4.3 million since inception, the Foundation persisted in active management to navigate market uncertainties.
- 4. Ending the financial year with a total deficit of \$8.3 million, the Foundation recognises the challenges ahead to be operationally and financially astute for our patients. In times of need like this, the Foundation remains committed to delivering accessible and affordable care to NKF patients.

Annual Expenditure	\$157.4 million		
Dialysis	\$137.4 million (87%)		
Administrative	\$14.2 million (9%)		
Fundraising	\$3.0 million (2%)		
Education & Prevention	\$1.4 million (1%)		
Investment Fees	\$1.4 million (1%)		

Annual Income	\$149.1 million		
MOH Subvention	\$54.7 million (37%)		
Dialysis Income (Insurance claims & fee collection)	\$50.8 million (35%)		
Government Grants	\$29.9 million (20%)		
Donation/Sponsorship	\$24.5 million (16%)		
Rental & Sundry Income	\$1.9 million (1%)		
Investment & Interest Income	\$(12.7) million (-9%)		

# Our compassionate donors

We are extremely grateful to all our donors for their unwavering support, care and generosity in giving Life and Hope to our patients.

Below are our donors who have made contributions of \$5,000 and above, monthly donations of \$100 and above or in-kind donations worth \$5,000 and above from 1 July 2021 to 30 June 2022.

#### Individuals

Abhishek Singh Abizer Shabbir Tambawala Alex Khoo Alexander Maria Prakasam Allimuthu Kalaivani Aminah Ismail Andrade Casimiro Ir Ang Chai Luan Joyce Ang Chor Meng Ang Hock Soon Ang Hun Khoon Ang Zhi Hao Anita Baguio Castillo (Mrs) Anwar Edward Baey Seng Kah Bajarulla Mohamed Shameem Bay Ai Ling Sylvia Bee Mooi Mooi Bhatia Jyotdeep Singh Cao Shujuan Cera Mark Malony Chai Wong Yin Caroline Chan Hian Siang Chan Mei Lide Chan Seng Way Chan Soo Ling Chan Sook Fun Yvonne Chan Yok Yue Chang Mee Hong Cheah Bee Chew Cheah Phui Kheng Adrienne Chee Keng Lian

Chee Ser Chuan Chee Swee Mei Esther Chen Jun Yuan Chen Meihua Chen Weiya (Mrs) Cheng Tee Hiang Cheong Chin Joo Gerald Cheong Hock Chew Peter Cheong Kok Hom Cheong Theam Hock Peter Cheung Chuan Woo Chew Loo Chen Mellissa Chew Mun Yew Chew Siew Lay Chia Gin Sun Chia Hung King Chia Hwee Ming Kelly Chia Lihan June Chiew Poh Chue Agnes Chik Latif Sani Chin Hang Ping Chin Shuyan Sharon Chng Hak Loy Chng Joshua Chng Seng Chye Choh Choon Jin Chong Ban Cheong Chong Kok Yong Chong Siew Kam Chong Wee Kee Chong Yeh Sun

Choo Chiang Meng

Choo Hui Leng Choo Lay Hwa Choo Oi Yee Chow Choon Yen Chow loo Ming Chow Yuen Yong Alvin Chua Ai Gek Delia Chua Bee Kim Chua Bee Suan Angela (Mrs) Chua Bor Jern Chua Chee Khiang Chua Chong Cheng Chua Chor Chuan Chua Ghim Hoe Chua Guek Liang Molly Chua Joseph Chua Keng Huat Chua Kian Soon Chua Say Kuan William Chua Swee Meng William Chui Yew Kong Chung Chee Keong Collado Valerie Dela Cruz Michael Christopher Dilhan Pillay Sandrasegara Edmund Hooy Ee Boon Kwee Eng Lee Ing Er Swee Teck Eric Sng Estate of Ang Kwang Meng Deceased

A monthly gift to patients

Fam Kim Meng Foo Fung Toon Michael Foo Jee Yong Roger Foo Kok Kan Foo Peng Chuan Foo Yoke Khan Foong Yim Ping Regina Frayna Sarah Gan Kian Yong Hubert Gan Thong Hoe George Paul (Dr) Goh Ah Lek Goh Dong Hong Goh Hui Kheng Goh Hwee Shen Goh long Aik Goh Kah Keat Daniel Goh See Hwa GOH Siow Tai Alex Goh Wee Hiong Lawrence Goh Yun Lin Goyal Sharad Guee Swei Cheng Jacqueline Gunawan Patrick Gurav Prasad Pandurang Gurusamy Pandikrishnan Han Chen Kong Jeffrey Han Chung Heng Han Misuk (Mrs) Heah Hang Chua Heng Boon Siong Heng Chiang Jye

Heng Lai Ping Jacqueline Hew Jervin Hew Kuan Cheong Ho Bock Wee Ho Boon Cheong Ho Chin Tiong Jeffrey Ho Ching Ho Lai Mei Ho Meng Hong Ho Sheng Ming Ho Siew Hua Marie Ho Tian Fatt Ho Twee Teng Ho Wai Kiong Hodson Andrew Hong Tuck Meng Hoshen Md Mamun How Yoke Peng Hsu Horng Yeuan John Huang Li Huang Meng Ching Huang Nating Huang Shew Jay Jenny Hui Yen Leng Hwang Soo Jin Inderjit Singh Gill Ishar Singh Gill Isaac Naveen Jaon Bohari Jennifer Bay Josephine Chee Joyita Poddar Kampani Yashesh Kang Choon Seng Keh Soh Hua Khoo Eng Lian Khoo Whee Leng Khoo Yew Chuan Benjamin Kim Junghoon Ko Tuck Chong Willy Koh Boon Hock Koh Choon Yong Koh Hui Hong Joycelyn Koh Joo Kim Koh Kian Hong Richard Koh Kiat Mui Koh Poh Guan Koh Seow Ngang Koh Wee Nah Kok Pei Foong Kong Hung Lau Paul Kong Yeen Hoon Kuan Ren Qiang Patrick Kudale Yogesh Arvind Kulkarni Abhijit Ashok Kum Kim Huat Patrick

Kwa Hui Kuan Annie Kwan Yuen Ching Natasha Kwek Ai Ser Kwok Chat Khing Kwok Cher Luang Kwok Ngat Khow Kyryl Ivanov Lai Koon Cheong Lai Yu Khong Lau Hong Choon (Dr) Lau Yang Kim Law Beng Kok Law Su Yin Leau Chee Yung Lee Cheah Din Lee Chee Yong Matthew Lee Cheng Chong Lee Chin Cheng Lee Hong Ping Lee Jia Yun Lee Kah Oon Lee Kok Boon Lee Li-Ming (Mrs) Lee Mary (Mrs) Lee Moo Hiang Lee Nguet Kwang Lee Poh Noy Lee Siew Ming Lawrence Lee Soon Chin Lee Tong Lee Wen Jervis Lee Yih Chyi Leong Heng Kong Leong Hong Yong Leong Wing Yew Ernest Li Gong Li Liang Li Zhou Liang Chwee Bock Liang Eng Hwa Liew Mei Fang Daphne (Mrs) Lim Ban Lee Lim Chee Pin Sam Lim Chien Hua James Lim Choo Leng Lim Chwee Kim Lim Geck Kia Lim Hak Min Lim Hock Chee Lim Hwee Lang Lim Hwee Leng Lim Keng How Jason Lim Kin Hor Angelia Lim Kong Hiong Lim Lam Seng

Lim Lee Ping Lim Leong Chuan Lim Lu Giok Amy Lim Mei Guei Michelle (Mrs) Lim Ping Lian Lim Shan Li (Mrs) Lim Soh Wan Nancy Lim Soo Ngoh Lim Soon Huat William Lim Tin Ling Lim Ting Feng Lim Tiong Seng Lim Wee Meng Lawrence Lim Yok Ley Lin Wai Hung Lin Zikai Edwin Liu Chengliang Liu Yock Mui Judith Liu Yong Qing Lo Szi Wei Loh Chin Hua Loh Jun Kitt Loh Wai Meng Loh Yoke Chan Julie Low Hsiao Way Low Kin Chiang Richard Low Liong Low Meng Cheng Low Pui Lin Low Seong Leong Low Wai Sing Low Yan Khin Benny Lum Chui Kam Lye Shoon Fong Lawrence Mai Ah Ngo Mak Loke Peck Mao Jinhua Merabehham Maideen (Mrs) Mialei Sufi (Dr) Mohammad Sufian Mohd Nasrul Abdullah Mok Fong Cher Mok Kim Chye Mok Kwong Weng Muhammad Khairi Darus Mui Lai Wah Emily Na Boon Chong Nah Hwee Guan Nakhoda Hosein Neo Ah Suan Neo Boon Keng Neo Boon Khiam Neo Gim Siong Bennett Neo Siew Choon Peter Ng Ah Hock

Ng Ah Teck Ng Boon Seng Ng Boone Sing Ng Chiew Leng Austin Ng Choon Kiat Ng Chuan Her Ng Hoe Kiat Keith Ng Hou Cheng Ng Khim Han Ng Kun Seng Ng Lay Nah (Mrs) Ng Seh Tiong Ng Siok Hoong Ng Soon Heng Ng Soon Kheng Ng Soon Lee Ng Steven Ng Thiam Seng Kelvin Ng Tya Ah Andrew Ng Woo Hong Ng Zen Zen Ng Zheng Guang Kevin Ngan Yap Tang Nganthavee Suckchai Ngo Chun Yong Andrew Nora Champion Noriko Sato (Mrs) Oan Chim Seng Oh Thay Lee Ong Chee Khoon Joseph PBM Ong Chiew Leong Ong Chin Eng Andrew Ong Chuey Geok Diana Ong Hian Seng Jerry Ong Ing Woei Dennis Ong Joo Li Ong Kim Chee Ong Kim Hock Ong Kok Hong Ong Swee Hoo Ong Tai Yong Onn Eng Joo Ooi Kooi Tin Ow Peak Lan Pandit Sanjay Kamalkishore Pang Suh Ju Park Suk Hoon Parthasarathy Subramanian Pattanashetty Manjunath Ajjappa Peck Hwee Peng Peter Tan Phang Chin Sern Phang Weng Wan Jay Phoon Kum Yuen



Phoon Kwong Yun lan Phua Hong Swee Phua Kim Guan Phua Wan Ting Phyllis Poh Pier Lim Pisharath Sreekumar (Dr) Po Chee Chow Kavin Poh Cheng Lam Anthony Poh Liong Pin Poh Sin Choon Puar Teck lin Quah Ah Choo Susan Quah Kee Swee Quek Gim Pew Quek Koh Kheng Bernard Raj Sriram Raiamony Rohith Ramalingam Dhanavel Ray Rajagopal R Roch Cyril Alexander Sam Lee Sanjana Singh (Mrs) Saw Cheng Chye Saw Lee Leong Seah Chong Teck Seah Swee Poh Seah Wong Chi Sebastian Nelson Iruthayadoss See Lay Hoon Selvarani S Sendy Prasetyo Khowantono Seow Eng Teck Shah Vimali Hitenkumar (Mrs) Shanmugam Senthil Shantanu Mukerii Sheila Christine Anselmi Shim Shiau Ching Shiow Sou Ching Shrestha Smit Shy Wee Min Sim Bee Wah Michelle Sim Churn Bin Sim Piah Hui Sim Siew Fung Sim Soo Yong Sim Wai Meng Sim Wei lie Zen Sim Willing Sim Yew Ying Siti Faridah Khairoman Sivanesan Sivakumar Martin Sng Elvin Sng Meng Yeow

Sng Peng Koon

So Chee Meng Kenneth Tan Sze Lee Soh Boon Tong Soh Kim Chua Soh Kim Chye Dave Tan Wai See Soh Lip Heng Tan Wai Yean Tan Wee Han Soniyamol Joseph Tan Yen Pew Soo Thiam Boon Soon Chung Tyan Tan Yeo Chiam Danny Soong Yee Shunn Tan Yew Seng Soundararajan N Tan Yi Zhao Tan Yong Chiang Joe Stephen Lee Kim Wah Tay Emily Su Guaning (Dr) Tay Eng Kng Subramanian Kavitha (Mrs) Tay lie Ying Richelle Sum Sui Cheng Tay Iin Ying Sun Gin Ping Tay Kheng Hin Surapureddy Venkata Tay Mong Seng Krishnajanaki Ramayya Tay Tiang Guan Takahashi Raguel (Mrs) Tay Watt Moi Takeshi Komatsu Tay Woon Teck Tan Aik Peng Teng Seok Chu Tan Augustus @ Tan Jiew Sin Teo Cher Kian Tan Bee Kuan Teo Choo Yang Tan Bee Leng Teo Josephine (Mrs) Tan Beng Soon Teo Pei Ling Tan Bo Tan Teo Poh Heng Tan Boon Hock Hansel Teo See See Tan Chew Peng Teo Seng San Tan Chim Hoon Teo Siew Bee Corinne Tan Choon Bee Teo Tak Sin- Dax Tan Choon King Teo Tat Beng Tan Choong Seng Charles (Dr) Teo Tat Meng Tan Eng Chye Teoh Lay Ghee Tan Gim Chuan Tony Ter Kim Cheu Tan Huan Sing Than Siang Yean Tan Hui Sien Tan Jieh Her Tan Kah Tin Tan Kian Huat Albert Tan Kien Yung Thong Fook Sang Tan Kim Biau Tiang Yan Ming Tan Kok Hwee Michael Toh Beng Heng Tan Koon Lai Toh Cheng Wan Tan Lee Keng Jenny Toh Joo Huat Tan Mui Gek Toh Kai Seng Tan Ong Huat Toh Khian Hee Jeffrey Tan Poh Kee Toh Kim Hock Tan Se Hok David Toh Siew Gek Joleen Tan Seow Leng Toh Sze Wei Tan Siew Kiang Toh Wee Beng Tan Siew Leng Tara Tok Angela Tan Siew Teck Lawrence Tok Lai Fa Tan Siong Chiow Tsai Mei Ling Tan Song Chiang Tuan Di Hui Benjamin

Su Baolin

Tan Soon Chai

Voo Li Yin Jeanne Marie Tan Tow Kwang Christopher Wai Loong Siang Tan Tshun Chuang Nigel Wang Chun Meng Wang Jern Hung Wang Xiqun Xu Wenze Yan Sui Wah Ye Shu Yeo Chai The Late Mdm Lai Sam Mui The Late Mr Cheng Song Kim The Late Mr Puan Wai Meng The Late Mr Tay Kim Toon Yi Yang Yu Li Pin

Villanueva Ihune Keithrick

Wang Yip Kee Wang Zhongxian Way Suk-Yee Catherine Wayne Goh Huay Hin Wee Chin Chin Jennifer Winarno Tjajadi Windersalam Shanmugasundar Wong Chew Kong Wong Hein lee Lester Wong Kok On Wong Soon Chee Annie Wong Zhung Yu Woo Chee Seng Raymond Woon Mui Lang Wu Mun Keong Wu Wan (Mrs) Yap Kim Huat Francis Yap Kwee Lan Lynn Yap Peng Kang Yap Soon Heng @ Julian Yap Yassemin Md Said Yee Mei Lin @ Jean Ang Yeep Kam Mun Yeo Chee Kean Yeo liann Chuen Christopher Yeo Li Noi Doreen Yeo Siew Khoon Richard Yeoh Choon Jin Yeong Wee Yong Joseph (Dr) Yew Jun Chong Yew Lay Leng Yogasundaram Krishnan Yong Kon Yoon Eugene Zaleha Tamby Zhang Haiping Zheng Xiaofeng (Mrs)

### a cause that I hold dear to my heart My late father worked relentlessly to feed our bia family. He was diagnosed with kidney failure in his later years. I watched how he suffered in pain due to the lack of available dialysis treatments back then. We are very happy to see San Wang Wu Ti's mission of helping the needy, regardless of race or religion, materialise in the form of dialysis centres to benefit kidney failure patients." **Organisations** 42Technology Pte Ltd

A. Lioe & Associates Pte Ltd Abbott Laboratories (S) Pte Ltd ADiRECT Singapore Pte Ltd Advario Asia Pacific Pte. Ltd. f.k.a Oiltanking Asia Pacific Pte. Ltd. Alco Sunshade Pte Ltd Alliance Asia Holdings Pte Ltd Allswell Trading Pte Ltd Amitabha Association of Singapore Amitabha Buddhist Society (Singapore) Ariston Pte Ltd Articulture (Pte) Ltd Astrazeneca Singapore Pte Ltd BS Shenton Pte Ltd Bukit Timah Seu Teck Sean Tong Carway Enterprise Chin Heng Holdings Pte Ltd Chong Hood Lim Association CNY Goodies Singapore Pte Ltd COMMZ Systems Pte Ltd Contribute.sg Corlison Pte Ltd **Diabetes Singapore** Econo Green Pte Ltd Faith Community Baptist Church Faith Methodist Church First Ambulance and Healthcare Pte. Ltd. Foo Hai Buddhist Cultural & Welfare Association Fraser and Neave Limited Fresver Beauty Pte Ltd Gen.K Jewelry Geo Coal International Pte Ltd G-Force Network Pte Ltd GIC Gospel Baptist Church

Haneflex (S) Pte Ltd Haw Par Healthcare Limited Heliconia Capital Management Pte Ltd Hilltop Contractor Pte Ltd Hoe Kee Hardware Pte Ltd Hup Chung Tentage System Pte Ltd Jacob General Contractors Pte Ltd Janus Henderson Investors (Singapore) l imited J'Kids Amusement Pte Ltd Johnasia Shipping (S) Pte Ltd Joo Yong Co Pte Ltd Kaimay Trading Pte Ltd Kemia Pte Ltd **Keppel Corporation** Koh Kock Leong Enterprise Pte Ltd KPMG LLP Kwan Tzi Zhai Vegetarian Catering Lam Thiam Ngee & Son Pte Ltd LeCaine Pte Ltd Lew Foundation LG H&H Singapore Private Limited Loyang Tua Pek Kong Magicsoft Asia Systems Pte Ltd Man Fatt Lam Buddhist Temple Masjid Al-Falah Masiid Khalid Masjid Pusara Aman Mee Toh School Mitsubishi Electric Asia Pte Ltd MSD (through The Boys' Brigade Share-a-Gift Campaign) Nam Leong Co Pte Ltd Nanking Watch Dealer National Council of Social Service

NTUC Fairprice Foundation Ltd

**OES** Construction Pte Ltd Parwani Law LLC Patent Engineering Co Pte Ltd Petersons Wines Prima Limited Prime Commodities Trading Pte Ltd PU TIEN HOLDINGS PTE. LTD. Razer Health Pte. Ltd. Regrow Herbal Labs Pte Ltd Rico-A-Mona Bridal Pte Ltd **Riverhub Pte Ltd** RSM Chio Lim LLP S C Wong Foundation Trust Sakyadhita SATS Staff Association SG E&C Pte Ltd Sheng Hong Temple Shinko Bearings & Beltings Pte Ltd Singapore Airlines Limited Singapore Buddhist Welfare Services Singapore Buddhist Youth Mission Singapore Bukit Panjang Hokkien Konghuay Singapore Pools (Private) Limited Sitigold Pte Ltd SL Global Pte Ltd SOG Health Pte Ltd Sri Siva Durga Temple SUTL Corporation Pte Ltd Sweetyet Development Pte Ltd Tampines Chinese Temple Tampines West CCC Community Development & Welfare Fund Tanah Merah Country Club Tang Gah Beo TEC Investment Pte Ltd Temasek Foundation



Mr Lee Inn Peng (second from left, with his family), Honorary President of San Wang Wu Ti Religious Society that sponsored the establishment of two NKF dialysis centres



# Our dedicated volunteers

Our heartfelt gratitude to all our volunteers and partners for their contributions and efforts in supporting our patients in their rehabilitation journey and advocating kidney health in the community.

Our compassionate donors

#### continued...

Temasek Trust Ltd TF IPC Ltd The Boston Consulting Group Pte Ltd The Hongkong and Shanghai Banking **Corporation Limited** THE HOUR GLASS LIMITED Thekchen Choling Singapore Ltd Thomson Shin Min Foundation Thong Teck Sian Tong Lian Sin Sia Tian Kong Buddhist Temple TL Whang Foundation Limited Toa Payoh Seu Teck Sean Tong Tote Board Group T-Pride Pte Ltd TTI Design & Engineering Pte Ltd Vicplas International Ltd Viriya Community Services VNJ Logistics Pte Ltd Wisely Gobal Solutions Pte Ltd World of Watches 2 (Orchard) Pte Ltd XYSoft Pte Ltd Yahya Abdulhussain Lukmanji Saif Charity Trust Yio Chu Kang CCC Community Development & Welfare Fund Committee Zhongguo Remittance Pte Ltd

#### Organisations/Religious Groups/Educational Institutions

Our partners who have volunteered with us from

501<sup>st</sup> Legion Singapore Garrison Anderson Primary School Anglo-Chinese School (Independent) Balloon Sculpting Interest Group Bartley Secondary School Be Kind SG Carmen Chia Cedar Girls' Secondary School CHIJ St Nicholas Girls' School (Primary) CHIJ St Nicholas Girls' School (Secondary) - Project Zenith Chillin' at 6 Cognizant Cristabel Yeo DBS Bank District 22 Band Exena Learning Hub Pte. Ltd. First Ambulance and Healthcare Pte. Ltd. Good Shepherd Convent Kindergarten Gospel Baptist Church Harmonica Aficionados Society - The First Harmonica Ensemble Hey, You Got Mail! Hwa Chong Institution - Project Evexia Hwa Chong Institution - Project Kidney Keepers Hwa Chong Institution - Project Lawelawe Hwa Chong Institution (High School) Innovative Pest Pte. Ltd.

I July 2021 to 30 June 2022

Insurance and Financial Practitioners Association of Singapore ITE College West, School of Hospitality ivy! Johan Lee & Jerome Mak Jonathan Mun Jurong Spring Helping Hands, CCC Keppel Corporation Knots With Love FHG Love Bonds Pte Ltd Melissa Ahmad Morgan Stanley Nan Hua Primary School Nanyang Polytechnic Nanyang Technological University CAC Emcee Club NationOne New Creation Church Ngee Ann Polytechnic Nikon School NUS High School - St John's Brigade NUS High School of Math and Science NUS Life Sciences Society - Project DNA Ourheartstring Pastel Nagomi Artists Paya Lebar Methodist Girls' School (Secondary) PricewaterhouseCoopers LLP



Punggol Secondary School Punggol Secondary School - Art Club Punggol Secondary School - Interact Club Raffles Girls' School (Secondary) Raffles Girls' School (Secondary) - Apple Crochet Raffles Girls' School (Secondary) - Project Beans Raffles Girls' School (Secondary) - Project Expeditus Raffles Hospital Pte Ltd Raffles Institution - iCARE **Raffles Institution - Project Beans** Raffles Institution - Project Zen Raffles Institution - Raffles Interact **Raffles** Institution - Red Cross Youth Chapter Republic Polytechnic Ridge View Residential College, NUS Rishii Parthasarathy River Valley High School Salesforce School of the Arts, Singapore - SoTA Nephros Creativity, Activity, Service School of the Arts, Singapore (SOTA) Singapore Institute of Technology

Singapore Management University - Centre for Social Responsibility Singapore Pipe Band, Siglap South CC Singapore Polytechnic - Chinese Music and Cultural Club Singapore Polytechnic - SP DanceSport Club Singapore University of Social Sciences Singapore University of Social Sciences - Kidney Beans Talk Singapore University of Social Sciences - SUSS Art From The Heart Sio Lubis Spreading Love, Together Teck Whye Secondary School Temasek Polytechnic The 2nd As Family Band The Original Folks The TENG Company (TENG Gives Back) Visa Worldwide Pte Limited Volunteer Guitar Connection Winn Yeo Dance Group Woodgrove Secondary School Xinmin Secondary School

#### **5 Years Individual Long Service**

Chai Chin Loon Jerry Koh Keen Chuan Mary Grace Alejo Perez Ng Boon Yew Professor Chan Choong Meng Rachel Goh Ern Si Wong Shirley

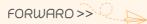
**10 Years Individual Long Service** Anita Tam Zhi Ning

#### **15 Years Individual Long Service**

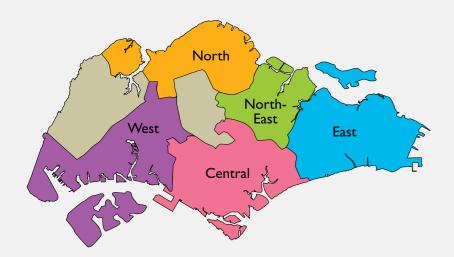
Nirmal Singh Dhillon Professor Yap Hui Kim Tan Jui Ming Winnie Lee Poh Keng



NKF has made every effort to ensure accuracy of the information. We apologise should there be any omissions or errors.



Thanks to our caring sponsors, NKF has been able to set up dialysis centres across Singapore, providing convenience and easy access to treatment and care for kidney failure patients living or working in the heartlands.



## North

#### 204 Marsiling

Jo & Gerry Essery – NKF Dialysis Centre Blk 204, Marsiling Drive, #01-188 Singapore 730204

#### 365 Woodlands

SCAL – NKF Dialysis Centre (Woodlands Branch) Blk 365, Woodlands Avenue 5, #01-490 Singapore 730365

#### 761 Woodlands

The Hour Glass – NKF Dialysis Centre (Admiralty Branch) Blk 761, Woodlands Avenue 6, #01-108 Singapore 730761

#### 825 Woodlands

Thong Teck Sian Tong Lian Sin Sia – NKF Dialysis Centre Blk 825, Woodlands Street 81, #01-30 Singapore 730825

#### 203 Yishun

Toa Payoh Seu Teck Sean Tong – NKF Dialysis Centre Blk 203, Yishun Street 21, #01-239 Singapore 760203

#### 639 Yishun

Le Champ – NKF Dialysis Centre (Yishun Branch) Blk 639, Yishun Street 61, #01-168 Singapore 760639

#### 840 Yishun

SCAL – NKF Dialysis Centre (Yishun Branch) Blk 840, Yishun Street 81, #01-382 Singapore 760840

#### Yishun Community Hospital

NKF Dialysis Centre Supported by Keppel 2 Yishun Central 2, #03-01 Yishun Community Hospital Singapore 768024



#### 565 Ang Mo Kio Pei Hwa Foundation – NKF Dialysis Centre

Blk 565, Ang Mo Kio Avenue 3, #01-3401 Singapore 560565

Blk 633, Ang Mo Kio Avenue 6, #01-5155

#### 633 Ang Mo Kio Western Digital – NKF Dialysis Centre

Singapore 560633

#### 114 Hougang

Singapore Buddhist Welfare Services – NKF Dialysis Centre Blk 114, Hougang Avenue I, #01-1298 Singapore 530114

#### 628 Hougang

NKF Hougang – Punggol Dialysis Centre Blk 628, Hougang Avenue 8, #01-108

## Singapore 530628

Punggol Oasis Terraces NKF Dialysis Centre Supported by Ngiam Kia Hum & Family Blk 681, Punggol Drive, #02-02 Singapore 820681

#### 201 Serangoon

Insurance and Financial Practitioners Association of Singapore (IFPAS) – NKF Dialysis Centre Blk 201, Serangoon Central, #01-30 Singapore 550201

## East

#### 105 Bedok NKE Dialysis Centre Sup

NKF Dialysis Centre Supported by Man Fatt Lam Buddhist Temple Blk 105, Bedok North Avenue 4, #01-2168

#### 27 New Upper Changi

NKF Dialysis Centre Supported by San Wang Wu Ti Religious Society Blk 27, New Upper Changi Road, #01-694 Singapore 462027

#### 180 Pasir Ris

Singapore 460105

Tampines Chinese Temple – NKF Dialysis Centre Blk 180, Pasir Ris Street 11, #01-06

#### Singapore 510180 427 Pasir Ris

NKF Dialysis Centre Supported by TL Whang Foundation Blk 427, Pasir Ris Drive 6, #01-35/43 Singapore 510427 (Operational effective 5 Sep 2022)

#### 101 Simei

Kwan Im Thong Hood Cho Temple – NKF Dialysis Centre (Simei Branch) Blk 101, Simei Street 1, #01-892 Singapore 520101

#### 271 Tampines

NKF Dialysis Centre Supported by Wong Sui Ha Edna Blk 271, Tampines Street 21, #01-99 Singapore 520271

#### 935 Tampines

National Trades Union Congress/ Singapore Pools – NKF Dialysis Centre Blk 935, Tampines Street 91, #01-333 Singapore 520935

#### Central 102 Aljunied

Singapore 380102

43 Bendemeer

Singapore 330043

128 Bukit Merah

NKF Dialysis Centre

Singapore 150128

I Ghim Moh

Singapore 270001

NKF Centre

81 Kim Keat Road

Singapore 328836

55 Strathmore

Singapore 140055

225 Toa Payoh

Singapore 310225

Singapore 319642

Singapore 400311

Singapore 380019

311 Ubi

Hong Leong – NKF Dialysis Centre

Blk 102, Aljunied Crescent, #01-265

Kwan Im Thong Hood Cho Temple -

Blk 43, Bendemeer Road, #01-1018

The Singapore Buddhist Lodge -

Blk 128, Bukit Merah View, #01-22

Woh Hup – NKF Dialysis Centre

Tay Choon Hye – NKF Dialysis Centre

NKF Dialysis Centre Supported by

San Wang Wu Ti Religious Society

Blk 55, Strathmore Avenue, #01-145

NKF Dialysis Centre Supported by

Blk 225, Toa Payoh Lorong 8, #01-54

Seck Hong Choon – NKF Dialysis Centre

Toa Payoh Seu Teck Sean Tong

200 Toa Payoh Lorong 2, #03-01

Foo Hai – NKF Dialysis Centre

Blk 311, Ubi Avenue 1, #01-383

Sakyadhita – NKF Dialysis Centre

Blk 19, Upper Boon Keng Road, #01-1220

19 Upper Boon Keng

Toa Payoh West CC

Blk I, Ghim Moh Road #01-358

NKF Dialysis Centre (Kolam Ayer Branch)

#### 274 Bangkit

NKF Dialysis Centre Supported by New Creation Church Blk 274, Bangkit Road, #01-54 Singapore 670274

#### 275 Bangkit

West

Le Champ – NKF Dialysis Centre (Bukit Panjang Branch) Blk 275, Bangkit Road, #01-96 Singapore 670275

#### 103 Bukit Batok

NTUC Income – NKF Dialysis Centre Blk 103, Bukit Batok Central, #01-237 Singapore 650103

#### 326 Clementi

Lew Foundation – NKF Dialysis Centre Blk 326, Clementi Avenue 5, #01-175 Singapore 120326

#### IRC Level I & 2

NKF Integrated Renal Centre (IRC) Supported by The Sirivadhanabhakdi Foundation 500 Corporation Road, Level I & 2 Singapore 649808

#### 240C Jurong East

NKF Dialysis Centre Supported by Yuhua Grassroots Organisations Blk 240C, Jurong East Avenue I, #01-01 Singapore 603240

#### 744 Jurong West

Sheng Hong Temple – NKF Dialysis Centre Blk 744, Jurong West Street 73, #01-19 Singapore 640744

#### 940 Jurong West

NKF Dialysis Centre Supported by The Sirivadhanabhakdi Foundation Blk 940, Jurong West Street 91, #01-441 Singapore 640940

#### 113 Teck Whye

Leong Hwa Chan Si Temple – NKF Dialysis Centre Blk 113, Teck Whye Lane, #01-666 Singapore 680113

#### 701 West Coast

The Hour Glass – NKF Dialysis Centre (West Coast Branch) Blk 701, West Coast Road, #01-323 Singapore 120701



IRD>>>

We strive to take dialysis treatment to its full potential by making home-based peritoneal dialysis and other modalities viable alternatives, empowering patients to take charge of their health by providing holistic care, and supporting clinical research and medtech in collaboration with healthcare partners. While doing all these, we will propel ourselves forward by reducing the progression of kidney failure through kidney health advocacy, driving innovation and improving quality and efficacy in renal care to benefit dialysis patients and the community.

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# FORWARD >>

81 Kim Keat Road, Singapore 328836

1800-KIDNEYS (5436397) 🔞 contact\_us@nkfs.org

