

**NKF**

22

23

## Our Journey Takes Flight

Fuelled by your unwavering support, our journey soars ahead as we navigate through an evolving renal landscape. We remain committed to enhancing delivery of life-saving dialysis care while propelling towards greater heights in treating, managing and preventing chronic kidney disease.





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# Journeying On with You

## Message from Our Chairman & CEO

The year 2022/23 has been a momentous and fruitful chapter at NKF, as we propelled forward and achieved much through our **two-engine strategy, Future Forward 2030**.

Amidst this remarkable year, our focus on the **'Taking Treatment to Full Potential' strategy within Engine 1** has led to an extraordinary milestone. We have provided over 650,000 life-saving dialysis treatments across our 41 community-based dialysis centres islandwide. While extending lives remains crucial, our core mission lies in empowering and enabling each patient to embrace life's potential. Patient empowerment stands as the cornerstone of our shorter-term Engine 1 strategy, driving our commitment to enhance lives beyond mere extension.

Our achievements speak volumes. An astounding 99% of our patients achieving desired outcome from receiving adequate dialysis, showcasing our dedication to exceptional clinical care. Additionally, a noteworthy 94% of patients have thrived through their first year of dialysis, marking significant milestones in our pursuit of exemplary patient care.

Our Renal Rehabilitation Programme aims at fostering positivity throughout each patient's journey. We empower them to take ownership of their lives, which includes managing their condition independently for better outcomes and quality of life. While patients are encouraged to take responsibility for their treatment and care, they are not alone. Taking on a multidisciplinary, person-centric approach to provide

continuum of care, our renal doctors and nurses work hand in hand with allied health professionals such as social workers, dietitians, therapists and exercise specialists. Together with patients, caregivers and next-of-kin, the team ensures seamless, effective and compassionate care addressing the full spectrum of health needs from prevention to end-of-life care.

Amidst the need to expand in-centre dialysis capacity, we remain committed to promoting home care peritoneal dialysis (PD). Collaborating closely with the Ministry of Health (MOH) through the National PD Home Support Programme (NPDHSP), our PD team empowers patients with the skills and knowledge to effectively manage their treatment at home.

However, a looming concern demands urgent attention. New cases of kidney failure, also known as stage 5 chronic kidney disease (CKD), has surged by a staggering 42 per cent over a decade, from 1,587 in 2011 to 2,249 in 2020. Diabetes and high blood pressure are the leading causes. The prevalence of CKD has also risen significantly, from 8.7 per cent in the 2019 to 2020 period to 13.8 per cent in 2021 to 2022. This means that about half a million Singapore residents are now grappling with the disease and are at higher risk of progressing towards kidney failure.

We acknowledge the pressing need to do more. Hence, we have made strides forward through **Engine 2, which is our medium- to long-term strategy that focuses on upstream education and prevention to help people understand the importance of a healthy**

As kidney failure's prevalence rises, NKF remains committed to innovating and inspiring collective action. Our shared responsibility will drive our renal care programme forward, offering Life & Hope to kidney failure patients while empowering the larger community to prioritise kidney health. Together, as we progress in our **Future Forward 2030 journey**, we envision a brighter, healthier and more resilient society on the horizon.

**lifestyle, while at the same time, leveraging on research and innovation to advance renal care.**

Many might be unaware of their CKD due to its silent symptoms, underscoring the vital need for kidney screenings. Our CKD Intervention Programme has screened over 600 at-risk individuals, detecting the disease early for timely intervention and management.

We have redoubled our upstream efforts in education and prevention of kidney disease by working very closely with all stakeholders in the community to reach out to people of all ages. More than 214,000 individuals have been reached through our various upstream efforts, emphasising the risks of kidney failure and motivating the adoption of healthy lifestyles as preventive measures.

The recent collaboration with Channel News Asia documentary has sparked vital conversations and the urgent need to pay close attention to our kidneys. All it takes is a request for a kidney function test from your family doctor. This simple procedure involves a straightforward blood test and urine test, essential steps in combating CKD. By embracing proactive measures like regular kidney screenings, mindful eating and regular exercise, we can halt the relentless advance of this 'silent killer' and safeguard the well-being of our community.

As kidney failure's prevalence rises, NKF remains committed to innovating and inspiring collective action. Our shared responsibility will drive our renal

care programme forward, offering Life & Hope to kidney failure patients while empowering the larger community to prioritise kidney health.

We continue to provide all-round support to help patients get back on their feet, stay connected to the world, and lead purposeful lives. Understanding the profound impact of chronic diseases fuels our drive to advance renal care through innovation. As the leader in renal care, we leverage patient data, a robust network of dialysis centres and resources to collaborate on research and innovations. To this end, NKF will contribute \$5.5 million to establish the SGH-NKF Renal Research Partnership, focusing on CKD retardation and prevention, innovative renal replacement therapies, and enhancing psychosocial well-being for patients and caregivers.

We extend our heartfelt gratitude for embarking and persisting on this journey with us. **Together, as we progress in our Future Forward 2030 journey, we envision a brighter, healthier and more resilient society on the horizon.**

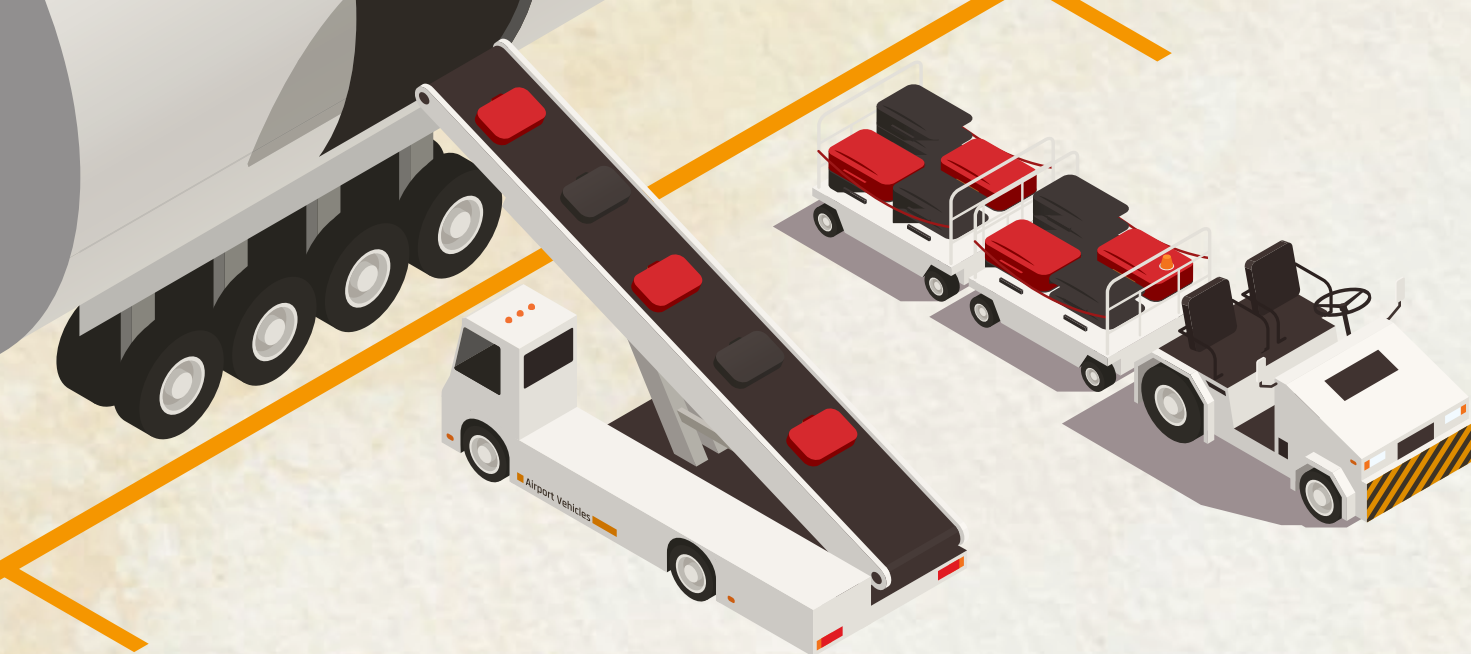


Arthur Lang  
Chairman



Tim Oei  
Chief Executive Officer





## Taking Treatment to Full Potential

While we relentlessly strive to provide sustainable treatment to kidney failure patients under our care, we remain steadfastly committed in our quest to take treatment to its full potential and drive greater impact through our existing core functions. These functions encompass: empowering and enabling our dialysis patients and their families to lead better quality lives; constantly reviewing our processes and operational efficiency to ensure we have adequate manpower and resources to run our dialysis centres; and further strengthening our integrated care to better meet the myriad needs of patients.

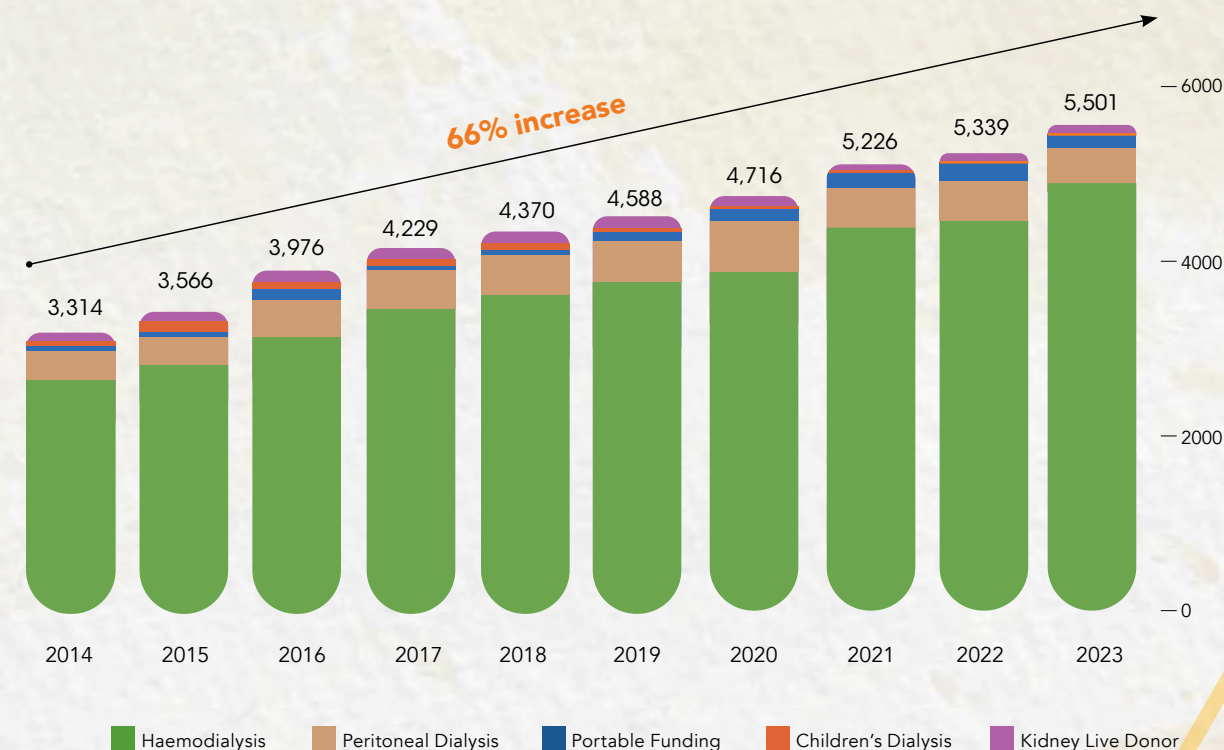
**\$142.8 million**  
expended for dialysis,  
medication and auxiliary  
services

Our network of 41 purpose-built dialysis centres islandwide, Children's Kidney Centre at the National University Hospital (NUH) and portable funding scheme support patients who choose in-centre haemodialysis (HD), which is done at the community-based centres. For patients who opt for home-based peritoneal dialysis (PD), our PD Home Support Programme enables them to carry out the treatment by themselves at home. NKF's Kidney Live Donor Support Programme supports patients and kidney donors for kidney transplant, which will help to turn patients' lives around.

A total of 5,501 patients and beneficiaries – up by 162 compared to the last financial year – benefitted from our various dialysis services. The total cost of providing dialysis, medication and auxiliary services amounted to \$142.8 million, a 4% increase.

Of the \$10.2 million in patient welfare subsidies, \$9.3 million went towards transport subsidies for bus, train, taxi, ambulance, van and dialysis escort assistance expenses for needy patients who require special transport services to and from dialysis centres.

Rising Trend of NKF's Kidney Patient and Beneficiary Population



Total Programme Cost to Support Patients and Beneficiaries

Programmes	Total Number of Patients and Beneficiaries			Programme Costs (\$'000)		
	As at 30 Jun 2023	As at 30 Jun 2022	Change (%)	Year ended 30 Jun 2023	Year ended 30 Jun 2022	Change (%)
Haemodialysis	4,595	4,406	4%	126,920	120,652	5%
Peritoneal Dialysis	530	516	3%	1,350	1,507	-10%
Portable Funding	259	309	-16%	2,995	3,864	-22%
Children's Dialysis (including funding to Children's Kidney Centre)	11	9	22%	1,187	1,707	-30%
Kidney Live Donor	106	99	7%	175	100	75%
				<b>132,627</b>	<b>127,830</b>	<b>4%</b>
Patient Welfare				10,204	9,569	7%
<b>Total</b>	<b>5,501</b>	<b>5,339</b>	<b>3%</b>	<b>142,831</b>	<b>137,399</b>	<b>4%</b>





### Attaining Excellent Clinical Outcomes in Haemodialysis

**99%**

patients achieved desired outcome of  $Kt/V \geq 1.2$ . Fractional clearance of urea ( $Kt/V$ ) is one key indicator for measuring dialysis adequacy

**94%**

patient survival rate in the first year

**93%**

patients achieved Hb level of  $\geq 10$  gm/dl. Improving patients' haemoglobin level results in better physical tolerance and quality of life

## Caring for in-centre haemodialysis patients

We provided more than 650,000 life-saving dialysis treatments to 4,595 kidney failure patients at our 41 community-based dialysis centres across the island, and they are cared for by 912 dedicated medical and allied health professionals and support staff, who provide them with holistic care. A total of \$126.9 million was spent on treatment and all-round care for the financial year.

### Pursuing quality outcomes with haemodiafiltration

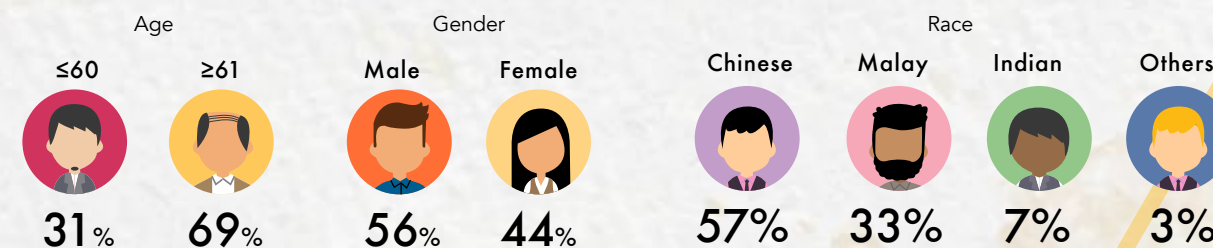
In our unwavering drive for better patient outcomes, NKF provides another form of dialysis called haemodiafiltration (HDF). Studies show that HDF, a process similar to HD, can reduce cardiovascular (heart disease) mortality, has better stability of blood pressure during dialysis and reduces some of the long-term complications due to dialysis. We are progressively equipping more and more dialysis centres with HDF machines and currently have 20 HDF machines at 10 dialysis centres to benefit patients.

### Enhancing the lives of patients on nocturnal dialysis

Nocturnal dialysis takes place at night while the patient sleeps and typically lasts for seven to eight hours a session, unlike regular four-hour dialysis sessions during the day. As the hours of nocturnal dialysis are longer, this results in better health outcomes for patients.

**Over 650,000**  
life-saving dialysis  
treatments provided,  
enabling patients to live  
life with purpose

### Profile of Haemodialysis Patients



### Rising Trend of In-centre Haemodialysis Patients

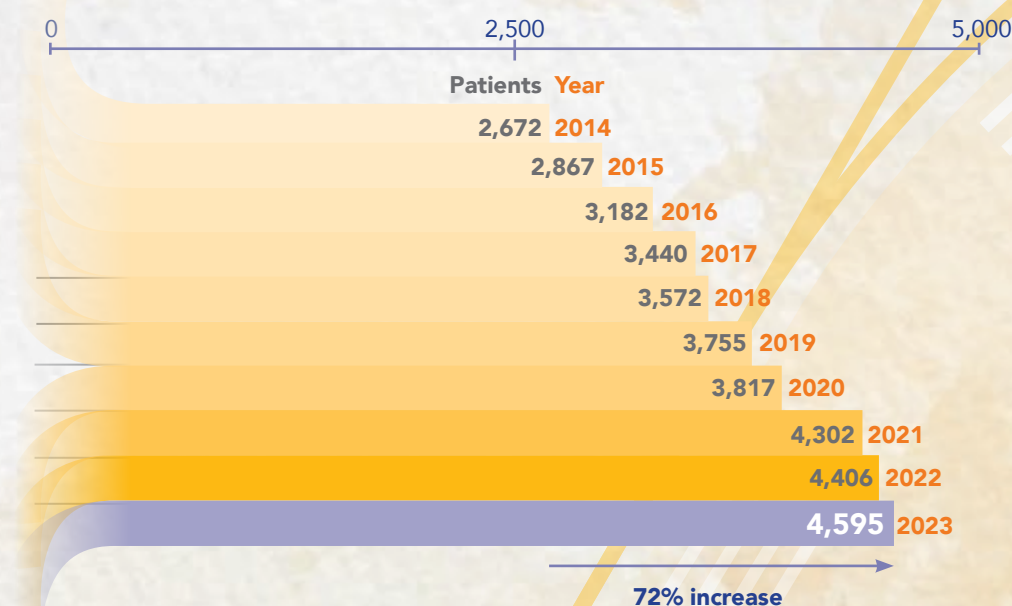
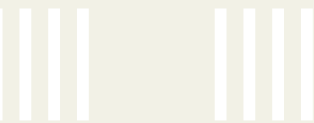


Photo:  
Singapore's biggest dialysis facility at our Integrated Renal Centre, which also serves as a national dialysis centre to support Covid-19 patients when needed.





#### North

204 Marsiling  
365 Woodlands  
761 Woodlands  
825 Woodlands  
203 Yishun  
639 Yishun  
840 Yishun  
Yishun Community Hospital

#### North-East

565 Ang Mo Kio  
633 Ang Mo Kio  
114 Hougang  
628 Hougang  
Punggol Oasis Terraces  
201 Serangoon

#### East

105 Bedok  
27 New Upper Changi  
180 Pasir Ris  
427 Pasir Ris  
101 Simei  
271 Tampines  
935 Tampines

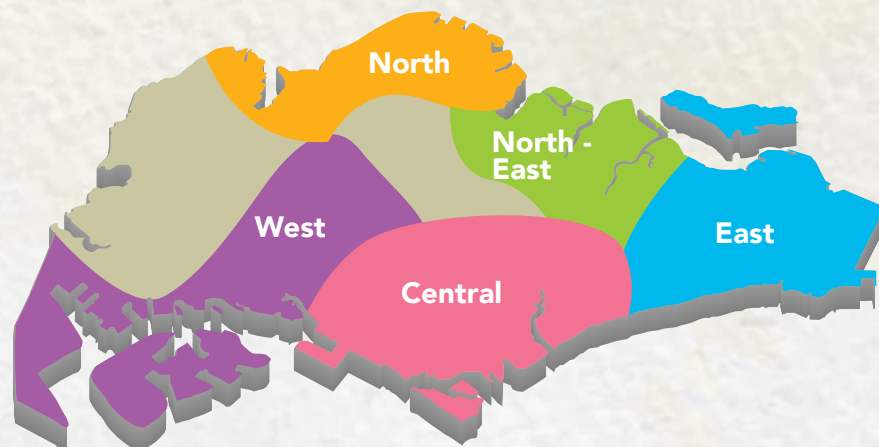
#### Central

102 Aljunied  
43 Bendemeer  
128 Bukit Merah  
1 Ghim Moh  
NKF Centre  
55 Strathmore  
225 Toa Payoh  
Toa Payoh West CC  
311 Ubi  
19 Upper Boon Keng

#### West

274 Bangkit  
275 Bangkit  
103 Bukit Batok  
326 Clementi  
IRC Level 1 & 2  
240C Jurong East  
744 Jurong West  
940 Jurong West  
113 Teck Whye  
701 West Coast

# 41 Dialysis Centres Ensuring Accessibility & Availability



## Our strategy for capacity building

Ensuring accessibility and availability of dialysis is critical to our mission at NKF. We make every possible effort to ensure that those who need it has access to it. We constantly review our capacity plan. We study demand projection and collaborate closely with the relevant authorities to strategically locate centres in the right locations.

For dialysis centres that are 20 years or older, they will be renovated in phases, with better-designed spaces and latest technology to improve the patient experience. This includes expanding floor size to cater for more dialysis stations; new air-conditioning system that removes airborne pollutants and allergens; and creating a healthier environment for patients with respiratory issues and allergies. The upgrades will also help care teams be prepared for future pandemics and meet the increasing demand for dialysis.

## Our new dialysis centre

NKF Dialysis Centre Supported by TL Whang Foundation @ 427 Pasir Ris

- Started operations in September 2022
- Made possible with a generous \$2 million contribution from TL Whang Foundation and Mind the Gap 200 Fund
- Equipped with 22 dialysis stations serving up to 132 patients

## Our dialysis centre with expanded capacity

NKF Dialysis Centre Supported by Toa Payoh Seu Teck Sean Tong @ 225 Toa Payoh

- Expanded patient capacity by 50% from 14 to 28 dialysis stations, serving up to 168 patients
- Made possible with a generous \$2.2 million donation from Toa Payoh Seu Teck Sean Tong towards the refurbishment cost

NKF Dialysis Centre Supported by Singapore Buddhist Welfare Services @ 114 Hougang

- Expanded patient capacity by 33% from 27 to 36 dialysis stations, serving up to 216 patients
- Made possible with generous contributions from Singapore Buddhist Welfare Services towards the refurbishment cost

## Portable funding helps patients in private dialysis centres

Through our Enhanced Portable Funding, we provide subsidies for patients dialysing at private dialysis centres while they wait for a suitable dialysis slot to be available at NKF.



**923**

total number of  
dialysis stations

**5,538**

patient capacity

**\$4.2 million**

to upgrade and replace  
medical instruments  
and equipment

**\$3.0 million**

subsidies given out

**259**

beneficiaries





## Supporting young patients' holistic treatment and care at Children's Kidney Centre

NKF continues to play a crucial role in supporting the Children's Kidney Centre (CKC) to help children and young persons with kidney disease and ensure none of them fall through the cracks. Our support for a variety of treatments related to their kidney disease has helped ease the financial burden of having not only a lifelong chronic condition, but also the added complexity of childhood onset with its implications on growth and development through the following ways.

- Offers both HD and PD options which is important, as changes in dialysis modality do not require them to seek treatment at another place. As these young children require lifelong dialysis treatment, the support also helps the parents, especially where there are insufficient resources for MediShield premiums which would aggravate the family's financial difficulties.
- Focuses on chronic kidney disease management to not only provide medications for the treatment of the primary disease, but also to prevent long-term medical, physical and psychosocial complications, as well as increasing disease burden and healthcare costs as they reach adulthood, so that they will be able to have a better quality of life and similar opportunities as their peers.
- Alleviates the cost of a transplant to help relieve the financial burden on the parents. These parents are also often financially "sandwiched" as they have to provide for the siblings of the patients and also their own elderly parents who might be dependent on them, leaving limited MediSave balance for themselves.
- Helps those who have or are at risk of developing diabetes through programmes that support prevention, such as the insulin pump programme. Patients who have developed drug-induced diabetes as a result of their transplant are also well-supported.

**\$1.2 million**

funding for Children's Kidney Centre and its core programmes



## Promoting home care peritoneal dialysis

### Providing comprehensive home care PD support

NKF remains strongly committed to providing comprehensive home care for supporting peritoneal dialysis (PD) patients. We work closely with the Ministry of Health (MOH) through its National PD Home Support Programme (NPDHSP), an initiative which it funds, to provide support for PD patients at home. Under NKF NPDHSP, our PD team assesses patients' home environment, facilitates transition from hospital to home, addresses any potential challenges or concerns, as well as provides hands-on guidance and education on PD-related procedures to empower them with the necessary skills and knowledge to manage their treatment effectively. A total of 158 patients enrolled in NKF NPDHSP and our PD team conducted 348 home visits to support PD patients in the comfort of their homes.

### Improving quality and efficacy of PD care through holistic approach

NKF's PD team introduced several enhancements and exclusive services in conjunction with NPDHSP to improve quality and efficacy of care. Our PD team conducts clinical outlier analysis and regular phone call follow-ups with patients, as well as provides nutritional and fall risk assessments and education to enhance patients' self-care management. For greater convenience and seamless care to patients, the administration of medications through the abdominal (peritoneal) cavity is included as part of the enhancement service during routine home visits. This holistic approach enhances patient confidence and promotes successful long-term PD care.

### PD Support Group

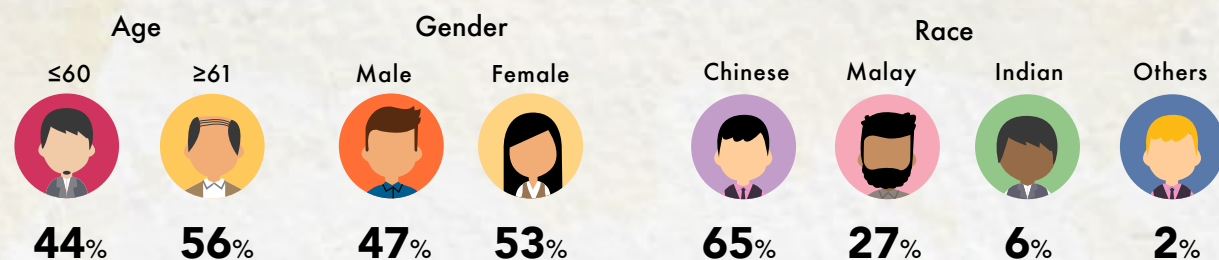
Calling themselves the PD Warriors, the PD Support Group continues to support each other for better health literacy, alleviate psychosocial issues and enable community bonding amongst patients and staff. The PD Warriors collaborated with external healthcare partners to better meet the needs of PD patients. A new educational mobile app called PD Together App – developed by Baxter Healthcare and SGH nephrologists – provides patients and caregivers with easy access to training videos while they are on-the-go, which helps to further build their confidence in managing PD treatment at home. More than 95 patients have benefitted from the PD Support Group.







### Profile of Peritoneal Dialysis Beneficiaries



### Rising Trend of Peritoneal Dialysis Beneficiaries

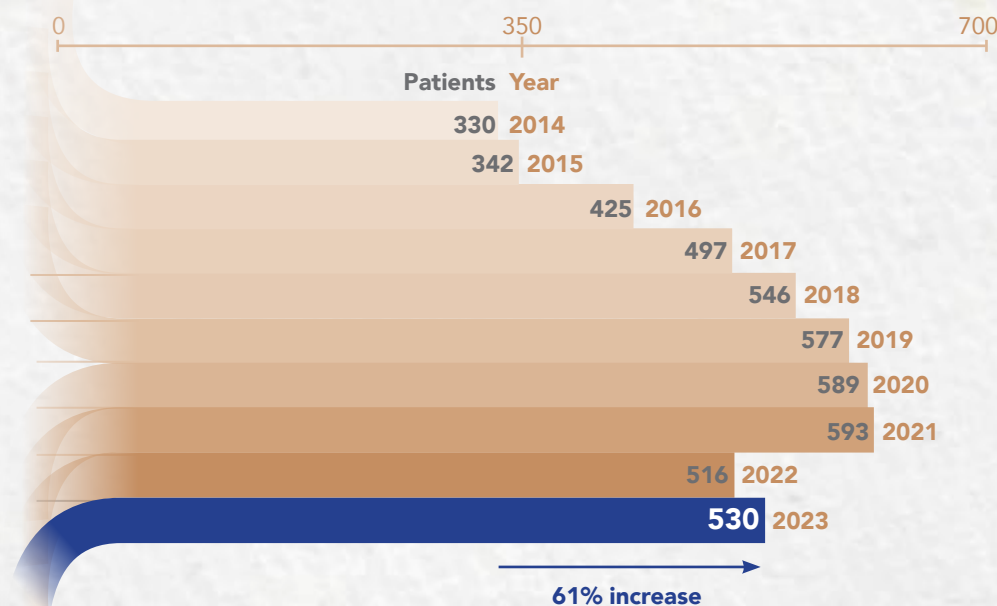
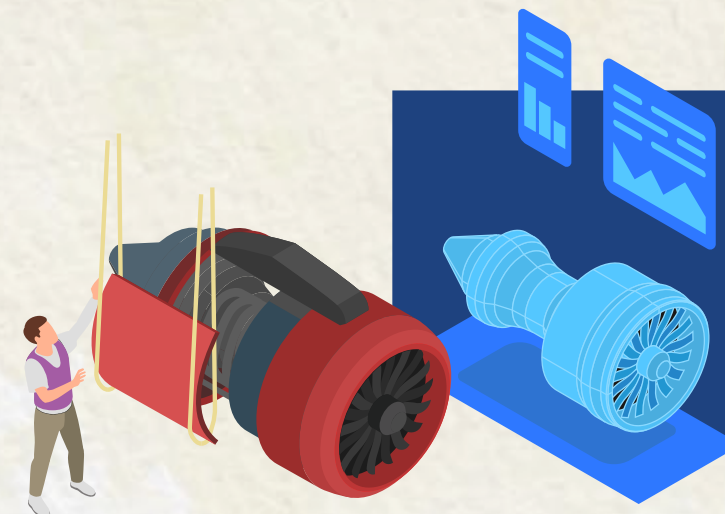


Photo: Ms Pauline Chew, a full-time working mother of two kids, chose home care peritoneal dialysis (PD) because it has given her the freedom to choose how she lives her life, without disruption from having to spend hours in the dialysis centre during the day.

## Living kidney transplant greatly improves quality of life



Kidney failure is a debilitating chronic disease that affects all areas of a patient's life. Many patients have found their quality of life to be greatly compromised and their activities limited. For example, many patients find it challenging, if not impossible, to travel overseas. They have to plan their daily activities around their dialysis schedules. They have dietary restrictions and also have to limit their daily fluid intake to only around 500ml. Moreover, while dialysis cleanses and removes toxins from kidney patients' blood and keeps them alive, it cannot replace all the functions of the kidneys, such as the production of vitamin D to maintain bone health. Kidney transplant is the best option for kidney patients' long-term survival as the transplanted kidney can almost fully substitute the lost functions of the failed kidneys and allows patients to lead a normal life. Studies have shown that living kidney donors would still be able to lead normal lives after the surgery, and that the remaining kidney is able to take over the functions of both kidneys.

NKF's Kidney Live Donor Support Fund encourages more living donors to donate kidneys to their loved ones through the provision of financial assistance and support.

**106**

applicants have received support since the inception of the Fund.

### new Transplant Support Group

NKF initiated a Transplant Support Group where patients meet online regularly to share common concerns that they face such as psychosocial issues, as well as support one another. It also helps prepare pre-transplant patients and their live donors for their upcoming transplant procedures. Transplant physicians and allied health professionals support the group by sharing transplant-related topics and addressing their concerns. The group leaders also support the Know Right Start Right programme by sharing their transplantation journey and coping strategies. About 35 patients have benefitted from the support group.



**"I donated my kidney more than 20 years ago to save a friend's life. Today, I continue to enjoy a healthy lifestyle, going for marathons and runs often in the spirit of raising awareness or donations for good causes too!"**

Mrs Mercy Quinn





## A Second Chance at Life

Five years ago, doctors told Mdm Aw Ah Moy that her kidneys were failing but she refused to go for dialysis. At 70, she did not want to put herself through more pain and suffering and stopped going to the doctor. Eventually, she had a heart attack and collapsed. With much family support and encouragement, she decided to live a purposeful life after this traumatic episode and started dialysis in NKF. With the quality treatment and care that she receives, her health condition has stabilised. She has more energy and feels livelier. Her dialysis treatment is heavily subsidised by NKF to relieve her family from the financial burden.

Having to live with kidney failure is not easy and many patients are overwhelmed with sadness, anger, anxiety and depression. Some even want to give up on life. That was one of the reasons why Mdm Aw decided to become a patient volunteer. She visits other dialysis centres to befriend patients and offer them moral support. She feels that it is easier for them to relate to her because she has been through similar trials and tribulations as a dialysis patient.

Mdm Aw's grandson has been a pillar of strength throughout her illness, always encouraging her to stay strong or not to shed tears. Now 75, her biggest wish is to keep fighting on courageously so that she can witness the milestone of his life – getting married and setting up his own family.

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Being inflicted with kidney failure brought me new perspectives. It is important to stay positive and resilient.

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## Living a Simple and Active Life

On haemodialysis since 2006, Mdm Marisa Lee, 59, switched to haemodiafiltration (HDF) in 2020 after being told by the doctor that she was medically suited for it and learnt of its benefits. HDF is a type of dialysis treatment which improves middle molecules clearance, in addition to removing small molecules.

Since then, Mdm Lee has been faring well on this form of treatment. She has better stability of blood pressure, feels less tired and has a good appetite. She had a fall about three years ago and fractured her hip, but this did not deter her from continuing to keep fit after her recovery. She continues to try her best to stay physically active by using the fitness equipment at the park near her home, as well as following exercises on YouTube and simple workout tips given by NKF's exercise specialist for her to do at home. Living with her sister who works, Mdm Lee helps out with the grocery shopping and does simple cooking to keep herself busy and mentally alert. She is happy that she can lead a simple, normal and active life.

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I feel happy and energetic. I try to stay as active as possible for my physical and mental well-being. The good treatment I'm getting helps me achieve this.

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## Physically Fit and Mentally Alert

Mr Abdul Rahim Mohd Rashed, 53, has been on dialysis since 2016 after being diagnosed with kidney failure. About a year later, he switched from haemodialysis to nocturnal dialysis as the slower therapy, due to its longer hours, results in less fluctuation in blood pressure and less stress on the heart. It also has less side effects like giddiness and cramps. Since starting these longer dialysis sessions, his phosphate and fluid levels have also improved.

The overnight dialysis while he sleeps also suits him well as it does not interfere with his work schedule during the day as a driver for a renovation company. He feels more perky and refreshed in the morning, which helps him to focus on his work from 8am to 6pm. He also needs to carry materials as part of his job, and he is able to do this without tiring out easily.

Doing dialysis overnight enables me to have a full-time job in the day, which also helps to keep my mind occupied. I have ample time to rest before and after my night dialysis, and I'm able to concentrate on my job.



## Optimistic About the Future

Mr Kenneth Ng, 44, clearly remembers the day when he was told he had kidney failure. He felt lost and hopeless, followed by many sleepless nights not knowing what the future would hold for him. The hospital doctor recommended peritoneal dialysis (PD) so that he can easily carry out his treatment on his own in the comfort of his home and encouraged him to join NKF's PD Support Group where members can share their experiences with him.

After visiting the home of a support group member and saw how he carried out the needle-free PD procedure with ease, Kenneth made up his mind to choose this home-based treatment. This also means that he does not have to travel to a dialysis centre for thrice-weekly haemodialysis (HD) and disrupt his work as a centre manager in a day care centre, a job he has held for the past 10 years.

Since undergoing dialysis in July 2023, Kenneth continues to lead the active lifestyle he enjoys like exercising daily, going hiking and travelling overseas like visiting his mother in Malacca and holidaying with friends in Bangkok. He is able to carry out his PD procedure conveniently while travelling by doing another form of PD using the PD bag system, which

is aided by gravity. He only needs to bring along the PD solution with him. Kenneth now looks forward with great positivity as he continues to lead the life he wants to.

I chose PD because I can easily carry out the treatment daily in the comfort of my home without disruption to my day work and continue to enjoy the outdoor lifestyle like exercising, hiking and travelling. I feel optimistic about my future.





## A Promising Future

Eight-year-old Hannah Phoa had to undergo dialysis for up to 14 hours every day as well as be tube-fed not long after she was born due to a rare disorder. She had Denys-Dash syndrome, where scar tissue form throughout the tiny blood vessels in the kidneys that filters waste from blood. The condition is characterised by kidney failure, usually before the age of three.

For her parents, Ms Leong Wei Yee and Mr Desmond Phoa, a kidney transplant for Hannah was always the goal. In fact, both were found to be suitable donors. After the couple weighed all the considerations, it was decided that Ms Leong would donate her kidney to Hannah. So, at the age of five, when Hannah gained enough weight for the surgery, the transplant was carried out in January 2021.

"It was an automatic decision. I wanted to give Hannah a better quality of life and be happy. It was a blessing to give her my kidney and a new lease of life," said Ms Leong.

Both mother and daughter are doing well. Ms Leong and her husband are thankful that they are able to benefit from NKF's Kidney Live Donor Support Fund, which helps defray the cost of post-transplant expenses like medical check-ups and medication.

**My kidneys weren't working well before. My mum was generous and gave me one of her kidneys. I was so excited the day the dialysis machine at home was given back to the hospital. I didn't need dialysis any more!**

## Patient Empowerment



Having a chronic illness like kidney failure, patients need to go on lifelong dialysis to sustain their lives, and it is a life-changing experience at multiple levels. They are overwhelmed with sadness, anger, anxiety, depression and financial difficulties due to job loss. This is coupled with the disruptions to their daily lives, time and physical toll that dialysis treatments have on them.

To help patients overcome these barriers, many studies have shown that self-care is an imperative tool in engaging and empowering patients, especially in the long-term care and chronic diseases setting, which results in better treatment outcomes and quality of life. Once patients are allowed to make autonomous decisions and embrace proactive self-care behaviours such as monitoring their conditions independently, following doctor's prescription and advice, eating right and exercising when appropriate, their treatment outcomes are likely to improve.

### Renal rehabilitation programme

To help patients achieve the above, NKF has a comprehensive renal rehabilitation programme that focuses on the 5Es, which is an essential part in empowering dialysis patients to take ownership of their long-term dialysis care journey and manage their dialysis treatment and its associated complications.

**"Through this integrated approach in dialysis treatment and holistic care where doctors, nurses, social workers, dietitians, therapists and exercise specialists work closely hand in hand, dialysis patients have a greater sense of worth, are able to get back on their feet, lead fulfilling lives, and contribute to their families and the society."**

*Ms Pauline Tan, NKF's Deputy Director of Nursing*

### 5Es

- Education**  
 The more patients learn about their illness and its treatment, the better they will be able to manage it.
- Exercise**  
 Patients exercise regularly to get more energy and make their general health and outlook better.
- Encouragement**  
 Through centre-based activities, patients develop a strong culture and "kampung spirit" through social interactions. Patient buddies are encouraged to take the lead and influence other patients to do the same.
- Employment**  
 Patients strive to keep their jobs to build their self-esteem, identity, independence and sense of accomplishment.
- Evaluation**  
 The outcome of the programme will be determined through the Kidney Disease Quality of Life evaluation, which assesses patients' quality of life before and after the programme.





## new Self-care management

NKF initiated a patient self-care management (SCM) project with a focus on rehabilitation and empowerment. Patients are being educated and trained in essential skills such as weight checking, proper handwashing, access arm washing and the preparation of consumables for the commencement of HD. This will be followed by teaching patients to prime the bloodline and eventually culminating in the self-cannulation of the arteriovenous fistula. This transformative initiative aims to instill a sense of control, dignity, and hope within patients. By fostering a learning partnership and cultivating mutual trust with the healthcare team, the approach ensures that patients are in control of their own care, thereby facilitating renal rehabilitation.

## Know Right Start Right programme

Know Right Start Right (KRSR) is a pre-dialysis education programme targeted at patients in the advanced stages of chronic kidney disease and their caregivers. Through collaboration with public healthcare institutions and community partners, the interventions provided by KRSR aim to reduce the number of patients with unplanned/emergency dialysis by easing them into the treatment regime with continuous support. 219 patients benefitted from KRSR interventions.



## new My Dialysis Journey

To help patients with chronic kidney disease find a treatment option that best fits their lifestyle and preferences, "My Dialysis Journey" was launched. The programme is led by a group of dedicated patient volunteers who understand the challenges of dialysis and kidney failure and share similar experiences. Sessions are held quarterly, and more than 80 patients and their families benefitted from the programme.

## Life@DC

To many dialysis patients, NKF's dialysis centres (DCs) are their "second home". Every week, they come to the centre three times for their four-hour treatment. To encourage and empower patients to lead a purposeful life at the DC, forge a deeper relationship among patients and DC staff, and create a kampung spirit and camaraderie with one another, Life@DC was conceived.

Through Life@DC, NKF's multidisciplinary team of allied health professionals such as social workers, dietitians and exercise specialists, as well as community partners, support patients to build an empowering community from the ground up – for patients and by patients. This kampung is built on a strong foundation of care for one another; a communal space for patients to gather and make it their own; the forging of strong bonds and social integration through meaningful and engaging therapeutic activities; and the sharing of cherished moments and celebration of key occasions together. Activities and outings are co-led and co-driven by "NKF Kakis", exemplary individuals who spend valuable time and effort in crafting suitable activities for their fellow patients. About 80 patients were recruited as "NKF Kakis". This endeavour has garnered the participation of 1,760 patients.



**"Life@DC activities have been fun and creative. It has enhanced and benefitted my dialysis journey by helping me to live in the moment and enjoy the life I have. I now feel encouraged to look on the brighter side of life and have a positive mindset!"**

*Ms Susan Chua (left), who is empowered to lead a fulfilling life through Life@DC*





### EMPower - patient employment programme

Recognising that many dialysis patients seek financial independence but struggle to find jobs because of their health condition and treatment schedules, NKF's employment programme EMPower helps to link patients to suitable jobs that can accommodate their dialysis schedules through our list of collaborating employers. For those who require training, NKF also helps equip them with relevant skill sets and exposes them to new areas of work such as at our Kaki Corner café, which equips patients with F&B skills. Through EMPower, patients are empowered to take greater control and ownership of their lives, enabling them to have a greater sense of self-worth and self-confidence and be self-reliant. This is crucial towards their rehabilitation and reintegration back into society. We provided 102 job referrals to patients with 59 successful link ups, with employers offering flexible working hours and special concessions.

### Enhanced Grains of Hope

NKF's Enhanced Grains of Hope (EGOH) is a home intervention programme helmed by volunteers to support needy patients by providing emotional and mental support during their home visits on a monthly basis. The programme supports 26 patients who are socially isolated, lack a strong support system in caregiving or lack access to health and social-related entities, with the end objective of helping them reconnect and reintegrate into the community through the help of volunteers.

**"Through volunteering in the EGOH programme, I'm glad to have the opportunity to make friends with patients and I'm just happy that I can do a small part to help someone in need in very practical ways."**

*Ms Lee Siew Lin  
Part-time consultant and volunteer since 2014,  
who provides emotional and social support to a  
dialysis patient through EGOH*

Photo:  
Our patient baristas were happy to brew Minister Ong Ye Kung a cup of coffee at Kaki Corner café when he visited NKF's HQ in August 2022. Kaki Corner is a training and internship programme to equip dialysis patients with F&B skills. It comprises 20 hours of training at the café and 100 hours of internship with external cafes. 21 patients joined as trainees, and some have already taken up barista positions at café outlets islandwide.

### Diet counselling and intervention

It has never been easy to adopt a balanced diet, and this has become more challenging for dialysis patients as they need to follow certain diet restrictions. Hence, diet counselling becomes very important to support them in making these difficult changes. A total of 2,798 patients who have nutrition-related problems received timely diet counselling and intervention and 2,329 patients have benefitted from oral nutrition supplements to improve their diet quality.



**"The care team like dietitians are very kind in taking care of me and hearing my needs. I have now improved a lot after following their advice to take more protein and nutrition supplements."**

*Mdm Rafiah Aspagi, who is benefitting from  
the diet counselling*



**"I was hospitalised for a month due to a stroke and I lost a lot of my lower limb strength. After coming to exercise regularly with guidance from the exercise team, my strength has greatly improved, and I feel much more positive in my life."**

*Ms Widya Tania, who is benefitting  
from the exercise programme*

### Exercise care plan

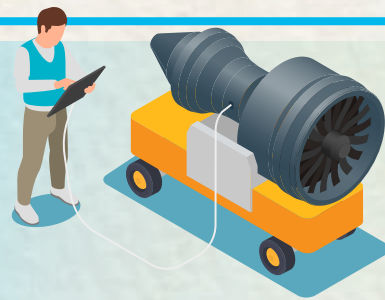
Multiple exercise platforms such as home-based exercise care plans, intradialytic exercises, exercise counselling, in-centre exercise classes and seasonal sport event have been carried out by our exercise specialists to provide a holistic exercise approach for dialysis patients. More than 50% of dialysis patients had participated in either one or more of the exercise platforms.

### Occupational therapy

NKF's Occupational Therapy (OT) team provides assessments and interventions to support patients in managing their Activities of Daily Living (ADL) such as dressing and showering. This helps the patients to continue living well in their communities and maintaining their roles as spouse, parent or even a friend. The OT team covers aspects such as assessment and prescription of assistive devices (such as wheelchairs and Personal Mobility Aids), application of Home Caregiving Grant, home modification advice and application of HDB EASE programme, caregiver training, tailored ADL & Instrumental ADL training (such as taking public transport and cooking) as well as falls risk management. More than 500 patients benefitted from these care programmes and services.



# Supporting Clinical Research and Medtech



## **new** Clinical study on the use of ultrasound in haemodialysis treatment

NKF is carrying out a pilot project on the use of an ultrasound scanner in haemodialysis treatment as it can better visualise the blood vessels, which in turn can help determine the best area for cannulation. This facilitates less traumatic cannulation of access, reducing incidences of infiltration, hematoma and aneurysm formation, loss of access and hospital admissions. This leads to improved long-term patency of vascular access, better quality of life for patients and reduced cost to the healthcare system. Upon completion of the pilot project, NKF aims to implement the use of this technology in our daily care of dialysis patients for better treatment outcomes.

## **new** Smart decision aid tool for end-stage kidney disease palliation (STEP)

NKF collaborated with DUKE-NUS with the aim to develop an interactive web-based Smart Decision Aid Tool. It will be designed based on the findings from environmental scan of the current educational materials in Singapore and other countries and qualitative interviews with dialysis patients who are eligible for palliative care, their family members and health care providers (HCPs) who consult these patients. The tool will help HCPs facilitate discussions about dialysis withdrawal with patients and their family caregivers. It has the potential to improve communication between patients, caregivers and HCPs, improve patient quality of life at end of life (EOL), and help family caregivers experience better bereavement adjustment.

## Scaling Up Adoption of Medical Intervention

### **new** Clot busting procedure done at dialysis centres benefits patients

NKF collaborated with the Ministry of Health, National Improvement Unit (NIU) and several Public Health Institutions in an initiative to unblock malfunctioning Tunnelled Haemodialysis Catheter (THC) using Alteplase through a "clot busting" procedure. Singapore General Hospital (SGH) has developed a clinical protocol and a train-the-trainer framework which allows NKF to train its nurses in administering the treatment to clear patients' catheter when blocked. A total of 100 nurses across all NKF dialysis centres have been trained, which have benefitted 23 patients since the initiative was implemented in December 2022. It turned a one-day hospital admission to a procedure done at a dialysis centre which resulted in not only costs and time savings, but also freed up hospital beds for other critical needs. Taking care of the clot early also results in fewer treatment interruptions, thus ensuring dialysis adequacy and preserving patients' quality of life.

### **new** Introduced plastic cannula to benefit nocturnal patients

Haemodialysis requires cannulation (needling) every treatment and metal needles are traditionally used. NKF introduced the use of plastic cannula to assist nocturnal dialysis patients, reducing pain and discomfort caused by the arm movements during dialysis treatment while patient is asleep. This ensures a more peaceful and uninterrupted rest for patients. It also minimises the risk of cannula displacement or needle penetration, enhancing patient comfort during treatment.





# Improving Quality and Efficacy of Kidney Care in Singapore



## **new Strategic collaboration with Tzu-Chi for better renal care**

NKF collaborated with Tzu-Chi Foundation (TCF) to provide six weeks of training from April 2023 to its first batch of nurses and staff and equip them with the necessary knowledge and skill sets to operate its flagship community-based dialysis centre at Buangkok. NKF undertook the design and curation of a training programme that consists of knowledge sharing, on-site training and consultation in the areas of infrastructure, operations and administration. This strategic partnership between the two charitable foundations is a vital move in ensuring that no kidney failure patient in Singapore is deprived of dialysis, in the light of the number of kidney failure cases rising at an alarming pace in Singapore.

## **President's Certificate of Commendation (Covid-19)**

NKF was honoured to receive the President's Certificate of Commendation (Covid-19) as part of the 2022 National Awards (Covid-19) given to individuals and teams in recognition of their public spirit and contributions to Singapore's fight against Covid-19. It is an affirmation of all our staff's selfless sacrifices, dedication and spirit of resilience during this tumultuous time. This includes the safe and crucial delivery of around 1.5 million life-saving dialysis treatments for well over two years since the start of the pandemic in early 2020 and serving as a national dialysis centre to care for all dialysis patients.



Mr Tim Oei, CEO of NKF, received the certificate on behalf of NKF from then-President Halimah Yacob at a ceremony on 18 June 2023.

## **President's Award for Nurses 2023**

Ms Pauline Tan, deputy director of nursing at NKF, was among three nurses to be conferred with this prestigious award at a ceremony held at the Istana on 28 July 2023. It is the highest accolade in the nursing profession, given in recognition of nurses who have made significant contributions to the profession and the community, while also displaying outstanding competency, leadership and innovation. Pauline is the first NKF nurse and only among 93 to be honoured since the inception of the award in 2000.



From left: Mr Ong Ye Kung, Minister for Health; Ms Pauline Tan, Deputy Director of Nursing, NKF; then-President Halimah Yacob; and Ms Paulin Koh, Chief Nursing Officer, Ministry of Health.

# Creating Stronger Regional Connections

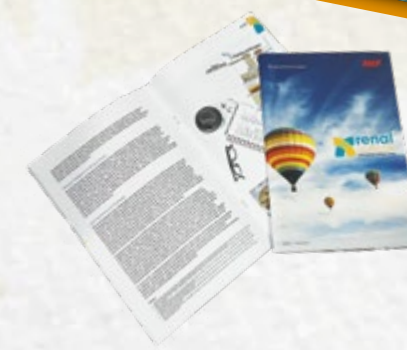
## **Kidney Care Conference - re-thinking kidney care**

With a pressing need for a paradigm shift in delivering renal care and empowering kidney patients to manage their condition, NKF's 4<sup>th</sup> Kidney Care Conference was themed Re-thinking Kidney Care in Singapore. Held on 6 May 2023 at the NKF Centre, it covered multidisciplinary insights into the transformation and integration of CKD care for the future. More than 270 medical, nursing and allied healthcare professionals, including delegates from Southeast Asia, exchanged knowledge and best practices on renal care.



**"It is heartening to know that NKF has also been doing so (improving Singapore's healthcare), by acquiring new knowledge, sharing good practices, adapting to new needs, and collaborating with partners to provide better care for kidney failure patients. The NKF Kidney Care Conference 2023, now in its fourth edition, is a testament to NKF's commitment to advancing kidney care."**

Mr Chan Yeng Kit, Permanent Secretary (Health), Ministry of Health, and guest of honour at the Kidney Care Conference



## **Renal Outlook – a pathway to advancing renal care**

The 2<sup>nd</sup> edition of our annual publication, Renal Outlook, remains an essential conduit for sharing insights on diverse clinical and educational aspects of renal care among healthcare professionals and partners. To foster the dissemination of renal expertise and best practices across the region, we have widened the distribution of the publication to reach regional nephrology societies and kidney foundations. We actively encourage the exploration of collaborative partnerships and welcome article contributions. We firmly believe that these initiatives will stimulate fresh perspectives and raise the benchmarks of renal care.



# Increasing Community Awareness and Adoption of Screening

To move beyond awareness to a culture of health, we have stepped up efforts to encourage people, particularly the high-risk groups, to go for regular kidney screening for early detection and intervention of CKD. At the same time, we help those we reach to learn new behaviours and create opportunities for healthy choices and habits in homes, schools and the community. Our programmes and events are tailored to meet specific needs, values, lifestyle and circumstances so that healthy behaviours will be adopted through relevant, social and consistent efforts. As people see the value in these small steps, behaviour can be shaped. We reached out to over 214,000 people through our various kidney health education and prevention initiatives.



## Schools

Working with our school partners and young change makers, 149,000 students and educators were motivated to adopt and advocate for healthy lifestyle choices with their friends and community for a healthier Singapore. 640 students and their families also participated in a series of post programme activities designed to create opportunities for them to embark on healthy choices together.

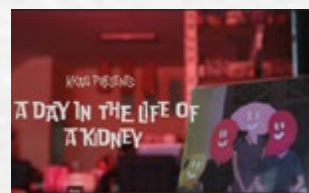


## Kidney We Care Movement

Behaviour change takes constant and consistent effort, and we are heartened by the support of our young change makers that have taken on the baton to promote health among their friends and community under NKF's Kidney We Care Movement (KWC). In one project, two students from Raffles Institution (Junior College) and Anglo-Chinese Junior College respectively, created Singapore's first kidney card game called 'Kid Me Not!' to educate their peers on kidney health and chronic kidney disease in a fun way. In another project, two Republic Polytechnic students developed a 360 virtual tour of a dialysis centre to help others gain an insight into the dialysis operations. KWC also saw students from the Singapore University of Technology and Design's Rotaract Club develop a series of campaigns



Ms Shayne Tan (left) and Ms Choo Li Xuan created Singapore's first kidney card game.



Short films created by students from Temasek Polytechnic's School of Design

featuring short-form videos and digital stickers to encourage their peers to take charge of their health, and also raise funds for patients. Temasek Polytechnic's School of Design created 10 impactful short films to educate their peers and raise awareness of kidney health, compelling viewers to reflect on their lifestyle and health choices.



## Community

Working with our community partners, grassroots and volunteers, we reached 65,000 people through kidney health education programmes and events.

### new Don't Tikam with Your Health

An eight-week "Don't Tikam with Your Health" programme was introduced to Senior Activity Centres and Residential Networks for seniors to embark on healthier behaviours together. Through a peer-to-peer support system, the seniors got their health levels checked and motivated each other to complete their weekly health challenges. By using the fun and familiar tikam approach, the eight-week programme was less intimidating to the 577 seniors that participated from 16 centres.



**"The programme encouraged the seniors to take charge of their own kidney health by doing weekly self-monitoring of blood pressure and exercises."**

Mdm Sharon Tay, Centre In-Charge, Chong Hua Tong Tou Teck Hwee AAC

### new Healthier home-cooked goodness

Working with various partners, we challenged ourselves on how we could make local favourites healthier without sacrificing too much of the taste we love, and even make it easy to make. The Building Healthier Generations campaign was launched in collaboration with YoRipe, a community and content platform for home cooks, resulting in the creation of 48 recipes and was shared with the YoRipe community. NKF collaborated with SSA Culinary Institute to develop a series of four healthy yet easy-to-follow recipes ranging from sweet to savoury, highlighting the importance of a balanced diet in a healthy lifestyle. The recipes garnered the attention of 7,000 people. We also organised our inaugural cooking competition Ready Set Masak! together with KitchenSq LLP's Chef Kamal Khamis and AllSpice Institute. Participants made healthy tweaks to their family's favourite dishes and created nutritious and well-balanced meals using healthier alternative ingredients.





World Kidney Day Malay Forum

NKF organised a forum “Keseimbangan dalam Kesihatan” (Balance in Health) on 19 February 2023 that brought together 22 community partners who have been actively promoting kidney health in the Malay/Muslim community and covered practical tips that the 80 participants could bring back to their mosques to help their congregants achieve balance in mental and physical well-being. This will help reduce the risks of chronic illnesses like kidney disease.



Collaboration with Darul Ghufuran Mosque & An-Nur Mosque

For the first time after the Covid-19 pandemic, NKF collaborated with these mosques to give a short sharing to the mosque congregants before Friday prayers. With a total of 22,000 in attendance, the rise of kidney failure cases in Singapore and the importance of health screening for early detection and intervention were highlighted.



**new** Kampung spirit to encourage kidney health at bazaar

In the spirit of one community, NKF set up a booth with a kampung ambience at the Geylang Serai Ramadan bazaar from 17 March to 18 April 2023 to encourage everyone to take charge of their health. It was also an opportunity for our dialysis patients to be there to sell their handmade items such as calligraphy art pieces and beads paintings for sale. This helped to build their self-confidence and sense of self-worth, which are important towards achieving holistic wellness. Prominent busking duo “Nuradee” also helped promote kidney health during the bazaar. Our kidney health awareness effort reached out to over 10,000 members of the public. We thank Wisma Geylang Serai for sponsoring our booth.



Kidney We Care: Let’s Revolutionise!

After going virtual during the pandemic, Kidney We Care: Let’s Revolutionise! (KWCLR) came back with a blast on 4 and 5 March 2023 at The Star Vista to rally the community to make a stand on breaking the rising trend of kidney failure cases by taking charge of their health. Helmed by volunteers and partners, the event created awareness on kidney disease prevention, with simple tips on healthier living habits and lifestyle changes. There were mass workouts, interactive games and performances by volunteers and partners.



7-Day No Sugary Drinks Challenge Charity Drive

For the sixth year running, NKF has been partnering educational institutions through the 7-Day No Sugary Drinks Challenge Charity Drive to encourage healthy dietary habits and inculcate values of compassion and empathy through acts of service among their students. This year, we also reached out to the heartlanders through launching the campaign at Bukit Panjang Community Club on 19 March 2023. Residents were encouraged to replace sugary drinks with non-sugary drinks and the money saved from giving up sugary drinks will go towards benefitting our patients. The charity drive had reached out to more than 25,000 individuals from 34 educational institutions, corporate and community partners between 10 October 2022 and 30 September 2023 and raised over \$320,000 (inclusive of Tote Board grant) with expenses of about \$7,200.





## Race Inspired!

Race inspired! returned this year to encourage a healthier lifestyle with a physical event at Waterway Point on 30 April 2023. A 3km Fun Walk and 6km Leisure Run attracted about 1,300 participants of all ages, including corporate and community partners. There were also fun-filled health and carnival activities, and a special guest appearance by Mr Kiasu to drive home the message that you can never be too 'kiasu' about caring for your health. Funds raised through the event went towards helping kidney failure patients. A total of \$487,601 was raised to benefit kidney failure patients, with expenses amounting to \$47,650.



## Making kidney screening available and accessible

### Chronic kidney disease (CKD) intervention programme

The National Population Health Survey 2022 showed a significant rise in CKD prevalence from 8.7 percent in the 2019 to 2020 period to 13.8 per cent in 2021 to 2022. This means that about half a million Singaporean residents are now grappling with the disease and are at higher risk of progressing towards kidney failure. To encourage more from the at-risk groups to be screened, partners such as Al Iman Mosque, Maarof Mosque and Persatuan Pemudi Islam Singapura (PPIS) have led by example by organising screenings for their staff. More than 600 people benefitted from the screening intervention programme since 2022.

**"When Maarof Mosque invited all staff to undergo a health screening, I joined. I was shocked to have been told that I had protein in my urine. And since, I have changed my diet to healthier food besides seeing my family doctor to manage my health instead of oily, fast food which I used to eat before this screening."**

*Mr Sumali Mohamin, Participant of CKD Intervention Clinic*



**"About 9,000 people in Singapore have kidney failure and are on dialysis. This is merely the tip of the iceberg. You have more than 300,000 people who are under the water with chronic kidney disease. We can't see them, but they need to be found so that we can screen them and institute appropriate treatments."**

*Prof Thomas Coffman, Dean, Duke-NUS Medical School; Chairman, NKF Medical Advisory Committee; and Member, Future Forward 2030 Steering Committee, who says that this big wave of the increasing number of people with CKD is going to crash on the health system and that raising awareness and carrying out nationwide kidney screening is critical*





# Reaching New Horizons with Your Steadfast Support

## Giving Time, Touching Lives through volunteerism

Volunteers play a pivotal role in NKF, offering their time, skills and passion to our cause without monetary compensation. Their importance lies in their ability to drive positive changes and make impacts on our community. They bring a diverse range of perspectives and expertise, helping us to bolster essential services such as augmenting our nursing manpower at the dialysis centres, organising workshops to upskill our patients and even staff, bringing joy and warmth to our patients' lives, as well as advocating kidney health in the community. Volunteers foster a sense of unity and empathy, inspiring those around them to get involved and cultivate a culture of compassion and altruism.

About 5,000 volunteers contributed over 41,000 volunteering hours at NKF. Their dedication and selflessness serve as a powerful catalyst for our progress, promoting cohesion and building a more caring and resilient community to support our patients and the community.

**"Pop-up cards may look complicated to make, but they are really not that difficult! I wanted to let the patients experience for themselves, that regardless of their age or illness, they can always learn a new skill and find joy from creating arts and crafts."**

*Ms Tham Ee Mei  
Homemaker*

**"When I was admitted into NKF's dialysis programme, I actively participated in activities such as craft and exercise classes. I started volunteering with NKF too! I vividly remember befriending a patient at one of our dialysis centres and at the end of the session, she told me that she found a friend in me to communicate with. She was so happy. I felt so touched and realised that giving joy to another brings joy to me too!"**

*Mdm Aw Ah Moy  
Patient Volunteer since 2018*

**"Befriending NKF patients makes me appreciate health more and not take things for granted. The activities that we are able to do and the foods that we get to eat may be a luxury for kidney failure patients as they are unable to do them or eat freely. Taking some time out to volunteer, lending them a listening ear and showing some care can make a huge difference to patients."**

*Ms Wong Pei Swen  
Morgan Stanley*

**"Volunteering with NKF allowed me to better understand the functional deficits patients with kidney failure experience. Interacting with the patients personally helped to build on my theoretical knowledge learnt in school and helped me gain a clearer view of an occupational therapist (OT) in their lives. Engaging with the patients also started to make me think about the therapeutic cases of occupations in their lives that we can tap on as OTs. This experience helped me apply and produce my clinical skills in a very meaningful manner. Thank you so much for the opportunity!"**

*Ms Caren Mok Kaijun  
Student, Singapore Institute of Technology*





## Breaking boundaries to ensure fund sustainability

### Driving philanthropy through effective engagement and strong partnerships

The giving landscape has changed drastically in the past decade. Further accelerated by Covid-19, the advancement in digital transformation and technology, preconceived notions and heightened expectations for community-led giving and social impact resulted in the birth of new and innovative ways of fund generation in Singapore. To keep abreast with the dynamic situation, NKF is constantly enhancing and reconceptualising our existing line-up of engagement and fundraising programmes to engage new pool of donors, while continuing to maintain strong and interdependent partnerships with our existing supporters to meet the vital needs of kidney failure patients.

While we strive to ensure sustainable funding for our dialysis and holistic programme, LifeDrops remains one of our major sources of donations where donors give regularly and conveniently through automatic recurring deductions. This method of giving helps keep our fundraising expenses low, with the savings going towards helping more needy patients.

Fundraising expenses amounted to 11.1% of the total funds raised, well below the 30% as stipulated by the Charity Regulations.

NKF will continue to strengthen collaborative community partnerships and create a vibrant giving ecosystem to provide kidney failure patients with affordable quality dialysis treatment and holistic care.

**"I am increasing my monthly donations to help more kidney failure patients in need, and I hope that each one of you will also be willing to contribute and support them."**

Mr Ng Kun Seng, LifeDrops donor for 22 years

About **90 cents** of every dollar donated went directly towards patient care

### A lasting legacy

The late Mr Gerry Essery and Mrs Jo Essery left more than \$13 million to four charities, including the NKF. It fulfilled their wishes to support the social causes which they cared for and held dear to their hearts during their lifetime. In 2022, we received the remaining half of our share of \$4 million, which will go towards providing dialysis treatment and care to dialysis patients. The first \$2 million, which we received in 2016, was used to establish The Jo & Gerry Essery-NKF Dialysis Centre in Marsiling.



### The Art of Giving

Launched in 2018 to raise funds for kidney failure patients through the auction of paintings, NKF partnered with non-profit charity Art Outreach to present a joint public exhibition of diverse paintings at Art Outreach's art space in Gillman Barracks from 2 to 13 February 2023. Open to the public for the first time, proceeds raised from the event benefitted the respective organisations and their causes. The physical exhibition provided art enthusiasts and the wider community with the opportunity to appreciate an eclectic mix of traditional and contemporary works by renowned artists such as Lee Man Fong, Pan Shou, Rudy Mardijanto, J'den Teo, Jeremy Sharma and many more. A total of \$13,940 was raised through the event, with expenses at \$3,057.

### NKF Swing for Hope: Charity Golf & Dinner 2022

NKF's charity golf Swing for Hope returned for the second consecutive year. It was held at the Tanah Merah Country Club, Tampines Course on 18 November 2022. A total of 160 golfers and dinner guests attended this meaningful event. There was also a live auction during the dinner. All funds raised for the event went towards providing subsidised dialysis treatment and care for our patients. With the support from our generous donors and partners, a total of \$801,602 was raised with expenses amounting to \$84,507.



### NKF eShop - Shop with a heart

Now in its 3rd year, the eShop has explored different types of collaborations to encourage shoppers to give back. Apart from day-to-day sales of merchandise, the eShop has also worked in tandem with other ongoing NKF campaigns to provide shoppers with an additional avenue to show their support through the purchase of dining and workshop passes. We also had the privilege to collaborate with Thermomix® for our first virtual live sale on social media, where partial proceeds from the sale was donated to NKF and channelled towards the provision of subsidised dialysis treatment and holistic care for patients. With the generous support from sponsors and donors, \$9,707 was raised through this meaningful programme.



### Vesak Day Charity Drive

In celebration of Vesak Day, 31 Buddhist temples participated in this meaningful event and collectively raised about \$163,000 through the sale of items, outright donations, physical donation box placements and online donation platforms to benefit our patients, with expenses amounting to \$3,598.



### Dialysis machine and chair sponsorship

With the strong support of 446 caring donors, we raised \$2.38 million to sponsor vital medical equipment to give life and hope to dialysis patients across various dialysis centres, which include 102 new dialysis machines and 28 dialysis chairs. With each machine or chair benefitting at least six patients, over 780 patients are now benefitting from these life-saving gifts. As an acknowledgement of our donors' kind contributions, naming plates were mounted on the medical equipment.





# Corporate Governance



## Roles and responsibilities of board of directors

The Board acts in the best interests of NKF, with the aim of improving the quality of care for patients who are afflicted with kidney disease and raising awareness of kidney disease prevention. It also ensures there are adequate resources for the operations and programmes of NKF in pursuit of our vision and mission, and that such resources are effectively and efficiently managed; there are processes in place to ensure NKF complies with all applicable laws, rules and regulations; and there is an appropriate code of conduct, which upholds the core values of NKF and its processes.

Management of NKF is delegated by the Board to the management team headed by the Chief Executive Officer (CEO). Initiation and changes of new key programmes and activities, as well as significant transactions require the approval of the Board. The Board also reviews and approves corporate strategy and the annual budget prepared by the management.

Board members are expected to avoid actual and perceived conflicts of interest. Where Board members have personal interest in business transactions or contracts that NKF may enter into, or have vested interest in other organisations that NKF has dealings with or is considering to enter into joint ventures with, they are expected to declare such interests to the Board as soon as possible and abstain from discussion and decision-making on the matter. Where such conflicts exist, the Board will evaluate whether any potential conflicts of interest will affect the continuing independence of Board members and whether it is appropriate for the Board member to continue to remain on the Board.

The Board has also ensured that NKF is in compliance with requirements in Financial Reporting Standards (FRS) and the Code of Governance for Charities and Institutions of a Public Character (IPCs). Our Governance Evaluation Checklist for the period 1 July 2022 to 30 June 2023 can be viewed at the Charity Portal [www.charities.gov.sg](http://www.charities.gov.sg).

## Board governance

The Board is governed by terms of reference with clearly defined scope, authority, duties and responsibilities, including matters pertaining to succession planning, composition and conduct of meetings. The Board strives to ensure that Board members, as a group, have core competencies in areas such as accounting and finance, business and general management, communications, healthcare, human resource, law, medicine, strategic planning and technology, and that it incorporates a degree of diversity. All Board members must be independent. Independence refers to not having any family, employment, business and other relationships with NKF, any related companies or their officers that could interfere, or be reasonably perceived to interfere with the exercise of the Board member's independent judgment made in the best interests of NKF. The CEO is an ex-officio non-voting member of the Board and attends all Board meetings. In addition, other members of management are invited from time to time to attend and make presentations at Board meetings.

The Board believes that there should be a good balance between board size, gender mix and diversity of expertise, so that the Board will be able to offer objective and high quality insights that contribute to NKF's effective governance and management. The

selection and appointment of Board members are overseen by the Nomination Committee based on the terms of reference established, including the size of the Board and the term limits. As at end of the financial year, the Board had 13 members, none of which has served more than nine years running. All Board members are volunteers and are not remunerated. In addition, Board evaluation is carried out annually for assessment of its effectiveness and to drive improvement, as appropriate.

Board meetings were held on:

### 28 October 2022

*Attendees: Arthur Lang, Assoc Prof Abdul Razakjr Bin Omar, Ang Hao Yao, Choo Oi Yee, Prof Ho Yew Kee, Benjamin Lee, Ng Boon Yew, Alvin Ong, Shirley Wong, Wong Su-Yen, Prof Yaacob Bin Ibrahim*

### 17 February 2023

*Attendees: Arthur Lang, Ang Hao Yao, Prof Chan Choong Meng, Choo Oi Yee, Prof Ho Yew Kee, Benjamin Lee, Ng Boon Yew, Alvin Ong, Shirley Wong, Wong Su-Yen, Prof Yaacob Bin Ibrahim*

### 16 June 2023

*Attendees: Arthur Lang, Ang Hao Yao, Prof Chan Choong Meng, Choo Oi Yee, Jerry Koh, Benjamin Lee, Ng Boon Yew, Alvin Ong, Shirley Wong, Prof Yaacob Bin Ibrahim*

## Established a steering committee for Future Forward 2030

To oversee the implementation of Future Forward 2030, which aims to fuel further growth and advancement across the entire spectrum of chronic kidney disease

from awareness to prevention to early management in an ever-evolving renal landscape in Singapore, a Steering Committee – a Board Taskforce appointed by the NKF Board of Directors – was established. The committee plays a vital role for the adoption of synergistic and integrated strategies by providing advice and guidance to the working teams; linking NKF with strategic stakeholder networks; and regularly updating the Board. The committee is co-chaired by NKF's board directors Mr Arthur Lang and Prof Yaacob Bin Ibrahim. Other members include board directors Mr Ang Hao Yao and Ms Lee Huay Leng, NKF's Medical Advisory Committee chairman Prof Thomas Coffman and NKF's senior management.

## A testament of good governance

NKF received the Charity Transparency Award 2023 for upholding the values of accountability and transparency through risk management and good corporate governance. We are grateful to you for trusting and supporting us in our mission of Giving Life & Hope.



*Ms Jacqueline Hoo, NKF Director, Finance & Risk Management (right), received the award from Mr Desmond Chin, Commissioner of Charities.*



# Board of Directors



## Chairman

**Mr Arthur Lang, PBM**  
Group Chief Financial Officer  
Singtel



## Member

**Assoc Prof Abdul Razakjr Bin Omar**  
Cardiologist, Senior Consultant  
& Medical Director  
Specialist Care Group  
(till 31 Jan 2023)



## Member

**Mr Ang Hao Yao, CFA**  
Chairman, Credit Counselling  
Singapore



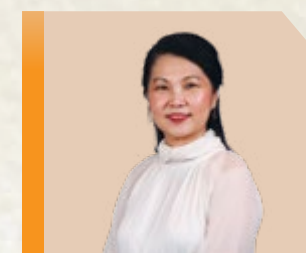
## Member

**Mr Ng Boon Yew, BBM, BBM(L)**  
Executive Chairman  
Raffles Campus Group



## Member

**Mr Alvin Ong**  
Chief Information Officer  
Nanyang Technological University



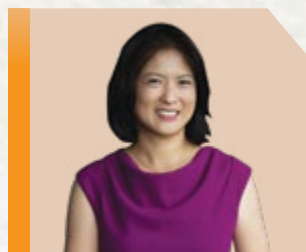
## Member

**Ms Shirley Wong**  
Managing Partner  
TNF Ventures Pte Ltd



## Member

**Prof Chan Choong Meng**  
Senior Associate Dean & Co-Director,  
Academic Medicine Education Institute of  
Duke-NUS Medical School  
Group Chief Education Officer (GCEDO),  
SingHealth



## Member

**Ms Choo Oi Yee**  
Chief Executive Officer  
ADDX



## Member

**Prof Ho Yew Kee**  
Associate Provost  
(SkillsFuture and Staff Development)  
Singapore Institute of Technology



## Member

**Ms Wong Su-Yen**  
Founder and Chief Executive Officer  
Bronze Phoenix Pte Ltd



## Member

**Prof Yaacob Bin Ibrahim**  
Advisor, Office of the President and  
Director, Community Leadership and  
Social Innovation Centre (CLASIC)  
Singapore Institute of Technology



## Member

**Mr Jerry Koh**  
Managing Partner  
Allen & Gledhill LLP



## Member

**Mr Benjamin Lee**  
Managing Director  
Providentia Wealth Advisory Ltd



## Member

**Ms Lee Huay Leng**  
Editor-In-Chief  
Chinese Media Group  
SPH Media Ltd

## Organisation Chart





## 7 committees to cover key areas of management

NKF has 7 committees to assist the Board in covering key areas of management and improving our oversight of management and accountability to stakeholders. All committees have written terms of reference, which are approved by the Board. Minutes of committee meetings are provided to the Board.

### Audit & Risk Committee

The Audit & Risk Committee (ARC) supports the Board in upholding the integrity of the financial statements by reviewing and evaluating the effectiveness and adequacy of the Foundation's internal control system. In addition, the ARC also reviews the corporate governance structure to ensure the promulgation and application of sound management practices, financial and other policies and guidelines. Some of the other responsibilities include establishing a robust risk management system, implementing sound policies, embracing ethical code of conduct, overseeing the whistleblowing policy and fostering a well-managed environment for the Foundation. ARC also reviews internal and external auditor performance to ensure effectiveness, efficiency, transparency, reliability, trust and accountability.

Chairman	Members	Committee Meetings Held:
Prof Ho Yew Kee	Dr Daniel Chia Mr Gregory Tan Ms Tan Peck Joo Ms Wan Mei Kit	25 July 2022 19 September 2022 10 January 2023 19 April 2023

### Finance Committee

The Finance Committee reviews the financial performance of NKF on a monthly basis and reports the results to the Board on a quarterly basis. Its functions include annual review of operating and capital expenditure budget and forecast and recommends, as appropriate, to the Board for approval; review of quarterly financial performance against budget and previous year as well as review and approval of Finance policies and procedures. It also reviews and approves all extra-budgetary expenditure beyond the delegated management authority. In respect of extra-budgetary expenditure that is beyond the delegated authority of the Finance Committee, it makes the appropriate recommendations to the Board for approval. The Committee also oversees the Tender Committee.

Chairman	Members	Committee Meetings Held:
Mr Ang Hao Yao, CFA	Mr Hui Choon Kit Mr Koh Poh Guan Mr Marc Lo Ms Susan See Tho	24 August 2022 8 February 2023 17 May 2023

### Fundraising Committee

The Fundraising Committee reviews and ensures that NKF has the appropriate policies and procedures to comply with the Charity Council's Code of Governance in respect of fundraising practices; strategises and spearheads all fundraising programmes and activities on a yearly basis; and helps raise awareness and garner support for financial and other assistance needed by the Foundation.

Chairman	Members	Committee Meetings Held:
Ms Choo Oi Yee	Ms Jennifer Bay Mr Chris Chiu Mr Wong Joo Seng	4 October 2022 6 February 2023 6 June 2023

### Human Resource Committee

The Human Resource Committee (HRC) reviews and advises NKF on HR strategies, policies and key HR programmes supporting NKF's strategic thrusts and priorities.

Chairman	Members	Committee Meetings Held:
Mr Jerry Koh	Mr Don Leow (from 1 Jan 2023) Mr Henry Liew Mr Tan Kim Kwang Ms Zarina Piperdi	10 October 2022 3 February 2023 4 May 2023

### Investment Committee

The primary responsibility of the Investment Committee is to oversee the investments of NKF and fund managers on behalf of the Board and report the results of their activities to the Board. The Investment Committee reviews and recommends, for approval by the Board, (a) the investment policy to meet with the investment objectives of NKF; and (b) suitably qualified external fund managers (FMs) to implement the approved investment policy. Where external FMs are appointed, the Committee monitors, assesses and reports periodically to the Board the performance of the appointed external FMs, diversity and risks of NKF investment portfolio and advises on matters relating to investment administration.

Chairman	Members	Committee Meetings Held:
Mr Ng Boon Yew, BBM, BBM(L)	Ms Laura Kho Ms Regina Lim Mr William Mak Ms Zheng Wanshi	27 July 2022 26 October 2022 2 February 2023 26 April 2023



### Nomination Committee

The Nomination Committee reviews the size, structure and composition of the Board and Board committees, succession plans for the Board, Board Committees and that of the CEO, as well as the competencies, independence and time commitment of directors. It also initiates the search for new directors and recommends new directors and existing directors for reappointment to the Board, as well as reviews the proposed appointment of committee members. It also reviews the process and tools for evaluating Board, Committee and individual director performance. The Committee's recommendations are subject to Board approval, and the appointment of members to the Nomination Committee and its terms of reference are approved by the Board.

#### Chairman

Assoc Prof Mak Yuen Teen

#### Members

Mr Arthur Lang  
Ms Wong Su-Yen

#### Committee Meetings Held:

8 November 2022  
20 June 2023

### Technology Committee

The Technology Committee provides expertise and advice on the strategic adoption of technology and major technology-related projects as enablers of the Foundation's purpose; reviews the annual IT budget and to ensure budget compliance; and provides oversight for the identification and management of IT risks, including cybersecurity risks.

#### Chairman

Mr Alvin Ong

#### Members

Mr Chai Chin Loon  
Assoc Prof Terence Tang  
Mr Christopher Yeo

#### Committee Meetings Held:

12 September 2022  
17 January 2023  
4 April 2023  
22 May 2023

### Reserve policy

NKF's Reserve Policy aims to ensure that it maintains strong and healthy fund ratios to support its ongoing operations and strategic initiatives. The policy applies to the general funds that are freely available for operating purposes in order to ensure long term sustainability and excludes endowment, restricted and designated funds.

The target level of reserves is set at least 5 years equivalent of net annual operating expenditure. NKF regularly reviews and manages its reserves to ensure optimal fund structure, taking into consideration its future fund requirements, fund efficiency, projected income and operating cash flow.

Our current year reserves of \$395 million are adequate to fund 2.1 years of projected annual operating expenditure, 0.1 years lower than last year. Annual operating expenditure, for the purpose of the Statement of Reserves, represents the total gross annual expenditure of the Foundation adjusted for inflation and projected capacity increases.

Based on the net annual operating expenditure which takes into consideration projected income from dialysis treatment, NKF's reserve coverage at 6.0 years was 0.1 years higher than last year and above the Board's target of 5 years.

### Reserves Policy Statement

in S\$'000	Current Year (as at 30 Jun 2023)	Previous Year (as at 30 Jun 2022)	Change
General Fund (Reserves)*	394,691	385,820	2%
Restricted & Designated Funds	31,889	34,802	-8%
Total Funds	426,580	420,622	1%
<b>No. of Years Reserves Coverage of Annual Operating Expenditure</b>	<b>2.1</b>	<b>2.2</b>	<b>-0.1</b>
<b>No. of Years Reserves Coverage of Net Annual Operating Expenditure</b>	<b>6.0</b>	<b>5.9</b>	<b>0.1</b>

\*Restated to include deferred income to fund future expenditures.



# Financial Statements

## Overview of financial results for the year ended 30 June 2023

	FY 2022/23 S\$'000	FY 2021/22 S\$'000	Change S\$'000
<b>Charitable Activities</b>			
Income related to Dialysis <i>(Net of patients' subsidies of \$7.5 million for FY 22/23 and \$7.9 million for FY 21/22)</i>	50,682	50,805	(123)
Expenses related to Dialysis	(142,831)	(137,399)	(5,432)
<b>Deficit from Dialysis</b>	<b>(92,149)</b>	<b>(86,594)</b>	<b>(5,555)</b>
MOH Subvention	60,137	54,685	5,452
Less Expenses related to Education & Prevention	(1,532)	(1,336)	(196)
<b>Deficit from Charitable Activities</b>	<b>(33,544)</b>	<b>(33,245)</b>	<b>(299)</b>
This is funded by:			
Donations - LifeDrops	12,919	13,039	(120)
Donations - Others	14,460	11,402	3,058
Fundraising Expenses	(3,026)	(3,043)	17
<b>Total Donations</b>	<b>24,353</b>	<b>21,398</b>	<b>2,955</b>
<b>Deficit from Operations after Donations</b>	<b>(9,191)</b>	<b>(11,847)</b>	<b>2,656</b>
Government Grants	26,166	29,919	(3,753)
Rental Income	1,196	1,160	36
Sundry Income	346	768	(422)
Administrative Expenses	(15,622)	(14,163)	(1,459)
<b>Total Surplus from Operations</b>	<b>2,895</b>	<b>5,837</b>	<b>(2,942)</b>
Investment and Interest Income <i>(Net of fees)</i>	307	(14,174)	14,481
<b>Total Surplus/Deficit for Financial Year</b>	<b>3,202</b>	<b>(8,337)</b>	<b>11,539</b>

The full set of audited financial statements is available at [www.nkfs.org](http://www.nkfs.org) to save on printing costs as well as care for the environment.

1. FY22/23 marked the first financial year emerging from Covid-19 which concluded with an operating surplus of \$2.9 million.
2. Despite staggering economic recovery from Covid-19, we saw a remarkable \$3.0 million increase in donations. For this, the Foundation is thankful to like-minded donors who believe in giving life and hope to dialysis patients as we made every effort to reduce the wait list of patients with challenging age and co-morbidities profile emerging from Covid-19.
3. We saw a net increase of 4% in patient load while maintaining our dialysis fees and keeping our operational and administrative costs at bay amidst inflationary costs pressure as our dialysis centres resumed to normalcy.
4. The transition from fixed income to a conservative investment mandate in November 2022 coupled with prudent cash management delivered modest returns, bringing in a net gain of \$0.3 million from investments.
5. Concluding the FY with a total surplus of \$3.2 million, the Foundation acknowledges the operational and financial challenges remain ahead. We are undeterred in our approach in the coming year to enhance quality and efficacy of renal care, placing a strong focus on financial sustainability and leading in renal care innovation.

### Annual Expenditure **\$164.1 million**

Dialysis	\$142.8 million	(87%)
Administrative	\$15.6 million	(9%)
Fundraising	\$3.0 million	(2%)
Education & Prevention	\$1.5 million	(1%)
Investment Fees	\$1.2 million	(1%)

### Annual Income **\$167.3 million**

MOH Subvention	\$60.1million	(36%)
Dialysis Income (Insurance claims & fee collection)	\$50.7 million	(30%)
Donation/Sponsorship	\$27.4 million	(16%)
Government Grants	\$26.1 million	(16%)
Rental & Sundry Income	\$1.6 million	(1%)
Investment & Interest Income	\$1.4 million	(1%)



# Our Caring Donors

Our heartfelt gratitude to all our donors for their unyielding support, compassion and generosity in Giving Life & Hope to our patients. Special thanks to the following donors who have made generous contributions from 1 July 2022 to 30 June 2023.

## Individuals

Abhishek Singh  
Abizer Shabbir Tambawala  
Alex Khoo  
Allimuthu Kalaivani  
Aminah Ismail  
Ang Chai Luan Joyce  
Ang Chor Meng  
Ang Hun Khoon  
Ang Zhi Hao  
Anwar Edward  
Baljinder Kaur Ranjit Singh  
Bee Mooi Mooi  
Bhatia Jyotdeep Singh  
Caleen Lim  
Cao Shujuan  
Castillo Anita (Mrs)  
Cera Mark Malony  
Chan Aik Hui (Dr)  
Chan Hian Siang  
Chan Hock Cheng Anna  
Chan Seng Way  
Chan Soo Ling  
Chan Sook Fun Yvonne  
Chan Yok Yue  
Chang Kok Cheong William  
Chang Mee Hong  
Cheah Phui Kheng Adrienne  
Chee Keng Lian  
Chee Ser Chuan  
Chee Swee Mei Esther  
Chen Guoxiong  
Chen Jun Yuan  
Chen Xian Wen

Cheng Tee Hiang  
Cheong Chin Joo Gerald  
Cheong Hock Chew Peter  
Cheong Kok Hom  
Cheong Theam Hock Peter  
Cheung Chuan Woo  
Chew Siew Lay  
Chia Gin Sun  
Chia Hung King  
Chia Khong Shoong  
Chik Latif Sani  
Chin Shuyan Sharon  
Chng Hak Loy  
Chng Joshua  
Choh Choon Jin  
Chong Kok Yong  
Chong Siew Hong  
Chong Siew Kam  
Chong Wee Kee  
Chong Yeh Sun  
Choo Lay Hwa  
Chow Choon Yen  
Chow Joo Ming  
Chow Yuen Yong Alvin  
Chua Ai Gek Delia  
Chua Bee Suan Angela (Mrs)  
Chua Chee Khiang  
Chua Chong Cheng  
Chua Chor Chuan  
Chua Ghim Hoe Kenny  
Chua Guek Liang Molly  
Chua Say Kuan William

Chua Swee Meng William  
Chua Yuanwei  
Chua-Kao Chien Chien (Mrs)  
Chui Yew Kong  
Chung Chee Keong  
Collado Valerie  
Deepak Singhal  
Dilhan Pillay Sandrasegara  
Ding Teck Yong Gabriel  
Ee Boon Kwee  
Ee Hong Ai Jacqueline  
Ellen Lee Geck Hoon  
Eng Lee Ing  
Er Swee Teck  
Fam Kim Meng  
Felix Wang Yip Kee  
Fong Fu Wei  
Fong Siew Ping  
Foo Jee Yong Roger  
Foo Kok Kan  
Foo Peng Chuan  
Foo Yoke Khan  
Foong Yim Ping Regina  
Frayna Sarah  
Gan Chew Tee  
Gan Kian Yong Hubert  
Gan Thong Hoe  
Gay Patrick  
George Paul (Dr)  
Goh Ah Lek  
Goh Dong Hong  
Goh Hwee Shen

Goh Joo Ee  
Goh Mia Hock  
Goh See Hwa  
Goh Siow Tai Alex  
Goh Wee Hiong Lawrence  
Goh Yun Lin  
Goyal Sharad  
Guee Swee Cheng  
Jacqueline  
Gurav Prasad Pandurang  
Gurusamy Pandikrishnan  
Han Chen Kong Jeffrey  
Han Wen Ru  
He Zhi Yuan  
Heah Hang Chua  
Heng Boon Siong  
Heng Chiang Jye  
Hew Jervin  
Hew Kew Fong Kelvin  
Ho Boon Cheong  
Ho Chin Tiong  
Ho Guan Qi  
Ho Han Kiat (Dr)  
Ho Sheng Ming  
Hong Tuck Meng  
How Yoke Peng  
Hsu John  
Huang Li  
Huang Linrong (Mrs)  
Huang Luxiang Andrew  
Huang Meng Ching  
Huang Nating  
Hui Yen Leng

Hwang Soo Jin  
Inderjit Singh Gill Ishar  
Singh Gill  
Issac  
Jeffrey Tay Han Sheng  
Jennifer Tan Siok Tze  
Jhivanesh Jothanathan  
Josephine Chee  
Josephine Lee Bee Leng  
Kang Choon Seng  
Katar Singh  
Keh Soh Hua  
Kho Thiam Soon  
Khoo Eng Lian  
Khoo Sang Chin  
Khoo Yew Chuan Benjamin  
Kim Junghoon  
Ko Willy  
Koh Boon Hock  
Koh Hui Hong Joycelyn  
Koh Joo Kim  
Koh Kian Hong Richard  
Koh Kiat Mui  
Koh Kuan Hock  
Koh Poh Guan  
Koh Seow Ngang  
Koh Wee Nah  
Kok Pei Foong  
Kong Hung Lau Paul  
Kong Yeen Hoon  
Koong Chee Cheong  
Kuan Ren Qiang Patrick  
Kudale Yogesh Arvind  
Kulkarni Abhijit Ashok  
Kwan Yuen Ching Natasha  
Kwek Ai Ser  
Kwok Chat Khing  
Kwok Cher Luang  
Kyryl Ivanov  
Lai Koon Cheong  
Law Su Yin  
Leau Chee Yung  
Lee Chee Yong Matthew  
Lee Cheng Chong  
Lee Chin Pin  
Lee Fook Choy David  
Lee Hong Ping  
Lee Huay Leng  
Lee Inn Peng  
Lee Jia Yun  
Lee Jian Kuan  
Lee Kok Boon  
Lee Lay Hoon  
Lee Li-Ming (Mrs)

Lee Ngai Fong  
Lee Nguet Kwang  
Lee Poh Noy  
Lee Shalyn  
Lee Siew Chuan  
Lee Siew Ming Lawrence  
Lee Soon Chin  
Lee Tong  
Lee Wonbae  
Lee Yih Chyi  
Lek Li Ru  
Leong Heng Kong Glenn  
Leong Wing Yew Ernest  
Li Gong  
Li Tong  
Lim Ban Lee  
Lim Bee Lai Rachel  
Lim Boon Huat  
Lim Chee Pin Sam  
Lim Chien Hua James  
Lim Choo Leng  
Lim Chwee Kim  
Lim Geck Kia  
Lim Hock Chee  
Lim Hwee Leng  
Lim Keng How Jason  
Lim Kong Hiong  
Lim Kwee Poh  
Lim Lam Seng  
Lim Leong Chuan  
Lim Lu Giok Amy  
Lim Mei Guei Michelle (Mrs)  
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Lim Soo Ngoh  
Lim Soon Huat William  
Lim Tiong Seng  
Lim Wee Meng Lawrence  
Lim Yew Kin  
Lim Yok Ley  
Lin Hongmei  
Lin Wai Hung  
Lin Zikai Edwin  
Liu Yock Mui Judith  
Liu Yong Qing  
Lo Szi Wei  
Loh Jun Kitt  
Loh Wai Meng  
Low Hsiao Way  
Low Kai Fong  
Low Kee Yeow  
Low Liong

Low Meng Cheng  
Low Pui Lin  
Low Seong Leong  
Low Wai Sing  
Low Yan Khin  
Lum Wei Chong  
Lye Shoon Fong Lawrence  
Mai Ah Ngo  
Mak Loke Peck  
Mao Jinhua  
MiaJei Sufi (Dr)  
Mohammad Sufian  
Mok Kim Chye  
Mok Kwong Weng  
Muhammad Khairi Darus  
Na Boon Chong  
Nah Hwee Guan  
Neo Ah Suan  
Neo Boon Keng  
Neo Boon Khiam  
Neo Gim Siong Bennett  
Neo Heng Soon  
Neo Lay Kuan Hazeline  
Neo Siew Choon Peter  
Ng Ah Teck  
Ng Boon Seng  
Ng Boone Sing  
Ng Chiew Leng Austin  
Ng Chuan Her  
Ng Fu Cheng  
Ng Hoe Kiat Keith  
Ng Khim Han  
Ng Kun Seng  
Ng Seh Tiong  
Ng Siok Hoong  
Ng Soon Kheng  
Ng Soon Lee  
Ng Steven  
Ng Thiam Seng Kelvin  
Ng Tya Ah Andrew  
Ng Woo Hong  
Ng Zen Zen  
Ng Zheng Guang Kevin  
Ngan Yap Tang  
Nanthavee Suckchai  
Nora Champion  
Nyan Yew Loong  
Oan Chim Seng  
Oh Thay Lee  
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Ong Chiew Leong  
Ong Chin Eng Andrew  
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Ong Joo Li  
Ong Kim Hock  
Ong Kim Tee  
Ong Kok Hong  
Ong Siu Ming  
Ong Swee Hoo  
Ong Tai Yong  
Onn Eng Joo  
Ooi Kooi Tin  
Ow Peak Lan  
Park Suk Hoon  
Parthasarathy Subramanian  
Pattanashetty Manjunath  
Ajjappa  
Paul Weaver  
Peck Hwee Peng  
Phang Chin Sern  
Phang Weng Wan Jay  
Phoon Kum Yuen  
Phoon Kwong Yun Ian  
Phua Kim Guan  
Phyllis Poh  
Pier Lim  
Pisharath Sreekumar (Dr)  
Po Chee Chow Kavin  
Poddar Joyita  
Poh Cheng Lam Anthony  
Poh Liong Pin  
Poh Sin Choon  
Puar Teck Jin  
Puay Eng Chuan  
Quah Ah Choo Susan  
Quah Kee Swee  
Quek Gim Pew  
Rajamony Rohith  
Raju Chalil  
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Saw Lee Leong  
Seah Swee Poh  
Seah Wong Chi  
Sebastian Nelson Iruthayadoss  
See Lay Hoon  
See Ling Ling Eline  
Selvarani S  
Seow Eng Teck  
Shanmugam Senthil  
Shantanu Mukerji  
Shiow Sou Ching  
Shy Wee Min  
Sim Bee Wah Michelle



Sim Sheng Chye Lawrence  
 Sim Siew Fung  
 Sim Soo Yong  
 Sim Wei Jie Zen  
 Sim Willing  
 Sim Yew Ying  
 Siti Faridah Khairuman  
 Sivanesan Sivakumar Martin  
 Sng Peng Koon  
 So Chee Meng Kenneth  
 Soh Boon Tong  
 Soh Kim Chye Dave  
 Soh Lip Heng  
 Soh Yong Poon  
 Soo Thiam Boon  
 Soong Yee Shunn  
 Soundararajan N  
 Su Guanng (Dr)  
 Subramanian Kavitha (Mrs)  
 Surapureddy Venkata  
 Krishnajanaki Ramayya  
 Swanny Setyono  
 Takeshi Komatsu  
 Tan Aik Peng  
 Tan Bee Leng  
 Tan Bo Tan  
 Tan Boon Hock Hansel  
 Tan Chim Hoon  
 Tan Choon King  
 Tan Eng Chye  
 Tan Gim Chuan Tony  
 Tan Hoong Teck  
 Tan Huan Sing  
 Tan Hui Sien  
 Tan Kah Tin  
 Tan Kim Biau  
 Tan Kok Hwee Michael  
 Tan Kok Kiong  
 Tan Lee Keng Jenny  
 Tan Mui Gek  
 Tan Poh Kee  
 Tan Se Hok David  
 Tan Seow Leng  
 Tan Siew Leng Tara  
 Tan Siew Teck Lawrence  
 Tan Siong Chiow  
 Tan Sock Leng  
 Tan Song Chiang  
 Tan Sze Lee  
 Tan Tiong Tee  
 Tan Tshun Chuang Nigel  
 Tan Wai See  
 Tan Wai Yean  
 Tan Yen Pew

Tan Yew Seng  
 Tan Yong Chiang Joe  
 Tang Wai Hoong  
 Tau Lye Peng  
 Tay Emily  
 Tay Eng Kng  
 Tay Jie Ying Richelle  
 Tay Jin Ying  
 Tay Kheng Hin  
 Tay Tiang Guan  
 Tay Watt Moi  
 Tay Woon Teck  
 Teng Seok Chu  
 Teo Aik Nen  
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 Teo Cher Kian  
 Teo Choo Yang  
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 Teo Josephine (Mrs)  
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 Teo Poh Heng  
 Teo See See  
 Teo Seng San  
 Teo Siew Bee Corinne  
 Teo Siew Lian  
 Teo Tak Sin- Dax  
 Ter Kim Cheu  
 Thiam Sai Chung  
 Thng Kim Yong Victor  
 Tiang Yan Ming  
 Toh Beng Heng  
 Toh Cheng Wan  
 Toh Joo Huat  
 Toh Kai Seng  
 Toh Khian Hee Jeffrey  
 Toh Kim Hock  
 Toh Siew Gek Joleen  
 Toh Sze Wei  
 Toh Wee Beng  
 Tok Angela  
 Tok Chee Keong  
 Tommy Jacobus Silfanus  
 Tow Soon Kim  
 Tsai Mei Ling  
 Tuan Di Hui Benjamin  
 Villanueva Jhune Keithrick  
 Wang Chun Meng  
 Wang Jern Hung  
 Wang Xiqun  
 Wang Zhongxian  
 Way Suk-Yee Catherine  
 Wayne Goh Huay Hin  
 Wee Kim Yew Arthur  
 Wee Siew Kim

Wee Tze Wee  
 William Fu Wei Cheng  
 Winarno Tjajadi  
 Windersalam  
 Shanmugasundar  
 Wong Chee Weng  
 Wong Chew Kong  
 Wong Hein Jee Lester  
 Wong Kok On  
 Wong Lai Yin  
 Wong Soon Chee Annie  
 Wong Xing Shun Justin  
 Wong Zhung Yu  
 Woo Chee Seng Raymond  
 Woon Mui Lang  
 Wu Mun Keong  
 Wu Wan (Mrs)  
 Xu Wenzhe  
 Yan Sui Wah  
 Yap Kwee Lan Lynn  
 Yap Peng Kang  
 Yassemin Md Said  
 Ye Shu  
 Yeep Kam Mun  
 Yeo Jiann Chuen  
 Christopher  
 Yeo Li Noi Doreen  
 Yeo Seh Hong Lilian  
 Yeo Siew Khoon Richard  
 Yeoh Choon Jin  
 Yeong Wee Yong Joseph (Dr)  
 Yong Kon Yoon Eugene  
 Yu Li Pin  
 Yu Yong Jun  
 Zaleha Tamby  
 Zheng Xiaofeng (Mrs)

### Organisations

A. Lioe & Associates Pte Ltd  
 Abaavo Group Pte Ltd  
 Ace Oil Pte Ltd  
 Alco Sunshade Pte Ltd  
 Allswell Trading Pte Ltd  
 ARC FLOOR PTE LTD  
 Ariston Pte Ltd  
 Asia Enterprises (Private)  
 Limited  
 ATC Coating Pte Ltd  
 B Braun Singapore Pte Ltd  
 Beelicious Pte Ltd  
 Bestway Cleaning Services  
 Pte Ltd  
 BN Solutions (S) Pte Ltd  
 Bukit Timah Seu Teck Sean  
 Tong  
 Chin Heng Holdings Pte Ltd  
 Chong Hood Lim Association  
 Chrono Collection  
 Cny Goodies Singapore Pte  
 Ltd  
 Creme Works Pte Ltd  
 Deyi Secondary School  
 Digio Bridal Pte Ltd  
 Drikung Dharma Chakra  
 Centre  
 DYW Pte Ltd  
 Econo Green Pte Ltd  
 F&N Foods Pte Ltd  
 Far Shipping Lines Pte Ltd  
 Feeha Cheng Seah Temple  
 & Old Folks Home  
 First Ambulance and  
 Healthcare Pte. Ltd.  
 Five Iron Golf Singapore  
 Foo Hai Buddhist Cultural &  
 Welfare Association  
 Fraser and Neave Limited  
 Fresenius Medical Care  
 Singapore Pte Ltd  
 Fresver Beauty Pte Ltd  
 Fuan Temple  
 Fujitsu Asia Pte Ltd  
 Fushun Canvas Pte Ltd  
 Gao Ji Food (S) Pte Ltd  
 Geo Energy Group  
 G-Force Network Pte Ltd  
 Ghim Li Global Pte Ltd  
 Ghim Moh Market & Shops  
 Merchants Association  
 Haw Par Healthcare Limited  
 Heliconia Capital  
 Management Pte Ltd  
 Heng Boon Seng  
 Construction Pte Ltd  
 Hoe Kee Hardware Pte Ltd  
 Hogan Lovells Lee & Lee  
 Hong Leong Foundation  
 Hoy San Transport Pte Ltd  
 Hua Seah Investment  
 Holding Pte Ltd  
 Huangs Jewelry  
 Interaktiv Technology Pte  
 Ltd  
 Interbev (Singapore) Limited  
 Itacho Pte Ltd  
 Jacob General Contractors  
 Pte Ltd  
 Jade Exchange Pte Ltd  
 J'Kids Amusement Pte Ltd  
 Johnasia Shipping (S) Pte Ltd  
 Joo Yong Co Pte Ltd  
 Kee Song Food Corporation  
 (S) Pte Ltd  
 Keppel Corporation



Dr Stephen Riady (second from left), who is committed to improving the lives of the less fortunate through philanthropic giving. Photo: NUS

Kim Hock Corporation Pte Ltd  
 Koh Ho Song Contractor  
 Pte Ltd  
 Koh Kock Leong Enterprise  
 Pte Ltd  
 Koyo Kaiun Asia Pte Ltd  
 KPMG LLP  
 Kwan Tzi Zhai Vegetarian  
 Catering  
 Kyi Heng Construction Pte Ltd  
 Lei Zang Si (Singapore)  
 Lew Foundation  
 Lorong Koo Chye Sheng  
 Hong Temple Association  
 Loyang Tua Pek Kong  
 Magicsoft Asia Systems Pte Ltd  
 Man Fatt Lam Buddhist  
 Temple  
 Masjid Al-Falah  
 Masjid Khalid  
 Masjid Pusara Aman  
 Media Group Pte Ltd  
 MSD Pharma (Singapore)  
 Pte. Ltd.  
 Mylifestyle Holdings Pte Ltd  
 Nightservicingsg Pte. Ltd.  
 NTUC Fairprice Foundation  
 Limited  
 Nutriworks (SEA) Pte Ltd  
 Origin Herbal Hair  
 Treatment Pte Ltd  
 OUE Limited  
 OVERSEAS MOVIE PTE LTD  
 PAP Community Foundation  
 Patent Engineering Co Pte Ltd  
 Pavilion Capital International  
 Pte. Ltd.  
 Pei Hwa Foundation Limited

Prime Commodities Trading  
 Pte Ltd  
 PSA Corporation Limited  
 PU TIEN HOLDINGS PTE. LTD.  
 Puat Jit Buddhist Temple  
 PwC Singapore  
 RSM Singapore  
 S C Wong Foundation Trust  
 San Wang Wu Ti Religious  
 Society  
 SATS Staff Association  
 Schroder Investment  
 Management (Singapore)  
 Ltd  
 Seng Kang Primary School  
 SG E&C Pte Ltd  
 Shinko Bearings & Beltings  
 Pte Ltd  
 Shopee Singapore Private  
 Limited  
 Singapore Buddhist Welfare  
 Services  
 Singapore Buddhist Youth  
 Mission  
 Singapore Bukit Panjang  
 Hokkien Konghuay  
 Singapore Casket Company  
 (Private) Limited  
 Singapore Pools (Private)  
 Limited  
 Sitigold Pte Ltd  
 Sky Blue Aircon Engineering  
 Pte Ltd  
 ST Healthcare Pte Ltd  
 SUTL Corporation Pte Ltd  
 Swiss Re Foundation  
 Tad Charity Limited  
 Tai Tiong Tentage Service

Tampines Chinese Temple  
 Tanah Merah Country Club  
 Tang Gah Beo  
 Techies Logistics (S) Pte Ltd  
 Techtown Pte Ltd  
 Teck Chiang Realty Pte Ltd  
 Teo Soon Seng Pte Ltd  
 The Centre For Inner Studies  
 in Singapore Ltd  
 The Estate of Essery Gerald  
 Stephen  
 The Future of Cooking Pte Ltd  
 THE HOUR GLASS LIMITED  
 The Mandy's Pte Ltd  
 The Singapore Buddhist  
 Lodge  
 Thomson Shin Min  
 Foundation  
 Thong Teck Sian Tong Lian  
 Sin Sia  
 Tian Kong Buddhist Temple  
 Tians Power Pte Ltd  
 TL Whang Foundation  
 Limited  
 Toa Payoh Seu Teck Sean  
 Tong  
 Tote Board Group  
 TPH Fund  
 T-Pride Pte Ltd  
 Transmedic Pte Ltd  
 TTJ Design & Engineering

**"OUE is pleased to support NKF over the years through its annual Charity Golf event to help dialysis patients receive quality treatment and holistic care. We believe that by giving back, we not only ensure the sustainable growth of our organisation, but more importantly, that of the communities we are part of."**

*Dr Stephen Riady, Executive Chairman & Group CEO, OUE Limited*



# Our Committed Volunteers

Our deepest appreciation to all our volunteers and partners for their contributions and efforts in supporting our patients in their rehabilitation journey and advocating kidney health in the community.

**Our partners who have volunteered with us from 1 July 2022 to 30 June 2023**

## Organisations/Religious Groups/Educational Institutions

You(th) Can Do It!

Admiralty Secondary School

Agilent Technologies Singapore Pte Ltd

Alpha Phi Omega Alumni Association in Singapore 189

Ambulance Wish Singapore

Anderson Serangoon Junior College

Anglo-Chinese Junior College

Anglo-Chinese School (Independent), Three Beanies

Art:Connect

Balloon Sculpting Interest Group

Bartley Secondary School

Be Kind SG

Bedok Methodist Church

Bedok View Secondary School

Bukit Batok Secondary School

Catholic High School

Catholic Junior College

Chatsworth International School

Haha Music & Entertainment

CHIJ Katong Convent

CHIJ St Nicholas Girls' School

(Secondary), Project Ren

CHIJ St. Nicholas Girls' School (Secondary)

Chillin' @ 6

Crush Media Network

Daniel Sid

DBS Bank

District 22

Dot Connections Growth Centre

DTCC Data Repository (Singapore) Pte Ltd

Dunearn Secondary School

Dunman High Medical Society

Epic Dialogue Pte Ltd

Eunoia Junior College

Eunoia Junior College, Project Kaizen

Evergreen Secondary School

Evergreen Secondary School, 4 Commitment

Evergreen Secondary School, 4 Respect

Falling Feathers

Faxolif Industries Pte Ltd

Fei Yue Community Services

First Ambulance and Healthcare Pte Ltd

Flame Communications Pte Ltd

Foo Hai Buddhist Cultural And Welfare Association

Global Indian International School

Good Shepherd Preschool

Google Asia Pacific, Singapore

Gospel Baptist Church

Grab Singapore

Greenpac (Singapore) Pte Ltd

Heysprouts

Hobbs Holdings Pte Ltd

Holy Innocents' High School

Hwa Chong Institution, Project Bandid

Hwa Chong Institution, Project Evexia

Hwa Chong Institution, Project Kiganai

Hwa Chong Institution, Team XYZ

Insurance and Financial Practitioners

Association of Singapore

Imelda Unisex Hair Styling & Beauty

Training School

Innovative Pest Pte. Ltd.

ITE College West, School of Hospitality

Jason Yu

Kantar Singapore Pte Ltd

Keppel Corporation

Kingdom of Jesus Christ Society

Knots with Love FHG

Leong Teng Kee

Madrasah Aljunied Al-Islamiah

Maketh Project

Mastercard

Mclink Asia Pte Ltd

Methodist Girls' School (Secondary)

Millennia Institute

Probation and Community Rehabilitation Service (PCRS), Ministry of Social and

Family Development

MIU Global Pte Ltd

Morgan Stanley

Music Mem'ries

Nan Chiau High School, 2 Humility

Nanyang Girls' High School

Nanyang Junior College

Nanyang Polytechnic, Emcee Club

Nanyang Polytechnic, School of Business Management (Sport & Wellness Management)

Nanyang Technological University, Emcee Club

Nation One

National University of Singapore, Public Health Club

Ngee Ann Polytechnic

School of Life Sciences & Chemical

Technology, Ngee Ann Polytechnic

Ngee Ann Polytechnic, Singapore Nurses Association

NielsenIQ

Income Insurance Ltd

NUS High School of Mathematics and Science

NUS High School of Mathematics and Science, Choir Group

NUS High School of Mathematics and Science, St John Brigade

One Heart Cleaning Pte. Ltd.

Orchid Park Secondary School

Pastel Nagomi Artists

Paya Lebar Methodist Girls' School (Secondary)

Paya Lebar Methodist Girls' School (Secondary), JJAV

Paya Lebar Methodist Girls' School (Secondary), PL H.E.L.P.S

Peirce Secondary School

Project Wellness

PSC Corporation Ltd

Psquare

Punggol Secondary School, Art Club

Raffles Girls' School (Secondary)

Raffles Girls' School (Secondary), Project Beans

Raffles Girls' School (Secondary), Project Beafriend



Raffles Institution

Raffles Institution, Happiness for Life

Raffles Institution, Red Cross Youth (RI Chapter)

Raffles Institution (College Section)

Raffles Institution (College Section), Project Synergy

Raffles Institution (College Section), Project Alkulla

Raffles Institution (College Section), Project Seeds of Hope

Raffles Institution, Raffles Interact

Republic Polytechnic

Republic Polytechnic, Pharmaceutica Interest Group

Republic Polytechnic, Republic Magic

Republic Polytechnic, FYP Team Project HOPE

River Valley High School

River Valley High School, Chinese Orchestra

Rotaract Club of NUS

Sam Lay

School of the Arts, SOTA

SG Cares Volunteer Centre @ Boon Lay (operated by Thye Hua Kwan Moral Charities)

Silver Ribbon (Singapore)

Singapore Armed Forces (40 SAR)

Singapore Cancer Society

Singapore Chinese Girls' School, Kidney Warriors

Singapore Examinations and Assessment Board

Singapore Institute of Technology

Singapore Police Force Leadership and Executive Training School (LETS)

Singapore Polytechnic

Singapore Polytechnic, Video Club

Singapore Polytechnic, Applied Chemistry Student Chapter

Singapore Polytechnic, Biomedical Science

Singapore Polytechnic, Perfumery and Comestic Science

Singapore Pools (Private) Limited

Singapore University of Social Sciences

St Hilda's Primary School

St Margaret's Secondary School Girls' Brigade

Tanjong Katong Girls' School

Temasek Junior College Leo Club

Temasek Polytechnic

Temasek Polytechnic, Medical Biotechnology Interest Group

Temasek Polytechnic, Law & Management

The 2nd As Family Band

The Kidney Movement

The TENG Company (TENG Gives Back)

The Terrific Trio

Tobyato

TRANS FOCUS Active Ageing Centre

Triple J

Victoria Junior College

Victoria Junior College, Medical Society

Victoria School

Virtu Financial

Winn Yeo Dance Group

Woh Hup (Private) Limited

Xinmin Secondary School

Yale-NUS College

Yishun Innova Junior College

Yishun Innova Junior College Tenpin Bowling

Yishun Innova Junior College Track & Field Club

Yishun Innova Junior College Volleyball

Yishun Secondary School

Yuying Secondary School

Lim Yu Ci Charity

Lye Wing Cheong Eric

Mohideen Mohd Ally

Alvin Ong

Rahim Bin Selamat

Seah Kaichen, Mendel

Surattee Mastura

Tan Kim Kwang

Tan Peck Joo

Wei Zhang Vivian

Zarina Piperdi

## 10 Years Individual Long Service

Chew Chin Ming

A/Prof Chionh Chang Yin

A/Prof Tan Chieh Suai

Kamisah Saini

Benjamin Lee

Zulkifli Redwan

Lim Siew Kim

Ee Thiam Hee Gary

## 15 Years Individual Long Service

Christian Charles Eber

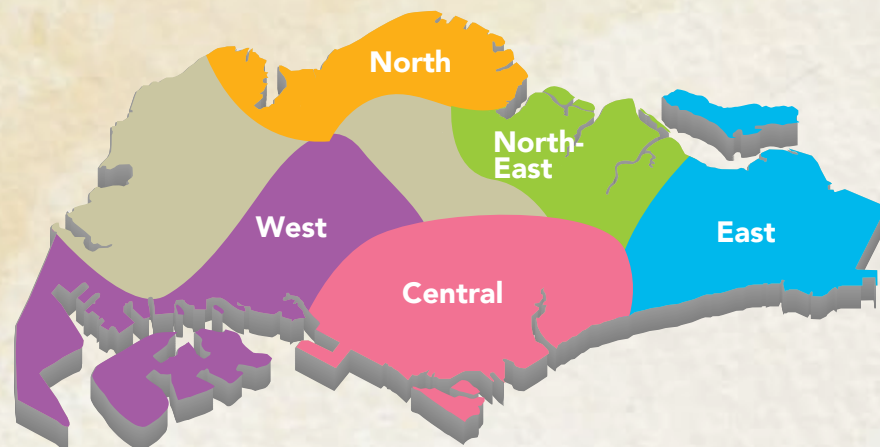
Ho Ying Cheng

Khoo Han Whatt Vincent



NKF has made every effort to ensure accuracy of the information. We apologise should there be any omissions or errors.





We are grateful to our caring sponsors for enabling us to set up dialysis centres across Singapore, providing convenience and easy access to treatment and care for kidney failure patients living or working in the heartlands.

## North

### 204 Marsiling

Jo & Gerry Essery – NKF Dialysis Centre  
Blk 204, Marsiling Drive, #01-188  
Singapore 730204

### 365 Woodlands

SCAL – NKF Dialysis Centre  
(Woodlands Branch)  
Blk 365, Woodlands Avenue 5, #01-490  
Singapore 730365

### 761 Woodlands

The Hour Glass – NKF Dialysis Centre  
(Admiralty Branch)  
Blk 761, Woodlands Avenue 6, #01-108  
Singapore 730761

### 825 Woodlands

Thong Teck Sian Tong Lian Sin Sia –  
NKF Dialysis Centre  
Blk 825, Woodlands Street 81, #01-30  
Singapore 730825

### 203 Yishun

Toa Payoh Seu Teck Sean Tong –  
NKF Dialysis Centre  
Blk 203, Yishun Street 21, #01-239  
Singapore 760203

### 639 Yishun

Le Champ – NKF Dialysis Centre  
(Yishun Branch)  
Blk 639, Yishun Street 61, #01-168  
Singapore 760639

### 840 Yishun

SCAL – NKF Dialysis Centre  
(Yishun Branch)  
Blk 840, Yishun Street 81, #01-382  
Singapore 760840

### Yishun Community Hospital

NKF Dialysis Centre Supported by Keppel  
2 Yishun Central 2, #03-01  
Yishun Community Hospital  
Singapore 768024

## North-East

### 565 Ang Mo Kio

Pei Hwa Foundation – NKF Dialysis Centre  
Blk 565, Ang Mo Kio Avenue 3, #01-3401  
Singapore 560565

### 633 Ang Mo Kio

Western Digital – NKF Dialysis Centre  
Blk 633, Ang Mo Kio Avenue 6, #01-5155  
Singapore 560633

### 114 Hougang

NKF Dialysis Centre Supported by Singapore  
Buddhist Welfare Services  
Blk 114, Hougang Avenue 1, #01-1298  
Singapore 530114

### 628 Hougang

NKF Hougang – Punggol Dialysis Centre  
Blk 628, Hougang Avenue 8, #01-108  
Singapore 530628

### Punggol Oasis Terraces

NKF Dialysis Centre Supported by  
Ngiam Kia Hum & Family  
Blk 681, Punggol Drive, #02-02  
Singapore 820681

### 201 Serangoon

Insurance and Financial Practitioners  
Association of Singapore (IFPAS) –  
NKF Dialysis Centre  
Blk 201, Serangoon Central, #01-30  
Singapore 550201

## East

### 105 Bedok

NKF Dialysis Centre Supported by  
Man Fatt Lam Buddhist Temple  
Blk 105, Bedok North Avenue 4, #01-2168  
Singapore 460105

### 27 New Upper Changi

NKF Dialysis Centre Supported by  
San Wang Wu Ti Religious Society  
Blk 27, New Upper Changi Road, #01-694  
Singapore 462027

### 180 Pasir Ris

Tampines Chinese Temple –  
NKF Dialysis Centre  
Blk 180, Pasir Ris Street 11, #01-06  
Singapore 510180

### 427 Pasir Ris

NKF Dialysis Centre Supported by  
TL Whang Foundation  
Blk 427, Pasir Ris Drive 6, #01-35/43  
Singapore 510427

### 101 Simei

Kwan Im Thong Hood Cho Temple –  
NKF Dialysis Centre (Simei Branch)  
Blk 101, Simei Street 1, #01-892  
Singapore 520101

### 271 Tampines

NKF Dialysis Centre Supported by  
Wong Sui Ha Edna  
Blk 271, Tampines Street 21, #01-99  
Singapore 520271

### 935 Tampines

National Trades Union Congress/  
Singapore Pools – NKF Dialysis Centre  
Blk 935, Tampines Street 91, #01-333  
Singapore 520935

## West

### 274 Bangkit

NKF Dialysis Centre Supported by  
New Creation Church  
Blk 274, Bangkit Road, #01-54  
Singapore 670274

### 275 Bangkit

Le Champ – NKF Dialysis Centre  
(Bukit Panjang Branch)  
Blk 275, Bangkit Road, #01-96  
Singapore 670275

### 103 Bukit Batok

NTUC Income – NKF Dialysis Centre  
Blk 103, Bukit Batok Central, #01-237  
Singapore 650103

### 326 Clementi

Lew Foundation – NKF Dialysis Centre  
Blk 326, Clementi Avenue 5, #01-175  
Singapore 120326

### IRC Level 1 & 2

NKF Integrated Renal Centre (IRC)  
Supported by The Sirivadhanabhakdi  
Foundation  
500 Corporation Road, Level 1 & 2  
Singapore 649808

### 240C Jurong East

NKF Dialysis Centre Supported by  
Yuhua Grassroots Organisations  
Blk 240C, Jurong East Avenue 1, #01-01  
Singapore 603240

### 744 Jurong West

Sheng Hong Temple – NKF Dialysis Centre  
Blk 744, Jurong West Street 73, #01-19  
Singapore 640744

### 940 Jurong West

NKF Dialysis Centre Supported by  
The Sirivadhanabhakdi Foundation  
Blk 940, Jurong West Street 91, #01-441  
Singapore 640940

### 113 Teck Whye

Leong Hwa Chan Si Temple –  
NKF Dialysis Centre  
Blk 113, Teck Whye Lane, #01-666  
Singapore 680113

### 701 West Coast

The Hour Glass – NKF Dialysis Centre  
(West Coast Branch)  
Blk 701, West Coast Road, #01-323  
Singapore 120701

## Central

### 102 Aljunied

NKF Dialysis Centre Supported by  
Hong Leong Foundation  
Blk 102, Aljunied Crescent, #01-265  
Singapore 380102

### 43 Bendemeer

Kwan Im Thong Hood Cho Temple –  
NKF Dialysis Centre (Kolam Ayer Branch)  
Blk 43, Bendemeer Road, #01-1018  
Singapore 330043

### 128 Bukit Merah

The Singapore Buddhist Lodge –  
NKF Dialysis Centre  
Blk 128, Bukit Merah View, #01-22  
Singapore 150128

### 1 Ghim Moh

Woh Hup – NKF Dialysis Centre  
Blk 1, Ghim Moh Road #01-358  
Singapore 270001

### NKF Centre

Tay Choon Hye – NKF Dialysis Centre  
81 Kim Keat Road  
Singapore 328836

### 55 Strathmore

NKF Dialysis Centre Supported by  
San Wang Wu Ti Religious Society  
Blk 55, Strathmore Avenue, #01-145  
Singapore 140055

### 225 Toa Payoh

NKF Dialysis Centre Supported by  
Toa Payoh Seu Teck Sean Tong  
Blk 225, Toa Payoh Lorong 8, #01-54  
Singapore 310225

### Toa Payoh West CC

Seck Hong Choon – NKF Dialysis Centre  
200 Toa Payoh Lorong 2, #03-01  
Singapore 319642

### 311 Ubi

Foo Hai – NKF Dialysis Centre  
Blk 311, Ubi Avenue 1, #01-383  
Singapore 400311

### 19 Upper Boon Keng


NKF Dialysis Centre Supported by  
Sakyadhita  
Blk 19, Upper Boon Keng Road, #01-1220  
Singapore 380019





**NKF** AR  
2022 / 2023

81 Kim Keat Road, Singapore 328836

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